WELCOME
to the medical profession and
the future of health care

Stronger together
As a new medical student, you can now be a part of the Canadian Medical Association (CMA) and Doctors Manitoba. Our two associations are here to support you throughout your journey in medicine.

Canadian Medical Association

JOIN THE MOVEMENT: The CMA is challenging the status quo and advocating for bold actions to transform health care at a national level. As a medical student, your voice is vital to build a thriving health workforce for generations to come.

GET INVOLVED: Help build a better future for health care in Canada. CMA membership is complimentary for medical students. Learn more about our work and join us today.

JOIN THE CMA AMBASSADOR COMMUNITY:
Join our growing CMA Ambassador Program and help shape the CMA’s work. Network with peers, attend health conferences and develop leadership skills.

MASTER YOUR CaRMS INTERVIEW PREP:
When the time comes, get advice from peers who have been through the match before with our popular CaRMS Interview Prep program.

PAVE THE WAY FOR A HEALTHY FUTURE:
Access virtual peer support in a safe space through our Wellness Connection sessions, along with countless resources on our Physician Wellness Hub.

WATCH THE NATIONAL BACKPACK REVEAL:
Follow us on social @CMA_Docs to watch the #MyCMABackpack colour reveal on June 27. Also, visit cma.ca/backpack-voting to vote on next year’s colour!

Doctors Manitoba

DOC360: Doc360 encompasses a range of services and initiatives for personal and professional well-being to help you thrive in medicine. From work-life to relationships to individual concerns, Doc360 supports you and your family with the help you need as a medical student, and beyond. Visit: Doc360.ca for more information or to access help.

MENTORSHIP: This program links you with Residents and Attending Physicians so you make connections with colleagues throughout the profession for social events and educational opportunities. Visit: doctorsmanitoba.ca/mentorship

MEDICAL STUDENT DISABILITY INSURANCE: As a member, you can access our non-profit insurance options. Protect yourself if an unforeseen accident or illness happens during medical school. Visit: doctorsmanitoba.ca/insurance

FUNDS FOR YOUR STUDENT ASSOCIATION:
We provide a grant to the Manitoba Medical Students’ Association to support student initiatives. The amount depends on how many students complete their Doctors Manitoba membership form, so please complete it today!

UpToDate: All members (including students) have free access to UpToDate (a fantastic clinical resource at your fingertips). Learn more.

SOCIAL AND PROFESSIONAL EVENTS: Watch our calendar for a diverse list of professional and social events, offering the opportunity to learn and connect with peers in the profession. See Events here.