

SEYMOUR OPOCHINSKY

Seymour Opochnsky died on October 4, 2019.

He was born October 3, 1932 in The Bronx, New York to parents, Isadore and Mary Opochnsky. Seymour was drafted into the United States Army in 1954 and was honourably discharged in 1956. He served a year and a half tour in Germany. Seymour then moved back to The Bronx and completed his Masters in Science and Education (School Psychology) at City College. He then obtained a PhD in Clinical Psychology at the University of Colorado, Boulder. He went on to live there for many years, teaching at the University of Denver, and working as a clinical psychologist setting up mental health clinics throughout Colorado. During this time, he met his wife Carol Anderson, a mental health care nurse. In 1967 Seymour was also a Field Assessment Officer for the Peace Corps in Columbia, South America and Las Cruces, New Mexico.

Seymour moved to Winnipeg, Manitoba in 1968 where he taught Clinical Psychology at the U of M for 20 years. During his career he taught and consulted at several hospitals including Health Sciences Centre, St. Boniface Hospital, Lake of the Woods Hospital, and Child and Family Services in Kenora. As well, he worked for several organizations including Corrections Canada, Archdiocese of St. Boniface, and First Nations communities such as Tikanagen.

Seymour is survived by his wife Carol Opochnsky, daughter Ruth Dick, her husband Sandy Dick, grandchildren, Joshua and Ella Dick, his son Anders Opochnsky, his sister Chana Schachner, and his good friends Morgan Ross-Scharf and Bryan Scharf who adopted Seymour into their family.

He helped many people, and his students continue to do so. To honour his wishes, there will not be a service. Instead, he would like the people who knew him to make donations to a charity, or to help someone in need.