

Success Through Wellness Grants (STWG)

Adjudication Criteria

1. Essential Elements

- a. Is the proposal application complete?
- b. Is the principal applicant a member of the University of Manitoba community?
- c. Is the project endorsed by the appropriate administrative head of the principal applicant's unit?
- d. Does the project target specific *Success Through Wellness* goals?

2. Project Alignment

- a. Does the proposal provide clear rationale and objectives consistent with STWG mandate? How well does the proposed project align with the goals, objectives and values of *Success Through Wellness*?
- b. Does it clearly explain the methodology to be used?
- c. What are the expected outcomes of the project? Are they well-defined?
- d. Does the proposed project integrate well with other current or planned initiatives? Does it significantly overlap/recreate an activity/initiative already in existence?
- e. Is the project proposed:
 - i. Promoting innovations in mental health and wellness?
 - ii. Does the proposal clearly explain the student involvement in preparing, reviewing and/or implementing the proposal?
 - iii. Promoting and strengthening diversity on campus?
 - iv. Promoting partnerships between University of Manitoba units/departments and/or community organizations?
 - v. Promoting participation of non-traditional and/or Indigenous students in planning and implementation?

3. Project Impact and Sustainability

- a. What is the potential impact of the project at the University of Manitoba?
- b. How much of the University of Manitoba community population does it benefit? Is the impact direct and/or indirect?
- c. Is the project evidence-based or based on best practices? Was this described?
- d. Does the proposal explain how the project benefits will continue beyond the grant period (including an indication of the source of future ongoing funding should such be required)?
- e. What is the plan for disseminating project outputs or sharing knowledge gained through the project?

4. Project evaluation

- a. Does the proposal clearly outline an evaluation process to be used to ascertain how well objectives have been met?
- b. Is the evaluation process appropriate for the project?
- c. Have ethical implications of the project been addressed? (i.e., the need for research ethics, any privacy issues, etc.)

5. Project budget and timeline

- a. Is the budget appropriate, realistic and justified for the project proposed? Are specific quotes and justifications provided?
- b. Is there a clear explanation of associated costs?
- c. Are additional sources of funding (if any) clearly outlined?
- d. Is the timeline realistic for the activities/initiatives in the project?