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### Informed Consent

**Survey Title:** National College Health Assessment 2019 - University of Manitoba

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This consent form, which you can download and print for your records and reference, is only part of the process of informed consent. It should give you the basic idea of what the survey is about and what your participation will involve. If you would like more detail about something mentioned here, or information not included here, you should feel free to ask. Please take the time to read this carefully and to understand any accompanying information.

The NCHA is a survey designed to assess student health behaviors in order to improve health promotion programming and health and wellness services for University of Manitoba students. You may benefit by knowing that you have assisted in providing accurate information regarding health/wellness behaviors on our campus. Please note that the survey contains questions regarding health knowledge and behaviors, physical and mental health, substance use, and sexual violence. If you experience any personal discomfort with the content of certain questions, or if you'd like to talk with someone about issues addressed in the survey, you may contact the Student Counselling Centre (204-474-8592), Health and Wellness Educator (204-295-9032), or

University Health Service (204-474-8411). You may also contact Klinik Community Health 24/7 at 204-786-8686.

To ensure confidentiality of this survey, e-mail addresses are destroyed by ACHA before data are compiled and shared with the University of Manitoba. The raw data file that is shared with the University will not contain any unique identifiers. If you feel that answering specific demographic questions might reveal your identity, you may leave them blank. Any reports or publications based on this research will use only group data and will not identify you or any individual as being affiliated with this project. Data transmission is encrypted and firewall securities are in place. After you submit the survey to the secure server, a message thanking you for taking the NCHA-Web will be displayed in your browser window, and you will receive a confirmation email.

By clicking on the survey link, you are indicating that you have understood to your satisfaction the information regarding participation in the survey and agree to participate in it. In no way does this waive your legal rights nor release the researchers, sponsors, or involved institutions from their legal and professional responsibilities. You are free to withdraw from the study at any time, and/or refrain from answering any questions you prefer to omit, without prejudice or consequence. You may withdraw from the study at any time by either closing your browser or not submitting your responses at the end of the survey. Closing your browser or not submitting your survey responses will ensure that your responses are not part of the data downloaded for analyses. Your continued participation should be as informed as your initial consent, so you should feel free to ask for clarification of new information throughout your participation.

The University of Manitoba has the right to audit records, and research procedures are subject to auditing by the Office of Research Ethics and Compliance.

This survey has been approved by the Joint-Faculty Research Ethics Board at the University of Manitoba. **If you have any concerns or complaints about this project you may contact the Human Ethics Coordinator at 204-474-7122, or by e-mail at [humanethics@umanitoba.ca](mailto:humanethics@umanitoba.ca)**

### **Notice Regarding Collection, Use, and Disclosure of Personal Information and Personal Health Information by the University**

Your personal information and personal health information is being collected under the authority of *The University of Manitoba Act*. The information you provide will be used by the University for the purpose of assessing student health behaviors, improving health promotion programming and health and wellness service delivery, and determining your eligibility for the draw. Your personal information and personal health information may be disclosed to ACHA-NCHA for the purpose of communications regarding the survey and the draws. Your personal information and personal health information will not be used or disclosed for other purposes, unless permitted by *The Personal Health Information Act* (PHIA) or *The Freedom of Information and Protection of Privacy Act* (FIPPA). If you have any questions about the collection of your personal information or personal health information, contact the Access & Privacy Office (tel. 204-474-9462), 233 Elizabeth Dafoe Library, University of Manitoba, Winnipeg, MB, R3T 2N2.