

Elective: Community Health Sciences; Ongomiizwin Health Services (OHS), formerly J.A. Hildes Northern Medical Unit (Norway House)

*Please indicate in the comments section of your application if you would also like to be considered for an elective in Churchill and the Fly-in program.

ELECTIVE:

Ongomiizwin Health Services (OHS), formerly J.A. Hildes Northern Medical Unit, Northern/Remote Family Medicine, Norway House, Manitoba

OVERVIEW

*Elective duration is minimum 3 weeks, and will depend on availability.

*A letter of motivation describing the reasons for applying for an elective with Ongomiizwin Health Services focusing on providing care in a remote Indigenous community is required (maximum 1 page, the same letter may be used for applications to all OHS sites).

This elective will provide an opportunity for students to experience full-spectrum clinical practice in a remote First Nations community in Manitoba. Students will develop skills in history taking, physical exam, diagnosis and management of a broad spectrum of clinical presentations. Focus will be on management of clinical presentations in a remote setting, in the context of a First Nations community in Manitoba. Particular attention will be paid to the Determinants of Health impacting on the health of individuals and the community, as well as structural factors (eg. policies) that impact on patient care. Clinic, ER, personal care home, public health and homecare experiences will be part of the clinical experience, in addition to potential for outreach clinics such as teen clinic and ADHD clinic at the schools, schedule permitting.

Norway House is a community of approximately 7500 people, with both a large on-reserve community and off-reserve community. It is located 800 km by road north of Winnipeg, and is one of the largest First Nations communities in Manitoba. The hospital has 6 in-patient beds plus a palliative care suite, ER, lab, x-ray, dialysis unit, as well as various social programs. Six physicians are on-site during the week and 2 physicians provide on-call coverage over weekends and holidays.

Contact:

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LEARNING OBJECTIVES (CanMEDS)

Medical Expert

- Develop skills in history taking and physical exam in a primary care and ER setting
- Formulate a broad differential diagnosis for clinical presentations
- Develop an organized case presentation including pertinent positive and negative findings appropriate for the clinical presentation
- Integrate understanding of the social determinants of health into patient encounters

Communicator

- Communicate respectfully with all patients and staff
- Use a trauma-informed approach in all patient encounters
- Recognize the importance of relationships with individuals, organizations, communities and populations
- Develop skills in media communication

Collaborator

- Interact with all members of the healthcare team in a respectful manner, recognizing the importance of an interprofessional approach for optimal patient care

Leader

- Demonstrate commitment to providing high quality clinical care
- Allocate health resources appropriately based on needs of individual patients and the community
- Demonstrate effective self-management by conducting self-learning

Health Advocate

- Recognize the importance of the Social Determinants of Health, in particular, the distal determinants of health of colonialism and structural racism that continue to impact on the health of Indigenous communities in Canada
- Identify policies that impact on the health of individuals and a community and impact on patient care
- Recognize the strengths found in the community, and identify how students and physicians can support community-led initiatives that promote health

Scholar

- Use an evidence-based approach to the diagnosis and management of clinical presentations
- Complete a presentation during the elective rotation

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Professional

- Demonstrate behaviors consistent with the service commitments outlined in the Northern Medical Unit Physician Charter; including cultural safety, listening, compassion, respect and humility

INFORMATION

Call responsibilities

On-call activities include management of all ER presentations, as well as emergency obstetric coverage. Norway House Hospital is not currently open for birthing, though 8-20 emergency deliveries occur at the hospital annually.

On-call is home call, though due to the busy ER, most of the shift will be spent in house. Therefore scheduling is done in accordance with the UGME in-hospital call policy. Scheduling will be at a reduced frequency for electives at 1 in 5 maximum, compared with the 1 in 4 day maximum for Family Medicine core rotation. (*policy statement 3.1 of Clerkship Duty Hours, University of Manitoba, College of Medicine Policy*)

For 3 week rotations, students will be on call 1 weekend during the rotation, and for 4 week rotations they will be scheduled on call for 2 weekends of the rotation. (*policy statement 3.1 of Clerkship Duty Hours, University of Manitoba, College of Medicine Policy*)

When a student is scheduled on-call on a statutory holiday, they will be given a day off during the rotation, with the day off to be determined in discussion with the Education Director, Norway House. (*policy statement 3.4 of Clerkship Duty Hours, University of Manitoba, College of Medicine Policy*)

Cost

The flight bookings from Winnipeg to Norway House and arrangements for accommodations will be covered and arranged by Ongomiizwin Health Services, once the elective is confirmed

Prior to the elective

You will be contacted by email by the OHS Hospital-Based Physician Coordinator with your flight details, and provided with an electronic copy of the Norway House Learner Orientation document, which provides further details on rotation expectations and other useful information.

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First Day Instructions

- Arrive at Perimeter airport, 626 Ferry Rd, Winnipeg at least 1 hour prior to your scheduled flight.
- On arrival to Norway House, there will be a maintenance worker from the hospital to meet you at the airport to bring you to the hospital
- You will pick up the keys to your accommodation from housekeeping, and then you will be brought to your accommodation by the maintenance worker
- After dropping your belongings in your accommodation, return to the hospital, and go to the second floor hospital ER nursing desk, where you will meet your preceptor
- You may bring your “white coat”, though they are not required during this rotation

ROTATION ACTIVITIES

Student Presentation

There is a requirement for completion of community education presentation during your elective. In consultation with the clinic manager, and preceptor, you will select a health topic and prepare a short (5-10 minute) media communication that will be pre-recorded (not live) and played on the local radio station. You will receive feedback from your preceptor on your communication, prior to recording. This will develop your skills in media communication on a health topic, and contribute to community education.

In-patient rounds

Occur every Monday at 9:00 am and every Thursday at 8:30 am in the hospital library. Students will be expected to present in-patients to the physician and nursing team.

Teaching rounds

Occurs every Wednesday at 8:30 am in the library. Preceptors will provide teaching to learners on a pre-determined topic. A schedule will be provided.

Additional Expectations

Students will be expected to attend any additional clinical meetings or activities, as communicated to them during the rotation.

Further details on rotation expectations will be outlined in the Norway House Learner Orientation document, which will be sent to students prior to their elective, once the elective is confirmed.

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EVALUATIONS

A verbal mid-point evaluation will be provided by the Education Director or physician delegate, based on feedback from the interprofessional staff in Norway House (physicians, nurses, clinical support staff and administrative staff). A final verbal and written evaluation will be provided at the end of the rotation.

REQUIRED READING

Ongomiizwin Health Services Physician Charter

<https://docs.google.com/viewer?a=v&pid=sites&srcid=ZGVmYXVsdGRvbWFpbXzaXRlbn11fGd4OjNkNmE2YzEyODgwOTNiMA>

Health and Health Care Implications of Systemic Racism on Indigenous Peoples in Canada. Indigenous Health Working Group Fact Sheet, College of Family Physicians of Canada. February 29th, 2016.

http://www.cfpc.ca/systemic_racism/

Loppie Reading C, Wien F. Health Inequalities and Social Determinants of Aboriginal Peoples' Health. National Collaborating Centre for Aboriginal Health, 2009.

http://www.nccah-ccnsa.ca/docs/social%20determinates/nccah-loppie-wien_report.pdf

Resources

Ongomiizwin Health Services website

http://umanitoba.ca/faculties/health_sciences/indigenous/institute/healthservices/index.html

Ongomiizwin Health Services Facebook page

<https://www.facebook.com/Ongomiizwin/>

Norway House Cree Nation Website

www.nhcn.ca

Norway House Cree Nation Community Profile Video

<https://www.dropbox.com/s/cb762ng2qlmwvfp/NHCN%20PROMOTION%20FINAL.mp4?dl=0>

Norway House Cree Nation Health Division Video

<https://www.dropbox.com/s/9x0otdp9r684r75/NHCN%20HEALTH%20DIVISION%20MASTER%20FINAL.mp4?dl=0>