Dean’s Message

On behalf of the Faculty of Kinesiology and Recreation Management, I am happy to introduce you to the 2012 Spring Alumni newsletter and to thank you for staying connected to us.

These are exciting times for the Faculty as the new Investor’s Group Field nears completion, ready for the Bison Football team to move in to its new digs. The foundations for the new Active Living Centre are being put in place as well. As many as 60,000 people will be targeted to use this facility - including 35,000 University of Manitoba students and staff, as well as 25,000 community users. These two additions to the recreation and sport area on campus, along with the new fields, and other upgrades to our existing buildings will establish us as a university of choice for students and student athletes who value their own wellness.

We have new faces among us as well: eight new assistant professors since January of 2011! This seems to be a period of constant change.

The University is doing its part to bring about change too, with a restructuring initiative. A new Health Science Faculty that includes Medicine, Nursing, Pharmacy and Dentistry is being proposed. Kinesiology and Recreation Management considered the option of joining this larger health-focused cluster but decided that its own integrated structure of academic programs, research, active living and Bison Sport would provide the mechanism to pursue our mission. We know that we have a significant role to play in health care and health promotion, but we also have strong interests in sport, physical education, and community development through recreation, areas of study that may not thrive in a health science structure. For the time being at least we remain as an independent Faculty.

We are excited to see some of our undergraduate students becoming more involved in our research programs, either through their fieldwork courses or through summer employment with one of our professors. Research isn’t for everyone but we do provide exciting opportunities for students who want to ask questions and look for answers!

I hope you enjoy reading about the activities of the University and the Faculty on these pages. We look forward to your return to your Faculty to visit us, to see our new facilities and programs, to celebrate the opening of new spaces with us, and perhaps to rejoin your Faculty as a graduate student!

Dr. Jane Watkinson
Dean, Faculty of Kinesiology & Recreation Management

The University of Manitoba students and staff, as well as 25,000 community users. These two additions to the recreation and sport area on campus, along with the new fields, and other upgrades to our existing buildings will establish us as a university of choice for students and student athletes who value their own wellness.

We have new faces among us as well: eight new assistant professors since January of 2011! This seems to be a period of constant change.

The University is doing its part to bring about change too, with a restructuring initiative. A new Health Science Faculty that includes Medicine, Nursing, Pharmacy and Dentistry is being proposed. Kinesiology and Recreation Management considered the option of joining this larger health-focused cluster but decided that its own integrated structure of academic programs, research, active living and Bison Sport would provide the mechanism to pursue our mission. We know that we have a significant role to play in health care and health promotion, but we also have strong interests in sport, physical education, and community development through recreation, areas of study that may not thrive in a health science structure. For the time being at least we remain as an independent Faculty.

We are excited to see some of our undergraduate students becoming more involved in our research programs, either through their fieldwork courses or through summer employment with one of our professors. Research isn’t for everyone but we do provide exciting opportunities for students who want to ask questions and look for answers!

I hope you enjoy reading about the activities of the University and the Faculty on these pages. We look forward to your return to your Faculty to visit us, to see our new facilities and programs, to celebrate the opening of new spaces with us, and perhaps to rejoin your Faculty as a graduate student!
**ACADEMIC PROGRAMS**

**UNDERGRADUATE ADVISORY BOARD**

Members-At-Large
- Karen Beck
- Ted Bigelow
- Mark Clarke
- Alain Couture
- Nick Kowalchuk
- Sylvain (Syl) Lemelin
- Michelle Meade

Association Representatives
- Laurel Hanna - MB Physical Education Teachers’ Assoc.
- Stephanie Trimble - MB Athletic Therapists’ Association
- Kyle Turcotte - Canadian Sport Centre

Student Representative
- John Damas - SAHIPER Council

**DID YOU KNOW?**

- 2012 was the first year the faculty implemented the Direct Entry policy, which allows some students direct entry to one of our three degree programs from high school.
- Over 150 agencies support our students experiential education and professional development through our Fieldwork Program.
- Our Athletic Therapy students consistently perform above the national average on CATA national examinations.
- In March 2012, FKRM students participated in the first large-scale Interprofessional Education (IPE) Initiative on campus, “Learning Health Promotion Interprofessionally.” The students participated with 400 others from a number of health related faculties and departments.
- A number of teaching and learning initiatives were introduced: e.g., Teaching and Learning Circles and Peer-Supported Study Groups.
- In 2011/12, our Rec and Read Mentorship Programs involved 36 university students, 164 high school and 194 early years students—all working together in our communal mentor programs.

**UNDERGRADUATE PROGRAMS**

We're firing on all cylinders is a phrase used to describe our academic programs of late. Interest in our academic programs are at an all time high and the entrance GPA is rising across our undergraduate degree programs. We’ve hired many new faculty members with scholarly interests and academic perspectives that have been nurtured at a variety of kinesiology, physical education and recreation programs across Canada, including: Western Ontario, University of Toronto, Queens, Waterloo, University of Ottawa, McMaster, and Sherbrooke. Our new colleagues bring diverse perspectives to our programs, curricula, and our students.

With active research programs under development or in-force, our undergraduate students have enriched opportunities to engage in experiential learning through labs, fieldwork, and independent study courses; often, these experiences lead to a decision to pursue graduate studies in the future.

We have a beautiful new exercise physiology lab, upgraded gyms and activity spaces, expanded graduate student offices, and of course, the forthcoming Active Living Centre. Dr. Gordon Giesbrecht was appointed Associate Dean Special Projects to focus on building the capacity needed to complete the new Active Living Centre.

Dr. Joannie Halas was appointed Associate Dean, Academic, overseeing all degree programs. Joannie was also Undergraduate Program Chair from Aug. 2011 to June 2012. At that point, Ms. Jackie Elliott was appointed Undergraduate Program Chair in addition to her role as BKIn-AT Director.

Our undergraduate curriculum committee is in year two of an internal review of our courses, and we look forward to strengthening specific areas within our degree programs (e.g., better preparation of students for Certified Personal Training (CPT) and Certified Exercise Physiologist (CEP) certifications); increased collaboration with the Faculty of Education in the preparation of our Bachelor of Physical Education (BPE) students; development of an Option in Tourism stream within our Bachelor of Recreation Management & Community Development (BRMCD) degree that will engage students from multiple faculties. With new online and blended learning courses under development, expanded graduate course offerings, and a commitment to work with students and faculty to collaboratively create a more supportive teaching and learning climate, it’s easy to see why those academic cylinders are working so hard!

**Community Engagement**

Our faculty has a long history of working with Manitoba’s indigenous communities through programs such as the Northern Fly-in Sports Camps and the Rec and Read Aboriginal Youth Mentorship Programs. We worked in collaboration with Deborah Young, Indigenous lead at the University of Manitoba, to co-organize the inaugural First Nations Learning Day at the University. As part of an undergraduate course assignment, students from the third year BPE course Culturally Relevant Physical Education and Health presented a letter of recognition and reconciliation to Ida Moore, Regional Liaison for Manitoba to the Truth and Reconciliation Commission of Canada. This letter was later published in the MPETA Journal. In the summer of 2013, we will host the first Indigenous Mini U and we thank Deborah Young for her continued collaboration with our faculty in support of Indigenous students.

Dr. Heather McRae has been appointed as an Indigenous Community Scholar/ research affiliate working with Dr. Joannie Halas to strengthen our faculties’ community based research and engagement with Indigenous and inner city communities.

In the summer of 2012, our faculty collaborated with Bannatyne campus faculties and community partners to launch the first year of Project Swish, which provided a supervised outdoor venue for inner city children and youth to play basketball on weekends. With a mentor team that consisted of Bison athletes and community youth leaders (including mentors from Rec and Read), a host of activities were organized, including 3 on 3 competitions, pick-up games and skills competition. We thank everyone who donated their time, energy and resources to help make this a successful experience for all involved. Stay tuned for year two or visit http://BasketballsForInnerCityKids.com.

For more information visit: www.umanitoba.ca/faculties/kinrec
GRADUATE PROGRAMS

With over 20 students admitted to our program in 2012, interest in our Graduate Programs is experiencing an all-time high. This represents our largest intake in the Faculty’s history and is indicative of Dean Watkinson’s prioritization of graduate education within the Faculty.

We currently have 44 Masters students and 13 doctoral students studying with our professors in a wide range of disciplines. We expect to increase the size of our programs to 80 in two or three years, with Dr. Todd Duhamel as the Chair of Graduate Programs. The Faculty provides funding to each of these students, as well as opportunities for them to be engaged in marking and grading, lab instructing or seminar leading. Many students are also supported financially by their supervisors. They work on research programs and projects that are externally and internally funded.

A full 89% of our Faculty have external funds for their research. Each year a number of researchers work with the staff in Active Living or Bison Sport to study a question of mutual interest, involving graduate students in these real-life action research projects supported by the Dean’s Office.

In the past year we have studied international students’ needs for campus recreation, children’s sport experiences in Mini U, athlete stress, how our values are revealed in our space allocation policies, and whether our recreation participants can really judge whether they are meeting Canada’s Physical Activity guidelines when they exercise.

ARE YOU INTERESTED IN GRAD SCHOOL?

Our Programs:

Master of Science (Kinesiology & Recreation)
Master of Arts (Kinesiology & Recreation)

Some recent thesis topics to inspire you!

The Impact of Sport Popularity on Male High Performance Athlete’s Perceptions of Career Termination.

Leisure Experience of Chinese International Students.

The Association Between Physical Activity Intensity and Adiposity in Youth.

For more information visit: www.umanitoba.ca/kinrec/grad_programs

WELCOME NEW FACULTY

- Danielle Bouchard
- Jay Johnson
- Fiona Moola
- Moss Norman
- LeAnne Petherick
- Shaelyn Strachan
- Jackie Oncescu

FOND FAREWELLS

- Mr. John Hayward (retirement)
- Dr. Kelly MacKay (to Ryerson)
- Dr. Jennifer Mactavish (to Ryerson)

RETIREMENT

We celebrate the retirement of one of our former Deans, Dr. Dennis Hrycaiko (1997-2007). A UofM alum, Dr. Hrycaiko returned to the University as Head Football Coach/Assistant Professor after completing his graduate degrees. During the next 11 years, he coached, became Associate Dean and then was appointed as Dean, serving two terms (10 yrs). Over the past 3 years, he has been the Chair of our Graduate Program. Thank you Dr. Hrycaiko, for all you have done for the Faculty. Enjoy your retirement!

IN MEMORIAM

We were sad to announce that Janis McGonigle passed away in late 2012 after a lengthy illness. Janice was instrumental to the Graduate Program and will be greatly missed.
The Health, Leisure & Human Performance Research Institute (HLHPRI) continues to expand its activities. Undergraduate student research awards were received by five FKRM students which resulted in an increased presence at the Undergraduate Student Research Poster Competition (USRPC). Success came with our own Andrew Stammers (BKin student) winning First Prize, Health Sciences in the 2012 USRPC.

The HLHPRI Research Seminar Series enjoyed high levels of attendance and provided presenters from our own faculty, the university, and across North America.

A number of our Research Affiliates received new research funding. Dr. Gordon Giesbrecht received an $85,032 Equipment Grant from NSERC for his research entitled “Transcortical magnetic stimulator station.” Dr. Cheryl Glazebrook received $145,000 over 5 years from the NSERC Discovery Grant program for her research entitled “Optimizing movement performance with altered sensation: An examination of multisensory inputs.”

In addition to new funding, our Research Affiliates have been busy working on their on-going funding success. On-going funding for research projects has come from the following funding agencies: two projects funded by Natural Sciences and Engineering Research Council (NSERC), one from Social Sciences and Humanities Research Council (SSHRC), three from the Canadian Institute of Health Research (CIHR), two from Manitoba Health Research Council (MHRC), two from National Centres of Excellence (NCE), and 14 research projects funded through the University of Manitoba’s internal funding programs. Dr. Phillip Gardiner has continued funding from CIHR for his Canada Research Chair in Physical Activity and Health Studies.

On May 9, 2012, the Institute partnered with Winnipeg in motion, the City of Winnipeg, Université de Saint-Boniface, and the Winnipeg Regional Health Authority’s Mental Health Program to host Conversations in motion, the second in a series of knowledge-sharing events for professionals and researchers. The event—entitled “Health promotion gone VIRAL: Tweeting & posting for better health choices”—provided attendees with an opportunity to learn more about best practices and strategies in using social media for health promotion and behaviour change, and to share in the discussion of how this knowledge can be applied in everyday practice.

As part of the University’s 2012 YouTube Olympic Edition, a number of our researchers were sought as experts on different Olympic and sports-related topics: Dr. Leisha Strachan, Dr. Dean Kriellaars, Dr. Russell Field, and Dr. Sarah Teetzel. You can view these by visiting www.umanitoba.ca/kinrec/research.

Toward the end of 2012, planning began for the first HLHPRI Research Day which will feature the cutting-edge research taking place at the institute.

Active Living and Research: Five collaborative research projects were approved by the Dean where researchers from FKRM partnered with staff in the “applied” side of the faculty and designed projects that answered some very strong curiosities.
With the imminent completion of the Bomber/Bison Stadium (Spring 2013) and the Active Living Centre (2015) there has been considerable energy and time devoted to developing the program and design for these spaces. Staff and users have been engaged in many sessions to ensure that the final product meets the multitude of needs that are represented at the University of Manitoba and in the community it serves.

The Recreation Infrastructure Canada (RINC) Project was completed in 2012. This project allows us to better serve our customers and reach out to some of our customers who are not comfortable working out in the very public spaces, (typically women and cultural groups). This project includes a circuit training room, a cycling room, a gym, enhancement to the Wellness Studio and the creation of a changing space that will be gender neutral and family friendly.

Facility Priorities: there has been some careful analysis of how the facilities are used, by whom and how often. Attention has been given to trying to align our Faculty mission with our priorities for use. As a result we have been able to expand our Intramural Program, expand our Bison Junior Programs and continue to offer more Rec Space to U of M students. This analysis will continue as we align strategic priorities with space availability.

Current research activities in the Faculty will be linked to the Applied Research Centre, housed within the Active Living Centre, so that researchers, practitioners and students can look at the proactive and reactive effects of activity on health improvement as well as develop, evaluate and deliver programs that will help individuals adopt healthier lifestyles.

The Active Living Fund was established last year as part of the Campus as a Community Initiative. This fund is designed to be used, for Active Living initiatives (programs, equipment, facility development, staff development). We thank all of our donors for their generosity and support.

The official groundbreaking of the Active Living Centre took place on Thursday, October 11, 2012. Dignitaries including FKRM Dean, Jane Watkinson, Minister Stephen Fletcher, Premier Greg Selinger, Mayor Sam Katz, former Bison (and current NFL player) Israel Idonije, President and Vice-Chancellor David Barnard, and UMSU President Bilan Arte, were on hand to speak about the importance of this project and assist in literally breaking ground. Several hundred staff, students and community supporters also came out to help celebrate.

Projects included in the Active Living Centre Project:

- Active Living Centre (100,000 sq.ft): construction Began in Oct. 2012
- Two artificial turf fields with lights
- Frank Kennedy Centre Locker Room
- Accessibility enhancements to the Joyce Fromson Pool: lift completed in Nov. 2012
- Tunnel between Architecture & Extended Education: completed in fall of 2012
- Replace 4 outdoor tennis courts: scheduled completion spring 2013
- New Throws area: completed
Recreation Services continues to engage approximately 43% of University of Manitoba students in programs, leadership opportunities and employment/experiential learning. This engagement contributes very strongly to the overall student experience, to academic success and to a productive affinity for the alumni of Recreation Services.

From an administrative perspective, we have many highlights from the 2012 year. We implemented several risk management initiatives from Ian MacGregor’s Risk Management report within our Intramural and Club programs. We continued to develop cross-campus partnerships with several faculties and departments including the English Language Centre/International Centre for Students (e.g., World Cup Soccer Special Event), Office of Student Life. At the Bannatyne campus, we secured strong partnerships with each faculty to offer them our Health Care Provider CPR courses.

The slogan “IT’S ALL HERE FOR U” is a great descriptor of the breadth of opportunities made available for students, staff, alumni and the community. There is not another recreation/fitness facility in Manitoba that offers the breadth of opportunities with evidence based practice that is offered at the University of Manitoba. The Recreation Services Team, with the support of our amazing colleagues in Mini U and Facilities did a fabulous job in creating and managing temporary locker rooms and showers while the Locker Rooms were undergoing renovations.

Visit us at www.uofmactiveliving.ca

The ribbon-cutting ceremony to officially open the renovated men’s and women’s locker rooms took place in conjunction with the Active Living Centre Groundbreaking event on October 11, 2012.

From L to R: Mayor Sam Katz, Premier Greg Selinger, UofM President & Vice Chancellor David Barnard, the Hon. Stephen Fletcher, Minister of State, (Transport), David Asper, UMSU President Bilan Arte, former Bison (and current NFL player) Israel Idonije, and Gary Thompson, Director, Active Living.

At the ribbon-cutting ceremony and groundbreaking, our Dean, Dr. Jane Watkinson, said, “Our long term vision is to graduate hundreds of University of Manitoba students every year who know how to engage in active living, how to monitor their own health in this regard, and how to maintain active lifestyles for themselves and their children when they graduate.”
MINI U PROGRAMS

Mini U Programs celebrated its 35th year of summer programs in 2012. The very popular camps saw approximately 5500 children from the ages of 4 to 16 attend a wide variety of activities at both the Fort Garry and Bannatyne campuses. Parents and children selected from a long list of programs that included aquatic, sport, recreation, ice and special interest camps featuring partnerships with the Faculties of Engineering, Nursing, Architecture, Psychology, Kinesiology and Recreation Management. The programs also partnered with Canada Basketball, Winnipeg School Division, Manitoba Hydro, Adrenaline Adventures, Winnipeg Rowing Club and various groups from Sport Manitoba to provide a great array of options for physical activity.

New this year, Mini U Programs were offered for inner city children and youth in their own backyard at the Bannatyne Campus in the Joe Doupe Centre. Programs were funded by donations received from the Community and Health Sciences which allowed 30 children to receive a one week Fun, Sport & Fitness camp that included two snacks and tee shirt for every participant. A new Movement Camp was also offered for children with special needs focusing on basic human movement principles. Amongst all of the fun, three research studies engaged children and their families in the areas of special needs and leadership as we strive for knowledge discovery that will stimulate positive practices.

Visit us at www.miniu.ca

Athletic Therapy

The Athletic Therapy Centre (ATC) continues to provide services to our intercollegiate athletes, students, faculty and staff at the University. The ATC is also associated with the Health Care Coalition, a group that consists of direct care providers (on campus) who are coordinated to improve the quality of health care available to the campus community. We also welcome and provide services to the community and general public. The ATC’s 3500 sq. ft. facility features:

- 8 examination tables
- exercise rehabilitation area
- hydrotherapy room
- two separate physician examination rooms
- team room

In 2012, we began offering laser treatments and ImPACT concussion testing. For more information, please call us at 204.474.6956.
At the completion of the 2011/12 season 102 of 308 (33%) University of Manitoba student-athletes qualified for CIS Academic All-Canadian status by maintaining a minimum GPA of 3.5 (80%) or better in their field of study.

“Congratulations to all 102 Bison Academic All-Canadians who prove that excelling academically and athletically is achievable, and to their coaches who support them in both pursuits.”
- Coleen Dufresne
Bison Sport Athletic Director

Bison men’s volleyball coach, Garth Pischke, earned his 1200th career coaching victory while at the University.

The men’s hockey team was first in regular season conference standings for the first time since 1970-71.

The Bison women’s team soccer advanced to the playoffs for the first time since 2008.

October 12 was named ‘Desiree Scott Day’ at the University. Desiree was honoured as a former Bison soccer player and bronze medalist with the Canadian women’s soccer team at the 2012 Summer Olympics. A special presentation was made to her at University Centre.

The last-ever conference regular season football game was played at University Stadium, and it was fitting that the Bisons went out with a big win, taking them to the playoffs for the first time in Canada West since winning the 2007 Vanier Cup Championship. Over 700 hearty souls braved the arctic winds — a trademark of the 45 year stadium the Bisons called home.

As always, our Bison athletes were very involved in the community. The Bisons Against Bullying Program continued for the seventh consecutive year. The women’s basketball team sold newly designed Shoot for the Cure Invitational t-shirts to raise funds for the Canadian Breast Cancer Foundation. Bison athletes also donated their time over the holiday season at Siloam Mission.

October 12 was named ‘Desiree Scott Day’ at the University. Desiree was honoured as a former Bison soccer player and bronze medalist with the Canadian women’s soccer team at the 2012 Summer Olympics. A special presentation was made to her at University Centre.

The last-ever conference regular season football game was played at University Stadium, and it was fitting that the Bisons went out with a big win, taking them to the playoffs for the first time in Canada West since winning the 2007 Vanier Cup Championship. Over 700 hearty souls braved the arctic winds — a trademark of the 45 year stadium the Bisons called home.

As always, our Bison athletes were very involved in the community. The Bisons Against Bullying Program continued for the seventh consecutive year. The women’s basketball team sold newly designed Shoot for the Cure Invitational t-shirts to raise funds for the Canadian Breast Cancer Foundation. Bison athletes also donated their time over the holiday season at Siloam Mission.

!!2012 CIS Nationals Results!!

Swimmer Luella Ocon breaks Bison record with 3 top 10 performances

Bronze medal: Men’s Volleyball

2 Bronze medals: Track & Field team

Canada Cup Results

Swimmer Dillon Perron wins 50m & 100m breastsroke - setting new Bison & Provincial records

Arthur Kroitor established a new Bison and Provincial record in the 50m freestyle

Scholarships

Sam Fabro Scholarship: Liette Klassen, women’s hockey

Dr. Dale Iwanoczko Memorial Scholarship: Chris Voth, men’s volleyball

International Competitions

Taylor Pischke, women’s volleyball, represented Canada at the 2012 FISU Beach Volleyball World Championships. Taylor has also made the Canada National Volleyball Team.

!!SAVE-THE-DATES!!

Bison Football

Fall Home Games:

August 30, 7pm

September 7, 5pm vs. Sask (with concert to follow)

September 28, 1pm (2013 Homecoming Game)

October 5, 1pm

More at www.gobisons.ca