

INTERNATIONAL MEDICAL EXPOSURE ELECTIVE: PHILIPPINES 2019

February 4-24, 2019 (UGME)

February 7-March 6, 2019 (PGME)

Introduction

This three to four-week elective rotation aims to provide structured and supervised instruction to medical trainees in relevant areas of global health and direct involvement in cultural exchange.

Health care in the Philippines is provided through government and private hospitals, smaller centers and rural health clinics. Most of the national burden of health care is taken up by private health providers. Social, economic and geographic barriers result in inequity in access to services and explain the differences in health outcomes. Large areas of the Philippines do not have daily access to any pharmaceuticals. Poor people in greatest need for health care (women, newborns, infants and children) are underserved.

The setting of this elective will be in at least 3 different locations (urban and rural). Participants will experience clinical exposures mostly in underserved community settings and will also be able to contrast how health care is provided in private and public hospital systems.

There will be opportunity to interact and work with other health professionals in a collaborative manner, as well as with local medical trainees and supervisors who will contribute to an excellent learning experience and the chance to develop and learn new medical skills.

Learning Objectives

After completion of this international experience, the trainee should be able to:

1. describe the natural history of diseases, especially those not commonly encountered in North America (*cases you are likely to encounter – perinatal conditions, lower respiratory tract infections, diarrheal disease, Dengue hemorrhagic fever, Leptospirosis, tuberculosis, malaria, cancer, heart disease, HIV, renal disease, malnutrition*),
2. demonstrate knowledge of basic global health elective principles (cultural competency, personal health and safety, basic language competency, ethics and community building),
3. identify the barriers to effective health care (attitudinal, infrastructural, training-oriented, resource oriented, or any combination thereof),
4. give examples of use of clinical skills with limited laboratory services,
5. understand the differences in medicines and treatments in another setting/country,
6. understand the different perspective of health care and provision, health systems and policies as they relate to historical and cultural norms of the country,
7. identify examples of the value of inter-professional care,

8. demonstrate sensitivity to the needs of different and vulnerable communities,
9. **in an oral case presentation** * relate how social and economic factors affect care, treatment and prevention of disease, incorporating health issues and health outcomes,
*** PRESENTATION DATES: tentatively February 9 and February 6, 14 and 15, 2019**
10. apply the CanMEDs Framework and Competencies as it relates to the population to which you have been exposed.

For interested Residents and Medical students –
please contact for details:

Dr. Raquel Consunji-Araneta
Associate Professor
Pediatrics and Child Health
Section of Respiriology

Raquel.Consunji-Araneta@umanitoba.ca

**Please return page 3 of the APPLICATION PACKAGE
to signify your commitment and interest to participate in this elective
An interview will take place in July-August 2018
Deadline for applications: June 30, 2018**

APPLICATION PACKAGE

INTERNATIONAL MEDICAL EXPOSURE ELECTIVE: PHILIPPINES 2018

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NAME as written on your passport:			
Email address (all correspondence regarding elective itinerary and details of the rotation will be provided by email):			
Emergency contact information - - name, address, phone number, email address			
What are YOUR LEARNING OBJECTIVES for this rotation			
What are YOUR EXPECTATIONS of this rotation			
MEDICAL CONDITION/s and Medications:			
DIET - please encircle your usual fare			
Standard	Vegetarian	Vegan	Pescetarian
No pork			
Others/ Food allergies:			
Other comments			
INTERVIEW - please choose a time/date, up to 2 people in one time slot will be accommodated			
	1000am	1030am	1330pm
July 9, Monday			
July 16, Monday			
July 30, Monday			
July 13, Friday			
July 20, Friday			
August 3, Friday			

TRAVEL 2019
UGME participants should be prepared to depart Winnipeg on Feb 3, Sunday (arrive MNL Monday pm)
PGME residents MUST depart Winnipeg on Feb 6, Wednesday (arrive MNL Friday am)
Return date for UGME is February 24, Sun (3 weeks), and for PGME residents, March 6, Wed (4 weeks)

Travel Route: Information
Winnipeg-Vancouver on AC/West Jet; Vancouver-Manila direct flight on Philippine Airlines (PAL)
Winnipeg-Vancouver-Hong Kong-Manila-Hong Kong-Vancouver-Winnipeg on AC/Cathay Pacific
Others: via Minneapolis or Calgary to-Tokyo-Manila (Delta/ANA)

USEFUL INFORMATION and EXPENSES

ACCOMMODATIONS	estimated cost \$1750-2000
Makati, MetroManila	
Ascott Maka	https://www.the-ascott.com/en/philippines/manila/ascott-makati/index.html
Baguio, Benguet	
Manor House, Camp John Hay	www.campjohnhay.ph
Vigan, Ilocos Sur	
Hotel Felicidad	hotelfelicidadvigan.com.ph
Currimaos, Ilocos Norte	
Sitio Remedios	www.sitioremediosilocosnorte.com
General Trias, Cavite	
Bay Leaf Hotel	https://www.thebayleaf.com.ph/cavite/
Tagaytay, Cavite	
Taal Vista Hotel	www.taalvistahotel.com
Tali Beach, Nasugbu, Batangas	
Leku Eder	http://www.lekuederhomes.com
DOMESTIC Philippine travel	estimated cost \$175
Philippine Airlines (one way Laoag-Manila), includes 20kg check in baggage and insurance	
LOCAL LAND transportation	estimated cost \$500
MEALS	
Prepaid meals	estimated cost \$500
Others	On your own
TOURS/ACTIVITIES	
Prepaid	estimated cost \$150
Others	on your own
MISCELLANEOUS	
Medical supplies, Mission T-shirt, donation for patients	estimated \$50
TOTAL (exclusive of Airfare)	ESTIMATED \$3000-3250
To be paid to Dr. R. Consunji-Araneta - \$1750 due Sept 28, 2018; \$1500 balance due Jan 4, 2019	
Payment and deadlines are your responsibility; reminder emails will be sent	
<p>*These are TENTATIVE ARRANGMENTS There may be additional costs</p>	
AIR TRAVEL – trans-Pacific return	estimated cost \$1200-1700
Recommended Travel agent: Contessa Benson - SARBIT TRAVEL <small>You may use your own travel agent</small>	
Email address: cbenson@sarbittravel.com Tel 204 786 4889, Fax: 204 943 0586	

INFORMATION	
ACCOMMODATIONS	
The Ascott Makati (apartment style with full kitchen/dining/living room)	includes buffet breakfast
Trainees	2-3 BR units- 3-4 persons per unit (1-king bed, 2 twin beds, washer/dryer, 2.5BA)
Staff	Studio unit - 1-king bed, washer/dryer, 1BA
The Manor, Camp John Hay, Baguio	includes buffet breakfast
Trainees	2-BR units- 5 persons per unit (1-king bed, 2 twin beds, washer/dryer, 2BA)
Staff	Superior room - 1-2 persons per room
Hotel Felicidad, Vigan, Ilocos Sur	includes breakfast
Trainees	3-6 persons sharing
Staff	2 persons sharing
Sitio Remedios Currimaos, Ilocos Norte	includes breakfast and dinner
Trainees	5-7 persons sharing a house
Staff	Twin or triple sharing individual houses
Bay Leaf Hotel, Cavite	includes breakfast
Trainees	Triple sharing
Staff	Double sharing
Taal Vista Hotel	includes breakfast
Trainees and Staff	Double-triple sharing
Leku Eder, Tali Beach, Nasugbu, Batangas	includes all meals
Trainees	Double sharing and Bunk room
Staff	Double sharing
TRANSPORTATION	
Airport transfers	
Domestic Flight - one way Laoag-Manila on Philippine Airlines; with 20kg check in baggage	
Local land transportation * Baggage space will be limited for all out of town trips*	
Local Activities	
Baguio, Vigan, Suba, Paoay, Bangui, Burgos, Pagudpud, Marcos Museum, Malacanang of the North	Prepaid
Taal volcano tour	Prepaid
Stronghand Shooting Range	Own cost
Valkyrie Club	Prepaid

*** Feb 8-21 - will be time "on the road":
you must be able to survive on things you can bring in a hand-carry sized luggage***

CHECKLIST

General:			
FOR ALL TRAINEES	Done	Submitted	
UGME/PGME Confirmation			
Interview/meet with RCA			
Review Information Package (UGME) for Travel			
Valid passport (should be valid for ≥ 6 months from travel date)			
Attend Travel Clinic			
Trip cancellation and interruption insurance			
Medical travel insurance			
Waiver			
Licensing in the Philippines: Professional Regulation Commission Requirements and Fees			
Required for PGME Residents/Staff only	Est.Fee	Done	Submitted
Special Temporary Permit (STP) CATEGORY E https://www.pdfFiller.com/en/project/70853087.htm?f_hash=02e267&reload=true or http://www.prc.gov.ph/uploaded/documents/STP_ApplicationForm_061616_e.pdf	\$65.00		
STP Application Form – completed and signed			
ONE Passport photo (4.5cmx3.5cm) attached to application			
Have application form, original and copy of Manitoba license, original and copy of valid of passport NOTARIZED	\$30.00		
AUTHENTICATION of all Notarized documents Rebecca Schroeder at Healthy Living, Seniors and Consumer Affairs, Rm. 10343-405 Broadway Blvd, Winnipeg; telephone no. 204-945-2654	\$12.00		
Authenticated and notarized application form, license and passport to be acknowledged by Philippine Consul (Ottawa)	\$33.75 This does not include Courier fee		
Courier Fee to Manila PRC Office	\$25.00		
Signature on cover letter to PRC			
THINGS TO BRING			
Must have:			
Stethoscope	Penlight	Hand sanitizer	
Sphygmomanometer	Otoscope/ophthalmoscope	Neurologic hammer	
Miscellaneous items:			
Tongue depressors	Disposable gloves	Scrubs	
Blood glucose monitor/sticks			