

**Dear Prospective Intern Candidate:**

**Welcome!** Enclosed please find a brochure describing our Pre-Doctoral Internship Programme in Professional Psychology at the Student Counselling Centre, University of Manitoba, Winnipeg, Manitoba, CANADA. Our internship, initially accredited in 1991-1992, was site-visited in June 2012, and re-accredited by the CPA for a 7-year term to the 2018-2019 training year. Please take a moment to visit our website at <http://www.umanitoba.ca/student/counselling/intern/> and an article about our internship here <https://cpacounselling.files.wordpress.com/2017/05/kaleidoscope-may-2017-edition.pdf>

***We will be accepting a total of two pre-doctoral interns for the upcoming training year. A more detailed description of our selection process, training model and programme can be found in the pages that follow. We hope this provides you with sufficient information to determine whether our internship is a good match for you. Good luck with your internship selection process!***

Please feel free to learn more about the University of Manitoba at <http://www.umanitoba.ca/> and get to know our university by going to <http://www.umanitoba.ca/about/> where you can review maps, pictures, and other information about our university.

Additional information about Winnipeg can be found at <http://en.wikipedia.org/wiki/Winnipeg> , [https://en.wikipedia.org/wiki/Demographics\\_of\\_Winnipeg](https://en.wikipedia.org/wiki/Demographics_of_Winnipeg) , <http://www.frommers.com/destinations/winnipeg/794411#sthash.jGV0yDii.dpbs> , <http://www.winnipeg.ca/interhom/> , <http://www.economicdevelopmentwinnipeg.com/>

To find out about weather in Winnipeg go to [http://weatheroffice.ec.gc.ca/city/pages/mb-38\\_metric\\_e.html](http://weatheroffice.ec.gc.ca/city/pages/mb-38_metric_e.html) <http://www.theweathernetwork.com/weather/cities/can/pages/CAMB0244.htm>

Additional information about Manitoba can be found at <http://www.comeexplorecanada.com/manitoba/> <http://www.travelmanitoba.com/> [http://www.out-there.com/mb\\_info.htm](http://www.out-there.com/mb_info.htm) <http://gov.mb.ca/index.html>

Additional information about Housing in Manitoba can be found at <http://umanitoba.ca/housing/> <https://och.cc.umanitoba.ca/> <https://och.cc.umanitoba.ca/listing-category/sabbatical/>

Additional information about Health Care in Manitoba can be found at <http://www.gov.mb.ca/health/> <http://www.gov.mb.ca/health/mhsip/index.html>

Please feel free to call me at (204)474-8614 or e-mail me at [tim.osachuk@umanitoba.ca](mailto:tim.osachuk@umanitoba.ca) should you have any additional questions about our internship.

Sincerely,



Timothy A. G. Osachuk, Ph.D., C.Psych.  
Clinical Psychologist  
Associate Professor  
Director of Internship Training  
Pre-Doctoral Internship Programme In Professional Psychology  
Student Counselling Centre  
University of Manitoba  
<http://www.umanitoba.ca/student/counselling/intern/>  
Ph.: 1(204)474-8592 Receptionist 1(204)474-8614 Direct Line  
FAX: 1(204)474-7558  
E-mail: [tim.osachuk@umanitoba.ca](mailto:tim.osachuk@umanitoba.ca)

## About Our Application and Selection Process

We are members of APPIC (Association of Psychology Postdoctoral and Internship Centers, <http://www.appic.org/>) ([APPIC Member #1810](#)). We participate in the APPIC Internship Matching Program (<http://www.natmatch.com/psychint/>) and abide by the APPIC Match Policies (<http://www.appic.org/Match/Match-Policies>) Our internship site also agrees to abide by the APPIC Match Policy (6a) (<http://www.appic.org/Match/Match-Policies>) that no person at our training facility will solicit, accept or use any ranking-related information from any intern applicant. Our internship is also a member of CCPPP (Canadian Council of Professional Psychology Programs <http://ccppp.ca/>), and is listed in the CCPPP Directory of Canadian Internship Programs (<http://ccppp.ca/directory>).

Our overall application and selection process closely follows APPIC's recommendations. The following parameters are considered for all individuals making application to our internship programme:

### Phase I of the Match

1. **Qualifications:** Candidates must have completed required coursework, comprehensive examinations and the dissertation proposal for the doctorate in Clinical or Counselling Psychology by our November 15<sup>th</sup> application deadline. Those candidates meeting these criteria can proceed to making application to our internship programme.

2. **Application:**

Like other APPIC member internship programs, all internship applications must be submitted to us via the APPIC "AAPI Online" service (see <https://appic.org/Internships/AAPI> for more details). All application materials must be uploaded via the applicant portal <https://portal.appicas.org/> on the APPIC website.

***Our application deadline is 4:30 p.m. (CST), Thursday November 15<sup>th</sup>, 2018. To be considered for the 2019-2020 internship training year, ALL application materials must be uploaded on to the AAPI Online by 4:30 p.m. (CST), Thursday November 15<sup>th</sup>, 2018. LATE OR INCOMPLETE APPLICATIONS WILL NOT BE ACCEPTED OR REVIEWED.***

A complete application to our internship program via the "AAPI Online" (<https://appic.org/Internships/AAPI>) includes the following materials (please note that all of these materials should automatically be included with the application that you submit via the Applicant Portal <https://portal.appicas.org/> of the AAPI Online service):

- A cover letter [In your cover letter (at least 300 words) please ensure you explain why you would be a good fit with our internship program, be specific about your goals and training needs, and in particular, how our internship program will meet your goals and training needs]
  - A complete, up-to-date, curriculum vitae.
  - The actual AAPI application (including essays and verification of readiness from you Director of Clinical Training of your graduate program)
  - Copies of all graduate school transcripts.
  - Three letters of reference. At least two must be from clinical supervisors (preferably licensed/registered psychologists) who are familiar with your clinical work. References should reflect your most recent clinical work if possible. You may choose to include a fourth letter if it provides a unique perspective, but we only require 3. Applicants' referees are required to use APPIC's new [Standardized Reference Form](#) for Letters of Recommendation available at <https://appic.org/Portals/0/SRF-Revised-3-31-16.doc>
3. **Application Review:** We review applications from candidates that have satisfied 1 and 2 above.
  4. **Interview Notification:** This year, applicants will be notified via e-mail whether or not they will be considered for interview by December 7<sup>th</sup>, 2018.

5. **Interview Scheduling:** This year, we will contact applicants who have met our criteria for interview by December 7<sup>th</sup>, 2018 to arrange for phone, skype, or in-person interviews. This year interviews will be offered from January 16<sup>th</sup> - 30<sup>th</sup>, 2019.
6. **Interviews:** In-person, Skype or telephone interviews are offered. In general, the individual interviews range from one to one and a half hours and they are conducted by two or three interviewers. Intern applicants have opportunity to talk with the Director of Internship Training and current interns, and their requests to contact specific departmental staff are welcome. Intern applicants' discussions with current interns are confidential, and current interns are not involved in the ranking of applicants for the match.
7. **Rankings for the APPIC Match:** All information: qualifications, application materials, and interview performance are reviewed and considered to develop a final rank-order list of candidates for the APPIC match.
8. **Rank Order List Submitted to APPIC/National Matching Services:** The final rank-order list of candidates applying to our internship programme is submitted to APPIC/National Matching Services for the APPIC Match.
9. **Match Day:** Our internship programme awaits news of the APPIC Match on Match Day.
10. **Director of Internship Training Contacts Matched Candidates:** As per APPIC Policy, our Director of Training contacts matched candidates to congratulate matched candidates, and verify offer of internship positions.

## Phase II of the Match

In the event that positions remain unfilled via Phase I of the match, they will be offered in Phase II.

The application and selection process for Phase II will generally follow our procedures 1 – 10 described in Phase I, in accordance with the dates/timelines established by APPIC for Phase II (<http://www.appic.org/Match/Match-Policies>).

## For questions or clarifications regarding our internship program or application procedures, contact:

Timothy A. G. Osachuk, Ph.D., C.Psych.  
Clinical Psychologist  
Associate Professor  
Director of Internship Training  
Pre-Doctoral Internship Programme In Professional Psychology  
Student Counselling Centre  
University of Manitoba  
<http://www.umanitoba.ca/student/counselling/intern/>  
Ph.: 1(204)474-8592 Receptionist 1(204)474-8614 Direct Line  
FAX: 1(204)474-7558  
E-mail: [tim.osachuk@umanitoba.ca](mailto:tim.osachuk@umanitoba.ca)

# The University of Manitoba Student Counselling Centre Pre-doctoral Internship Programme in Professional Psychology Accredited<sup>1</sup> by CPA<sup>2</sup>

<sup>1</sup>Initially accredited in 1991-1992, site-visited in June 2012, and re-accredited by the CPA for a 7-year term to the 2018-2019 training year.

**Prospective Intern Applicants Please Note:** Regarding Accreditation, Effective September 1<sup>st</sup>, 2015, the APA no longer accredits Canadian Internships. In 2012, APA and CPA signed the [First Street Accord](#), an agreement recognizing their accreditation standards are “substantially equivalent” We encourage you to review the [First Street Accord](#) agreement as part of your education in choosing an internship program that best fits your training needs.

---

The Student Counselling Centre is an active, service-oriented unit that offers a training program fostering the development of excellence and diversity in clinical capabilities and approaches. Interns receive supervised experience in individual and group approaches, psychological assessment, career counselling, working with diverse clientele, consultation, crisis intervention, and supervision. Opportunities for research involvement are also available.

## Staff

The unit provides a full range of services and programs to the 29,000 students at the two University of Manitoba campuses. Staff includes professionals representing Clinical and Counselling Psychology, Social Work, and Family Therapy, along with a consulting psychiatrist. Practicum and field placements are offered in addition to the internship positions.

## Stipend

A \$35,872.01 stipend is provided for this full-time internship, which runs from September 1st to August 31st. Two positions are available.

## Qualifications

Candidates must have completed required coursework, comprehensive examinations and the dissertation proposal for the doctorate in Clinical or Counselling Psychology by our November 15<sup>th</sup> application deadline. Those candidates meeting these criteria can proceed to making application to our internship programme.

## Application

All internship applications must be submitted to us via the APPIC “AAPI Online” service (see <https://appic.org/Internships/AAPI> for more details). All application materials must be uploaded via the applicant portal on the APPIC website.

***Our application deadline is 4:30 p.m. (CST), Thursday November 15<sup>th</sup>, 2018. To be considered for the 2019-2020 internship training year, ALL application materials must be uploaded on to the AAPI Online by 4:30 p.m. (CST), Thursday November 15<sup>th</sup>, 2018. LATE OR INCOMPLETE APPLICATIONS WILL NOT BE ACCEPTED OR REVIEWED.***

A complete application to our internship program via the “AAPI Online” <https://appic.org/Internships/AAPI> includes the following materials (please note that all of these materials should automatically be included with the application that you submit via the Applicant Portal <https://portal.appicas.org/> of the AAPI Online service):

- A cover letter [In your cover letter (at least 300 words) please ensure you explain why you would be a good fit with our internship program, be specific about your goals and training needs, and in particular, how our internship program will meet your goals and training needs]
- A complete, up-to-date, curriculum vitae.
- The actual AAPI application (including essays and verification of readiness from you Director of Clinical Training of your graduate program)
- Copies of all graduate school transcripts.

---

<sup>2</sup>Questions related to our program's CPA accredited status should be directed to the Office of Accreditation:  
Office of Accreditation, Canadian Psychological Association  
141 Laurier Avenue W., Suite 702 Ottawa, ON K1P 5J3  
Ph.(Office): Toll Free: 1-888-472-0657, (613)237-2144, Fax: (613)237-1674, Web Address: <https://cpa.ca/accreditation/contactus>  
Registrar, Accreditation, 1-888-472-0657 (613)237-2144, ext. 333, e-mail: [accreditation@cpa.ca](mailto:accreditation@cpa.ca)  
Administrative Assistant, Accreditation & Operations, 1-888-472-0657 (613)237-2144, ext. 328, e-mail: [accreditationoffice@cpa.ca](mailto:accreditationoffice@cpa.ca)

- Three letters of reference. At least two must be from clinical supervisors (preferably licensed/registered psychologists) who are familiar with your clinical work. References should reflect your most recent clinical work if possible. You may choose to include a fourth letter if it provides a unique perspective, but we only require 3. Applicants' referees are required to use APPIC's new [Standardized Reference Form](http://appic.org/Portals/0/SRF-Revised-3-31-16.doc) for Letters of Recommendation available at <http://appic.org/Portals/0/SRF-Revised-3-31-16.doc>

### **Application Review, Selection and Notification**

We review applications completed by our November 15<sup>th</sup> deadline that meet our qualifications described and are a good fit with our programme. This year applicants will be notified whether or not they will be considered for interview by December 7<sup>th</sup>, 2018. Applicants who have met our criteria for interview by December 7<sup>th</sup>, 2018 will be contacted to arrange for either in-person, skype or telephone interviews for January. This year interviews will be offered from January 16<sup>th</sup>-30<sup>th</sup>, 2019. In general, the individual interviews range from one to one and a half hours and they are conducted by two or three interviewers. Intern applicants have opportunity to talk with the Director of Internship Training and current interns, and their requests to contact specific departmental staff are welcome. Intern applicants' discussions with current interns are confidential, and current interns are not involved in the ranking of applicants for the match. All information: qualifications, application materials, and interview performance are reviewed and considered to develop a final rank-order list of candidates for the APPIC match. The final rank-order list of candidates applying to our internship programme is submitted to APPIC/National Matching Services for the APPIC Match. Our internship programme awaits news of the APPIC Match on Match Day. As per APPIC Policy, our Director of Training contacts matched candidates to congratulate matched candidates, and verify offer of internship positions.

In the event that positions remain unfilled via the initial match (Phase I), they will be offered in the follow up match (Phase II). The application and selection process for Phase II will generally follow procedures described above, in accordance with the dates/timelines established by APPIC for Phase II. (<http://www.appic.org/Match/Match-Policies>).

### **For questions or clarifications regarding our internship program or application procedures, contact:**

Timothy A. G. Osachuk, Ph.D., C.Psych.  
 Clinical Psychologist  
 Associate Professor  
 Director of Internship Training  
 Pre-Doctoral Internship Programme In Professional Psychology  
 Student Counselling Centre  
 University of Manitoba  
<http://www.umanitoba.ca/student/counselling/intern/>  
 Ph.: 1(204)474-8592 Receptionist 1(204)474-8614 Direct Line  
 FAX: 1(204)474-7558  
 E-mail: [tim.osachuk@umanitoba.ca](mailto:tim.osachuk@umanitoba.ca)

**This internship site is a member of [APPIC \(APPIC Member #1810\)](#), participates in the [APPIC Internship Matching Program](#) and abides by the [APPIC Match Policies](#). This internship site agrees to abide by the [APPIC Match Policy \(6a\)](#) that no person at this training facility will solicit, accept or use any ranking-related information from any intern applicant.**

**This internship is also a member of [CCPPP \(Canadian Council of Professional Psychology Programs\)](#), and is listed in the [CCPPP Directory of Canadian Internship Programs](#)**

## **The University of Manitoba Student Counselling Centre Pre-doctoral Internship Programme in Professional Psychology**

The purpose of this brochure is to provide some basic information about our program and department to assist prospective interns in their evaluation of how our internship may fit with their training goals and needs. The following sections provide information about our mission and model; our program structure, goals, and activities; our evaluation procedures; our professional development opportunities; and our facilities and equipment.

### **Mission Statement and Training Model**

***The SCC actively facilitates student success by listening and responding to the diverse mental health and developmental needs of students as well as other campus and community constituencies. By creating and providing innovative preventive and responsive services, programs, training and partnerships we foster enhanced mental health and wellness through the promotion of personal growth, academic development and success.***

Implicit in our mission statement is a belief that a wide range of programs and activities will be necessary to provide an environment conducive to student growth and development. As a consequence, the Student Counselling Centre has a high profile and widespread involvement around the campus, offering a variety of clinical, educational, and developmental services to various constituent groups in our community.

The developmental emphasis that informs our work with students and the university at large also constitutes the core philosophy of our internship training program. We see our training program as the capstone to a doctoral psychology student's professional training, building on the foundation of knowledge gathered from diverse experiences in practica and other applied settings, graduate coursework, and research. As a capstone program, a primary value is placed on the integration of knowledge and skills as a means to facilitate the development and consolidation of the intern's identity as a professional psychologist.

To enhance the professional development of our interns, our training program is structured around an integrative developmental model grounded in a scientist-practitioner framework. This means that attention is paid both to the individual developmental needs of our interns as well as to the need for evidence-based psychological practice. Thus, a structured, sequential training approach, tailored to the individual needs of our interns, is employed throughout the training year. Exposure to didactic seminars, departmental research, program evaluation, and training in empirically-supported therapies combine with this to underscore the reciprocal interplay between science and practice in Psychology.

## **Program Structure**

The Student Counselling Centre is the primary resource for psychological services and consultation for the University of Manitoba, which constitutes this province's third largest community. The range of experiences and opportunities this setting provides is ideally suited to candidates looking to develop strong generalist skills with an adult population.

The Psychology internship program is one of three professional training programs in the department. In addition to the internship, we also offer an advanced practicum in Counselling and a field placement for undergraduate and graduate students in Social Work. As a result of this multidisciplinary emphasis, a rich training environment is fostered in which interns can realize their potential as members of a diverse service delivery team.

To guide interns along this developmental path, activities are paced according to the interns' background preparation and readiness to assume various roles and responsibilities. From our initial orientation phase, where the literature on developmental stages of trainees is reviewed and discussed, through the observation of supervisors conducting intake interviews or groups, and guided practice that characterize the early stages of our training program, the developmental level and needs of our interns are explicitly valued and addressed. Throughout the course of the training year, at a pace guided by stage of development and training needs, interns are gradually exposed to more complex and demanding training experiences (e.g., developing a group program; supervising a practicum student) and assume more responsibility for their work and contributions to the department (e.g., increased case load; facilitating or co-facilitating a group; developing an outreach initiative). By the end of the training year, interns will have a clear sense of what it is like to function as a professional psychologist in a fast-paced and diverse service delivery environment.

The developmental structure of our internship is greatly facilitated by its eschewal of the traditional "rotation" model of internship training. Our program believes that an intern's professional identity can be most effectively developed through exposure to an environment that closely approximates the actual settings in which professional psychologists practice. For this reason, concurrent experiences are the hallmark of our program. With this structure, interns are able to experience the same range of activities and responsibilities as staff psychologists, see clients based on clinical need rather than rotation length, and develop more substantial relationships with supervisors.

## **Training Goals and Objectives**

We believe that our training model and program structure offer the combination of diversity, flexibility, and quality experiences necessary to help us attain our primary training goal, which is to prepare interns for the independent practice of professional psychology in diverse settings, including counselling services and other academic, clinical, and community settings. To operationalize this goal, a number of education and training objectives have been identified and are included in the evaluation forms. A summary of the main objectives for each of the areas is provided below:

### **1) Intervention Competency**

- a) Ability to integrate historical, developmental, contextual, and diagnostic information into a case conceptualization that guides ongoing work
- b) Ability to adapt conceptualizations over time as new information emerges
- c) Ability to link conceptualization to relevant theory
- d) Ability to productively engage clients in intake and counselling
- e) Ability to maintain rapport over time
- f) Ability to identify the links among theory, research, and practice (e.g., interventions have a grounding in theory and support through the literature)
- g) Ability to identify and implement different intervention strategies as appropriate to different presenting problems or contexts
- h) Ability to demonstrate proficiency with a wide range of intervention modalities representing different theoretical traditions (e.g., behaviour therapy; client-centered therapy; systemic approaches)
- i) Ability to identify and utilize empirically-validated treatments where appropriate (e.g., cognitive-behavioural therapy for panic disorder)
- j) Ability to effectively identify and utilize process or interpersonal variables during intervention
- k) Ability to work effectively with both short-term and long-term cases
- l) Ability to terminate therapy with clients successfully
- m) Ability to identify and respond effectively to crises or behavioural emergencies
- n) Ability to effectively lead or co-lead psycho-educational or therapy groups



## **2) Career Counselling Competency**

- a) Career Counselling skills include ability to conceptualize the career planning difficulties of students using a variety of theoretical perspectives, ability to engage in productive career counseling and the ability to consult with other career service providers as needed
- b) Career Counselling Knowledge includes demonstrating an understanding of career development theory, the complexity of career issues for university students, and available career inventories and services
- c) General Counselling Skills include demonstrating an understanding of developmental theories and issues, and an ability to integrate general counselling skills in interventions with career clients
- d) Group Leadership Skills include abilities to communicate information clearly and to facilitate group dynamics

## **3) Assessment Competency**

- a) Ability to effectively collect and utilize interview, collateral, and historical data in assessment process
- b) Ability to effectively formulate differential diagnoses from interview or test data
- c) Ability to select a battery of test instruments that effectively address the referral question(s)
- d) Ability to competently administer, score, and interpret results of testing
- e) Ability to produce integrative written reports addressing the referral question(s), make useful recommendations, and provide timely and useful feedback to clients and referral sources

## **4) Diversity Competency**

- a) Ability to demonstrate awareness of ethnicity, culture, and other issues of diversity as significant parameters in understanding psychological processes
- b) Ability to educate clients about North American psychological intervention processes
- c) Ability to demonstrate respect for social structures, values, and beliefs within the client's culture or context
- d) Ability to consider the impact of adverse social and environmental factors in assessing problems and designing interventions
- e) Ability to identify and work to eliminate biases, prejudices, and discriminatory practices in self
- f) Ability to demonstrate skills in adapting interventions to diverse groups

## **5) Consultation Competency**

- a) Ability to identify programming needs in the community and design and deliver outreach programmes to effectively address these needs
- b) Ability to solicit feedback from clients about the effectiveness of the consultation process and address concerns if the results are not satisfactory

## **6) Professional Conduct Competency**

- a) Ability to demonstrate respect toward clients, peers, colleagues, supervisors, and other members of the university community or public with whom the intern interacts
- b) Ability to demonstrate a working knowledge and effective application of the ethical code of the Canadian Psychological Association
- c) Ability to demonstrate knowledge of relevant university policies and provincial guidelines/laws as they pertain to practice issues (e.g., confidentiality; informed consent; duty to warn; duty to protect; child abuse reporting)
- d) Ability to demonstrate openness to learning and to access supervision and consultations appropriately
- e) Ability to maintain relevant standards with respect to documentation of professional services
- f) Ability to demonstrate sound professional practice by acknowledging own limits of competence
- g) Ability to demonstrate awareness of transfer-of-skill issues and how to apply skills across service setting and populations
- h) Ability to recognize psychology as an empirical discipline and appropriately access literature and collect data

## **7) Supervision of Practicum Students**

- a) Demonstration of knowledge of supervision models
- b) Ability to form an effective supervisory alliance
- c) Ability to adjust supervision to supervisee needs and developmental level
- d) Demonstration of a balance between supervisee development and client care in supervision
- e) Provision of ongoing feedback to supervisee
- f) Ability to articulate a model of own supervisory style

## Service Activities

To provide the range of experiences necessary to attain the goals and objectives of the internship program, interns are involved in an average of 13 hours of direct service contact per week. These contacts may involve a variety of services, such as:

**Intake and Crisis Intervention:** Each week the interns spend a portion of their time providing intake and crisis intervention for the service.

**Individual Counselling:** Individual counselling involves providing short-term and long-term therapy for clients with a variety of presenting issues.

**Psychological Assessment:** Interns receive referrals for assessments from the Student Accessibility Services office, University Health Service, or the community. Cognitive assessments predominate, although psycho-diagnostic assessments are also available.

**Career Counselling and Assessment:** Interns will engage in a variety of career counselling activities. Interns gain experience working with career and student development theories, a variety of career counselling interventions (including the use of career assessment tools), and career information resources. Interns are expected to co-facilitate and later facilitate interpretation sessions for the Myers-Briggs Type Inventory and the Strong Interest Inventory. It is expected a portion of interns' caseload will be career cases/career related.

**Groups and Workshops:** Interns are expected to co-facilitate and/or facilitate groups during the year. The topics of the groups vary from year to year and may include issues related to self-esteem, depression, anxiety, and relationships.

**Practicum Supervision:** Interns will be primary supervisor for a practicum student and will receive supervision of their supervision.

**Outreach and Consultation:** Interns will have opportunities to provide developmental and preventive programming to various segments of the university community. Interns will be able to develop new programs in an area of special interest or to offer some of the general programs, such as stress management, dealing with exam anxiety, or academic success skills.

## Supervision and Training Activities

**Supervision:** Because of the diverse service offerings, interns participate in a variety of individual and group supervisory experiences. Over the course of the year, a minimum of four hours per week is provided by from Doctoral Level Registered Psychologists (3 hours individual supervision; 1 hour group supervision), with overall supervision frequently surpassing 4 hours per week.

### Individual supervision

**Individual supervision** is provided by doctoral-level registered psychologists (minimum of three hours per week).

**Assessment supervision** is provided by doctoral-level registered psychologists (amount of supervision varies based on student need to become proficient in administration, and writing of six integrated assessment reports).

**Specialty supervision** (e.g., on groups) is provided by Doctoral Level Registered Psychologists and at times by other agency professional staff. Wherever possible, supervision by a doctoral-level registered psychologist is sought (variable supervision time based on experience).

In addition, consultation on selected cases is available from professional staff members.

### Group supervision

**Assessment supervision** is provided by doctoral-level registered psychologists

**Supervision training** provided by a doctoral-level registered psychologist, includes reviewing literature and supervision of supervision (one and a half hours bi-weekly).

**Director of Training** supervision is provided by the director of internship training – doctoral level registered psychologist (two days during initial orientation, one and a half hours weekly for the first month of internship; one and a half hours monthly during the remainder of internship).

**Career supervision** is provided by a professional staff member which includes an initial training orientation followed by regular supervision meetings (initially one and one half hours per week, and faded to one and one half hours every other week).

**Diversity Training** is facilitated by a doctoral level psychologist.

**Intern Professional Development Seminars** are provided by Student Counselling Centre (SCC) staff and external presenters (weekly for the first four weeks and bi-weekly thereafter)

**Staff Case Conference Meetings:** Presentations by SCC staff and trainees that provide educational information and training in a variety of clinical areas and professional issues.

**Client Consultations:** Interns participate in weekly Consultation and Professional Practice meetings with the other professional staff, to review requests of clients presenting for service, and consult on client related concerns.

**Psychiatric Consultation:** Interns are able to refer clients to a consulting psychiatrist for second opinions regarding clients' issues.

## Evaluation

Each intern receives ongoing informal feedback and formal evaluation and feedback at least three times during the year. These evaluations are completed by their supervisors and are based on the contracts negotiated with each intern. Interns also regularly evaluate their supervisors and program. The Director of Internship Training also sends a written evaluation to each intern's graduate program at the mid-point and end of internship. An *Internship Manual* is provided that includes information on procedures, policies, and requirements.

As detailed above, interns within our internship program receive ongoing evaluative feedback from supervisors throughout the training year. These evaluations are quite comprehensive in nature, are based on our program's training model, philosophy, goals and objectives, and competencies and benchmarks established by our profession. At the mid-point and end of internship, the Director of Internship Training sends the Academic Training Director a letter summarizing the intern's performance. Consistent with the Philosophy of APPIC, our policy is to not complete additional forms or sign additional contracts/agreements. Our program is CPA accredited (previously APA Accredited to September 1<sup>st</sup>, 2015) and, as such, has an extensive evaluation process in place. Therefore, if you are enrolled in an academic training program that requires additional training contracts and/or evaluations, these will not be completed by our internship program. Your program may choose to use the information from our evaluations to complete their own forms. You are strongly encouraged to consult with your Director of Clinical Training or our Director of Internship Training Director if you have questions about this policy.

## Professional Development

**Professional Development:** Our internship provides interns with four hours per week of professional development time, which interns may use for dissertation or other research, professional reading and/or writing, attendance at conferences or workshops, or specialized service activities.

**Administration and Staff Development:** Interns are encouraged to participate actively in all aspects of departmental life, including membership on various committees. Interns also present at Staff Case Conference meetings and may also provide other staff development programming.

## Physical Facilities and Equipment

### COUNSELLING FACILITIES

The Student Counselling Centre facilities include a reception/waiting area (renovated in 2000), offices, group rooms, observation rooms equipped with two way mirrors, two large classrooms equipped with computers and LCD data projectors, and a library.

### CAREER SERVICES AREA

This area (physically located within the Student Counselling Centre) is the source of several highly utilized resources provided by Career Services. Scores of students utilize Career Services on a daily basis, and its website has garnered international recognition and awards. Interns may refer students to these services as a part of the career counselling process.

## **COMPUTER FACILITIES**

The Student Counselling Centre has complete computer resources, including a local area network and internet access. We also have access to computerized scoring for a variety of psychological and vocational tests. Our administrative and support staff use the Titanium scheduling program to manage client data and counsellor daily activity schedules. Interns have networked computers in their offices (new computers in 2014) and full access to computer resources, internet, E-Mail (local and web based Outlook 2010). Interns have webcams for videotaping client sessions for clinical supervision. Interns also have access to several LCD/data projectors and a 3-M digital Media Systems smartboard for assistance with a variety of presentations.

## **LIBRARY**

In addition to the university library resources available on campus (traditional and electronic access), the Student Counselling Centre maintains its own small library of professional journals, textbooks, and professional reports and policy papers.

## Program and Supervisory Staff

Name, Degree	Rank	Position/Role
Natasha Ali, Ph.D.	Instructor 1	Facilitator Diversity Seminar; Supervisor
Carmen Bodkyn, Ph.D.	Instructor 2	Ad Hoc Supervisor
Patrick Burek, M.Ed.	Counsellor	Ad Hoc Supervisor
Linda Churchill, M.M.F.T.	Counsellor	Ad Hoc Supervisor
Chad Graves, Ph.D.	Counsellor	Ad Hoc Supervisor
Kimberly Kiley, Ph.D.	Instructor 1	Supervisor
Cyndi Kirupakaran, M.Ed.	Instructor 1	Ad Hoc Supervisor
Brenda Lee, Ph.D.	Counsellor	Ad Hoc Supervisor
Lori Mac, Ph.D.	Instructor 2	Assistant Director of Internship Training; Supervisor
David Ness, M.A.	Associate Professor	Director SCCC; Supervisor
Heather O'Neale, M.S.W.	Counsellor	Ad Hoc Supervisor
Timothy A. G. Osachuk, Ph.D.	Associate Professor	Director of Internship Training; Supervisor
Michelle Pearson, M.Sc.	Instructor 1	Ad Hoc Supervisor
Marlene Pomrenke, Ph.D.	Instructor 2	Ad Hoc Supervisor
Lisa Seymour, M.S.W.	Associate Professor	Ad Hoc Supervisor
Donald Stewart, Ph.D.	Professor	Executive Director Student Support, Psychology Professional Practice Leader; Supervisor