

CELL PHONES

Service providers in Manitoba include:

- MTS - www.mts.ca
- Rogers - www.rogers.com
- TELUS - www.telus.com
- FIDO - www.fido.ca
- Koodo - www.koodomobile.com
- Bell - www.bell.ca

Cell phone providers offer a range of plans with combinations of features to suit your needs. Contract and non-contract/pre-paid/pay as you go options are available.

Some plans apply only to Canadian citizens and permanent residents. Obtain alternate information if necessary.

Carefully examine the plan details to ensure that you understand all of the fees and don't receive unexpected charges.

U of M MOBILE APP

The U of M Mobile App gives you quick and convenient access to:

- campus maps
- new students resources
- grades & class schedule
- news & events
- transit information
- staff directory
- library search
- Facebook, YouTube, Twitter, & Instagram
- email
- emergency contacts & information

Download the U of M Mobile App Today!
umanitoba.ca/admin/mco/mobileapps.html

EMERGENCY CONTACT INFORMATION

What should you do if you require assistance from U of M security, police, the fire department, or an ambulance?

On Campus

If the situation is happening on campus, contact U of M Security Services first by dialing:

- 555 from any University phone
- #555 from an MTS or Rogers cell phone
- (204) 474-9341 from any other phone

Or use one of the following options that provide a direct link to U of M Security Services:

- Red emergency phones (in buildings)
- Classroom emergency phones
- Elevator emergency phone
- Code Blue Stations (outside)

Off Campus

If you are off campus, call 911 from any cell phone or public phone.

INTERNATIONAL CENTRE

541 University Centre
Winnipeg, MB, Canada R3T 2N2
Phone: 204-474-8501

umanitoba.ca/international

International Centre

Getting Settled in Winnipeg

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UNIVERSITY
OF MANITOBA

SHOPPING: GROCERIES & RESTAURANTS

Specialty Food Stores and Restaurants

Winnipeg has many food stores and restaurants offering food imported from around the world. Many are within a short distance from the U of M's Fort Garry and Bannatyne campuses.

Visit the International Centre for a current list

Red Frogs Grocery Run

Red Frogs volunteers (ca.redfrogs.com), in partnership with the University of Manitoba Students' Union (UMSU), provide free return transportation between University Centre and Superstore or Safeway (grocery stores) for students needing groceries.

Visit umsu.ca for information

UMSU Grocery Delivery Service

U of M students can order groceries through Food Fare (a local grocery store) and have them delivered to the Arthur V. Mauro residence.

Visit umsu.ca for information

U of M COMPUTER ACCOUNT

U of M Computer & Email Accounts

A U of M computer account is required to:

- Access wireless networks on campus
- Use U of M computer labs
- Access course materials online
- Access JUMP, the U of M student portal
- Correspond with U of M professors and staff

Get your U of M accounts today at:

<http://umanitoba.ca/computing/ist/accounts/claimid.html>

Your U of M email address is the only address the University will use to correspond with you.

Check your U of M email address regularly!

SHOPPING: RETAIL STORES

Retail Stores

There are several affordable stores that sell household items (such as towels, linens, cookware, furniture, etc.) in Winnipeg. Popular stores and shopping centres include:

Walmart, Giant Tiger, Jysk, Superstore, St. Vital Centre, and Polo Park Shopping Centre

Second-Hand / Thrift Stores

It may take a little extra time to find exactly what you're looking for, but shopping at a second-hand / thrift store can be very affordable. Popular options include:

Value Village, Goodwill Industries, and Salvation Army Thrift Stores

The U of M Re-Shop

The Re-Shop offers used office equipment and furniture to students free of charge. Search their current inventory on:

umanitoba.ca

Yard Sales/Garage Sales

On most weekends from the spring to early fall you'll see signs on the boulevards in residential neighbourhoods advertising yard sales and garage sales. A Winnipeg tradition, yard sales/garage sales are a great way to find used household items and clothing in good condition at affordable prices.

Bed bugs can be a problem – avoid buying used mattresses and pillows.

TRANSPORTATION

Bus Service

Bus service in Winnipeg is operated by Winnipeg Transit. Schedules, route information, and useful trip planning tools are available on their website. A tool called Navigo is particularly helpful for newcomers.

winnipegtransit.ca

U-Pass: Many full-time students will receive a U-Pass that provides unlimited access to transit services at a greatly discounted rate. The U-Pass fee is assessed upon registration for courses. Passes are picked up on campus. Visit umsu.ca for more information.

Post-Secondary Bus Pass: U of M students who are not eligible for a U-Pass can obtain a Post Secondary Student bus pass for 20% less than the cost of a regular monthly bus pass. Visit Answers Information Booth (1st floor, University Centre) for more details.

Driving in Manitoba

Thinking about driving in Manitoba? Drop by the International Centre office or consult the Manitoba Public Insurance website for information about driving, licensing, and insurance.

mpi.mb.ca

Getting Around Campus

Free shuttles (buses) operate on weekdays from September to April to help students get around the Fort Garry campus. Route maps and schedules are available online.

umanitoba.ca/campus/parking/shuttle

BANKING & BUDGETING

For information about banking in Canada and a list of banks near the Fort Garry and Bannatyne campuses. visit:

umanitoba.ca/international/finances