Dear Colleague,

Welcome to your career in medicine! It is our privilege to represent the over 4,000 medical learners and practicing and retired physicians in Manitoba.

We regularly connect with medical students to determine how best to improve your experience while allowing you to focus on your studies. We offer an extensive range of advocacy, mentorship and support throughout your training to help you succeed. Things may look a little bit different these first few months because of the pandemic, but our commitment to supporting you through this journey remains unchanged.

Becoming a member of Doctors Manitoba is easy and your membership as a student is completely free. Simply fill out the application form here to become a member.

Here are just a few of the benefits you have access to as a member of Doctors Manitoba:

**Mentorship Program**
Doctors Manitoba, MMSA, PARIM, and UGME Student Affairs are excited to invite you to participate in our Medical Learner Mentorship Program. This is an opportunity to be in a mentorship group to help guide you as you progress in your medical school journey. The program includes training, support and events for mentors and mentees. Sign up now!

**Health & Wellness Programs**
Doctors Manitoba is committed to supporting the whole physician and that includes learners. All members have access to our three wellness programs:
- **The Physician and Family Support Program** provides support, resources and information for personal and work-life issues at no cost to you.
- **Physicians at Risk** helps physicians, medical learners and their spouses and adult children who are struggling with social, relationship, financial, behavioural, or substance use issues.
- **MDCare** is a confidential, comprehensive clinic that provides practicing physicians with a full range of adult and child/adolescent psychiatric services, as well as adult psychological services.

**Funding for MMSA Initiatives**
For several years, we have been providing funding to the MMSA to support various activities and events organized by numerous medical student interest groups. We also help students attend important meetings and conferences around the country. We recently collaborated with the MMSA on a sticker campaign to help reduce vaccine
hesitancy and supported a media campaign to help celebrate some of the personal stories of several physicians on the frontlines of the pandemic.

**Representation on Doctors Manitoba Board**
The Manitoba Medical Students’ Association (MMSA) appoints a medical student delegate each year, as a full-voting member of the Doctors Manitoba Board of Directors. This allows medical students to be part of the decision-making process, and have their voice at the table as we help advocate for our profession and shape medical policy for the betterment of our patients.

**Disability Insurance**
We offer a competitive, non-profit disability insurance program to our members (that returns annual surplus to members as a rebate). Many students purchase disability insurance as a precaution should any unforeseen accident or illness occur during medical school. Click [here](#) for more information.

**UpToDate**
All members (including students) have free access to UpToDate (a fantastic clinical resource at your fingertips). [Learn more](#).

Medical students are an integral part of Manitoba’s medical profession. Your involvement and engagement are key to shaping the support that we can provide learners now, and in the future. We look forward to working with you, supporting you, and advocating for your professional, economic and personal well-being for years to come. Every step of the way.

Sincerely

*Candace Bradshaw*

Dr. Candace Bradshaw
President, 2022-2023