

Winter Orientation

Hosted by the International Centre



**University
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Cultural Adjustment, Canadian Culture & Communication

Rakshya KC

International Student Advisor

Crystal Stewart

International Transitions & Intercultural Program Coordinator



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What is Culture?

Culture is a complex and dynamic concept that encompasses various aspects of human experience, including art, music, literature, language, customs, traditions, and social practices. Culture is not a fixed or static entity but is constantly evolving and changing.

-Raymond Williams



Photo by [Perry Grone](#) on [Unsplash](#)

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Fishbowl



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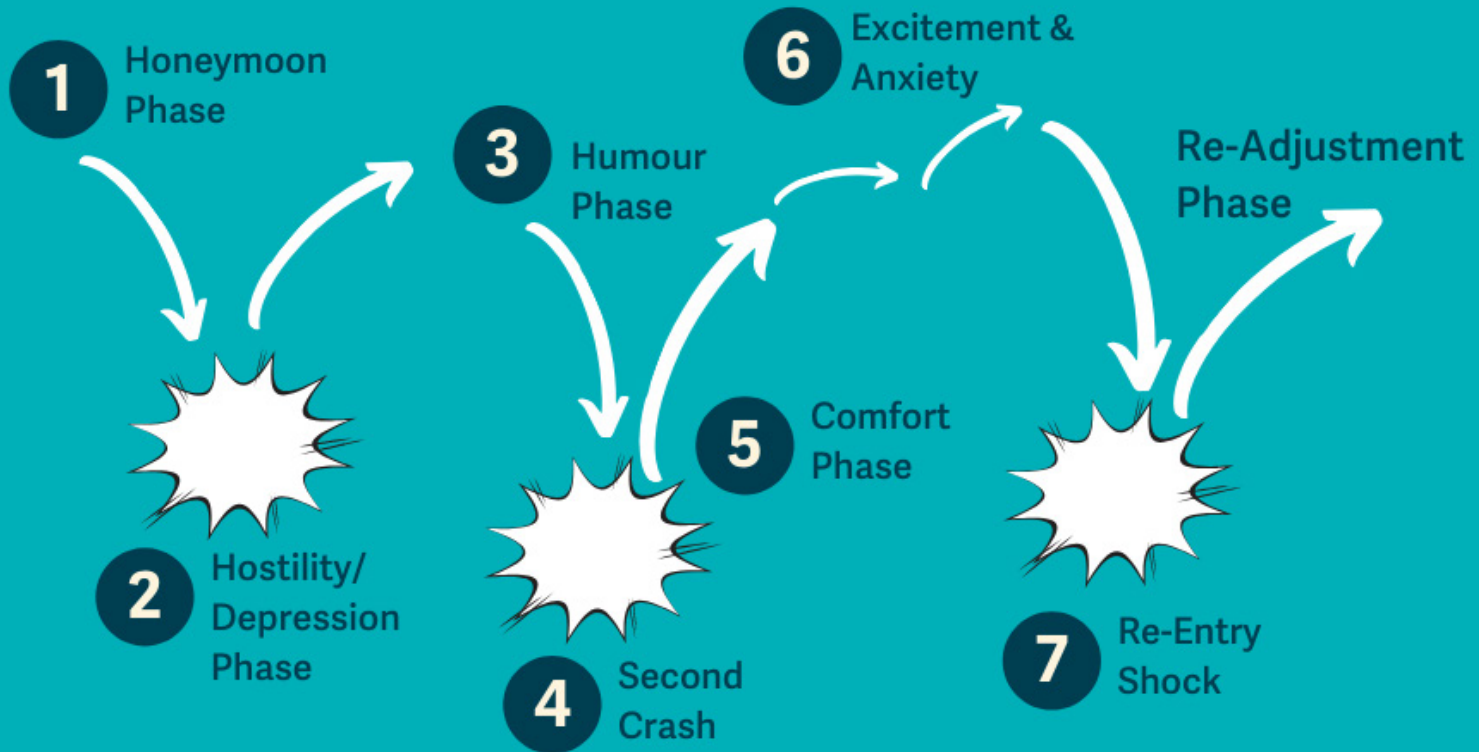
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Stages of Culture Shock



[Image source: Culture Shock](#)

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Surviving Culture Shock

- This is normal
- Try new things
- Ask questions
- Make connections

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Observable

Behaviours

Interpretations

Core values

Not observable

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SURFACE CULTURE

Food
Flags Festivals
Fashion Holidays Music
Performances Dances Games
Arts & Crafts Literature Language

DEEP CULTURE

Communications Styles and Rules:

Facial Expressions Gestures Eye Contact
Personal Space Touching Body Language
Conversational Patterns in Different Social Situations
Handling and Displaying of Emotion
Tone of Voice

Notions of:

Courtesy and Manners
Friendship Leadership
Cleanliness Modesty
Beauty

Concepts of:

Self Time Past and Future
Fairness and Justice
Roles related to Age, Sex,
Class, Family, etc.

Attitudes toward:

Elders Adolescents Dependents
Rule Expectations Work Authority
Cooperation vs. Competition
Relationships with Animals Age
Sin Death

Approaches to:

Religion Courtship Marriage
Raising Children Decision-Making
Problem Solving

Image source: <http://mcos.ca/anti-racism/101/attachment/cultural-iceberg/>

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Non-Verbal Communication

Don't make assumptions for body language!



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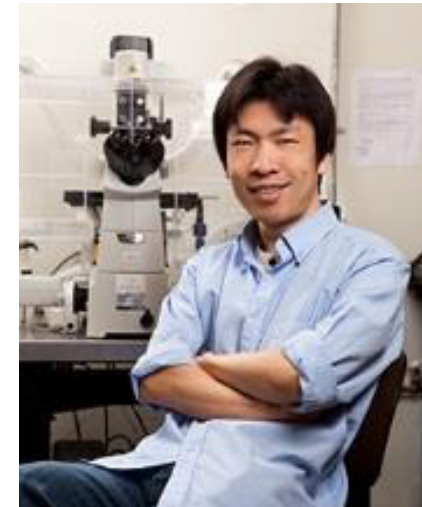
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Canadian Classroom Culture

- Addressing professors and instructors
- Disagreement, asking questions and challenging ideas
- Showing respect • Learning styles



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Photos of Dr. Francis Lin, Faculty of Science, and Dr. Lea Stirling, Faculty of Arts
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Canadian Classroom Culture

Common challenges:

- Engagement
 - Participation
 - Group Work
 - Academic Integrity



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Respect, culture and communication at the University of Manitoba

Respectful Work and Learning Environment (RWLE) Policy



[Respectful Work and Learning Environment \(RWLE\)
Policy | University of Manitoba](#)

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Succeeding with Academic Integrity as an International Student

Academic Learning Centre Charlotte Moore

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Presentation Overview

- What is Academic Integrity?
- Types of Academic Misconduct
- Avoiding Inappropriate Collaboration and Plagiarism
- Consequences of Academic Misconduct
- Why do students sometimes break the rules?
- Real-life Scenarios
- Resources

- Reflection

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University of Manitoba Culture

- Community built on respect for each other
- Personal and academic respect, inside and outside the classroom
- Rules, policies, and bylaws are available online



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Academic Integrity Values

1. Honesty
2. Trust
3. Fairness
4. Respect
5. Responsibility
6. Courage



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Why is Academic Integrity Important?

- Foundation of the University
- Gives credibility
- Shows respect for others' ideas
- Shows good practices
- Has broad implications (value of the degree)
- Helps prevent academic misconduct (and the stress of facing an allegation)

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Forms of Academic Misconduct

Plagiarism

Cheating

Inappropriate
Collaboration

Duplicate
Submission

Personation

Academic
Fraud

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Inappropriate Collaboration

Working together with other person(s) on an individual assignment.



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How to Avoid Inappropriate Collaboration

- Make sure that you understand the expectations for appropriate collaboration for each specific assignment. ***Only your instructor can set these expectations!***
- Keep your work separate from other students' work.
- Do not allow another person to directly edit or revise your work.
- Do not give copies of your work (printed or electronic) to another person – you do not know how they will use it

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Plagiarism

Taking someone else's idea(s) or words and using them as if they were your own.



In the Western academic system, ideas and words are owned.

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Plagiarism

- Not giving credit to the original author and source of information – text, image, audio, or video;
- Copying-and-pasting information without “...” (quotation marks);
- Trying to paraphrase, but changing only a few words;
- Referencing sources at the end of a paper, but not using in-text citations throughout the paper;
 - Re-using previous writing (self-plagiarism)

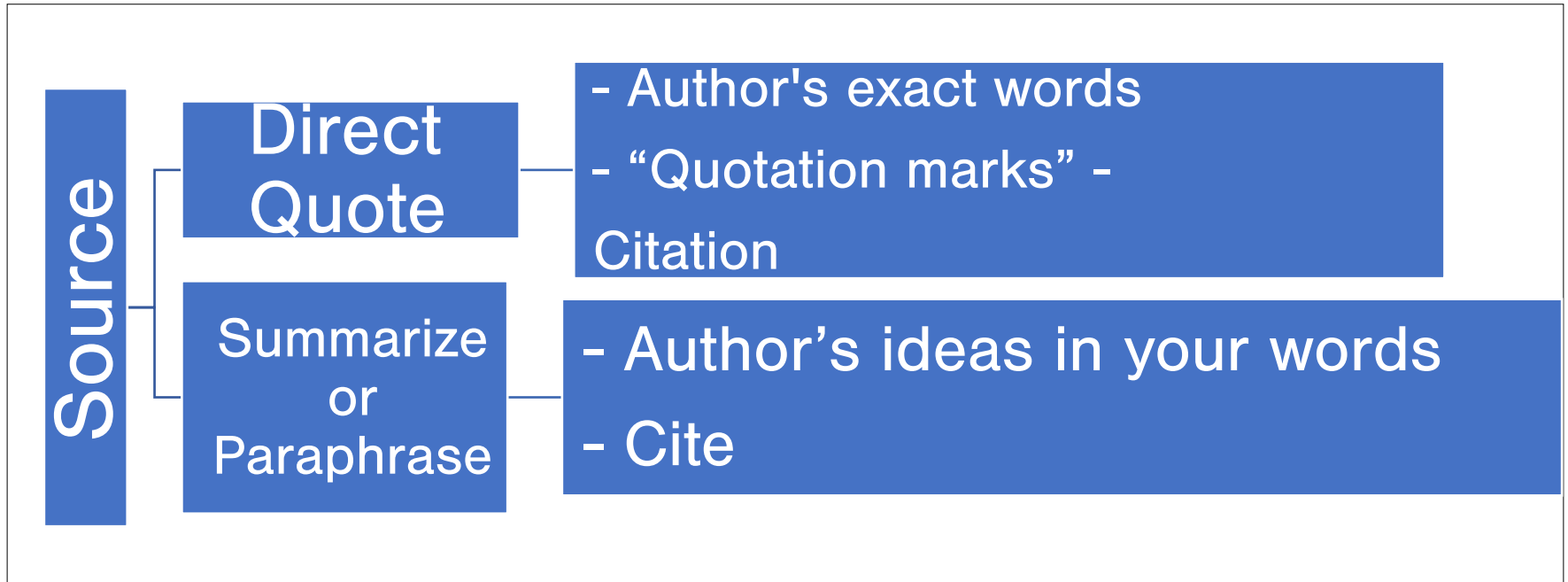
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Using Source Material in Your Writing



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Consequences of Academic Misconduct

- Range of penalties
- Zero on test/assignment
- “F” in course (lowers GPA)
- Comments on transcripts
- Suspensions **Can impact study permit, delay graduation, and cause a mountain of stress!**

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Why might students break the rules?

- Unclear/incomplete understanding of the University's rules and expectations
- Assume it is the same as it was in high school, or previous university, or in home country
- Time management issues
 - English as additional language – reading/writing take longer
- Difficulties reaching out for help
- Competing values

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Resources

- [Academic Advisors](#)
- [Academic Integrity Site](#)
- [Academic Learning Centre](#)
- [Career Services](#)
- [Financial Aid and Awards](#)
- [Food Bank](#)
- [Health and Wellness](#)
- [Indigenous Student Centre](#)
- Instructors & Course Outlines
- [International Centre](#)
- [Libraries](#)
- [Office of Human Rights and Conflict Management](#)
- [Security Services](#)
- [Student Advocacy & Case Management](#)
- [Student Accessibility Services](#)
- [Student Counselling Centre](#)
- [UMSU & GSA](#)
- [University Health Services](#)

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References

- *Academic integrity*. (n.d.) University of Manitoba.
<https://umanitoba.ca/student-supports/academic-supports/academic-integrity>
- International Center for Academic Integrity. (2021). *Fundamental values of academic integrity* (3rd ed.).
<http://www.academicintegrity.org/the-fundamental-values-of-academic-integrity/>

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204-474-8501 541 UMSU

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[International Centre](#) website



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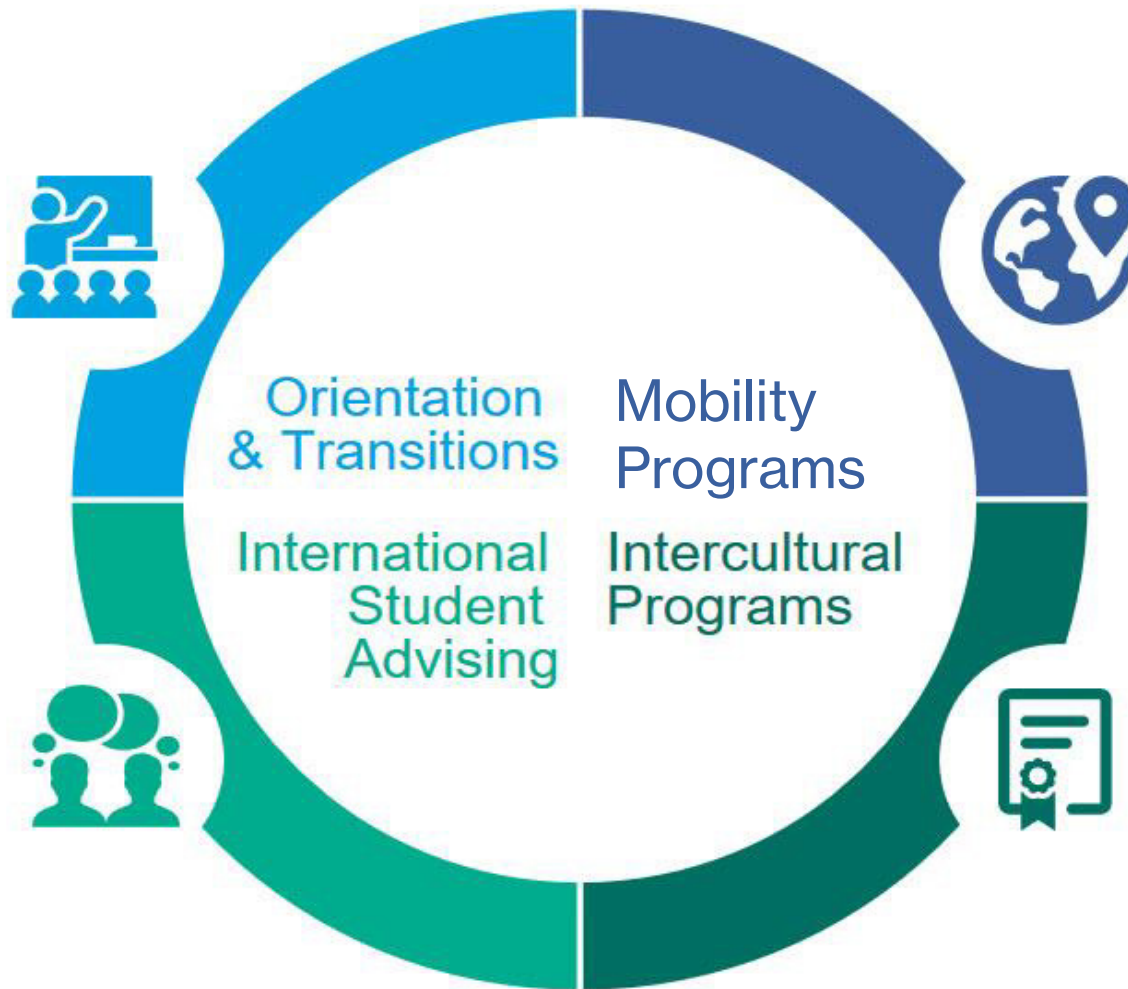


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Online Pre-arrival Orientation



The screenshot shows the UMLearn interface for the 'International Student Pre-arrival Orientation' course. At the top, there is a navigation bar with the University of Manitoba logo, 'UM Learn', and the course title. Below this is a secondary navigation menu with options like 'Content', 'Communication', 'Assessments', 'Integrations', 'Course Admin', 'Support', and 'UM'. A large banner image features a group of diverse international students smiling. Below the banner is an 'Announcements' section with a welcome message from Crystal Stewart, posted and edited on the same day. The message includes instructions on how to navigate the course, work at one's own pace, and complete modules to earn completion badges and a Certificate of Completion.

- Module 1: [International Student Support](#)
- Module 2: About Winnipeg
- Module 3: Weather and Safety
- Module 4: Housing
- Module 5: Healthcare
- Module 6: Finances and Fees
- Module 7: Family Resources
- Next Steps, Orientation Programs

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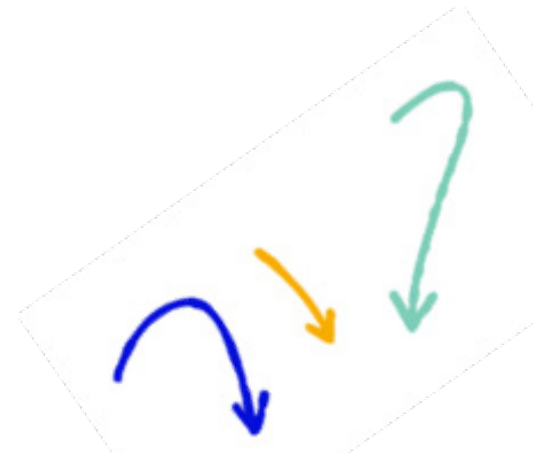


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Other Welcoming Events:

- January 8 – Meet IC for Coffee & Tea
- January 9 – Get your SIN on Campus
- January 10 – Find a part-time job & build toward your career goals
- January 13 – Healthy Grocery Shopping Workshop & Store tour (limited space!)
- January 14 – Introduction to Student Banking (by BMO)



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International Centre Student Newsletter

Updates | Events | Tips | Community

July 2023 | Edition 1

The International Student Newsletter is delivered on the last week of every month.



Welcome to the International Student Newsletter!

Get important immigration updates, events, tips and community updates to your inbox every month from the International Centre (IC).

[Learn more about the IC](#)

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Intercultural Programs

- Welcome Mentors
- Language Exchange
- Intercultural Leaders
- Social events



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Mobility

Inbound and Outbound Exchange



[Admissions](#) [Academics](#) [Research](#) [Student Supports](#) [Community](#) [About UM](#) [Search](#)



[International Centre](#) / [Student exchange \(outbound\)](#)

Student exchange program

Through the International Centre's student exchange program, you can receive credits toward your degree while spending one or two semesters in a different country.

[International Centre](#)

[Student exchange \(inbound\)](#)

[Student exchange \(outbound\)](#)

[International Student Survey 2021](#)

[International partnership agreements](#)

[International processes and funding](#)

- Partner universities in over 20 countries (Australia, Denmark, Germany, Japan, Sweden, UK and more!)
- One and Two term options
- Pay UM tuition
- Transfer credits back
- Scholarships and travel awards available

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International Centre Awards

Open to International and Domestic Students!

- Nahlah Ayed Prize for Student Leadership and Global Citizenship
- Tony T.K. Lau Scholarships for Volunteer Service to International Students
- International Centre Exchange Awards
- Carla Thorlakson IC Exchange Awards



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<https://umanitoba.ca/international#funding-and-awards>

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Jieli Huang

International Student Advisor

Regulated International Student Immigration Advisor



MEET WITH AN
INTERNATIONAL
STUDENT ADVISOR

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Four International Student Advisors (ISA):

- Rebecca Irving, Jieli Huang, Rakshya KC & Nick Guo

ISA can assist you with:

- Immigration regulations related to your international student status (study permit, working eligibilities, etc)
- Non-academic topics: life in Winnipeg, personal matters

To book an appointment:

 Visit our website or **E-mail:** international@umanitoba.ca

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Your immigration status: What we want you to know!

1. Extend your study permit before it expires
2. Follow your study permit conditions, including impacts of academic standing and allegations of academic misconduct
3. Full-time vs. Part-time status
4. Authorized leaves
5. Temporary resident visa (TRV) validity
6. Passport expiry

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Understanding the UM and your immigration status

Level of study	Full-Time Status	Academic year
Undergraduate 9 credit hours or more per term	9 credit hours or more	Fall & Winter terms (September – April). Summer is optional & not a required term. (exception: College of Nursing)
Graduate	Full-time regardless of credit hours (exception: MBA, MPA program)	Fall, Winter & Summer terms (September – August). Summer is a required term.

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Understanding the UM and your immigration status

Revision period:

- Can add or remove courses to create a timetable that suits your needs
- Courses that you drop, or change will not be added to your academic transcript
- If you drop a course, you don't have to pay for that course

1. **No** tuition refunds
2. **Can't** add courses to record

Registration opens

First day of classes

End of revision period
Course Add Date

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Understanding the UM and your immigration status

Fees and deadlines

- Fee must be paid by the deadline each term. If you don't pay fees by the deadline, you will be charged a late fee, and your account will be placed **on hold**.
- Fee payment deadline: **February 5, 2025**
- Impacts: not being able to obtain documents for immigration applications; being deregistered from a future term and not meeting the conditions of your study permit & not being eligible to work

Need more information?

Try searching these terms at UM website: "**Registration**", "**Pay your tuition**" & "**Tuition and fees**"

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Upcoming Immigration Sessions

Study Permit Extension

Study Permit Conditions and Working in Canada

Co-op Work Permit

Post-graduation Work Permit

Offered by the Manitoba Government:

Manitoba Provincial Nominee Program (MPNP)

Visit <https://umanitoba.ca/international#events>



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Understanding the UM: Dates & Deadlines



Scan & Save the Dates!

Winter Term 2025

Jan. 3, 2025	Welcome Day (Winter Term Orientation)
Jan. 6, 2025	First day of classes
Jan. 6, 2025	Winter/Summer Term spanning distance and online courses first day of classes
Jan. 6, 2025 - Jan. 20, 2025	Registration Revision Period Winter Term
Jan. 17, 2025	Last date to drop Winter Term classes, Fall/Winter Term Part B, Winter/Summer term spanning distance and online classes without penalty
Jan. 17, 2025	Deadline to declare Spring 2025 Graduation
Jan. 17, 2025	VW deadline for Fall/Winter Term spanning classes
Jan. 20, 2025	Last date to Register Winter Term classes and Winter/Summer term spanning distance and online classes
Feb. 5, 2025	Graduation date for students graduating in February
Feb. 5, 2025	Winter Term fee payment deadline
Mar. 19, 2025	VW deadline for Winter Term classes
Feb. 18, 2025 - Feb. 21, 2025	Winter Term Break
Apr. 11, 2025 - Apr. 25, 2025	Winter Term examinations and tests
Jun. 9, 2025	Final grade appeal deadline for Winter 2025 Term grades

Holidays and Closures

Louis Riel Day: Feb. 17, 2025
Good Friday: Apr. 18, 2025
Victoria Day: May. 19, 2025
Canada Day: Jul. 1, 2025
Terry Fox Day (Civic Holiday): Aug. 4, 2025

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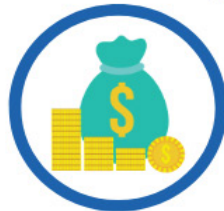
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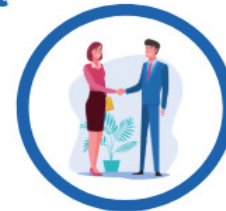
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Information**



**Mental Health
Support**



**Money,
Banking, Fees,
Working**



**Making
connections,
volunteering**



**Academic Support,
Language Support**



Housing



**Living in
Winnipeg,
shopping,
transportation,
weather**

Evaluations & Prizes Draws

Evaluation: Winter 2025



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