Our Mission
Serving our diverse communities, we provide evidence-informed educational opportunities to health professionals for lifelong learning, competence and sustained practice change, in a culturally safe and responsive manner.

Learning for Life
Every year brings new opportunities for our Continuing Professional Development (CPD) Medicine Program and brings new meaning to our catchphrase: “Learning for Life.” It not only describes our collective commitment in supporting health care workers in their professional journey, but also speaks to the attributes within lifelong learners in times of uncertainty, resilience, perseverance and adaptation. Such is true for the programs themselves. So in a time of uncertainty, we persevere and are proud to present to you, a new year of Continuing Professional Development at the University of Manitoba.

This year brings more than 70 certified/accredited educational offerings, ranging from asynchronous online learning, to hands on skills, and large, multi-day learning events. Our Fridays at the University will include new sessions on addiction, chronic disease management and the latest in ophthalmology. We welcome back award-winning programs such as OAT 101 and the ever-popular Bug Day, now in its 25th year.

We are also thrilled to introduce you to new learning events, such as Baby Steps, a day dedicated to actionable strategies for the substance-involved pregnancy. New skills sessions on EKG interpretation and suturing have also been added, as well as an expanding library of asynchronous online learning.

As our institutions begin to cautiously open their doors and welcome back health professionals across the continuum of learning, we will once again be adapting to our new and ever-changing learning environment. As always, our team of dedicated planners, presenters and staff will be on hand to deliver high-quality, relevant CPD to meet the needs of our health professionals and the diverse communities they serve. This is our mission, and with it, our commitment to your: Learning for Life.

CPD Medicine Program team

CanMEDS is a framework that identifies and describes the abilities physicians require to effectively meet the health care needs of the people they serve, with the overarching goal of improving patient care. A capable physician seamlessly integrates the competencies of all seven CanMEDS roles.

The CanMEDS model has been adapted around the world, and is applicable to a wide range of health professions. Each of these roles are highlighted throughout this brochure.
Bug Day
October 19, 2021
Free event! | Offered digitally and via MBTelehealth

Join locally, nationally and internationally recognized experts for this popular day-long symposium focusing on hot topics in infection prevention and control, infectious diseases and public health.

Topics will include:
Medical grand rounds: Known or increased infection risk in organ donors: Precision of language in medicine matters | 2020-2021: A unique year seen through the eyes of the media | The COVID-19 pandemic: An 18-month review | Infection prevention and control: Looking into the future | Infection prevention and control’s Top 10 List: Looking back 25 years | Syphilis in Manitoba: A 25-year review | Infection with the human immunodeficiency virus: 25 years of progress | The silent syndemic: Drug use and serious infections | Locked up: Incarceration and health | How science can inform health policies | The bite that keeps giving: Arthropod-borne illnesses | Lyme disease: sorting out the details | Infections and homelessness: Re-emerging infections and barriers to care | Tuberculosis in Manitoba: A look back in time | Poliomyelitis eradication: An ongoing challenge | Spondylodiscitis: What to expect and what to do | Doing the good, preventing the bad and avoiding the ugly: Infections in the immunocompromised host | Pediatric COVID-19 vaccination: State of the art | Life after COVID. What is the new normal?

Contact: CDGarlinski@hsc.mb.ca or 204-787-4654
Register online at cpd-umanitoba.com
More information: https://www.hsc.mb.ca/bugday.html
This two-day interprofessional workshop is aimed at health-care professionals who are interested in treating and supporting individuals with opioid use disorder (opioid addiction). This workshop is recognized by the College of Physicians and Surgeons of Manitoba, the College of Registered Nurses of Manitoba and the College of Pharmacists of Manitoba as a pre-requisite training requirement in order to prescribe or dispense methadone and buprenorphine/naloxone in Manitoba.

The workshop is accredited for both family physicians and Royal College fellows. Whether you are interested in prescribing or dispensing opioid agonist therapy or whether you just want to learn more about opioid addiction and the resources available to your patients, this workshop will arm you with new knowledge and skills around supporting this vulnerable patient population. Physicians, nurses, nurse practitioners, pharmacists and allied health-care providers are invited to register now – space is limited!

Workshop runs two days, 0800 - 1630 both days

2021 dates and locations:
- September 23 and 24 | Killarney
- October 28 and 29 | Winnipeg
- December 9 and 10 | Winnipeg

2022 dates and locations:
- January 27 and 28 | Winnipeg
- April 14 and 15 | Winnipeg
- May 12 and 13 | Thompson
- June 9 and 10 | Winnipeg

Fees:
- Physician $1,250
- Resident $400
- Nurse Practitioner $400
- Pharmacist $300
- Nurse & Allied Health $350

Register online at cpd-umanitoba.com

“Found it very engaging and interesting. All presenters were very knowledgeable and provided excellent notes and guidance.”
- 2020 OAT Agonist Therapy 101 participant

“Excellent presentations with useful tips on pharmacy procedures and how to deal with pregnancy, pain and patients.”
- 2020 OAT Agonist Therapy 101 participant

Health Advocate
As health advocates, physicians contribute their expertise and influence as they work with communities or patient populations to improve health. They work with those they serve to determine and understand needs, speak on behalf of others when required, and support the mobilization of resources to effect change.

Spotlight
Thanks to your feedback and the contributions from our innovative educators, we’ve added more new sessions. There are new opportunities to brush up on your suturing skills as well as EKG interpretation. Join us for Baby Steps 2021, a new interprofessional event for care strategies for substance-involved pregnancy. As always, our online offerings are continuing to grow, stay tuned for more asynchronous learning.
October 15, 2021
Addictions Update
Cannabis Update* | Community resources for addictions | Benzodiazepine Update | Alcohol Misuse Disorder – the 7th wave* | Addictions and mental health* | The street wise practitioner | STIs and blood-borne infections* | Childhood trauma and addictions*

November 5, 2021
Dermatology Day
Iatrogenic rashes* | Hair and nail conditions* | Disorders of pigmentation* | Cutaneous manifestation of chronic disease* | Benign skin tumours* | Urticaria and other immune mediated rashes* | Name that rash!*

December 3, 2021
Nephrology for Primary Care
Home hemodialysis/peritoneal dialysis* | Management of electrolyte disorders* | Outpatient management of renal colic and post renal AKI* | Consultation Pathways to Nephrology – when to call | Management of CKD* | The Proteinuria workup* | Management of the end stage renal disease* | Renal manifestations of Covid-19

January 14, 2022
Diagnostics Day
Introduction to POCUS | Breast imaging | X-rays in MSK disorders – upper extremity | X-rays in MSK disorders – lower extremity | Office spirometry | Endoscopy – when to refer | Interpreting tests for rheumatologic disorders | Choosing cardiac testing (MUGA, stress tests and Mibi)

February 11, 2022
Hot Topics
Therapeutics in obesity* | Menopause update* | Transgender care for primary care practitioners | Practicing evidence based medicine | Fibromyalgia* | Adult ADHD* | Post COVID conditions

March 4, 2022
Metabolic Day
NAFLD* | Update on the obesity guidelines* | Nonpharmacological treatment of metabolic syndrome* | Osteoporosis update* | SGLT2’s – in diabetes and renal disease* | Hypertension- updates (resistant hypertension; geriatric population, secondary causes)*

June 3, 2022
Pediatric Updates
Covid in the pediatric population | UTI’s in kids* | Vaccine preventable illness – the global perspective* | Abdominal pain in children* | Manifestations of childhood trauma | Pediatric hematological malignancies*

“Topics were practical, and information was evidence based”
- Fridays at the University Pain Day 2020 participant

“Strong focus on providing resources that can be accessed in primary care.”
- Fridays at the University Mental Health Day 2021 participant

“Engaging speakers really kept my attention, very clinically relevant talks.”
- Fridays at the University Wound Care Day 2021 participant

Annual subscribers have access to the Community-Based lecture sessions.

*Denotes a CFPC 99 topics category
Topics subject to change.

Fridays at the University
Bannatyne Campus CPD Program for Primary Care
Time: 0830 – 1320
Fees:
Physician
$895 Annual | $175 Single Event/Day
Nurse/Other health professional
$375 Annual | $75 Single Event/Day
Students/Residents
$30 Single Event/Day
Register online at: cpd-umanitoba.com

"Topics were practical, and information was evidence based"
- Fridays at the University Pain Day 2020 participant

"Strong focus on providing resources that can be accessed in primary care."
- Fridays at the University Mental Health Day 2021 participant

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“Engaging speakers really kept my attention, very clinically relevant talks.”
- Fridays at the University Wound Care Day 2021 participant
2021

October 15
Opioid Agonist Therapy (OAT)
A primer for Opioid Agonist Therapy, focusing on the core approaches to managing and prescribing suboxone and methadone. An excellent start to understanding OAT through case discussion and didactic teaching.

November 5
Dermatology Procedures
Back by popular demand. Learn the essential skills of performing biopsies and other office dermatological procedures.

December 3
Diabetic Foot
A practical workshop focused on in-office assessments, effective office, bedside and community interventions, and developing a plan for long-term management of diabetic foot ulcers.

2022

January 14
EKG Skills Refresher *2.0 Section 1 MOC
Participants will apply EKG basic knowledge and take their learning further in this interactive, case-based workshop.

February 11
Joint Injections
This popular simulation-based workshop will focus on intra-articular and soft tissue injection techniques.

May 6
CBT
A case-based, hands-on workshop that will enhance your ability to incorporate cognitive behavioral therapies in everyday practice.

June 3
Suturing Techniques
Brush up on your suturing skills with this new hands-on workshop. Multiple suturing techniques and best practices will be reviewed.

Medical Expert
As medical experts, physicians integrate all of the CanMEDS roles, applying medical knowledge, clinical skills, and professional values in their provision of high-quality and safe patient-centred care. Medical expert is the central physician role in the CanMEDS framework and defines the physician’s clinical scope of practice.
For rural primary care providers
In order to address the unique clinical characteristics of each community, the Community-Based Program is based in three locations* (Steinbach, Morden/Winkler and Thompson (also covering northern sites digitally and via MBTelehealth)) with a community physician in each area who chair the sessions. These physicians identify the learning needs of their colleagues and work with the UM CPD Medicine Program to organize CPD events.

The Community-Based Program is supported by an unrestricted education grant from the MB Healthcare Providers Network

**Morden/Winkler**

**Time:** AM session: 1000 – 1200 | PM session: 1330 – 1530

This program will take place on the following **Thursdays:**

*2021: November 4 | December 9*

*2022: January 13 | February 10 | March 10 | April 7 | May 12 (Resident QI Presentation Day)*

**Topics will include:**
Practice quality improvement | Mental health (borderline personality, bipolar affective disorder, general anxiety, somatization disorders) | Public Health Day – reporting diseases (STIs and BBI) | COVID vaccine hesitancy | Women’s health updates | Diagnosing skin cancer | Skin conditions in women’s health | MiniMeds | Oncology

**Steinbach**

**Time:** 0900 - 1100

This program will take place on the following **Wednesdays:**

*2021: September 8 | October 6 | November 3 | December 1*

*2022: January 5 | February 2 | March 2 | April 6 | May 4 | June 1*

**Topics will include:**
Topics in practice quality improvement | Mental health (borderline personality, bipolar affective disorder, general anxiety, somatization disorders) | Public health day – reporting diseases (STIs and BBI) | COVID vaccine hesitancy | Women’s health updates | Diagnosing skin cancer | Skin conditions in women’s health | Mini meds | Topics in oncology (myeloma, leukemia, lymphoma, prostate cancer)

**Scholar**

As scholars, physicians demonstrate a lifelong commitment to excellence in practice through continuous learning and by teaching others, evaluating evidence, and contributing to scholarship.
Community-Based CPD Program

Thompson
Time: 0900 - 1500

This program will take place on the following Fridays:
2021: September 17 | December 10
2022: June 17

Topics will include:
Obesity guidelines | Hyperferritinemia - workup | Dyslipidemia | Osteoporosis updates | STI’s/UTI’s in primary care | Medical cannabis | Psoriasis | Ethical dilemmas in primary Care | Hypertension/CHF guidelines update | AUB | Mood disorders (depression, anxiety, PTSD)

“Topics were very interesting and covered commonly faced medical conditions.”
- Thompson Community Based participant

“Presentations were to the point and covered the most important points with clear recommendation”
- Thompson Community Based participant

Thompson Skills Workshops

Diabetic Foot Exam
March 18, 2022

Immunotherapy Workshop
March 18, 2022

Credits per Skills Session:
6 Mainpro+ Group Learning
2 MOC Section 3

Fees per skills session:
$200/session registered

Register online at cpd-umanitoba.com

Morden/Winkler and Steinbach Community-Based program annual registrants may attend any of the Fridays at the University lectures at no additional charge.

QUESTIONS?
Email us for more information contactcca@umanitoba.ca
Cardiovascular disease continues to be a major disease burden in terms of both mortality and health-related quality of life, and is an important source of health inequalities between populations in Canada. This day will consist of panel topic lectures and discussions and breakout sessions, all done on a digital platform to facilitate a safe learning opportunity from across the whole of Manitoba.

**Topics will include:**

- NOACs for stable CAD
- Statins for the very elderly
- Revascularization
- Mitral valve intervention for MR
- Diabetic pills and CV risk reduction
- Ablation for AFib
- Atrial fibrillation and flutter
- Congestive heart failure
- EKG interpretation

Register online at [cpd-umanitoba.com](http://cpd-umanitoba.com)

**STROKE DAY 2021**
November 19, 2021

Stroke day is a full day of education about stroke and related cerebrovascular diseases. Join us as we present valuable clinical knowledge relevant to primary care.

Register online at [cpd-umanitoba.com](http://cpd-umanitoba.com)

**ACS NETWORK HEART ATTACK DAY 2022**
April 29, 2022

Sam Cohen Auditorium, St. Boniface Hospital Research Centre, 351 Tché Ave.

Each year over 2,300 heart attacks are treated at St. Boniface Hospital. The Manitoba ACS Network is committed to improve outcomes in these patients. This network is tasked to ensure that heart attacks patients have guideline based care optimally, consistently and safely administered throughout the province. Our network employs recommended standards, algorithms, review of local protocols, partnering with EMS and reporting of key performance indicators to ensure quality. We have strong links to health-care providers working at First Nations sites to address their specific needs.

This event is designed to teach Manitoba physicians, nurses, pharmacists, EMS and educators optimal care of patients with heart attacks. Didactic lectures, workshops and panel discussions will be employed.

Register online at [cpd-umanitoba.com](http://cpd-umanitoba.com)

**The ATLS® Course**

This two-day course, administered by the department of surgery, provides physicians with the basic knowledge and skills necessary to effectively manage the trauma patient.

For information: [atlsmb.ca/registration](http://atlsmb.ca/registration)

September 17-18 | September 18-19 | October 29-30 | October 30-31 | December 3-4 | December 4-5

**TRAUMA RESUSCITATION IN KIDS (TRIK)**

Watch the CPD website for date and location.

This two-day course starts with a review of the primary and secondary surveys and initial resuscitation, including ample time to practice application of concepts learned. Delivery of the course consists of ten team-based simulation sessions interspersed with short, small group, interactive case-based or didactic sessions, as well as technical skills sessions for practicing procedures. Topics include head injury, airway management, upper body injuries, abdominal trauma, imaging interpretation and much more. Space is limited to a total of 24 participants.

TRIK is suitable for emergency physicians, pediatricians, family physicians, critical care physicians, pediatric surgery, general surgery, emergency nurses and respiratory therapists, and is custom designed for health-care providers in Canada and abroad who manage pediatric trauma patients, with a focus on the leader and team roles.

For more information contact: kgripp@hsc.mb.ca.

**NEONATAL RESUSCITATION PROGRAM (NRP)**

Watch the CPD website for date and location.

Clinical Learning and Simulation Facility, Level 000 Brodie Centre, 727 McDermot Ave.

**Cost:** $300

Dates: **September 2** | **October 6** | **December 13**

Visit [cpd-umanitoba.com](http://cpd-umanitoba.com) for 2022 dates.

The Neonatal Resuscitation Program (NRP) introduces the concepts and basic skills of neonatal resuscitation. The program structure features hands-on skills training, simulation-based learning and debriefing exercises with the neonatal resuscitation team. NRP consists of an online exam and a workshop based on the 7th edition (2016) Textbook of Neonatal Resuscitation. This program is scheduled on a regular basis. New dates are posted on cpd-umanitoba.com throughout the year.

Register online at [cpd-umanitoba.com](http://cpd-umanitoba.com)
**CANCER DAY FOR PRIMARY CARE**  
May 27, 2022

Cancer Day for Primary Care is a biennial full day educational event dedicated to topics at the interface of primary care and oncology. Sessions for this event span the entire cancer continuum, with a specific lens on solid tumors. Cancer Day for Primary Care is focused on providing relevant and practical information to a primary care audience.

**MEDICAL RECORD KEEPING**  
Watch the CPD website for date and location.

Need to brush up on your record keeping skills? Looking to hone your charting to maximize efficiency while addressing regulator standards? Join us for this interactive workshop to take your recording keeping to a new level.

Outline of college requirements | Samples of notes and charts | Effective consults | Efficiencies of the EMR | Practical cases and practice session

Three hours of a post-workshop activity for evaluation of learnt skills.

Learning objectives:
- Identify the standards of practice for physicians for medical record keeping in Manitoba
- Describe the medico-legal responsibilities related to medical record keeping
- Discuss the use of the medical record as a tool to enhance professional communication
- Demonstrate best practices in medical record keeping in practice

**CPSM AUDITOR TRAINING WORKSHOP**  
Visit cpd-umanitoba.com for upcoming dates.

The College of Physicians and Surgeons of Manitoba (CPSM) engages practicing physicians to perform chart audits for a variety of reasons. This work is central to the CPSM mandate of ensuring safe medical care for Manitobans. Why be an auditor? You would be contributing to your profession and helping to support health human resources in your region and/or specialty. You would be giving your colleagues a fair evaluation by a peer and you will both learn something in the process. It is a change of pace from the normal routine. Physicians interested in doing this type of work should consider attending the Auditor Training Workshop, as attendance is required before beginning work as a supervisor. The workshop will consist of three to four hours of required pre-course work, followed by a half day digital session that will involve hands-on small group interactive work.

For more information, please contact Patti Riege, Program Coordinator, Quality Improvement, at priege@cpsm.mb.ca.

**CPSM PRACTICE SUPERVISOR WORKSHOP**  
Visit cpd-umanitoba.com for upcoming dates.

The College of Physicians and Surgeons of Manitoba (CPSM) engages practicing physicians to act as practice supervisors. Most physicians enter practice in Manitoba with full registration and are fully independent from the time they begin practice. Some physicians enter practice with provisional registration and require a practice supervisor while they obtain their full Canadian certification. The work of the supervisor is central to the CPSM mandate of ensuring safe medical care for Manitobans.

Why be a supervisor? You would be contributing to your profession and helping to support health human resources in your region and/or specialty. You would be giving your colleagues a fair evaluation by a peer and you will both learn something in the process. It is a change of pace from the normal routine. Physicians interested in doing this type of work should consider attending the Practice Supervisor Workshop, as attendance is required before beginning work as a supervisor. The workshop will consist of three to four hours of required pre-course work, followed by a half day digital session that will involve hands-on small group interactive work.

For more information, please contact Jo-Ell Stevenson, Coordinator, Qualifications, at jstevenson@cpsm.mb.ca.

**QUESTIONS?**

Email us for more information contactcca@umanitoba.ca
CFPC EXAM PREPARATION COURSE
SAMP Component Only
September 11, 2021 | Fee: $650
The Continuing Professional Development Medicine Program, Max Rady College of Medicine at the University of Manitoba, will offer a six-hour day preparation course for the College of Family Physicians of Canada Certification Examination on September 11, 2021.
This digitally offered course will provide internationally educated physicians with an overview of the examination with a focus on preparing for the unique aspects of the CFPC exam. Participants will complete a mock written exam following the exam overview. Due to changes to the October 2020 session of the CFPC exam, this course will focus solely on the SAMP component of the exam.
This course is directed towards the MLPIMG and PRA MB-FP physicians intending to sit the Certification Examination of the College of Family Physicians of Canada, and will open to all others June 18.
Register online at cpd-umanitoba.com

CFPC EXAM PREPARATION COURSE
SOO Component Only
February 12, 2022
Watch our website for more information coming soon.
This course is offered digitally.
The Continuing Professional Development Medicine Program, Max Rady College of Medicine at the University of Manitoba, will offer a four-hour day virtually delivered preparation course for the Simulated Office Orals (SOO) component of the College of Family Physicians of Canada Certification Examination on February 12, 2022.
With the recent confirmation of the simulated office oral (SOO) component of the Certification Examination in Family Medicine to resume and be delivered virtually starting in April 2022, this virtually offered course will provide internationally educated physicians with an overview of the examination with a focus on preparing for the unique aspects of the CFPC SOO component of the exam. Participants will practice five simulated office orals following the exam overview.
This course is directed primarily towards the graduates of the University of Manitoba MLPIMG intending to sit the Certification Examination of the College of Family Physicians of Canada and those who have previously taken the preparatory course for the SAMP component of the CFPC exam.

PEDIATRIC BI-WEEKLY PROGRAM 2020-2021
Time: bi-weekly Thursdays 0900 – 1000 | Fee: $450 | Credits: 1 MOC Section 1
2021: September 16 | September 30 | October 14 | October 28 | November 18 | December 2 | December 16
2022: January 13 | January 27 | February 10 | February 24 | March 10 | March 24 | April 7 | April 21 | May 5 | May 19 | June 2
This interactive discussion series of 18 one-hour sessions is conducted for the benefit of the practicing pediatrician. The topics chosen will be introduced by a guest expert. This introduction will be followed by a discussion and question-and-answer period based on problems brought from the practice of the participants. It is the collective experience of the group that will benefit all individuals attending.
Sessions will emphasize clinical problems. This emphasis will allow participants to benefit from the experience of peers as well as that of the guest speaker. The content of future programs of the interactive discussion series will be directed by the participants of the series through their suggestions and questions raised during the course of each session.
This series is scheduled to allow interested pediatricians to attend Pediatric Grand Rounds.
Register online at cpd-umanitoba.com

More CPD Events
Opportunities for Physicians

Become a role model in your profession!

The Clinician Assessment Program (CAP) promotes and provides relevant, needs-based assessment and educational activities to health professionals to maintain and produce changes in knowledge, skills, attitudes and behaviours that will enable optimal patient care.

These activities include several practical clinical exams, including licensing examinations on behalf of national examination bodies for medicine, physiotherapy and pharmacy. In addition, CAP oversees the development and implementation of personalized remediation and enhancement programs for a wide range of regulated health professionals.

Clinician Assessment Programs at Rady Faculty of Health Sciences is currently seeking physicians in various roles for its programs.

Opportunities

• Physician examiners: OSCE examiners and/or interviewers are needed for various national and university exams. Exams evaluate diverse physician candidates including international medical graduates, residents, physicians in practice and those looking to re-enter practice. Exams include Medical Council of Canada exams (NAC) and CAP exams (CAPE).
• Physician assessors: Family physicians complete two three-day workplace-based assessments of in-office practice of referred physicians as part of an assessment team. Training and support are provided.
• Remediation clinicians: Providing supervision, education and coaching to physicians looking to improve skills in medical practice.

Remuneration

All opportunities are paid casual positions. Rate of remuneration is dependent on the role. For some roles, CPD credit may be also available.

Reasons to participate

• Develop personal observational, feedback and evaluation skills
• Help colleagues achieve and maintain safe practice in Manitoba
• Contribute to the ongoing development of the practice of medicine in Manitoba
• Act as a role model for other physicians through your participation and commitment to your profession

Further information

Information about clinician assessment programs can be found at umanitoba.ca/health-sciences/continuing-education-assessment-and-faculty-development/clinician-assessment-programs

If you are interested in participating or would like further information about responsibilities, requirements, schedules and compensation please contact Dr. Karen Appel, Director, Clinician Assessment Programs (431-336-1113) Karen.Appel@umanitoba.ca

Communicator

As communicators, physicians form relationships with patients and their families that facilitate the gathering and sharing of essential information for effective health care.

QUESTIONS?

Email us for more information ContactCAP@umanitoba.ca
Online Learning

Our online learning program continues to grow with both credit and non-credit courses. Connect to learning opportunities at a time and place that’s convenient for you!

This is the year we are building our online courses. Stay tuned for more courses coming soon.

Access the following courses via cpd-umanitoba.com/online-learning

**Developing Learning Objectives**
1.0 Mainpro+ Group Learning or MOC Section 1
If you are responsible for developing any type of presentation, you are most likely required to write learning objectives. By completing this course you will understand the need for writing higher learning objectives when planning educational sessions, advocate for incorporating objectives that go beyond the cognitive domain of learning, and be able to compose objectives that include the basic standard elements of objective writing.

**CPD Planning Committee Responsibilities**
1.0 Mainpro+ Group Learning or MOC Section 1
All CPD planning committee members will benefit from completing this course. You will be able to recognize the responsibilities of a CPD planning committee and be able to plan and offer a CPD event following the applicable policies, procedures, and standards after completing this course.

**Helping Yourself and Others in the Workplace**
*Non-Credit Course*
The purpose of this course is to give you an idea of your level of mental fitness and how you are balancing the different roles in your life. Various strategies to deal with the stresses of life and mental health issues are provided, along with ways to enjoy life more.

**Moving Forward After Cancer**
*Non-Credit Course*
This course was designed for family medicine and oncology postgraduate trainees; however, any health-care provider will benefit from taking the course. A collaborative model for the delivery of follow-up or survivorship care to patients recovering from treatment for early stage cancer is presented.

**Routine Practices**
*Non-Credit Course*
A quick update on routine practices is essential on a regular basis — get that update here to ensure you are applying the principles of routine practices in your everyday clinical work.

**Self-Directed Learning**
Self-Directed Learning
Self-directed learning (SDL) is an essential skill for medical practitioners in order to customize their specific learning needs. Everyone will have subtly different needs, and through SDL, we can help identify opportunities for CPD to create effective practice changes. Through the Manitoba College of Physicians and Surgeons Quality Improvement program, each physician will be asked to reflect on their practice, identify their learning goals, build personal development plans, record and reflect on their learning and evaluate the outcomes of their learnings for practice.

Subscribe to our mailing list at cpd-umanitoba.com to stay informed about this developing service.

Contact: contactcca@umanitoba.ca

**Self-Directed Clinical Traineeships**
*Fee: $200*
Self-directed clinical traineeships are planned learning experiences designed to meet an identified need, to learn new knowledge and skills or enhance current ones. Traineeships require the identification of learning objectives and a supervisor who will help you to plan learning activities that meet your objectives. The activity must be a minimum of five days and/or 40 hours in duration and must be less than six months in duration. The traineeship usually occurs in a full-time block, but part-time may be possible in certain disciplines. Applicants must procure a qualified preceptor.

Contact: contactcca@umanitoba.ca
**ECG EXAM ADMINISTRATION**

**Cost:** $250

The CPD Medicine Program oversees an approved examination developed by the section of cardiology at the University of Manitoba, Max Rady College of Medicine. The examination is a requirement for any physician wanting to provide official interpretation of ECGs in the Province of Manitoba, who are not certificants of the RCPSC in cardiology, or hold a certificate of special competence in cardiology. Contact: contactcca@umanitoba.ca

**ACCREDIT YOUR RSS GRAND ROUNDS**

Do you want to accredit your rounds and are uncertain of the process? Has the title or chair of your currently accredited rounds changed? We can oversee and guide you through the RCPSC accreditation process/updates to ensure conditions are met in terms of the educational planning, records of attendance, evaluation, management of commercial support, honoraria, disclosure and management of conflict of interest. There is no fee for this, just contact our office at contactcca@umanitoba.ca for more information.

**ACCREDIT YOUR EVENT**

Are you looking to accredit and certify your program? We can help! The CPD Medicine Program is authorized by the Royal College of Physicians and Surgeons of Canada (RCPSC) to assign Maintenance of Certification Section 1 and Section 3 credits for all continuing education for specialist physicians that meet its standards. We can also approve Mainpro+ credits on behalf of the College of Family Physicians of Canada (CFPC), but only for those programs in which we work as close educational partners. For more information on how to apply, please email us at contactcca@umanitoba.ca.

**EVENT PLANNING SERVICES**

Our experienced team of event planners is available to help you coordinate your next CPD event. Let us help you with registrations, promotion, venue selection, catering, financial management and evaluations. We now specialize in both digital event development through the Zoom platform and can arrange a digital format along with the traditional face-to-face events.

Find out more at cpd-umanitoba.com/event-services or email contactcca@umanitoba.ca.

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**Study Credits**

Select programs are accredited to provide study credits as indicated. Participants should only claim credit for the actual number of hours attended. Please refer to the online course listing for each session for full accreditation statements.

**CFPC Mainpro +**

Events as marked are Group Learning programs that meet the certification criteria of the College of Family Physicians of Canada and have been certified by the CPD Medicine Program, University of Manitoba, for the indicated number of credits/session.

**RCPSC MOC Section 1 or Section 3**

Events as marked are accredited group learning activities (Section 1) or accredited self-assessment programs (Section 3) as defined by the MOC Program of The Royal College of Physicians and Surgeons of Canada, and approved by the CPD Medicine Program, University of Manitoba for the indicated number of hours/session.

The University of Manitoba CPD Medicine Program is fully accredited by the Committee on Accreditation of Continuing Medical Education (CACME).

**Pharmacy Credits**

The College of Pharmacists of Manitoba recognizes learning activities that have been accredited by The Royal College of Physicians and Surgeons of Canada (MOC) and/or The College of Family Physicians of Canada (Mainpro+). Pharmacists can claim these continuing medical education programs as accredited learning by selecting the appropriate accrediting body in the member’s online professional development log.

**Reimbursement of Registration Fees**

Physicians may be eligible for reimbursement of registration fees and expenses from a fund administered by Doctors Manitoba. For more information, visit www.docsmb.org or call 204-985-5844.

**Disclaimer**

All sessions, topics and speakers are subject to change.

**Cancellations and Refunds**

The Office of Continuing Competency and Assessment must receive notice of cancellation no later than 14 days prior to an event or first day of a course. Cancellations or no-shows after this date are not eligible for a refund. Requests for full cancellations will be refunded less a $50 administrative fee. Additional fees may be applied depending on the event or course (i.e. non-returnable lab supplies). See event or course-specific cancellation and refund details as applicable.

Please allow up to four weeks for delivery of refund. Fees will be refunded the same way they were paid.

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**Collaborator**

As collaborators, physicians work effectively with other health care professionals to provide safe, high-quality, patient-centred care.
Planning Committees

Fridays at the University & Skills Workshops
Andrea Agostinho MD, CCFP
Orvie Dingwall BA, MLIS, AHIP
Jonathan Gabor M.Sc., MD, FRCPC, SCH
Ravi Gupta MD, CCFP
David Haligowski MD, MCFP
Soujanya Chavali, MD, CCFP
Steven Piotrowski B.Sc., M.Sc., MPAS,CCPA
Christine Polimeni MD, CCFP, FCFP
Opeyemi Sobowale MD, CCFP
Jeff Toews M.Ed

Community-Based Program Planning Committee
Joseph Ringaert MD FRCPC
Jeff Toews Med
Anita William MD CCFP
Christine Polimeni MD, CCFP, FCFP
Jason Zhang MD CCFPD
Alexa Toop, MD, CCFP
Helen Mawdsley, EdD

CONTINUING COMPETENCY AND ASSESSMENT TEAM

From left to right:
Back Row: Christine Polimeni, Curtis Shonoski, Amanda Marten, Sarah Harvey, Jeff Toews and Helen Mawdsley
Front Row: Ana Mullen, Debbie Lemkey, Bonnie Rehberg, Karen Appel and Lenore Chipman
Absent from the photo: Dori Rainey

Leader
As leaders, physicians engage with others to contribute to a vision of a high-quality health care system and take responsibility for the delivery of excellent patient care through their activities as clinicians, administrators, scholars, or teachers.

QUESTIONS?
Email us for more information
contactcca@umanitoba.ca
### 2021 - 2022 CPD Events

<table>
<thead>
<tr>
<th>Date</th>
<th>Title of Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>September 2</td>
<td>Neonatal Resuscitation Program (NRP)</td>
</tr>
<tr>
<td>September 8</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>September 9</td>
<td>Morden/Winkler BCLS Course</td>
</tr>
<tr>
<td>September 11</td>
<td>CFPC Exam Preparation Course SAMP</td>
</tr>
<tr>
<td>September 16</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>September 17</td>
<td>Community-Based Program (Thompson)</td>
</tr>
<tr>
<td>September 23 &amp; 24</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Killarney)</td>
</tr>
<tr>
<td>September 24</td>
<td>Cardiology Day</td>
</tr>
<tr>
<td>September 30</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>October 6</td>
<td>Neonatal Resuscitation Program (NRP)</td>
</tr>
<tr>
<td>October 6</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>October 14</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>October 14</td>
<td>Morden/Winkler ACLS Course</td>
</tr>
<tr>
<td>October 15</td>
<td>Fridays at the University: Addictions Update</td>
</tr>
<tr>
<td>October 15</td>
<td>Skills Workshop: Opioid Agonist Therapy (OAT)</td>
</tr>
<tr>
<td>October 19</td>
<td>Bug Day</td>
</tr>
<tr>
<td>October 28</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>October 28 &amp; 29</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)</td>
</tr>
<tr>
<td>November 3</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>November 4</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>November 5</td>
<td>Fridays at the University: Dermatology Day</td>
</tr>
<tr>
<td>November 5</td>
<td>Skills Workshop: Dermatology Procedures</td>
</tr>
<tr>
<td>November 18</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>November 19</td>
<td>Stroke Day</td>
</tr>
<tr>
<td>November 25</td>
<td>Baby Steps 2021: Actionable and realistic care strategies for the substance-involved pregnancy</td>
</tr>
<tr>
<td>December 1</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>December 2</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>December 3</td>
<td>Fridays at the University: Nephrology for Primary Care</td>
</tr>
<tr>
<td>December 3</td>
<td>Skills Workshop: Diabetic Foot</td>
</tr>
<tr>
<td>December 9</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>December 9 &amp; 10</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)</td>
</tr>
<tr>
<td>December 10</td>
<td>Community-Based Program (Thompson)</td>
</tr>
<tr>
<td>December 13</td>
<td>Neonatal Resuscitation Program (NRP)</td>
</tr>
<tr>
<td>December 16</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
</tbody>
</table>

### Legend

- **Fridays at the University**
- **Skills Workshops**
- **Community-Based Programs**
- **Opioid Replacement Therapy 101**
- **Events**
<table>
<thead>
<tr>
<th>Date</th>
<th>Title of Event</th>
</tr>
</thead>
<tbody>
<tr>
<td>January 5</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>January 13</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>January 13</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>January 14</td>
<td>Fridays at the University: Diagnostics Day</td>
</tr>
<tr>
<td>January 14</td>
<td>Skills Workshop: EKG Skills Refresher</td>
</tr>
<tr>
<td>January 27</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>January 27 &amp; 28</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)</td>
</tr>
<tr>
<td>February 2</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>February 10</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>February 10</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>February 11</td>
<td>Fridays at the University: Hot Topics</td>
</tr>
<tr>
<td>February 11</td>
<td>Skills Workshop: Joint Injections</td>
</tr>
<tr>
<td>February 12</td>
<td>CFPC Exam Preparation Course SOO</td>
</tr>
<tr>
<td>February 24</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>March 2</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>March 4</td>
<td>Fridays at the University: Ophthalmology Day</td>
</tr>
<tr>
<td>March 10</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>March 18</td>
<td>Thompson Skills Workshop: Diabetic Foot</td>
</tr>
<tr>
<td>March 18</td>
<td>Thompson Skills Workshop: Immunotherapy Workshop</td>
</tr>
<tr>
<td>April 6</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>April 7</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>April 7</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>April 14 &amp; 15</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)</td>
</tr>
<tr>
<td>April 21</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>April 29</td>
<td>ACS Network Heart Attack Day</td>
</tr>
<tr>
<td>May 4</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>May 5</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>May 6</td>
<td>Fridays at the University: Metabolic Day</td>
</tr>
<tr>
<td>May 6</td>
<td>Skills Workshop: CBT</td>
</tr>
<tr>
<td>May 12</td>
<td>Community-Based Program (Morden/Winkler)</td>
</tr>
<tr>
<td>May 12 &amp; 13</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Thompson)</td>
</tr>
<tr>
<td>May 19</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>May 27</td>
<td>Cancer Day for Primary Care</td>
</tr>
<tr>
<td>June 1</td>
<td>Community-Based Program (Steinbach)</td>
</tr>
<tr>
<td>June 2</td>
<td>Pediatric Bi-Weekly Program</td>
</tr>
<tr>
<td>June 3</td>
<td>Fridays at the University: Pediatric Updates</td>
</tr>
<tr>
<td>June 3</td>
<td>Skills Workshop: Suturing Techniques</td>
</tr>
<tr>
<td>June 9 &amp; 10</td>
<td>Opioid Agonist Therapy 101: An Introduction to Clinical Practice (Winnipeg)</td>
</tr>
<tr>
<td>June 17</td>
<td>Community-Based Program (Thompson)</td>
</tr>
</tbody>
</table>