

DEPARTMENT OF PSYCHIATRY – CODI Elective

The CODI Outreach Program is a comprehensive program provided with a multidisciplinary team that involves a close working relationship with psychiatrist(s), nurse(s), social worker(s) and occupational therapist(s). The service provides both inpatient and outpatient care with the former taking place on a 20-bed inpatient unit. Each student will be responsible for approximately three inpatients, as well as being required to attend outpatient clinics which occur on Mondays from 1:00 to 5:00 p.m. Attending the off-site MINE (methadone maintenance) clinics as well as outreach visits with case managers are also strongly recommended.

Students will be required to attend twice-weekly Kardex meetings (Monday and Thursday at 9:30 a.m.), as well as being encouraged to attend cross-service rounds. On Thursdays at 12:45 p.m. there will be clinical Case Presentation. On Tuesdays, students will be expected to attend Grand Rounds, 10:30 to 12:00pm and CODI Team Conference at 1:30-3:30 p.m. On Wednesday at 10:30-12:30 pm students will observe and may co-facilitate Dialectical Behavior Group Therapy.

Goals and Objectives:

On completion of the elective, the student should be able to:

1. To learn to assess patients with regard to both mental disorders and substance use disorders.
2. To become aware of treatment and management pathways for patients with mental disorders and substance use disorders, separately and together.
3. To become aware of case management indications and processes for patients with substance use disorders and severe mental disorders.
4. To become conversant with psychotherapy options and processes for patients with co-occurring mental disorders and substance use disorders.
5. To become conversant with community and hospital resources for patients with mental disorders and substance use disorders, separately and together.

Call Responsibility: Call is NOT required

Availability: All year, variable length of time from a minimum of two weeks to a maximum of four weeks.

Contact Person:

Karen Simpson
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Dr. Rajat Jayas, Program Director

TO APPLY FOR AN ELECTIVE IN THIS PROGRAM, PLEASE CONTACT:

Electives Administrator

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