## CCWS - Spring - 2022 Academic Achievement/Experience



3.91

4.10

4.44

100%

## Bien-être sur les campus canadiens

Credential Type

All

All

Domestic/International

Please rate your level of agreement with the following statements: Average Response Score 1 2 3 4 5 6 # Question 4.21 1 My institution provides a supportive learning environment. Response

My institution uses teaching strategies designed to support 2 learners.

My institution provides opportunities for students to explore 3 their full potential.

4

I am confident that I will be able to finish my academic program

no matter what challenges I may face.

0% 20% 40% 60%

80% % of Responses

Indigenous All Full-Time/Part-Time All 1 = Strongly disagree New to Institution 2 = Disagree All 3 = Somewhat disagree Year Standing 4 = Somewhat agree

5 = Agree

6 = Strongly agree

All Age Group All

> Gender All

Ethnicity All

Average Grade All

Finance Stress

All

Born in Canada All

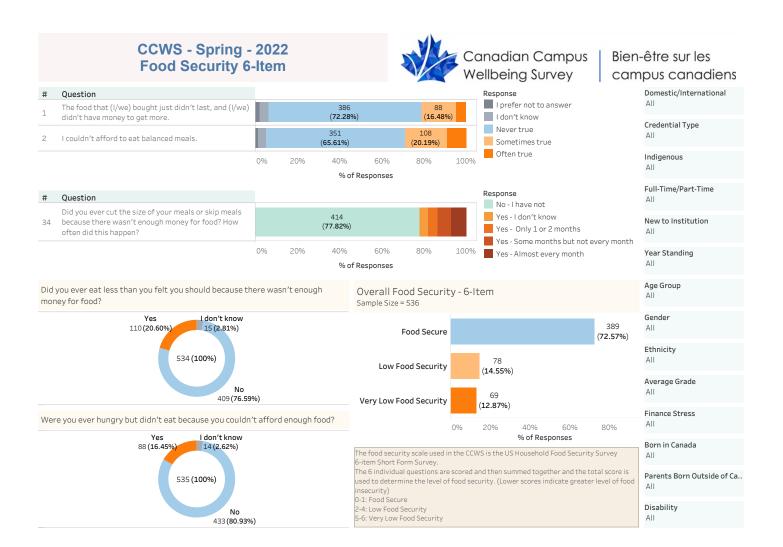
Parents Born Outside of Can.. All

Disability All

#### CCWS - Spring - 2022 Canadian Campus Wellbeing Survey Bien-être sur les **Campus Climate and Student Experience** campus canadiens Domestic/International Campus Climate ΔII Based on your experience at your institution, please rate your level of agreement with the following Credential Type statements. All Average Response Score Indigenous 2 3 4 5 All # Question Response 1 I feel that I belong at my institution 4.17 Full-Time/Part-Time 1 = Strongly disagree All At my institution, I am respected regardless of my personal characteristics, identity 2 = Disagree 4.72 2 or background (e.g., gender, ethnicity, international status, disability, etc.). 3 = Somewhat disagree New to Institution 4 = Somewhat agree 3 My institution is a respectful environment. 4.69 All 5 = Agree 6 = Strongly agree Year Standing 4.77 4 My institution values diversity and inclusion. All 3.43 5 At my institution, I feel that students' mental and emotional wellbeing is a priority Age Group All I feel that the climate at my institution encourages free and open discussion about 6 3.97 mental and emotional health. Gender At my institution, the administration is listening to the concerns of students when it 7 3.44 All comes to mental health and wellbeing. I have a group, community, or social circle at my institution where I feel I belong Ethnicity 8 3.51 (feel at home, known, connected to, support in my identity). All 0% 20% 40% 60% 100% 80% Average Grade % of Responses All Finance Stress Safety Response All -10 = Not applicable Avg. Responses Score (exclude<0) 1 = Very unsafe Born in Canada 2 4 3 5 2 = Unsafe All Ouestion 3 = Somewhat unsafe How safe or unsafe do you feel on campus during the day? 5.11 Parents Born Outside of Can.. 4 = Somewhat safe How safe or unsafe do you feel on campus at night? 4.08 All 5 = Safe 6 = Very safe 0% 20% 40% 60% 80% 100% Disability

% of Responses

Disabilit All



	CCWS - Spring Mental Health								n-être sur les mpus canadiens
	ntal Wellbeing ase choose the box that best describes your exper	rience	ofeach		Domestic/International All				
		0	1	Average Re	sponse Sc	ore 4	5		Credential Type All
#	Question	0	1	2		4	5	Response	Indigenous
1	I've been feeling optimistic about the future				3 <mark>.09</mark>			1 = None of the time 2 = Rarely	All
2	I've been feeling useful				3 <mark>.06</mark>			3 = Some of the time	Full-Time/Part-Time
3	I've been feeling relaxed			2.4	42			4 = Often 5 = All of the time	All
4	I've been feeling interested in other people				2.95			Mental Wellbeing Total	All
5	I've had energy to spare		2.42					Sample Size = 636	Year Standing All
6	I've been dealing with problems well		3.08					-	Age Group All
7	I've been thinking clearly			3 <mark>.13</mark>				High Mental Wellbeing 33 (5.19%)	Gender
8	I've been feeling good about myself				2 <mark>.97</mark>			Low Mental Wellbeing	AII
9	I've been feeling close to other people				2 <mark>.79</mark>			291 ( <b>45.75%</b> ) 636 ( <b>100%</b> )	<b>Ethnicity</b> All
10	l've been feeling confident				2 <mark>.93</mark>			Average Mental Wellbeing 312 (49.06%)	Average Grade All
11	I've been able to make up my own mind about things	5			3.	37		Categories	Finance Stress
12	I've been feeling loved				3.	40		High Mental Wellbeing Average Mental Wellbeing	All
13	l've been interested in new things				3.08			Low Mental Wellbeing	<b>Born in Canada</b> All
14	've been feeling cheerful				2.86			Summed Score of 14-items of mental wellbeing, with higher scores reflecting greater wellbeing. (Reference: <u>https://war-</u> wick.ac.uk/fac/sci/med/research/platform/wemwbs/using/how- to/)	Parents Born Outside of Can All
		0%	20%	40% <b>% of R</b> e	60% esponses	80%	100%	<ul> <li>40 - Low Mental Wellbeing</li> <li>41-58 - Average Mental Wellbeing</li> <li>59-70 - High Mental Wellbeing</li> </ul>	<b>Disability</b> All

# CCWS - Spring - 2022 Mental Health



## Bien-être sur les campus canadiens

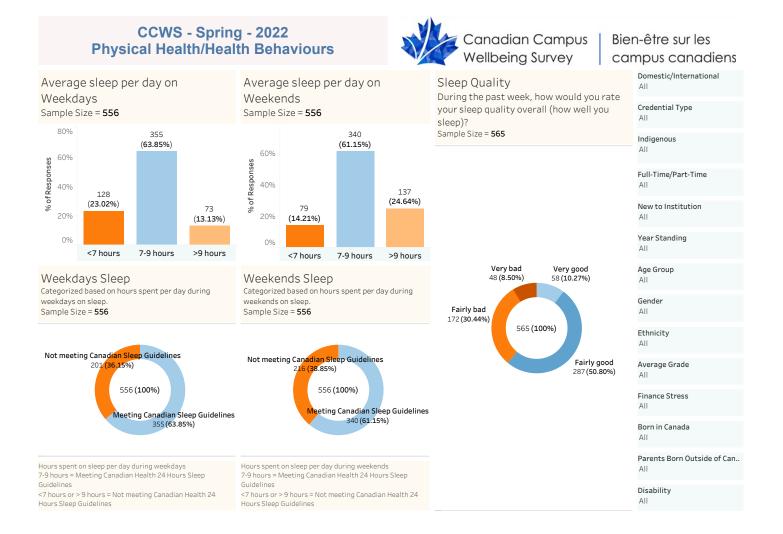
All

Domestic/International

#### Mental Distress

These questions concern how you have been feeling over the past 30 days. Choose the answer that best represents how you have been feeling. During the last 30 days:

	se questions concern how you have been fe resents how you have been feeling. During	eeling over the past 30 days. Choose the answer that best the last 30 days:	Response	All Credential Type
		Average Response Score	5 = All of the time 4 = Most of the time	All
#	Question	0 1 2 3 4 5	2 = A little of the time	Indigenous All
1	How often did you feel tired out for no good reason?	3.50	1 = None of the time	Full-Time/Part-Time
2	How often did you feel nervous?	3.29	Mental Distress Total	New to Institution
3	How often did you feel so nervous that nothing could calm you down?	2.41	Sample Size = 584	All Year Standing
4	How often did you feel hopeless?	2.68		All Age Group
5	How often did you feel restless or fidgety?	3.10	Little or No Mental Distress	All
6	How often did you feel so restless you	2.51	Severe Mental Distress 271 (46.40%)	AII
	could not sit still?		584 (100%) Mild Mental Distress	<b>Ethnicity</b> All
7	How often did you feel depressed?	2.82	103 (17.64%) Categories	Average Grade All
8	How often did you feel that everything was an effort?	3.21	Severe Mental Distress Moderate Mental Distress	Finance Stress All
9	How often did you feel so sad that nothing could cheer you up?	2.38	Mild Mental Distress	Born in Canada All
10	How often did you feel worthless?	2.40	Summed Score of 10-items of K10, with higher scores reflecting more mental distress (Reference: <u>https://www.tac.vic.gov.au/files-</u> <u>to-move/media/upload/k10_english.pdf</u> ) <20 = Little or No Mental Distress	Parents Born Outside of Can All
		0% 20% 40% 60% 80% 100% % of Responses		<b>Disability</b> All



### CCWS - Spring - 2022 **Sexual Health**



How satisfied are you with your overall sexual life?

Satisfaction

Sample Size = 308

## Bien-être sur les campus canadiens

Domestic/International

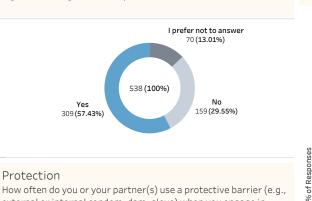
Credential Type

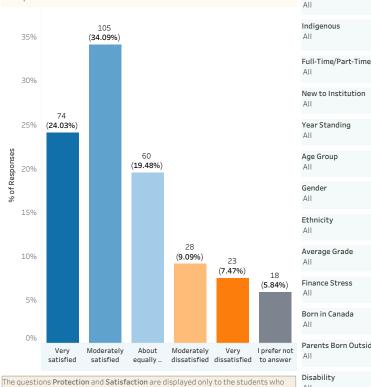
All

#### Sex Ever

sexual activity?

Have you ever engaged in sexual activity? (including manual, digital, oral, vaginal, or anal)





I prefer not to answer 20 (6.64%) I don't know

external or internal condom, dam, glove) when you engage in

How often do you or your partner(s) use a protective barrier (e.g.,

#### 3 (1.00%) Sometimes Always or almost always 31 (10.30%) Rarely 114 (37.87%) 25 (8.31%) 301 (100%) Response Sex Always or almost always Never Rarely Never Sometimes 108 **(35.88%)** I don't know

I prefer not to answer

answer 'Yes' to the question Sex Ever.

New to Institution

Year Standing

Average Grade

Born in Canada

Parents Born Outside of Can..

Disability All

## CCWS - Spring - 2022 Substance Use



## Bien-être sur les campus canadiens

Domestic/International

Credential Type All

Full-Time/Part-Time

New to Institution

Year Standing

**Age Group** All

Gender

All

Indigenous

All

All

All

All

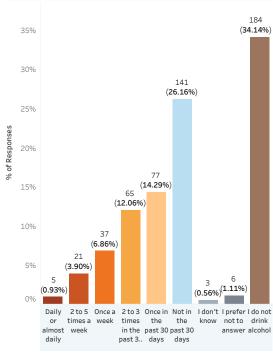
All

#### Alcohol Use

During the past 30 days, how often have you had 4 or more drinks (female sex) OR 5 or more drinks (male sex) on one occasion?

## "On one occasion" means at the same time or within a couple of hours of each other.

#### Sample Size = 539



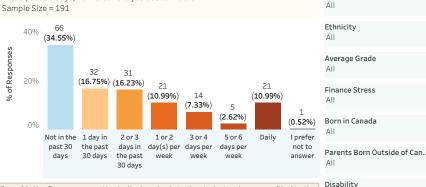
# During the past 12 months, have you used cannabis?



## Cannabis Use Frequency

Cannabis Use

In the past 30 days, how often did you use cannabis?



Cannabis Use Frequency question is displayed only to the students who answer 'Yes' to the question Cannibas Use.