

St John's College Menu Plan _____ - _____ Week _____

BREAKFAST

7:30 A.M.-9:30 A.M. FULL
7:30 A.M.-10:00 A.M. COLD

WEEKEND BRUNCH

10:00 AM – 1:30 PM

LUNCH

11:00 A.M.-1:15 PM

DINNER

5:00 P.M.-7:15 P.M.
DINING ROOM CLOSSES AT 8:00 P

Day	Sunday 19/6/22	Monday 20/6/22	Tuesday 21/6/22	Wednesday 22/6/22	Thursday 23/6/22	Friday 24/6/22	Saturday 25/6/22
Breakfast	Brunch	Breakfast made to order	Breakfast made to order	Breakfast made to order	Breakfast made to order	Breakfast made to order	Brunch
Soup		Chicken noodle	mulligatawny	Beef barley	tomato vegetable	chicken and wild rice	
Lunch		Pizza	Chicken souvlaki pita wrap, with Greek potatoes and tzatziki	Chicken fingers, poutine	Fish tacos, notch's, salsa	Pulled Pork on a bun, served with fries	
Dessert		whole fruit	whole fruit	whole fruit	whole fruit	whole fruit	
Supper	Chicken Drumsticks, stir fry veggies and rice	Beef Burritos, Spanish rice, Chips and salsa	Big Burger with potato and macaroni salads	Italian meatballs with pasta and garlic bread	Fried Chicken, baked beans, coleslaw	Sweet and sour chicken balls, shrimp fried rice and beef chow mien	Butter Chicken rice and pompidoms
Dessert	Apple crisp with ice Cream	brownies	cup cakes with cream cheese icing	cookies	Berry pie	cheese cake	bananas with ice cream and caramel sauce