Poverty is not always apparent: In Manitoba, approximately 12.1% of families and 29% of children live in poverty.²

### 1. Screen Everyone

“Do you ever have difficulty making ends meet at the end of the month?”
(Sensitivity 98%, specificity 40% for living below the poverty line)³

### 2. Poverty is a Risk Factor

**Consider:**
New immigrants, women, Indigenous peoples, and LGBTQ+ are among the highest risk groups.

**Example 1:**
If an otherwise healthy 35-year-old comes to your office, without risk factors for diabetes other than living in poverty, you consider ordering a screening test for diabetes.

**Example 2:**
If an otherwise low-risk patient who lives in poverty presents with chest pain, this elevates the pre-test probability of a cardiac source and helps determine how aggressive you are in ordering investigations.

### 3. Intervene

**Ask Everyone:** “Have you filled out and sent in your tax forms?”

- Ask questions to find out more about your patient—their employment, living situation, social supports, and the benefits they receive. Tax returns are required to access many income security benefits: e.g., GST / HST credits, child benefits, working income tax benefits, and property tax credits. Connect your patients to Free Community Tax Clinics and Community Financial Counselling Services.
- Even people without official residency status can file returns.
- Drug Coverage: The patient must have up-to-date tax filings and have a Health Card issued by the Province of Manitoba. Visit drugcoverage.ca for more options.

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### More Interventions on Reverse

- **Educate**
  - The following resources are available to Manitobans: Manitoba Government Services Portal, Winnipeg 311 City Services, and Manitoba Residents’ Portal

- **Intervene & Connect**
  - Intervene by connecting your patients and their families to benefits, resources, and services.

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Intervening can have a profound impact on your patients' health

<table>
<thead>
<tr>
<th>Patient Group</th>
<th>Ask</th>
<th>Educate</th>
<th>Intervene &amp; Connect</th>
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<tbody>
<tr>
<td>Seniors</td>
<td>&quot;Do you receive Old Age Security (OAS) and Guaranteed Income Supplement (GIS)?&quot;</td>
<td>Individuals over age 65 who live in poverty should receive at least $1,200/month in income through OAS, GIS, and grants from filing a tax return.</td>
<td>Start with Canada Benefits to identify and access income supports for patients and families. Use this in your office with patients and provide them with the link.</td>
</tr>
<tr>
<td>Families with Children</td>
<td>&quot;Do you receive the Canada Child Benefit on the 20th of every month?&quot;</td>
<td>Income supports can be obtained by applying for Canada Child Benefit when filing income tax returns. Eligible families can receive up to $6,400/year for each eligible child under the age of six, and $5,400/year for each eligible child aged 6 to 17. Families may be eligible for additional benefits through certain provincial programs. Low-income families may be eligible for up to $420 tax free each year for every child.</td>
<td></td>
</tr>
<tr>
<td>Indigenous peoples (First Nations, Inuit, Métis)</td>
<td>&quot;Are you registered under the Indian Act or recognized by an Inuit Land Claim organization?&quot;</td>
<td>Indigenous peoples registered under the Indian Act or recognized by the Inuit Land Claim organization can qualify for Non-Insured Health Benefits (NIHB), which pays for drugs and extended health benefits not covered by provincial plans.</td>
<td></td>
</tr>
<tr>
<td>Social Assistance Recipients</td>
<td>&quot;Have you applied for extra income supplements?&quot;</td>
<td>Additional benefits available include: transportation, medical supplies, special diet, employment and income assistance, drug and dental, vision, hearing, family violence prevention, and other discretionary benefits.</td>
<td>Speak with patients' social services workers. Visit Employment and Income Assistance for more information on benefits and eligibility criteria.</td>
</tr>
<tr>
<td>People with Disabilities</td>
<td>&quot;Do you receive payments for disability?&quot;</td>
<td>Major disability programs available: CPP Disability, EI Sickness, Disability Tax Credit (DTC), Workers Compensation Board of Manitoba, Veterans Benefits, Registered Disability Savings Plan (RDS), Manitoba Primary Caregiver. DTC can provide up to ~$1,800/year in tax savings (plus retroactive payments) and it is required to receive other benefits including the RDSP, which provides up to $20,000 in grants.</td>
<td>Use a detailed social and medical history to determine the programs to which you can connect your patients. Complete forms such as: • DTC requires a health provider to complete Form T2201</td>
</tr>
</tbody>
</table>

Key Resources

- **Canada Benefits** ([www.canadabenefits.gc.ca](http://www.canadabenefits.gc.ca))
  Provides a full listing of federal and provincial income and other supports, organized by personal status (e.g., “parent,” “indigenous peoples”) or life situation (e.g., “unemployment,” “health concerns”), with links to the relevant program websites and to application forms.

- **Support Services**
  The following resources are available to Manitobans:
  - Manitoba Government Services Portal
  - Winnipeg 311 City Services
  - Manitoba Residents' Portal

- **Legal Help Centre** ([www.legalhelpcentre.ca](http://www.legalhelpcentre.ca))
  For legal information and referrals and free drop-in clinics for low income individuals, call 204-258-3096.

*Remember:* As health care providers, it is our responsibility to provide complete and detailed information that accurately portrays our patients’ health status and disabilities. It is **NOT** our role to serve as the gatekeepers for income security.

Supporting Material

[i] Free Community Tax Clinics: https://link.cep.health/pov1
[ii] DrugCoverage.ca: https://link.cep.health/pov20
[iii] Canada Benefits: https://link.cep.health/pov10
[iv] Winnipeg 311 city services: https://link.cep.health/pov60
[viii] PovNet: https://link.cep.health/pov64
[ix] Form T2201: https://link.cep.health/pov6
[x] Manitoba Health, Seniors and Active Living: https://link.cep.health/pov65
[xi] Workers Compensation Board of Manitoba: https://link.cep.health/pov66
[xii] To see who is an eligible Non-Insured Health Benefits Client: https://link.cep.health/pov67
[xiii] Fact Sheet on Systemic Racism on Indigenous Peoples in Canada: https://link.cep.health/pov27
[xvi] Community Unemployed Help Centre: https://link.cep.health/pov69
[xvii] Manitoba Child Benefit: https://link.cep.health/pov70
[xviii] 55 Plus Program: https://link.cep.health/pov71
[xx] Native Addictions Council of Manitoba: https://link.cep.health/pov73
[xxi] Assembly Manitoba Chiefs/Eagle Urban Transition Centre: https://link.cep.health/pov74
[xxii] Immigrant Centre of Manitoba: https://link.cep.health/pov75
[xxiii] Winnipeg Harvest: https://link.cep.health/pov76
[xxiv] Manitoba Housing: https://link.cep.health/pov77
[xxv] Manitoba Association of Women's Shelters: https://link.cep.health/pov78
[xxvi] Employment Manitoba: https://link.cep.health/pov79
[xxvii] About the Canada Child Benefit program: https://link.cep.health/pov15
[xxviii] How to calculate your Canada Child Benefit: https://link.cep.health/pov16

*These supporting materials are hosted by external organizations, and as such the accuracy and accessibility of their links are not guaranteed. CEP will make every effort to keep these links up to date.

References

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