



Standardized Patient Program

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SPread Sheet

Volume 1, Issue 3, September 2005

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New Feature!
Watch for the "Did You Know . . ." Trivia Columns throughout this issue

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FEEDBACK

Reader response on the second issue of the *SPread Sheet*:

- "Good work!" - **Kevin Phelps**, SP
- "This edition of the newsletter is excellent. I liked the definitions especially for CAPE! Keep up the good work!" - **Maureen McCartney-Thomas**, SP
- "Great work!" - **Pat Kolody**, CAPE Coordinator
- "I especially like the Alphabet Soup . . ." - **Nancy Gajdosik**, SP
- "Love those acronyms - Alphabet Soup." - **Dr. Gisèle Bourgeois-Law**, Associate Dean, Department of Medical Education

If you have any questions, comments, concerns, suggestions, or feedback on this issue - positive **or** negative - we'd like to hear from you.

UPCOMING SESSIONS

- Med II Reproduction SP History:
September 22, 29
October 6, 14, 20, 27
November 3, 10, 17
- Med II Comprehensive Patient Assessment:
September 21, 28
October 7, 12, 21, 26
November 4, 9
December 2, 7

(continued on page 2)

DID YOU KNOW . . .

. . . **people feel happier when they smile?**

Dr. Paul Ekman of the University of California in San Francisco demonstrated this in 1984 through laboratory experiments known as "facial feedback" research.

Ekman led a team of psychologists who found that bodies produced distinctive physiologic al patterns (in heart and respiratory rates, in skin temperature and conductivity and general muscular tension levels) when people mimicked different emotional expressions.

Not only did research subjects feel happier when they smiled, they felt sadder when their faces were arranged in what Ekman calls a "configuration of sadness."

Source: <http://discoveryhealthcme.discovery.com/quiz/quiz.html>

UPCOMING SESSIONS *(continued from page 1)*

LMCC, Part II Prep Exam: September 17	Med I Clinical Interviewing: October 11, 18, 25 November 1
Med I Orientation - Finding Common Ground: September 20	RCA Exam: October 15
MURTA: September 29 October 6, 27 November 10	CAPE Exam: October 22
CAPE Exam: October 1	Occupational Therapy Practice Lab: October 28
	CAPE Exam: November 19

NB: This listing is for informational purposes only; some of the sessions listed above have already begun. If you are required for a role, you will be directly contacted by an SP Coordinator. Please do not phone the SP Office regarding your availability.

WEBSTER’S ABRIDGED MEDICAL DICTIONARY

edited by Tim Webster, with contributions by Linda Washington

For best results, say the word aloud before reading the “definition” . . .

ADENOMA: what to say to your mother if you don't know the answer	CADUCEUS: see MEDICAL STAFF
AEROBE: a garment worn around the house	CAESAREAN SECTION: a district in Rome
ALIMENTARY: level of schooling before junior high	CARPAL: a group of commuters
ANALLY: occurring yearly	CASTRATE: pay scale for unionized actors
ANTEPARTUM: when your father's sister goes home	CARDIOLOGY: advanced study of card games
ANTIBODY: misanthropic	CAT SCAN: search for a missing feline
ARTERY: study of paintings	CAUTERIZE: made eye contact with her
BANDAGES: what eventually happens to rock groups if they don't break up first	CHIROPRACTOR: an Egyptian doctor
BACTERIA: back door to a cafeteria	CONGENITAL: friendly
BARIUM: last course of action when treatment fails	COMA: punctuation mark
BENIGN: what you be after you be eight	CORONARY: domesticated yellow bird
BOTULISM: tendency to make mistakes	CORTISONE: off-limits area for playing tennis
BOWEL: how small children sometimes describe the letters “A,” “E,” “I,” “O,” or “U” . . . and sometimes “Y”	CYSTOGRAM: a telegram sent to your sister
BUCCAL: belt fastener	DIARRHEA: journal of daily events
BULLAE: a hired ruffian	DILATE: live long
BUNION: hero of the American Revolution	ENEMA: not a friend
	ENTERITIS: a penchant for burglary
	FESTER: quicker

(continued on page 3)

WEBSTER'S ABRIDGED MEDICAL DICTIONARY (continued from page 2)

- FIBULA: a small lie
- GANGLIA: taller and thinner than average, i.e. David Bowie
- GENES: blue denim slacks
- GENITAL: non-specific
- GENOTYPE: the kind of girl Gino likes
- GRIPPE: integral component to a firm handshake
- HANGNAIL: place for pictures on a wall
- HEMORRHOID: a geometric shape only visible from behind
- HIPPOCAMPUS: a medical school where even hippopotami can pass
- ICU: what someone says when they catch you
- IMPOTENT: noteworthy
- INPATIENT: tired of waiting
- INTERN: one after another
- INTESTINE: currently taking an exam
- LABOUR PAIN: work-related injury
- MAJOR OPERATION: strategy devised by a senior military officer
- MEDICAL STAFF: see CADUCEUS
- MINOR OPERATION: strategy devised by a junior military officer
- MORBID: raise the ante in poker
- NITRATES: often cheaper than day rates
- NODE: previously aware of
- ORGAN TRANSPLANT: what to do with your piano when you move
- ORGANIC: organ repairman
- OUTPATIENT: a patient that is unconscious
- PARALYZE: two far-fetched stories
- PATHOLOGICAL: a reasonable course of action
- PENILE: what Egyptians did before the invention of indoor plumbing
- PHARMACIST: payout to a person practicing agriculture
- POST-OPERATIVE: an undercover letter-carrier
- PLACENTA: Christmas flower
- PLASTER CAST: inebriated actors
- PROTEIN: bias towards young people
- RECOVERY ROOM: place to re-upholster furniture
- RECTUM: You kiddin'? Dang near killed 'em!
- RED BLOOD COUNT: Dracula
- SALINE: to travel by ship
- SECRETION: the act of hiding something
- SEIZURE: Roman emperor
- SEROLOGY: study of English knights
- SURGERY: good reason to use a power bar for your computer
- STERILE SOLUTION: plan for avoiding the elevator during an emergency
- TABLET: a smaller-than-normal table
- TERMINAL ILLNESS: 1) getting sick at the airport, 2) getting sick of your computer
- TIBIA: country in the Middle East
- TRIPLE BYPASS: complex football maneuver
- TUMOR: an extra pair
- ULTRASOUND: noise of a superhero breaking wind
- URINE: opposite of "You're out!"
- VARICOSE: nearby
- VEIN: conceited
- WEAK: Seven days
- XYPHOID PROCESS: method for determining goofy definitions of medical terms

With reference to
 the *Glossary of Medical Terms*:
http://www.medindia.net/jokes/joke_results.asp?page=1&category=14
 & the *Layman's Dictionary of Medical Terms*:
<http://www.geocities.com/abhinith/layman.htm>

SPOTLIGHT ON . . .



Holly Harris started with the Standardized Patient Program in 1990 as an SP herself. Today she is the SP Coordinator for UGME, recruiting and training SP's for the Undergraduate Program.

In addition to her SP duties, Holly also does contract work for both the Canadian Alliance of Physiotherapy Regulators and the Pharmacy Examining Board of Canada.

"It's been fascinating being on the inside of the medical education process," she says. While the scenarios are always interesting, she has always enjoyed the people the most. Over the years, she has felt privileged to get to know quite a few of the SPs, and appreciates opportunities to share events and developments in their lives.

Her own first undergraduate degree was a Bachelor of Music, majoring in music composition. She then became involved composing music professionally for theatre and dance across Canada and completed another degree, this time a Bachelor of Arts in drama, majoring in playwriting. She next earned a Bachelor of Education in music, followed by a Master of Education (postsecondary division) with dedicated sections in medical education.

No surprise then, that she remains a registered private music teacher with a small studio and a steady parade of kids coming through each week. She is also a classical music reviewer for the Winnipeg Free Press, following in her father Neil Harris' footsteps. For a change of pace, Holly enjoys listening to jazz, and currently chooses the sounds of Thelonius Monk and Ella Fitzgerald.

In an honest attempt to become bilingual, Holly takes a 3.5-hour weekly class at the Alliance Française. "I am making progress, but it's a slow go," she confesses.

Holly also has an avid interest in alternative and complementary health care and enjoys reading cookbooks - curry, sushi, vegetarian . . . she loves it all. When surfing the Web, she always starts with Google - the doorway to absolutely everything anyone might want to know about anything. "What did we ever do before we could 'google'? Love that verb!"

BY THE WAY

- SP **Harold Stone** entered the Canadian Senior Tennis Championships in Saskatoon, SK August 1- 7 and ranked 9th in Canada in the 65 age division. Congratulations, Harold!
- **Brenda Yi Pheng** has resigned as the Office Assistant for the SP Program in order to accept a position with the Transport Institute at the Asper School of Business. Good luck, Brenda!
- **Donna Mamott** from the Department of Family Medicine will be our part-time Office Assistant until the end of October. If any of your personal information — address, phone number, e-mail, etc. — has changed recently, please be sure to forward your current information to Donna at **977-5629** or by e-mail: mamottd@cc.umanitoba.ca
- **Ingrid Toews** stepped down last spring as Supervisor of the SP Coordinators. She remains as Post-Licensure Communication Skills Facilitator, however, so SP's will have the opportunity to work with her in upcoming RCA sessions, as before.
- **Eunice Friesen** is the new SP Program Director! She began her duties September 1, so please be sure to give her a warm welcome if you see her in the office at T151A.
- SP Coordinator **Holly Harris** has moved! Her office is now located at 203 Brodie Centre so that she can more easily coordinate with Ingrid on the Communication Skills Program.

EVENT LISTINGS

September 16 - *For Better or Worse*

SP **Steve Pennicook** and Coordinator **Tim Webster** perform improvisational comedy with the Crosseyed Rascals at WCD Studio, 204-211 Bannatyne at 8PM. Tickets \$8, \$6 in advance. For more info, call 669-4404 or go to www.crosseyed.ca

September 17 - *Journey of Hope Walk*

Join SP **Jane Burpee** of the Manitoba Schizophrenia Society at the Assiniboine Park Duck Pond. The walk begins at 1PM, with entertainment and special children's activities. The canvasser who raises the most money wins a \$1,000 shopping spree at Polo Park! Registration is \$5. For more information phone: 786-1616

September 20 - *1 in 5*

SP **Jane Burpee** performs in this half-hour drama at the Ellice Café & Theatre, 585 Ellice Avenue, 7PM. At 7:30PM, William J. MacPhee speaks on his experiences living with schizophrenia. Admission is free.

October 28 - *Not Another Hallowe'en Show, Part III: Frampty's Revenge*

SP **Steve Pennicook** and Coordinator **Tim Webster** perform improvisational comedy with the Crosseyed Rascals at WCD Studio, 204-211 Bannatyne at 8PM. Tickets \$8, \$6 in advance. For more info, call 669-4404 or go to www.crosseyed.ca

December 10 - *Nana's Fruitcake*

SP **Steve Pennicook** and Coordinator **Tim Webster** perform improvisational comedy with the Crosseyed Rascals at PTE Mainstage, 3rd floor Portage Place at 8PM. Admission is free with donation to Winnipeg Harvest. For more info, call 669-4404 or go to www.crosseyed.ca

February 9 - March 4, 2006 - *The Innocent Eye Test*

SP **Keith James** plays "Martino Kasselback" in the world premiere of Michael Healey's new play at the MTC Mainstage. Tickets available at the MTC Box Office (174 Market Avenue) or by calling 942-6537 or toll-free: 1-877-446-4500. Reduced Price preview: February 8th.

To advertise your event in the next *SPread Sheet*, please forward the pertinent information either by:

Fax: 977-568 —or— **post: SPread Sheet Event Listings**
T151B - 770 Bannatyne Avenue
Winnipeg, MB R3E 0W3

. . . no later than **November 30**. No phone calls, please. Listings are free, but placement cannot be guaranteed.

SUBMISSIONS

The *SPread Sheet* is *your* newsletter; if you'd like to contribute any articles, opinions, thoughts, trivia, anecdotes, pictures, or jokes for the next issue, please do so either by:

Fax: 977-568 —or— **post: SPread Sheet Submissions**
T151B - 770 Bannatyne Avenue
Winnipeg, MB R3E 0W3

. . . no later than **November 30**. We do, however, reserve the right to edit any and all submissions for length and content. Submissions that are not included in one issue may be included in the next.

PICTURE THIS

NOT an upcoming scenario for any examinations and/or teaching sessions anytime soon . . .



Source: <http://www.mediclicks.net/nexium/cartoonarchive.asp?i=45>

DID YOU KNOW . . .

- . . . **gymnophobia** is the fear of nudity?
- . . . **helminthphobia** is the fear of worms?
- . . . **ichthyphobia** is the fear of fish?
- . . . on average, people fear spiders (**arachnophobia**) more than they do death (**thanophobia**)?
- . . . **pantophobia** is the fear of everything? . . . as opposed to the fear of pants or mimes as the name may suggest.

FUNNY BONE

A woman walking down the street noticed a little old man contentedly rocking in a chair on his porch.

Curious, she approached him and said, "Excuse me, but I couldn't help noticing how happy you look! What's your secret for a long, happy life?"

"I smoke three packs of cigarettes a day," he replied cheerfully. "I also drink a case of whiskey a week, eat fatty foods, and never exercise."

"That's amazing!" the astounded woman said. "How old are you?"

"Twenty-six."

Source: http://www.med-psych.net/links/Medical_Humor-Jokes_and_Cartoons