**Bone Anchored Implants:**

**Daily Maintenance – Post Surgery**

**Immediately After Surgery:**

To reduce the chance of any complications with the abutment and surrounding tissue post-surgery, the site will be dressed with non-adhesive padding and a small healing cap will be placed onto the abutment. The dressing is typically removed 7–14 days after surgery if healing has progressed. If not, the dressing may have to stay in place longer. You may wash your hair, but try to keep the dressing dry.

**During Healing:**

The site will heal over a period of 6-10 weeks. To prevent infection while healing, it is important to maintain good daily hygiene. For the first few weeks after the dressing has been removed, wash your hair carefully and use a strip of saline wet wipes (baby wipes) to keep the skin around the abutment clean.

Do not use alcohol-based wipes or any material that is scented

Do not use a toothbrush at this stage to clean the abutment

**Daily Cleaning:**

Once the site is **fully healed**, use soap and water to clean inside and around the abutment on a daily basis to prevent debris from building up around the implant. At this point, you may use a soft bristled toothbrush to clean the inside of the abutment. Use the brush gently on the skin and remember to clean it with soap and water on a regular basis. Replace the brush every 3 months or after an infection.

If you should experience soreness or inflammation, or if the abutment feels loose, contact the otolaryngology department at Health Sciences Centre (204-787-5115) to make an appointment with your surgeon as soon as possible. Infections are typically treated with topical antibiotics.

**Questions or concerns, please contact:**

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