

DOFFING AND STORAGE INSTRUCTIONS

Mask with Loops - Removal

1. Perform meticulous hand hygiene
2. Remove mask by using the ear loops at the back of the ears
3. Gently, stretch ear-loops to flatten mask, try to avoid touching the very front part of the mask



4. Clean a hard, flat surface with a sanitizing wipe. Ensure the space in which you plan to remove your mask is not in an area at risk of contamination. Avoid removing masks and placing on surfaces in high traffic areas or where other individuals may come within six feet of your removed mask.



5. Lay the mask down on the clean, hard, flat surface with the front/outer part facing down

6. Perform meticulous hand hygiene

RE-DONNING INSTRUCTIONS

1. Perform meticulous hand hygiene
2. Carefully lift your mask from the hard, flat, clean surface. Wipe the surface that your mask was stored on.
3. Following IP&C guidelines, apply mask (user facing side towards you)



4. Perform meticulous hand hygiene
5. Put on eye protection as per IP&C guidelines



6. Perform meticulous hand hygiene

Images shared with permission of Shared Health.

When to remove your mask

- For breaks
- Prior to – and during - eating a meal
- Remember to use social distancing when not wearing a mask (stay 2 metres/6 feet from others)

When to discard your mask

- At the end of your shift
- When it is visibly soiled
- When it becomes damp (sweat, humidity from breathing)