



Specialty Food Stores in Winnipeg

Winnipeg has many specialty food stores where you can buy foods from around the world.

Below is a list of some of the stores you may be interested in. Please let us know if your favourite is not on our list.

*The following list and links are provided for informational purposes only.
The University of Manitoba does not endorse, promote, or have any affiliation with any of the vendors listed.*

Name of Store	Address	Phone Number	Comments
African Foods General Wholesale	333 Gary St.	(204) 414-9226	Specialize in foods from a variety of African countries: Nigeria, Ghana, Congo, etc.
Akin's International Foods	A-570 Sargent Ave.	(204) 779-8666	African, Caribbean foods. Specialize in pounded yam, Ogi/Koko/Akamu, stockfish, Moin-Moin, cassava leaves etc.
Arirang Oriental Food Mart	1799 Portage Ave.	(204) 831-1212	Specialize in Japanese and Korean foods
Balkan Foods	185 Stadacona St.	(204) 663-1445	Specialize in foods from Poland, Greece, Bosnia, and Italy
Baltona Meat and Deli	600 Selkirk Ave.	(204) 586-8621	Specialize in Polish foods, meats, cosmetics, sweets, and herbs
Bueno Bros.	84 Isabel St.	(204) 786-2800	Specialize in Philippine foods and other Asian foods: seafood, meats, vegetables, rice, sauces, spices, noodles, etc.
Didar Grocery Mart	110 Adamar Rd.	(204) 275-6060	East Indian and Canadian foods
Dino's Grocery Mart	460 Notre Dame Ave.	(204) 942-1526	Import foods from around the world, especially from India, Pakistan, other Asian countries, and the West Indies
Dong Thai Ltd.	459 Notre Dame Ave.	(204) 943-9868	Specialize in Cambodian, Chinese, Filipino, Laotian, Latin American, Thai, and Vietnamese imported foods
El Izalco Market	696 Sargent Ave.	(204) 779-7092	Specialize in Central American food
A l'Epi de Blé	1757 Main St.	(204) 334-2526	French Bakery
Greek Market	1440 Corydon Ave.	(204) 488-6161	Greek foods: olives, olive oil, pitas, desserts
Halal Meats and Specialty Foods	206 Maryland St.	(204) 774-8095	Specialize in foods from Iran, Syria, Lebanon, Morocco, Somalia, and Pakistan
India Spice House and Video	3-1875 Pembina Hwy. 66 Mandalay Dr.	(204) 261-3636 (204) 261-4600	Specialize in East Indian food and spices
La Grotta Del Formaggio	550 Sargent Ave.	(204) 775-0691	Italian and Greek foods
La Grotta Mediterranean Market	1360 Taylor Ave.	(204) 982-9461	Specialized in Mediterranean foods
Lucky's Supermarket	1051 Winnipeg Ave.	(204) 272-8011	Specialize in food from all over Asia such as Vietnam, China, Philippines, Japan, Korea, Thailand (http://www.luckysupermarket.ca)



Lvov Euro Food Corner	5B-140 Meadowood Dr.	(204) 783-8777	Offer a variety of food and delicatessen from Europe. Specialize in products from Russian and Ukraine
Meghna Grocery	1741 Pembina Hwy.	(204) 261-4222	Halal meats, Bangladeshi, Pakistani, Arabian, Indian, and Sri Lankan groceries
Mercadito Latino	570 Sargent Ave.	(204) 415-2870	Specialize in Latin American foods
Mini Mart	671 Corydon Ave.	(204) 452-1046	Specialize in Italian food and other delicacies
Oriental Market	268 King St.	(204) 943-4103	Chinese foods, meat, vegetables, seafood
Portuguese Fish and Food Market	460 William Ave.	(204) 943-8793	Specialize in Portuguese foods, some Brazilian and Chilean foods
Russian Deli Market	643 Portage Ave.	(204) 774-1041	Specialize in products from Russia and Ukraine
Sangam Grocery Mart	1-933 McLeod Ave.	(204) 668-6248	Specialize in food from India
Sun Wah Supermarket	303 King St.	(204) 944-9162	Specialize in frozen seafood, live lobster and crab, and Asian groceries
Taste of Europe	1052 Main St.	(204) 582-6999	Wide range of products from Russia, Ukraine, Lithuania, Poland, and Israel
The Real Canadian Superstore	1578 Regent Ave. 1035 Gateway Rd. 215 St Anne's Rd. 2132 McPhillips St. 3193 Portage Ave. 550 Kenaston Blvd. 80 Bison Dr. 1385 Sargent Ave.	(204) 654-5500 (204) 987-7329 (204) 258-2401 (204) 631-6250 (204) 831-3500 (204) 488-5800 (204) 275-4100 (204) 784-7901	Wide assortment of specialty foods
Tindahan Food Mart	906 Sargent Ave.	(204) 783-3946	Specialize in Philippine foods and some Portuguese foods
Wah Hing Grocery	106 - 180 King St.	(204) 943-6878	Chinese foods, some meats and vegetables, spices, noodles, rice, cooking tools
Young's Market	1000 McPhillips St.	(204) 957-1088	Specialize in food from Philippines, China, and Thailand; some food from Japan and Korea
Young's Trading	397 William Ave.	(204) 957-0230	Specialize in food from Philippines, China, and Thailand; some food from Japan and Korea

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