

Elective: Psychiatry; Intensive Care – HSC (PY3S)

OVERVIEW

The Psychiatric Intensive Care Unit on PY3S is an 11 bed high acuity inpatient unit. The unit is uniquely staffed to meet the needs of patients with acute illness who present with agitation, severe symptoms, potential for aggression. The interdisciplinary team includes psychiatry, nurse practitioner, nursing, social work, occupational therapy, pharmacy and peer support. Patients may be admitted directly from ER or CRC or transferred from other inpatient units or hospitals due to their illness and need for a high level of observation and management.

INTRODUCTION

Locations:

PY3S is in PsychHealth Centre at Health Sciences Centre.

Contact Person:

Dr. Rajat Jayas, Program Director

Ms. Karen Simpson, Program Administrator

LEARNING OBJECTIVES (CanMEDS)

Medical Expert – As Medical Experts, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills and professional attitudes in their provision of patient-centered care.

- To develop an appreciation for the various psychotic disorders and how to differentiate them.
- To develop an approach to managing psychosis
- To develop an approach to managing agitation that arises in the context of mental illness

Communicator – Physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

- To develop skill in interviewing patients with severe mental illness
- To learn skills in communicating with patients who are agitated

Collaborator – Physicians effectively work within a healthcare team to achieve optimal patient care.

- To recognize the roles of each of the interdisciplinary team members
- To participate as a member of an interdisciplinary team, respecting each team members contribution to patient care

Manager – Physicians are integral participants in healthcare organizations, organizing sustainable practices, making decisions about allocating resources, and contributing to the effectiveness of the healthcare system.

Elective: Psychiatry; Intensive Care – HSC (PY3S)

- To learn how to prioritize patient care and balance with other demands

Health Advocate – Physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities and populations.

- To identify an opportunity for advocacy for individual patients
- To identify needs of patient populations and determine steps to take to advocate for program/system development/change

Scholar – Physicians demonstrate a lifelong commitment to reflective learning, as well as the creation, dissemination, application and translation of medical knowledge.

- To complete a short literature review on a clinical question

Professional - As Professionals, physicians are committed to the health and well-being of individuals and society through ethical practice, profession-Led regulation, and high personal standards of behaviour.

- To demonstrate a professional approach to all patients and team members

INFORMATION (Clinics, rounds, lectures, meetings, OR Slates (when & where)

Daily rounds Monday-Friday 0845 on the ward

Grand rounds Tuesday 1030-1200

Cross Service rounds Thursday 1030-1200

SUGGESTED READINGS/ASSIGNMENTS/PROJECTS

To be determined at time of rotation

EVALUATION/FEEDBACK – FIRST DAY/EXIT INTERVIEWS

Use of mini-CEX for informal, formative feedback, daily feedback on clinical performance. Mid-rotation and end of rotation feedback and FITER.