

2025-2026 Program Summary

Rady Faculty of
Health Sciences



University
of Manitoba

Clinical Health Psychology Residency Program,
Max Rady College of Medicine

We are a **generalist training program**- all residents obtain experience in the following:

- Assessment and treatment
- Medical and mental health populations
- Inpatient and outpatient services
- Opportunities to work from various theoretical orientations

Important Dates

Application deadline November 1, 2024

Interview notifications December 6, 2024

Virtual Interviews January 13-17, 2025

13 Resident Positions

Adult Stream: 5 residents	Adult mental health, health, assessment, consultation, intervention
Health Stream: 2 residents	Adult health intervention, consultation, assessment, mental health
Adult Neuropsychology: 1 resident	Outpatient assessment (epilepsy, movement disorders, concussion, neurodegenerative conditions); rehabilitation (inpatient and outpatient, ABI assessment and cognitive rehab)
Child & Adolescent stream: 2 residents	C & A health, mental health, assessment, consultation, intervention
Rural Generalist stream: 2 residents	Combination of Adult and Child & Adolescent rotations 6 months urban, 6 months rural (30-65 km outside of Winnipeg) Intervention, assessment, consultation
Rural Adult Brandon: 1 resident	6 months urban, 6 months rural (214 km outside of Winnipeg) Intervention, assessment, consultation

Excellent salary and benefits:

- Salary for 2025-2026 is \$62,663
- 4 weeks holiday plus extended health and dental benefits
- Members of Professional Association of Residents and Interns of Manitoba

**Other Highlights of our CPA accredited Residency:**

- Continuously accredited since the 1970s
- Weekly academic half day (seminars, grand rounds, case conferences) with all 13 residents
- Exciting range of major rotations
- Opportunity to select up to two minor rotations (see brochure for listing)
- Training in emerging and expanding areas of care
- Teaching opportunities with other health sciences trainees (e.g., medical students)
- Supervision of clinical psychology practicum students
- Option of protected research time
- Post-residency employment opportunities in our clinical program/academic department

Visit us online at: <https://umanitoba.ca/medicine/clinical-health-psychology-residency>

Why Live in Manitoba?



There is something for everyone!

<https://www.tourismwinnipeg.com/video> <https://www.travelmanitoba.com/>

Winnipeg is one of the sunniest cities in Canada (averaging 316 sunny days per year), located in the geographical centre of our country. It is the capital of Manitoba. The population is 750,000, and its location far from other Canadian city centres gives it a “big” small city vibe. You can reach anywhere within city limits in 30 minutes, the city boasts an impressive amount of green space and trails along its two rivers and near its many parks, and there is excellent cottage and lake country nearby (including Grand Beach, ranked one of the top 10 beaches in Canada). Housing is affordable in this family- friendly city with excellent arts, food, and sports scenes. There is something for everyone in the friendliest province!

Top Winnipeg Tourist Attractions:

- The Forks National Historic Site, market, and river trail (the longest outdoor skating rink in Canada)
- Canadian Museum for Human Rights (the only national museum outside of Ottawa)
- Assiniboine Park Zoo and polar bear conservation centre

3 Professional Sports Teams:

- Winnipeg Jets NHL
- Winnipeg Blue Bombers CFL
- Winnipeg Goldeyes (Professional Baseball)

Food Scene:

- Varied multicultural and affordable Restaurants
- More than 17 craft breweries and distilleries

Arts:

- Winnipeg Symphony Orchestra
- Royal Winnipeg Ballet
- Royal Manitoba Theatre Centre
- Manitoba Opera
- Canada Life Centre entertainment events

Major Festivals:

- Festival du Voyageur (winter festival honoring Franco Manitoban heritage)
- Fringe Theatre Festival
- Jazz Festival
- Folk Festival (outdoor music festival)
- Folklorama (multicultural festival)
- ManyFest (food truck wars)
- Countryfest (Dauphin)
- Icelandic Festival (Gimli)

Elsewhere in Manitoba:

- Bird’s Hill Provincial Park (30 minutes from the city)
- Riding Mountain National Park
- Whiteshell Provincial Park
- Churchill (polar bears and beluga whales)

Out of Province:

- Two hours from the border of Ontario for more excellent cottage country (e.g., Kenora, Lake of the Woods)
- Minneapolis is an 8-hour drive for a long-weekend trip