

# Elective: Psychiatry; Consultation-Liaison - HSC

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## OVERVIEW

The Consultation-Liaison Psychiatry (CL) Service provides psychiatric consultative expertise to the many Inpatient Medical and Surgical Services at the Health Sciences Centre, including Women's Hospital wards.

This elective is available at Health Sciences Centre. Students will be part of a team which includes several psychiatrists, one to two residents and frequently international medical graduates, residents from other programs and physician assistant students. Students attend Psychiatry grand rounds and cross program academic rounds each week.

## INTRODUCTION

### Locations:

The service is based out of the PsychHealth Centre with most of each day spent on the wards of the Health Sciences Centre.

### Preceptors:

Dr. Kurt Skakum MD FRCPC; Medical Director

Dr. Louis Ludwig MD FRCPC

Dr. Craig Omelan MD FRCPC, Geriatric Psychiatrist

Dr. Joseph Polimeni MD

Dr. Maaz Usmani MD

### Contact Person:

Karen Simpson (204)787-7098

## LEARNING OBJECTIVES (CanMEDS)

Medical Expert – As Medical Experts, physicians integrate all of the CanMEDS Roles, applying medical knowledge, clinical skills and professional attitudes in their provision of patient-centered care.

- Assess medical and surgical inpatients with regards to common psychiatric conditions including;
  - Neurocognitive Disorder
  - Depression
  - Delirium
  - Substance Use disorders

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- Anxiety Disorders
- Competently assess issues related to competency to make medical treatment decisions and to manage one's affairs

Communicator – Physicians effectively facilitate the doctor-patient relationship and the dynamic exchanges that occur before, during, and after the medical encounter.

- Be able to write clear and concise consultation reports
- To demonstrate a professional, caring and empathic style of interaction with patients
- Demonstrate an ability to relay information to patients and the treatment team in a complete yet concise fashion

Collaborator – Physicians effectively work within a healthcare team to achieve optimal patient care.

- To demonstrate an ability to work with a multidisciplinary team of care givers
- Teach medical and surgical colleagues about various psychiatric aspects of the care of medical patients

Manager – Physicians are integral participants in healthcare organizations, organizing sustainable practices, making decisions about allocating resources, and contributing to the effectiveness of the healthcare system.

- Effectively manage time to attend to the many day to day responsibilities of the CL service
- Demonstrate effectiveness in achieving a balance between personal and professional responsibilities

Health Advocate – Physicians responsibly use their expertise and influence to advance the health and well-being of individual patients, communities and populations.

- To be aware of the many varying aspects of patients health and to address these issues with patients and the health care team

Scholar – Physicians demonstrate a lifelong commitment to reflective learning, as well as the creation, dissemination, application and translation of medical knowledge.

- To demonstrate evidence of ongoing self-education
- To participate in Literature Review
- Be able to write clear and concise consultation reports
- Be able to efficiently and completely assess medical patients with respect to psychiatric problems

Professional - As Professionals, physicians are committed to the health and well-being of individuals and society through ethical practice, profession-Led regulation, and high personal standards of behaviour.

- Demonstrate an understanding of mental health law

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- Demonstrate an understanding and ability to discuss ethical issues arising from the treatment of the mentally ill patient with psychiatric illness

**INFORMATION** (Clinics, rounds, lectures, meetings, OR Slates (when & where)

The typical weekly schedule is as follows:

TIME	MONDAY	TUESDAY	WEDNESDAY		THURSDAY	FRIDAY
0800						
0830	Team Meets	Tuesday Topics	Team Meets		Kardex	Team Meets
0900					Dr. Omelan	
0930						
1000						
1030		Grand Rounds			Cross Service Rounds	
1200						
1300			Resident ½ day	Rounds		Rounds with rotating attendings
1430	Rounds with Dr. Ludwig	Rounds with Dr. Skakum			Rounds with	
1530						
1700						

## SUGGESTED READINGS/ASSIGNMENTS/PROJECTS

Kaplan and Sadock's Synopsis of Psychiatry: Behavioural Sciences, Clinical Psychiatry 7<sup>th</sup> Edition, Williams and Wilkins 1994, Chapters 11, 12, 17, 27.

Psychiatric Care of the Medical Patient, Alan Stoudemire, Barry Fogel, Donna Greenberg, 2<sup>nd</sup> edition, Oxford University Press, 2000.

Essentials of Consultation Liaison Psychiatry, James Rundell, Michael Wise, Editors. American Psychiatric Press 1999.

## EVALUATION/FEEDBACK – FIRST DAY/EXIT INTERVIEWS

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First Day Instructions: On your first day of the rotation you should meet with the CL team at 0830hrs. On Monday, Wednesday and Friday the team meets at 0830hrs in room PZ230 in the Adult Outpatient area on the second floor of the PsychHealth Centre. On Tuesday morning the team meets in room PZ277 and on Thursday mornings the team meets in room PZ269.

An exit interview will be schedule with you when you arrive to take place on or about your last day on the service.