



Job Title:

Kinesiologist (0-35 hours / week)

Position Summary:

This casual position exists to provide direct service to students and staff of the University of Manitoba and community members by assisting in the design, delivery, and evaluation of various testing, training, and fitness services in the following areas:

- Personal and Group Training
- Occupational Testing, Programming and Training

KEY RESPONSIBILITIES AND DUTIES

Direct Service and Evaluation

Personal Training & Fitness Assessments:

- Design specialized programs and lead exercise sessions with a client or group of clients using various pieces of fitness equipment and training modalities based on client history, abilities, needs and goals.
- Conduct and interpret various fitness assessment protocols based on scope of practice, industry standard and best practices.

Occupational Testing & Training:

- Set – up, administer and interpret specified Occupational Testing Protocols to applicants, keep accurate and precise records, complete data entry.

Customer Service

- Provide information and support to customers about services offered by Recreation Services.
- Develop, evaluate, and refine registration processes and procedures in conjunction with the Coordinator to continually enhance the customer experience.

Program and Resource Development – Administrative Support

- Assists the Coordinator with various administrative tasks.
- Assist with content creation

Equipment and Facilities

- Conduct regular safety checks of equipment, ensure accurate inventory, arrange for and complete proper maintenance and cleaning if required.
- Suggest new equipment for purchase or replacement.

QUALIFICATIONS MINIMUM FORMAL EDUCATION/TRAINING REQUIRED

- Completed BPE or BKIN or related degree

- Certified Personal Trainer (CPT) Certification through the Canadian Society of Exercise Physiology required but Certified Exercise Physiologist (CEP) maybe preferred. *Equivalent training and experience may be considered.
- Current CPR, First Aid and AED

EXPERIENCE

Preference will be given to applicants who have experience:

- working with clients as a personal trainer.
- fitness testing and follow up program design.
- working in a customer service oriented environment

SKILLS AND ABILITIES

1. Demonstrates good personal physical fitness and is able to apply core wellness values and ethics to daily activities.
2. Demonstrates a strong customer service philosophy, positive attitude, willingness to learn and participate in a team atmosphere.
3. Is action oriented, with the ability to problem solve and make sound independent judgements while under pressure.
4. Ability to establish and maintain effective working relationships with various levels of internal and external contacts.
5. Displays a high level of organization and time management skills. Can keep precise and thorough records along with meticulous data entry.
6. Possess knowledge and experience in the areas of applied exercise physiology, anatomy, body composition, fitness training principles, fitness appraisal and behaviour change counselling.
7. Demonstrated ability and experience with assessing health and fitness levels, counselling for change and prescribing exercise.
8. Effective oral and written communication skills, with the ability to communicate effectively with all levels of staff and the public.
9. Is sensitive to the needs and anxieties of diverse customers and can effectively communicate in a diplomatic, tactful yet firm manner.
10. Can clearly and concisely explain and breakdown complicated information into fragments that are easy to understand for the general population.
11. Must be competent in Microsoft Office.

OTHER JOB RELATED QUALIFICATIONS THAT MAY BE PREFERRED

- Must have excellent Customer Service skills and a willingness to interact with customers on an ongoing basis.
- Preference will be given to individuals displaying an energetic vitality for active living.
- Ability to work evenings and weekends

Please send resume and cover letter to:

Jennifer Hurrie, Coordinator Health & Fitness Services
Recreation Services, University of Manitoba
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