

BREAKFAST (8:00AM – 10:00AM)

Full Breakfast \$11.00

Scrambled Eggs, Hashbrowns, Sausage, Toast, Orange Juice

English Muffin Sandwich \$8.50

Two Fried Eggs, Bacon and Sliced Cheddar

Summer Breakfast Tacos \$10.00

Three tacos with scrambled eggs, bacon strips, avocado, salsa, shredded cheese and cilantro

Option to make GF 🌾

SALADS (11:00AM – 4:00PM)

Salad Dressings: Caesar, Ranch, Italian, Balsamic, Lemon Vinaigrette

Chicken Caesar Salad \$13.50

Cobb Salad \$13.50

Mediterranean Salad Bowl 🌿 🌾 \$12.50

Roasted chickpea, quinoa, olives, tomatoes, cucumber and cottage cheese drizzled with balsamic reduction

Grilled Pineapple & Watermelon Salad 🌿 🌾 \$12.50

Red onions, feta cheese, cilantro, sliced pickled jalapeño with basil syrup dressing

SOUP (11:00AM – 4:00PM)

Soup of the Day \$7.00

DESSERT (11:00AM – 4:00PM)

Strawberry Shortcake in a Glass \$5.50

Whoopie Pie Ice Cream Sandwich with Caramel Sauce \$5.50

Peach Crumble Pie with Ice-Cream and Fruit Coulis \$5.50

PASTRIES (All Day)

Almond Croissant \$3.50

Apple Turnover \$3.00

Butter Croissant \$3.00

Muffin of the Day \$3.00

Assorted Cookies \$2.50

 Vegetarian

 Gluten Free

 Vegan

MAIN COURSE

(11:00AM – 4:00PM)

Chicken Caesar Wrap
Served with Nachos and Salsa

\$14.00

Smoked Salmon on a Bagel
With Dill Capers, Cream Cheese,
Julianne Red Onions and Arugula
Served with Salad Greens

\$15.00

**Chicken Chimichurri on
Ciabatta**
With Caramelized Onions and
Provolone Cheese
Served with Nacho Chips

\$15.00

Grilled Veggie Sandwich   **\$13.50**
on Rye Bread
With Basil Pesto Mayo and Arugula

Beef Lasagna **\$15.00**
With Tomato Sauce and Salad Greens

Chicken Protein Bowl **\$15.00**
Avocado, Roasted Chicken, Diced Sweet
Potatoes, Cottage Cheese and Rice
Drizzled with Chipotle Aioli

Pizza of the Day **\$5.25**

**Stuffed Portobello with
Green Salad   ** **\$14.50**
Sun-dried Tomato, Spinach and
Romesco Sauce

Jamaican Beef Patties **\$13.00**
With Salad Greens

Chicken Chorizo Jambalaya **\$15.00**
With Rice and Cornbread

DRINKS

(ALL DAY)

COLD

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|-----------------------|--------|
| Coca-Cola Beverages | \$2.85 |
| Canned Soft Drinks | \$2.35 |
| Monster Energy Drinks | \$4.35 |
| FUZE Iced Tea | \$3.35 |
| Peace Tea | \$3.10 |
| Minute Maid Juice | \$3.25 |
| Vitamin Water | \$4.10 |
| POWERADE | \$3.85 |
| DASANI Water | \$2.85 |
| AHA Sparkling Water | \$2.85 |
| Smart Water | \$3.25 |
| Milk/Chocolate Milk | \$2.00 |
| Iced Coffee | \$4.50 |

HOT

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|-------------|--------|
| Cappuccino | \$4.50 |
| Latte | \$4.50 |
| Flat Whites | \$4.50 |
| Americano | \$4.00 |
| Chai | \$4.50 |
| Tea | \$2.75 |
| Coffee | |
| Small | \$1.75 |
| Medium | \$2.00 |
| Large | \$2.25 |

ALCOHOL

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|----------------|--------|
| Canned Beer | \$6.00 |
| Red/White Wine | \$6.00 |