<table>
<thead>
<tr>
<th>Name</th>
<th>Description</th>
<th>Frequency</th>
<th>Eligibility</th>
<th>Time Commitment</th>
<th>Skills and knowledge</th>
<th>Attitude and Behaviour</th>
<th>Website</th>
</tr>
</thead>
<tbody>
<tr>
<td>Art Gallery volunteers</td>
<td>To promote the School of Art Gallery and assist with its mandate, which includes, Presenting exhibitions to the University community and to the general public; and maintaining, researching and developing art collections in the School of Art Permanent Collection and the Fördersaal Study Center Collection.</td>
<td>Annual</td>
<td>All students</td>
<td>20-40 hours</td>
<td>1. Relationship building 2. Ability to reflect on experiences 3. Verbal communication</td>
<td>1. Global perspective 2. Cultural Nurtury 3. Promote diversity</td>
<td><a href="http://www.umanitoba.ca/schools/arts/gallery/">http://www.umanitoba.ca/schools/arts/gallery/</a></td>
</tr>
<tr>
<td>Association of International Management Students</td>
<td>The Association of International Management Students (AIMS) is an integrative student-led organization for international exchange students and Canadian students to come together. As a Canadian Buddy, students will have the opportunity to interact with and help an exchange student integration to the U of M culture.</td>
<td>Annual (For executives: May 1 - April 30  For Canadian Buddies: August 1 - April 30)</td>
<td>All students</td>
<td>10 hours</td>
<td>1. Relationship building 2. Ability to reflect on experiences 3. Verbal communication</td>
<td>1. Global perspective 2. Cultural Nurtury 3. Promote diversity</td>
<td>aaimsm.com</td>
</tr>
<tr>
<td>Biomedical Youth Program</td>
<td>The Biomedical Youth Program (BYP) is looking for volunteers for its programs. We have a variety of areas available to volunteer your time and expertise in helping out with our Saturday Science Club; Mentoring students for science projects or homework clubs; the Annual Winnipeg School Division Science Fair - as a judge or activity leader; the Annual Biomedical Youth Summer Camp - as activity or group leaders; School group science activities - engaging high school students in hands-on biotechnology experiments and preparing them for University! The possibilities are endless, but the knowledge you bring to these students is very fruitful and it also inspires them.</td>
<td>Annual (September 1-August 31)</td>
<td>All full time student-athletes</td>
<td>15-25 hours per week</td>
<td>1. Demonstrate ability to set and pursue goals 2. Managing personal health and well-being 3. Relationship building</td>
<td>1. Adaptability 2. Self control 3. Professionalism</td>
<td><a href="http://umanitoba.ca/faculties/health_sciences/medicine/units/chs/departmental_units/biomedical_sciences/">http://umanitoba.ca/faculties/health_sciences/medicine/units/chs/departmental_units/biomedical_sciences/</a></td>
</tr>
<tr>
<td>Bison Sports - Team Member</td>
<td>Students who compete on any of the Bison Sports teams receive recognition for the significant time commitment they put into their sport. University teams include: women’s soccer, men’s and women’s hockey, golf, men’s football, men’s and women’s basketball, men’s and women’s volleyball, track and field, cross country and swimming!</td>
<td>Annual (May 1-April 30)</td>
<td>All students</td>
<td>Two training sessions, facilitate one 3 hour or 90 minute workshop per month each semester, attend 1 debrief meeting per semester (Approximately 15 hours)</td>
<td></td>
<td>1. Empathy 2. Decision making 3. Professionalism</td>
<td>gobioms.ca</td>
</tr>
<tr>
<td>Bringing in the Bystander Facilitators</td>
<td>A Prevention Workshop for Establishing a Community of Responsibility” was developed at the University of New Hampshire. It is an effective, evidence-based, in-person, interactive curriculum that encourages student participants to see themselves as bystanders that might safely intervene to stop a sexual assault before it occurs. The curriculum focuses on a community responsibility model in preventing sexual assault, its main message is that “everyone in the community has a role to play in ending sexual violence.” Student participants learn: - The importance of speaking out against social norms that support sexual violence; - To become aware of and identify potential risks in various situations; - To develop empathy and support for survivors; - To explore how to safely interrupt or intervene in situations that could lead to sexual violence.</td>
<td>Twice a year (Aug. 1-Decembe 31. Jan.-April)</td>
<td>All students</td>
<td>1. Demonstrate ability to set and pursue goals 2. Managing personal health and well-being 3. Relationship building</td>
<td>1. Adaptability 2. Self control 3. Professionalism</td>
<td><a href="http://umanitoba.ca/sa/sexual-assault/prevention-education.html">http://umanitoba.ca/sa/sexual-assault/prevention-education.html</a></td>
<td></td>
</tr>
<tr>
<td>CanU Art</td>
<td>CanU Canada is an afterschool mentoring program that introduces under-resourced Winnipeg youth to the dream of post-secondary education. We provide multi-week programming where local children and university student-mentors build positive relationships and participate in a variety of educational experiences.</td>
<td>Twice a year (September-December, January-April)</td>
<td>School of Art students</td>
<td>10 hours per term</td>
<td>1. Relationship building 2. Verbal Communication</td>
<td>1. Empathy 2. Decision making 3. Professionalism</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>CanU Law</td>
<td>CanU is an on campus registered charity that runs an intensive out-of-school mentoring program that brings together youth who otherwise would not have this opportunity with university student-mentors, facilitators, and coordinators; to enable both groups to develop to their fullest potential. CanU’s Law component is facilitated by a group of student volunteers from the Faculty of Law. These students deliver programs as an enthusiastic and engaging way, and further serve as coaches for the program’s mini-mock trial at the end of each session. These volunteers play an essential role in distilling complex legal language into accessible and easy to understand concepts; imparting a new-found aptitude for advocacy in many of the CanU Participants.</td>
<td>Twice a year (September-December, January-April)</td>
<td>Law students only</td>
<td>10 hours</td>
<td></td>
<td>1. Professionalism 2. Decision making 3. Empathy</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>CanU Mentor</td>
<td>CanU mentor is an on campus registered charity that runs an intensive out-of-school mentoring program that brings together youth who otherwise would not have this opportunity with university student-mentors, instructors and coordinators; to enable both groups to develop to their fullest potential. CanU mentors work with over 500 Grade 5-12 students from over 40 schools in Winnipeg. Each week the youth come to U of M Fort Garry Campus, for a 6-14-week Inspire Grade 5 and 6 or Aspire Grade 7-10 program during the academic school year. The CanU mentor volunteers instill hope and confidence, while encouraging the dream of a postsecondary education in the youth; while participating alongside them in a variety of hands-on experiences. They ensure safety of the youth as they move around the campus and learn about many different opportunities for their future.</td>
<td>Twice a year (September-December, January-March)</td>
<td>All students</td>
<td>30 hours per term</td>
<td>1. Relationship Building 2. Verbal Communication</td>
<td>1. Empathy 2. Decision making 3. Professionalism</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>CanU Nursing Facilitators</td>
<td>The volunteer Nursing Facilitator inspire hope and confidence through experiential learning. The university student volunteers will support, guide, and engaged with the students as they move around to the different stations within the Nursing program component. The volunteer Nursing Facilitators will teach the youth different skills that they learn in the Faculty of Nursing, to give the youth insight on what it would be like to be a nurse. The university student volunteers will work in a team setting, share project ideas with the Coordinators(), and evaluate the program as a group.</td>
<td>Twice a year (October-December, January-March)</td>
<td>Nursing students only</td>
<td>Once per week:</td>
<td>1. Verbal communication 2. Presentation and facilitation 3. Relationship building</td>
<td>1. Professionalism 2. Decision making 3. Empathy</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>CanU Nutritionist</td>
<td>The volunteer Nutritionist Facilitator inspire hope and confidence through nutrition education. The volunteer Nutritionist Facilitators work alongside the youth participants to teach them safety in the kitchen, healthy eating, and cooking skills. The volunteer Nutritionist Facilitators support, encourage, and guide the youth participants through hands-on learning in the kitchen setting. The volunteer Nutritionist Facilitators teach the youth participants table manners and other essential skills for the future.</td>
<td>Annual (October-May)</td>
<td>Faculty of Agricultural and Food Sciences - Human Nutritional Sciences students only</td>
<td>Once a week for 6-14 weeks.</td>
<td>1. Verbal communication 2. Presentation and facilitation 3. Relationship building</td>
<td>1. Professionalism 2. Demonstration of organization 3. Decision making</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>CanU Reach Teachers</td>
<td>Work with university students from a variety of Colleges in the Faculty of Health Sciences. Teach youth what you’re learning in the classroom in a fun hands-on way. Work closely with students in your college from multiple years. CanU Reach Teachers work alongside the youth participants to teach them safety in the kitchen, healthy eating, and cooking skills. The volunteer Nutritionist Facilitators support, encourage, and guide the youth participants through hands-on learning in the kitchen setting. The volunteer Nutritionist Facilitators.</td>
<td>Annual (September-March)</td>
<td>Faculty of Health Sciences students only</td>
<td>Once per week during each term</td>
<td>1. Relationship building 2. Verbal communication 3. Presentation and facilitation</td>
<td>1. Adaptability 2. Professionalism 3. Decision making</td>
<td><a href="http://canucanada.org/">http://canucanada.org/</a></td>
</tr>
<tr>
<td>Case competitions representing Asper</td>
<td>Asper is represented in numerous case competition throughout the year. Some have very small teams of two and others larger. All have in common is that students commit time to prepare and execute their submissions. The time commitment is off as little as 2 hours to others requiring commitments of more than 50 hours.</td>
<td>Annual (May 1-April 30)</td>
<td>All Asper students</td>
<td>From 12 hours in one week to at least 50 hours over a few months</td>
<td>1. Project management 2. Verbal communication 3. Knowledge acquisition and construction</td>
<td>1. Learning and work exploration 2. Managing conflict 3. Integrity, accountability and personal ethics</td>
<td><a href="http://umanitoba.ca/faculties/management/units/chs/departmental_units/management_students/">http://umanitoba.ca/faculties/management/units/chs/departmental_units/management_students/</a></td>
</tr>
<tr>
<td>Chamber Winds</td>
<td>The chamber winds experience involves a consistently high performance standard which enhances the practical encouragement in all areas of study at the Faculty of Music. The experience gives participants the opportunity to develop their personal musicianship skills and their performance skills.</td>
<td>Annual (September-March)</td>
<td>All students</td>
<td>Rehearsals as scheduled + productions</td>
<td>1. Ability to reflect on experiences 2. Ability to set and pursue goals</td>
<td>1. Navy Keynote 2. Professionalism 3. Integrity, accountability and personal ethics</td>
<td><a href="http://umanitoba.ca/faculties/music/ensembles/Chambe">http://umanitoba.ca/faculties/music/ensembles/Chambe</a> r Winds/</td>
</tr>
</tbody>
</table>
Embrace and Impact - Nursing Student Mentorship Program
The overall goal of the mentorship program is to ensure that all nursing students - both old and new - succeed in all aspects of their development through the College. Hence, this program provides the opportunity for the creation of services that support our students as they grow, learn, and mature through their living and learning experience at the College through peer-to-peer relationships. Mentors and mentees are eligible for recognition. 

Twice a year (Sep.-Oct., Jan.-Apr.) Nursing students only 40 hours

Engineers without Borders
If you are interested in social change and would like to expand your skill set, consider joining Engineers Without Borders (EWB). Our mission is to fight poverty in sub-Saharan Africa by working with African partners to create positive change in the lives of millions of people. It is a daunting goal, but we believe that through constant innovation and humility we can achieve the change we envision.

Year-round 30 hours per year

Entomology Youth Outreach and/or Invertebrate Maintenance volunteer
A student’s role would involve going to schools and day-cares to provide presentations on the study of insects to groups of student’s outside the University of Manitoba. This may also include school groups coming to the Department of Entomology for tours or presentations. The student would also have the opportunity to make presentation slides and insect collections. A student’s role may also include helping and providing care for the live insects in the Department of Entomology’s Invertebrate Maintenance.

Annual (September 1-August 30) All students with experience in Entomology and/or Invertebrate Biology 10 hours

Faculty of Architecture Student Ambassador Program
Student ambassadors are meaningful and engaged students who will play an integral role in the volunteering their time to promote the Faculty of Architecture. Selected students will participate in the “face” of the faculty of various internal and external events. A FAUM Student Ambassador will serve as a strong link between the academic program and prospective students as well as the community at large.

Annual (September 1-August 30) Faculty of Architecture students only 10 hours

Faculty of Arts Student Ambassador Program
Faculty of Arts Student Ambassadors assist the Faculty of Arts with our recruitment and outreach events throughout the Fall and Winter terms. These events target mostly prospective students and their parents but may also involve current students. Events they will assist include Orientation, Evening of Excellence, Open House Day, other career fairs and faculty tours. Ambassadors assist with set-up and tear down at events, promoting and sharing information about the Faculty of Arts during events and hosting tours in the Arts complex. The Ambassador role is to communicate, engage and assist prospective students about the Faculty of Arts.

Annual (September 1-April 30) Faculty of Arts students only 10 hours

Food Bank Volunteers
Food Bank Volunteers assist undergraduate and graduate students to access the food bank to help offset their grocery costs when experiencing financial stress. By providing trained volunteers to run the food bank, students are greeted and treated with utmost care, sensitivity, and privacy.

Annual (September 1-December 31) All students 2 hours per week

Friends of Medicines Sans Frontières - University of Manitoba
Volunteers and members of this group helps the group to achieve these main pillars. Raising awareness and fundraising for MSF. Encourage others to consider work with MSF. Potential volunteering activities include take bake fundraiser, volunteering at MSF-affiliated events, school presentations and speaker series events on campus.

Annual (September 1-August 30) All students 3.5 hours per month

Geography Student Art Volunteer Program
The aim of the Geography Art Student Volunteer Program is to teach practical gallery skills to volunteers, as well as to foster more student involvement in the gallery. Volunteers will assist the Gallery Coordinator with the installation and striking of exhibitions, maintenance of the gallery, special events, and other tasks that arise. Volunteers are responsible for several technical aspects of the gallery’s operation.

Annual (September 1-August 30) All undergraduate students 4-6 hours per month

Health Sciences Graduate Students’ Association (HSSGA) Volunteers
As events occur, volunteers will assist with event operations and implementation. This includes, but is not limited to: set-up, cleanup, registration/display table, food service, supervising tour, conduct loading/unloading of buses, social media support, printing/material preparations, etc. For some opportunities, volunteers are expected to attend/organize meetings, distribute email communications, prepare documents, sit on committees, and be familiar with the Association’s Bylaws and Policies.

Annual All students 2 hours per month 1. Knowledge acquisition and construction 1. Sense of civic engagement

Human Rights Speakers Bureau Volunteer Presenters
The Centre for Human Rights Research established the Speakers Bureau to assist school teachers interested in educating their grade 7-12 students about human rights issues, particularly in relation to Aboriginal Rights and the Charter of Rights and Freedoms.

Twice a year (July 1-January 31, February 1-June 30) Graduate students in the Faculty of Health Sciences 10 hours

Indigenous Student Ambassadors
The Peer Study Group Program provides additional supports and alternative learning opportunities for undergraduate students in our faculty who encounter challenges with difficult courses. In our faculty, we have Peer Study Group Leaders assigned to the following courses, each term:

FALL TERM: KPER 2310 Human Anatomy, KIN 3160 Pathology and Sport Medicine, KIN 3470 Exercise Physiologist and KPER 2250 Introduction to Research
WINTER TERM: KPER 2310 Biomechanics, KIN 3320 Advanced Human Anatomy and KPER 2750 Motor control and learning

Students in the study group meet the opportunity to meet with study group leaders (class volunteers who act as facilitators) on a weekly basis to do the following:
- review and discuss course content and materials
- ask questions in order to better understand difficult concepts and/or topics
- develop stronger study habits through sharing of past experiences and/or sharing alternative techniques or strategies for achieving success academically

Ongoing 10-15 hours

Kee Rez Peer Study Group Program
Language Exchange
Language Exchange is a program that matches volunteers with complementary interests in language and culture. Students volunteering in the program meet with their Conversation Partners every week to practice each other's languages and learn about each other's cultures. Twice a year (Fall and winter term) All students 20 hours per year

Language Partners Program
The Language Partner Volunteer Program matches volunteers with the English Language Centre's Intensive Academic English Program (IEP) students to help them practice their informal listening and speaking skills. Volunteers also provide information to the students about adapting to Canadian culture in a friendly and casual setting. Three times a year (Fall, winter, summer term) All students must live in Canada no less than 1 year. 10 hours per term 1. Relationship building 1. Empathy 2. Professionalism 2. Cultural fluency 3. Ability to reflect on experiences 3. Promote diversity

Let's Talk Science Volunteer
The Let’s Talk Science Partnership Program is a national volunteer program where university students promote science literacy for children through fun and exciting hands-on activities. They do this by partnering undergraduate and graduate student volunteers with teachers and by getting involved in community science outreach. They motivate and empower youth to use science, technology and engineering to develop critical skills, knowledge and attitudes needed to thrive in our world! The service is free to all teachers and students in Manitoba. Annual (August 1-July 31) All students 18 hours per year 1. Presentation and facilitation 1. Demonstration of organization 2. Professionalism 2. Participation 3. Verbal communication 3. Adaptability

Manitoba Neuroscience Network- Outreach and activities
The Manitoba Neuroscience Network represents neuroscience researchers and students at the University of Manitoba. Public outreach is an important part of our mission and we hold several events each year to raise awareness of neuroscience in the community. Many of these events take place during Brain Awareness Week in March, and include public lectures, the Winnipeg Brain Bee, Café Scientifique, and other special events. Student volunteers play an important role in these events by serving as tour guides, judges, photographers, speakers, and workshop leaders. Annual (September 1-August 30) All students affiliated with the MNN are eligible. 10 hours 1. Verbal communication 1. Professionalism 2. Presentation and facilitation 2. Demonstration of organization 3. Digital literacy 3. Empathy

Neeshwakan Indigenous Peer Mentor Program
This program provides students with social, academic, and cultural development, peer-to-peer support and the opportunity to be a Neeshwakan – a Cree word, which means friend. New Indigenous students (mentees) can request to have a mentor. Mentors are Indigenous students who have successfully completed (min 2.5 GPA) 24 credit hours or more and volunteered for this role. The Neeshwakan Indigenous Peer Mentor Program was created to ease the transition of first-year students into university life and is organized in partnership with the Indigenous Student Centre and Student Life. Annual (September 1-August 30) All First Nations, Metis, or Inuit students 7.5 hours per term 1. Relationship building 1. Professionalism 2. Ability to reflect on experiences 2. Decision making 3. Verbal communication 3. Promote Diversity

New Student Peer Mentor Program (Mentors and Mentees)
The New Student Peer Mentor Program matches upper-year students with first-year students in an effort to ease the transition and build an instant connection to university for new students. Both mentors and mentees are recognized for their participation in the program as it provides reciprocal benefits for both mentor and mentee. Annual (September-April) All students 15 hours per term 1. Ability to reflect on experiences 1. Self-concept 2. Communication 2. Work exploration 3. Verbal communication 3. Cultural fluency

Non-credit Participation in Cantata Singers
Cantata Singers is a small vocal ensemble of emerging professional singers and musicians. Annual All students Dine a week (1 hrs. each) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Chamber Ensemble
Brass, string, woodwind, and Year 3 and 4 piano majors may participate in chamber music. Annual All students Rehearsals as scheduled + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Collegium Musicum
The term Collegium Musicum typically signifies a small ensemble with a focus on early music. Thus, the repertoire comes from the Middle Ages, Renaissance and Baroque. Annual All students Dine a week (1 hr 15 min. each) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Concert Choir
The UMCC is an opportunity for alumni, faculty of music students, and students from across the University of Manitoba campus to explore a variety of choral repertoire in a supportive, yet challenging environment. Concert Choir also provides a platform for building conductors to take on leadership roles and offers a space for future music educators to gain valuable choral singing experience. Annual All students Dine a week (2 hrs.) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Jazz Ensemble
Student ensembles perform on selected Mainlizar dates at the Franco-Manitoban Cultural Centre, as well as on selected Cool Wednesday Night Hang dates at Notico’s Restaurant. Annual All students Rehearsals as scheduled + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Musical Theatre
Musical Theatre performances Annual All students Dine a week (2 hrs. 30 min.) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Opera Theatre
Opera Scenes and full scale opera with orchestra Annual All students Dine a week (2 hrs. 15 min. each) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in Symphony Orchestra
The University of Manitoba Symphony Orchestra (UMSO), under the direction of conductor Julian Pellicano, provides intensive training and performance experience in orchestral repertoire. Comprised mainly of string, woodwind, brass and percussion majors at the Deamartel Faculty of Music, the ensemble is also open to all University of Manitoba students, staff and members of the community by audition. Annual All students Dine a week (2 hrs. 15 min. each) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in University Concert Band
The University of Manitoba Concert Band is a 60-piece ensemble that performs a wide variety of wind band repertoire. The Concert Band presents four concerts a year (usually in tandem with the Wind Ensemble). Founded by Connie Turner, the Concert Band is presently conducted by Jacque Dawson, and includes a mix of students from the Deamartel Faculty of Music, other university students, community members and select grade 12 students. Annual All students Dine a week (2 hrs. 30 min.) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics

Non-credit Participation in University Jazz Orchestra
The last three decades have brought the University of Manitoba Singers to prominence as a performing ensemble in Canada, known for their performances of both new and traditional choral repertoire. University Singers membership is open to all U of M students and community members. Annual All students Dine a week (2 hrs. 15 min. each) + productions 1. Relationship building 1. Resilience 2. Ability to reflect on experiences 2. Professionalism 3. Demonstrate ability to set and pursue goals 3. Integrity, accountability and personal ethics
1. Presentation and facilitation

Twice a week (2 hrs. 15 min. each) + 10 hours per academic term

To promote the School of Art Gallery and assist with its mandate, which includes:

- Rehearsals as scheduled + productions
- Twice a week (1 hr 15 min. each) +
- Volunteers would perform general patrol duties of target areas to report suspicious activities to UMSS staff for immediate follow up.

Sustainability Office Ambassador

Students with NECU have a vast array of responsibilities, dependent on the committee and/or role they uphold for their academic year. Volunteers help in the planning and facilitation of professional development activities, community and campus events, social media marketing and sales, and fundraisers, and other activities that contribute to the Food and Human Nutritional Sciences community, as well as the larger University of Manitoba and Winnipeg communities.

Annual | All students | Twice a week (2 hrs. 15 min. each) + productions | 1. Relationship building | 2. Ability to reflect on experiences | 3. Demonstrate ability to set and pursue goals | 1. Resiliency | 2. Professionalism | 3. Integrity, accountability and personal ethics | link.umanitoba.ca/faculties/museums/index.html

OneProsper

OneProsper Manitoba is a non-profit student club, which has been present within the University of Manitoba since the Fall of 2014. The club is a provincial chapter of the larger OneProsper International, based in Ontario. Throughout the academic school year, OneProsper Manitoba organizes various fundraising events that raise funds towards the goal of the student group, being the purchasing of drip irrigation systems for beneficiaries in the Thar desert located in Rajasthan, India.


PMUSER is a for student – by student journal that publishes, annually, peer-reviewed research and review articles with work performed in Manitoba by undergraduate students in any science or engineering-related field. Peer-reviewers critically evaluate submitted research and review manuscripts for completeness, accuracy, and quality, and while also providing thoughtful and respectful comments to the authors to improve the manuscript prior to publication. Peer-reviewers also give their recommendation on the publish ability of the work to the section editors who are involved in the final publishing decisions.


Science Rendezvous volunteers

Science Rendezvous is a nation-wide science festival, held annually on the Saturday before Mothers Day in recognition of the important contributions made by women in science. Ten undergraduate leaders actively recruit general volunteers, create, and coordinate tasks and schedules for general volunteers, conceived and implemented numerous strategies, managed the efforts of general volunteers, and were involved in fundraising.


Science Students’ Association Tutoring Program

Volunteers would perform general patrol duties of target areas to report suspicious activities to UMSIS staff for immediate follow up. The program also includes other opportunities such as: volunteers representing the department as Information Ambassadors, volunteers performing Speed Watch duties, and volunteers being available for Special Events. Volunteers will be provided with training for their assigned tasks and will have support from the Security Services department at all times. This program is mostly "hands off" for volunteers as they are expected only to observe and report any findings to a regular paid Security Services workers. Volunteers work in pairs for safety reasons and they are never expected to confront any problem situations. This opportunity is intended for any student considering a career in the Security/Law Enforcement sector.


Security Services Volunteer Program

Volunteers would perform general patrol duties of target areas to report suspicious activities to UMSIS staff for immediate follow up. The program also includes other opportunities such as: volunteers representing the department as Information Ambassadors, volunteers performing Speed Watch duties, and volunteers being available for Special Events. Volunteers will be provided with training for their assigned tasks and will have support from the Security Services department at all times. This program is mostly "hands off" for volunteers as they are expected only to observe and report any findings to a regular paid Security Services workers. Volunteers work in pairs for safety reasons and they are never expected to confront any problem situations.


St John Ambulance, University of Manitoba Medical First Response Team

As the Campus Response Team for University of Manitoba, our goal is to empower students with Medical First Response training and to build relationships with the Ambulance. Students will be trained up to the level of an Advanced Medical First Responder. With this training students can volunteer at various events in and around Winnipeg as well as University events organized to provide onsite medical assistance and to make these public events safe for the community. We hope to bring opportunities to our student volunteers where they can learn and apply their first response skills and obtain hands-on, patient care experience.


Student Referenda Program

Student leaders initiated a fundraising priority, inform their peers of their goals, in order for their student body to best support the cause. Students volunteer contributions are directed to various destinations, including under/grad student opportunities, support, research, indigenous initiatives, etc. The amount of time, thought, and effort students put into this initiative allows for the larger University of Manitoba to continue to be successful.


Students Targeting Aging Research Member

The aim of Students Targeting Aging Research (STAR) is to provide students, whose interest is in aging related topics, with an opportunity to actively engage and connect with another, discuss shared interests, network with peers, learn about current issues in gerontology from researchers and practitioners in aging, and stay up-to-date on aging related topics using an interdisciplinary perspective.


Sustainability Office Ambassador Program

As a U of M Sustainability Ambassador Volunteer, you will inspire and inform the campus community to learn more about sustainability. Participation in the sustainability ambassadors program can influence our lives in a positive way. The goal of the Sustainability Ambassador Volunteer program is to enhance engagement and participation among students by offering opportunities to gain knowledge and skills, while supporting the University’s vision of sustainability.

Thrice a year (Fall, winter, summer term) | All students | 10 hours | 1. Verbal communication | 2. Ability to reflect on experiences | 3. Demonstrate ability to set and pursue goals | 1. Professionalism | 2. Sense of civic engagement | 3. Demonstration of organization | https://communitylink.umanitoba.ca/organization/sustainable
The Annual Traditional Graduation Pow Wow Volunteers
The Annual Traditional Graduation Pow Wow is a celebration; it is a cultural event that brings people and nations together; it is an opportunity to hear traditional drum songs and see all different types of dancing. If you are adventurous, you might even want to join in the fun! Every year the celebration includes an opening Pipe Ceremony, presentations to the graduates, and a community feast in the afternoon. All activities are free and everyone is welcome.

The Body Project-University of Manitoba
The Body Project – University of Manitoba is a peer led, dissonance-based body-acceptance program designed to help University age students who identify as female resist cultural pressures to conform to the appearance ideal standard and reduce their pursuit of unrealistic bodies. The program itself is an interactive two-session workshop (each session is two hours in duration), where students (up to nine students and three trained peer leaders) who identify as female will engage in a series of written, verbal, and other activities.

20-months term (September 2018- April 2020)
All students who identify as female.
12 hours
1. Presentation and facilitation
2. Verbal communication
3. Managing personal health and well-being
1. Empathy
2. Professionalism
3. Self-concept

UM Cycle
The purpose of UM Cycle is to:
1. Operate a sustainable, transparent, social enterprise, providing high-quality service to the University of Manitoba student body, university community and south Winnipeg
2. Provide safe space and welcoming culture programming for people who want to cycle, especially to people underserved by mainstream bike shops
3. Build a network of empowered cyclists who use their knowledge to help others, further promoting cycling as a transportation and recreation
4. Contribute to the University transportation goals established in the Visionary (In)Generation Master Plan, Sustainability Strategy and Sustainable Transportation Strategy

UM Cycle
Three times a year (Sep 1 - Dec 31, Jan 1 - Apr 30, May 1- Aug 31)
All students
10 hours
1. Relationship building
2. Verbal communication
3. Knowledge acquisition and construction
1. Cognitive complexity
2. Adaptability
3. Sense of civic engagement
https://umsu.ca/p/umcycle/

UM Masters Toastmasters
UM Masters Toastmasters club has an 20 years long celebrated history of helping students develop confidence in their public speaking and improve their listening, thinking and speaking skills. We continue encourage and support another one to be the best that we can be.

Year-round (October 1- September 30)
All students
10 hours

UM Circle
The purpose of UMCycle is to:
1. Presentation and facilitation
2. Verbal communication
3. Knowledge acquisition and construction
1. Cognitive complexity
2. Adaptability
3. Sense of civic engagement
https://umsu.ca/p/umcycle/

UM Farmers Student
Undergraduate Research Poster Competition Winners
This activity/competition offers undergraduate students the opportunity to participate in a large/advertised campus event where they can demonstrate the ability to independently communicate in both oral and visual format and contribute to the improvements of their research interests to a wide audience. It is a one-day/full afternoon event hosted annually at the end of October. Prizes of $500.00, $300.00 and $200.00 will be awarded to the top three posters in each of the following five categories: Applied Sciences, Natural Sciences, Health Sciences, Social Sciences/Humanities and Creative Works.

Year-round (September 1- April 30)
All students
3 hours each month
1. Verbal communication
2. Relationship building
3. Knowledge acquisition and construction
1. Learning and work exploration
2. Professionalism
3. Adaptability
http://www.umani toba.ca/admin/human_resource/ad junct/ubk8.html

University of Manitoba Volunteer Program
Join the University of Manitoba’s Student Volunteer Program (UMVP)!
Build skills
Do you want to get involved to?
Build skills
Gain experience
Make connections
Join the University of Manitoba Student Volunteer Program (UMVP)
The UMVP supports university events and activities throughout the year including Orientation, Homecoming, Convocation, Festivals, Conferences and Information Days.