The Canadian Payroll Association recommends you take control of your finances by automatically directing 10% of your net pay into a separate savings or retirement account - Pay Yourself First!

Survey: Manitobans living pay cheque to pay cheque, gloomy over economy and facing high debt

- 53% Percentage of Manitobans living pay cheque to pay cheque
- 40% Feel overwhelmed by debt
- 69% Have saved only one-quarter or less of what they feel they’ll need to retire (National average 74%)
- 25% Expect the economy in their city or town to improve (National average 39%)
- 34% Of Manitobans increased their debt load
- 1 in 4 could not come up with $2,000 within a month in an emergency
- National spending levels have risen
- 45% Of Manitobans think they will need more than $1 million to retire
- 10%