The workshop will begin shortly.
TRADITIONAL TERRITORIES ACKNOWLEDGEMENT

The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.
Faculty of Graduate Studies Orientation

- Who are we?
- FGS and you?
- Who should you contact?
Everything you need to at your fingertips!

Discovery happens here. The University of Manitoba offers the opportunity to conduct transformational research. Join the graduate students and researchers who come here from every corner of the world.

Also:
- Browse all graduate programs
- Start your application
- Student Supports
- Student Experience
- Resources
- Contacts us

umanitoba.ca/graduate-studies
Faculty of Graduate Studies

- Administrative oversight for >145 graduate programs
- 1650 faculty members
- >3,900 students

Liaise with Unit Heads, Graduate Chairs, Graduate Coordinators

Kelley Main, Dean

Ehab El-Salakawy
Associate Dean
Natural Sciences/Engineering

Stephen Kirkland
Associate Dean
Natural Sciences/Engineering

Dawn Sutherland
Associate Dean
Social Sciences/Humanities

Todd Duhamel
Associate Dean
Health Sciences
• Admissions
  ➢ Online ➔ unit recommendations ➔ FGS admission letter (with any conditions)

• Academic Guide

• Academic and Research Integrity
  ➢ GRAD 7500, GRAD 7300 – mandatory online courses

➢ Advisor-Student Guidelines
  ➢ establish expectations

• Monitoring Progress
  ➢ Student Progress Report
  ➢ Time To Completion
  ➢ Thesis Examination ➔ Grad checks

• Professional Development
  ➢ GRADSTEPS (Campus to Career)

• Communications
  ➢ Orientation, 3MT, MT180, Career Compass, UMGradGoals

• Funding & Awards

umanitoba.ca/graduate-studies
Important Dates
University Policies & Procedures
General Academic Regulations
Admissions
Academic Guide
Programs
Awards
Registration Information

umanitoba.ca/calendar
FGS Academic Guide

Application & Admission Procedures
Academic Performance
General Regulations: Pre-Master’s
General Regulations: Micro-Diploma
General Regulations: Diploma
Master’s Degree General Regulations:
Doctor of Philosophy General Regulations
Policy of Withholding Thesis Pending Patent
Applications or Manuscript Submission
Extension Time to Complete Program of
Study Content
Leave of Absence (regular, exceptional, parental)
Appeals: Procedures & Guidelines

Appendix – Thesis/Practicum Types
<table>
<thead>
<tr>
<th>BFAR statement</th>
<th>Taught</th>
<th>Assessed</th>
</tr>
</thead>
<tbody>
<tr>
<td>Student must successfully complete a co-operative experience or practicum, if required by their program.</td>
<td></td>
<td>GRAD 7030</td>
</tr>
<tr>
<td>Student must successfully complete a comprehensive exam, project, studio exhibition, or equivalent, as required by their program and determined by the assigned examining committee.</td>
<td>GRAD 7010</td>
<td>GRAD 7010</td>
</tr>
<tr>
<td></td>
<td>GRAD 7050</td>
<td>GRAD 7050</td>
</tr>
<tr>
<td></td>
<td>GRAD 7090</td>
<td>GRAD 7090</td>
</tr>
<tr>
<td></td>
<td>GRAD 7200</td>
<td>Examining/Adjudication Committee</td>
</tr>
<tr>
<td>Student must produce a recorded/published thesis commensurate with degree being sought.</td>
<td>Master's GRAD 7000</td>
<td>GRAD 7000</td>
</tr>
<tr>
<td></td>
<td>Doctoral GRAD 8000</td>
<td>GRAD 8000</td>
</tr>
<tr>
<td>Student must successfully defend their thesis (where required), as determined by the assigned examining committee, in real-time.</td>
<td>Master's GRAD 7000</td>
<td>GRAD 7000</td>
</tr>
<tr>
<td></td>
<td>Doctoral GRAD 8000</td>
<td>GRAD 8000</td>
</tr>
<tr>
<td>Student in doctoral program must complete a candidacy exam (or equivalent) as required by their program and determined by the assigned examining committee.</td>
<td>GRAD 8010</td>
<td>GRAD 8010</td>
</tr>
<tr>
<td>Student must demonstrate knowledge of the University of Manitoba's policy on academic integrity, plagiarism, and cheating.</td>
<td><strong>GRAD 7500</strong></td>
<td><strong>GRAD 7500</strong></td>
</tr>
<tr>
<td>Student must conduct research in a safe and ethical manner, referring to their respective ethics board and supervisor(s) to ensure respect is maintained for: human dignity and/or animal welfare; vulnerable persons; informed consent; justice and diversity; confidentiality and privacy; beneficence and non-maleficence in the work that they conduct.</td>
<td><strong>GRAD 7300</strong></td>
<td><strong>GRAD 7300</strong></td>
</tr>
<tr>
<td>Student must complete coursework as required by their program.</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Additional requirements by program of study**

If you are a student in any of the following programs of study, you must also meet the additional BFARs of those programs, as detailed in the PDFs here.

- School of Fine Arts BFAR (PDF)
- Geological Sciences BFAR (PDF)
- German and Slavic Studies BFAR (PDF)
- Faculty of Music BFAR (PDF)
- College of Nursing BFAR (PDF)
- Occupational Therapy BFAR (PDF)
- Physical Therapy BFAR (PDF)
- Genetic Counselling BFAR (PDF)
- Soil Science BFAR (PDF)
- Université de Saint-Boniface Education BFAR (PDF)
ALL graduate students must register for and complete GRAD 7500

- Zero (0) credit-hour course
- Online
- Seven (7) Units
- 45-60 minutes to complete each Unit
- 24-hour release delay between Units
- PASS requires 95% on Final Quiz
- Five (5) attempts of Final Quiz
- Remediation
  - Workshop with course coordinator

Grad 7500 – Academic Integrity

GRAD 7500 - Academic Integrity

All graduate students must complete GRAD 7500 Academic Integrity in their first term of study.

The University of Manitoba upholds a high standard of academic integrity across all faculties, departments and schools. Students must demonstrate knowledge of the university's rules regarding academic integrity, plagiarism, and cheating. Penalties for breaching these rules can result in suspension or even expulsion from your program of study.

This is a zero (0) credit hour course that will introduce you to your basic responsibilities regarding academic integrity and to the resources designed to support you in this endeavour.

There is no enrolment fee for this course.

Course description

GRAD 7500 is an online tutorial made up of seven units. These units:

- explore what is meant by academic integrity
- demonstrate what is considered to be academic misconduct
- help you identify strategies to avoid academic misconduct and achieve academic integrity and beyond the classroom
- provide valuable resources to facilitate achieving this gold standard of scholarly conduct

Working through the course

You will complete the course online on the UM Learn platform.

To get the most from this learning experience, we suggest you complete one unit every three days; however, you are free to move through the course at your own pace.

You must read all of the information, watch each video, and participate in each discussion, reflection and quiz within the seven units to access and complete the final quiz. Each of the units will take approximately 45 to 60 minutes to complete.

Refer to the GRAD 7500 tutorial instructions if you run into difficulties.

umanitoba.ca/graduate-studies/student-experience/core-academic-requirements
Grad 7300 – Research Integrity

Course overview

GRAD 7300 Research Integrity is a zero (0) credit-hour interactive online course that is accessed through UM Learn. As a Bona Fide Academic Requirement (BFAR), GRAD 7300 is mandatory for all graduate students at the University of Manitoba. It has been identified as a BFAR because research integrity applies to all disciplines and all types of academic programs. GRAD 7300 reviews key concepts of responsible professional behaviour through a wide lens of "research" which spans text-based studies, creative and scholarly activities, as well as research requiring data collection.

Effective Fall 2020, GRAD 7300 must be completed in the first year of a graduate student’s program. Completing GRAD 7300 prior to or during the application process to any ethics boards which are appropriate to the student’s research is strongly encouraged.

When do I need to take it?

If you have not already taken the Research Integrity Tutorial, you need to register in GRAD 7300 and complete the tutorial within your first year in the program.

It is beneficial for students to complete GRAD 7300 Research Integrity Tutorial prior to submitting their ethics application. However, the REB process will not be halted because GRAD 7300 has not been completed.

The completion of GRAD 7300 is an FGS Academic Guide policy and not a policy of the ethics offices.

If you have completed the TCPS 2: CORE (Course on Research Ethics) tutorial, you must still take GRAD 7300. These courses are complementary, not redundant to one another.

Core modules

- Good Research Conduct
- Irresponsible Research Practices
- Planning Your Research
- Managing and Recording Your Research
- Data Selection, Analysis and Presentation
- Scholarly Publication
- Professional Responsibilities
- Communication, Social Responsibility and Impact

ALL graduate students must register for and complete GRAD 7300

- Zero (0) credit-hour course
- Online
- 8 core modules, with 7 supplementary modules.
- 5 hours in duration
- 80% required to pass each core module
Supplementary regulations

The Faculty of Graduate Studies is a pan-University faculty charged with the oversight of the administration of all graduate programs at the University.

Supplementary regulations by unit

The Faculty of Graduate Studies Academic Guide regulations apply to all graduate students in all programs in all academic units. Individual units may require specific requirements above and beyond those in the Academic Guide document, and students should consult unit supplementary regulations for these specific regulations. All unit supplementary regulations require approval of the Faculty of Graduate Studies.

Agribusiness and Agricultural Economics

- Agribusiness and Agricultural Economics (Word)
- Agribusiness and Agricultural Economics (PDF)
### 6.3 Program Requirements

In general, students must complete one of the programs of study described below for the Master’s degree. However, the program of study is determined by the department/unit and may follow the department/unit’s supplementary regulations. Some programs are subject to an external accrediting body. In such programs, the credit hours and course requirements shall reflect the requirements of the department/unit’s external accrediting body. Students should refer to department/unit supplementary regulations.

Any single course cannot be used for credit toward more than one degree.

**6.3.1 Thesis/Practicum Route**

A minimum of twelve (12) credit hours of coursework, unless otherwise stated in the department/unit’s supplementary regulations, plus a thesis or practicum is required. The minimum must include at least six (6) credit hours at the 7000-level or above, with the balance of the coursework at the 3000-level or above. A maximum of twenty-four (24) credit hours of coursework is allowed unless the department/unit’s supplementary regulations indicate otherwise. The student must complete the thesis/practicum at The University of Manitoba.

**6.3.2 Course-based, Major Research Paper, Project or Comprehensive Examination Route**

A minimum of twenty-four (24) credit hours of coursework is required. If the student is in the comprehensive examination route, a comprehensive examination(s) is required. The minimum must include at least eighteen (18) credit hours at the 7000-level or above with the balance of the coursework at the 3000-level or above. A maximum of forty-eight (48) credit hours of coursework is allowed unless a department/unit’s supplementary regulations indicate otherwise. Refer to unit supplementary regulations concerning specific regulations on coursework, major research paper, project and/or comprehensive examination requirements.

**6.3.3 Language Requirements**

Some department/units specify an additional language requirement for the Master’s degree. Students should check department/unit supplementary regulations regarding this requirement.

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<table>
<thead>
<tr>
<th>FGS Academic Guide Regulation 2022/23</th>
<th>Supplementary Regulation</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Note:</strong> This is the minimum requirement of the Faculty of Graduate Studies and departments/units may have higher standards and additional criteria.</td>
<td>Students may earn the M.A. degree only through the thesis option.</td>
</tr>
<tr>
<td><strong>6.3 Program Requirements</strong></td>
<td></td>
</tr>
</tbody>
</table>
| In general, students must complete one of the programs of study described below for the Master’s degree. However, the program of study is determined by the department/unit and may follow the department/unit’s supplementary regulations. Some programs are subject to an external accrediting body. In such programs, the credit hours and course requirements shall reflect the requirements of the department/unit’s external accrediting body. Students should refer to department/unit supplementary regulations. Any single course cannot be used for credit toward more than one degree. | Students must complete:
1. 12 credit hours of coursework at the 7000 level, including at least 9 credit hours of Anthropology courses;
2. a mandatory pass/fail ANTH 7000 Professional Development in Anthropology course; and
3. a thesis. Elective coursework is selected in consultation with the advisor, and must be approved by the Department Head. |
| **6.3.1 Thesis/Practicum Route** | |
| A minimum of twelve (12) credit hours of coursework, unless otherwise stated in the department/unit’s supplementary regulations, plus a thesis or practicum is required. The minimum must include at least six (6) credit hours at the 7000-level or above, with the balance of the coursework at the 3000-level or above. A maximum of twenty-four (24) credit hours of coursework is allowed unless the department/unit’s supplementary regulations indicate otherwise. The student must complete the thesis/practicum at The University of Manitoba. | |
| **6.3.2 Course-based, Major Research Paper, Project or Comprehensive Examination Route** | |
| A minimum of twenty-four (24) credit hours of coursework is required. If the student is in the comprehensive examination route, a comprehensive examination(s) is required. The minimum must include at least eighteen (18) credit hours at the 7000-level or above with the balance of the coursework at the 3000-level or above. A maximum of forty-eight (48) credit hours of coursework is allowed unless a department/unit’s supplementary regulations indicate otherwise. Refer to unit supplementary regulations concerning specific regulations on coursework, major research paper, project and/or comprehensive examination requirements. | |
| **6.3.3 Language Requirements** | Not required. |
For my Master’s program, who can be my Advisor?

- The advisor must:
- hold an appointment in the student's department/unit;
- be a member of the Faculty of Graduate Studies¹;
- hold at least a Master’s degree or equivalent²;
- be active in their field;
- have expertise in a discipline related to the student’s program.

https://umanitoba.ca/graduate-studies/supplementary-regulations
Who can be on my committee?

4.6 Advisory Committee

4.6.1 Thesis/Practicum Route

Advisory committees are selected by the advisor/co-advisor in consultation with the student and should consist of individuals whose expertise is consistent with that necessary to provide additional advice and guidance to the student during his/her research program. The advisory committee must consist of a minimum of three (3) members (including the advisor/co-advisor), at least two (2) of whom must be members of the Faculty of Graduate Studies.

A student’s advisory committee will consist of the advisor plus at least two other members, at least one of whom must be from within the department, and one of whom is from outside the Department.
For my doctorate, who can be my Advisor?

Student's Advisor

Every Ph.D. student must have an advisor throughout their program, who is recommended to the Faculty of Graduate Studies by the Department/Unit Head. The advisor is responsible for supervising the student’s graduate program. The advisor is the student’s first point of contact at the University of Manitoba and must be familiar with the general policies and regulations of the Faculty of Graduate Studies as well as the specific supplementary regulations of their academic department/unit. In this capacity, the advisor assists the student in planning the graduate program and ensures that the student is aware of all graduate program requirements, degree regulations, and general regulations of the academic department/unit, the Faculty of Graduate Studies, the university, and external funding agencies. The advisor provides counsel for all aspects of the graduate program, and stays informed of the student's scholarly activities and progress. The student’s advisor also acts as a channel of communication to the student’s advisory committee, the department/unit and the Faculty of Graduate Studies.

The advisor must:

- hold an appointment in the student's department/unit.
- be a member of the Faculty of Graduate Studies*;
- hold a Ph.D. or equivalent**;
- be active in research; and
- have expertise in a discipline related to the student’s program.
How do I know what to expect with my advisor?

Advisor-Student Guidelines (ASG)

The Advisor-Student Guidelines were introduced in 2013 to encourage students, advisors, and co-advisors to discuss key matters of importance to the Advisor-Student relationship early in the formation of that relationship.

Completion of the Advisor-Student Guidelines is required of all students in thesis and practicum programs (including Ph.D. programs). Per the Faculty of Graduate Studies’ Academic Guide:

Quick Links

- External Users
- Submit a request for external access to the Graduate Studies Hub
- Submit your feedback: Advisor-Student Guidelines

https://umanitoba.sharepoint.com/sites/fgshub
What are we going to discuss in the ASG?

- Roles and Responsibilities
- Meetings
- Publications
- IP, Academic Integrity and Ethics
- Timelines and Completion
- Funding
- Safety
- Privacy and Confidentiality
- Professional Development
Tips on the form completion

Completing the form

- The student and advisor/co-advisors must review and complete the Advisor-Student Guidelines form together in real time.
- The form may be submitted by either the student or the advisor/co-advisor from their University of Manitoba account. If the advisor and/or co-advisor do not have a University of Manitoba account:
  - The student should request access on their behalf (see "Request access for external users (if applicable)" above) before completing the form; and
  - The form should be submitted by the student.
- The student and advisor(s) should discuss each statement before checking the confirmation box for each point. Checking the box indicates only that the item has been discussed. Items that require discussion must be checked before moving to the next section.
- Once the form is complete, the person completing the form must click "submit." You will be given the option to download or print the responses; the responses will also be emailed at the end of the approval process.
- The student, advisor, and co-advisor (if applicable) are required to approve the agreement. If the parties cannot agree on any component(s) of the Advisor-Student Guidelines, the matter should be referred to the Department/Unit Head, Graduate Chair, or the Dean of the Faculty of Graduate Studies.

Approving the submission

Once the form is submitted, an automated approval flow will be initiated.

Helpful Links

- External users
Hi, Kasey. When you submit this form, the owner will see your name and email address.

* Required

**Preamble**

Please discuss the following statements and select “Confirm” to acknowledge that you have done so.

1. **Advisor-Student Relationships**

   - This form is designed to provide a framework for discussion between advisors and graduate students registered in a thesis or practicum program and to establish guidelines to govern their relationship. It may be revisited at any stage of the Student's graduate program to accommodate for changes in the Student-Advisor relationship.
   
   - The Advisor-Student relationship involves mentoring, support, career development, as well as academic oversight. Advisors and students must arrive at jointly acceptable terms to establish their relationship.
   
   - The Advisor is responsible for supervising the graduate Student’s graduate program. The Advisor is the Student's primary point of contact at the University of Manitoba, and should
How do I know if I am making progress?

Annual Progress Reports are due June 1
• No more than once per term

Faculty of Graduate Studies

Discovery happens here. The University of Manitoba offers the opportunity to conduct transformational research. Join the graduate students and researchers who come here from every corner of the world.

Program
- Advance credit - transfer of credit (PDF)
- Change of name (PDF)
- Continuing status of a course (CO) (PDF)
- Leave of absence status (PDF)
- Progress report (PDF)
- Program time extension (PDF)
- Permission for concurrent curriculum (PDF)
- Focus on Aging Student Intention (PDF)
- Focus on Aging Concentration Completion (PDF)
- Request for In-Person Access for Candidacy Examinations (PDF)

[Interactive Progress Report Form]

This form must be completed at least annually and returned to FGS no later than June 1 of every year. Failure to provide a Progress Report by June 1 will result in a registration restriction.

For the period from ___________ to ___________

Part A | Program of Study Status (to be completed for all students)

<table>
<thead>
<tr>
<th>Student Name (LAST, First)</th>
<th>Student Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Major Department / Unit</td>
<td>Program Start Date (mm/yyyy)</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Student Status</th>
<th>Full-Time</th>
<th>Part-Time</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Program of Study</th>
<th>PhD.</th>
<th>Master's thesis or practicum</th>
<th>Master's (comprehensive, project, coursework or major research paper)</th>
</tr>
</thead>
</table>

<table>
<thead>
<tr>
<th>Coursework completed?</th>
<th>Yes</th>
<th>No</th>
</tr>
</thead>
<tbody>
<tr>
<td>If no, please indicate the number of credit hours yet to be completed</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

Students are responsible for ensuring that they meet degree and program requirements. The advisor (and co-advisor), advisory committee and the department/unit must ensure that each student follows Faculty of Graduate Studies and department/unit guidelines and meets all program requirements. The Faculty of Graduate Studies performs a final check of Faculty of Graduate Studies minimum requirements for each student just prior to graduation. Students are cautioned, therefore, to periodically check all regulations with respect to their degree requirements. Failure to meet all requirements will render a student ineligible to graduate.

Is there a conflict of interest that has been or needs to be disclosed to FGS? Yes | No

A COI could be present due to personal relationships or recent collaboration among committee members due to the perception of a lack of impartiality.

Part B | Thesis or Practicum Routes (to be completed for Ph.D. and Master’s students in the thesis or practicum routes only)

Online Advisor Student Guidelines Completed? (Required) Yes | No | Reviewed Currently? Yes | No

The Advisor Student Guidelines (ASG) must be completed as soon as possible after registration, but no later than at the time of submission of the first progress report. The ASG only needs to be completed once during a student’s program, unless the student changes their advisor(s), and/or the terms of the agreement change, in which case a new ASG would be required. The ASG form is available online through UMS.

Has the student met with the advisor(s) or the advisory committee during the reporting period?

Note: Ph.D. students must meet with their entire committee at the same time or least once a year to review the student’s progress, as per FGS regulations.

- Yes, met with advisory committee
  - Yes, advisor(s) only Please indicate why
  - No Please indicate why

Practicum Stream Only
- Practicum Topic Approved? Yes | No

Thesis Stream Only
- Thesis Proposal Approved? Yes | No
- Ethics Approved? Yes | No | N/A
- Research Completed? Yes | No

Ph.D. Students Only
- Candidacy Exam Completed? Yes | No

Part C | Student’s Progress (to be completed for all students)

Provide a detailed list of goals met in this reporting period. (Attach a separate sheet if additional space is required for any section.)

[Interactive Progress Report Form]

umanitoba.ca/graduate-studies/sites/graduate-studies/files/2020-07/interactive-progress-report.pdf
How long do I have in my program?

Time to Completion

Master’s
The maximum time allowed for the completion of the Master’s degree is four (4) years for students declared as full-time and six (6) years for students declared as part-time (see Student Status/Categories of Students for information on calculating maximum time for students). Individual departments/units and/or programs may have specified minimum and maximum time limits.

Ph.D.
The maximum time allowed for the completion of the Ph.D. degree is six (6) years following initial registration in the Ph.D. program. For those students who transfer from the Master’s to the Ph.D., years spent in the Master’s program are counted as years in the Ph.D. program.
Professional Development

Communications

Funding & Awards
Graduate student workshops

Take advantage of a variety of workshops to help you throughout your graduate program.

On this page
- Upcoming workshops
- Full workshop offering (GradSteps, Mitacs)
- Claim workshops for your co-curricular record
- Other workshops for grad students
- Workshop partners
- Contact us

Upcoming events

Introduction to Statistical Literacy
September 7, 2023
Online via Zoom
9:00 a.m. - 12:00 p.m. CT
Learn more about how statistics are collected and measured, and how we can make sense about what they mean.
More info / register

CAGS - Anti-Racism Response Training (ART)
September 27, 2023
Online via Zoom
12:00 - 3:00 p.m. ET
Cost: $100.00
Registration deadline: September 20, 9:00 p.m. ET
In recognition of the National Day for Truth and Reconciliation (September 30), CAGS is pleased to offer another round of this important and timely 3 hour workshop designed to build awareness around issues of race and racism in Canadian higher education.
More info / register

Human Ethics Drop-in Sessions
Wednesdays
Online via Zoom
1:00 p.m. - 3:00 p.m.
<table>
<thead>
<tr>
<th>Workshop Title</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>A Gentle Introduction to Open Source GIS Software</td>
<td>+</td>
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<tr>
<td>Academia or Industry? What's Your Plan?</td>
<td>+</td>
</tr>
<tr>
<td>Canadian Workplace Culture</td>
<td>+</td>
</tr>
<tr>
<td>Citing, Referencing and Paraphrasing</td>
<td>+</td>
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<tr>
<td>Communication and Conflict Resolution: Skills to Improve Your Interactions</td>
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<td>with Others</td>
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<tr>
<td>Copyright and Your Thesis/Practicum</td>
<td>+</td>
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<tr>
<td>CORE'd out? A Guide to Fort Garry Research Ethics Board Submissions</td>
<td>+</td>
</tr>
<tr>
<td>Data Visualization: the Good, the Bad and the Ugly</td>
<td>+</td>
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<tr>
<td>Dataverse and Data Management Platforms (DMPs)</td>
<td>+</td>
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<tr>
<td>Dealing with Procrastination with Writing your Thesis or Dissertation</td>
<td>+</td>
</tr>
<tr>
<td>EndNote Advanced</td>
<td>+</td>
</tr>
<tr>
<td>EndNote Basics</td>
<td>+</td>
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</tbody>
</table>
Mitacs workshops

Mitacs is a not-for-profit organization specializing in research and training.

Starting October 2021, Mitacs has launched a new curriculum designed to complement the hands-on research skills and experience gained by participants of Mitacs programs to better align content with the competencies needed by industry partners and employers, and to respond to modern learning preferences.

The new curriculum is transitioning away from fully in-person and fully online course offerings to a hybrid ‘course bundle’ model, in which asynchronous requirements must be completed to register for the synchronous portion, now lasting 1-3 hours, instead of a full day.

The following course bundles are currently available on EDGE:

- Career Planning
- Communication Skills
- Leadership Skills
- Networking Skills
- Project and Time Management
- Reconciliation, Equity, Diversity and Inclusion
- Writing and Presentation Skills

Course descriptions can be found on the Mitacs Training website. As of August 2022, Mitacs has added official certificates of completion for each of the course bundles.

To register, visit Mitacs EDGE. If you have any questions or have issues with your EDGE account, please contact the Mitacs Training team.

For registration instructions, please see How to register for a course bundle on EDGE (PDF).
#UMGradGoals

University of Manitoba Graduate Goals

Purpose

#UMGradGoals is an online guide for University of Manitoba Master’s and PhD students that identifies important academic goals and program milestones that every student should be aware of and aim to achieve so as to ensure success in their academic career.

Who Is It For?

#UMGradGoals is intended to provide all incoming and continuing graduate students with key academic program, funding, and professional development information at the University of Manitoba.

Incoming students should review all of the outlined goals and milestones before beginning their graduate program. Continuing students should revisit and review their goals regularly to make sure they are on track to graduate.

Sharing your #UMGradGoals via the Faculty of Graduate Studies (FGS) website, Facebook page, and Twitter feed helps to inspire current and future students by showcasing the innovative work that University of Manitoba graduate students are doing, and the positive impacts of this work locally, nationally, and internationally. #UMGradGoals also serves to connect graduate students across disciplines to foster a sense of community that provides support to see every individual succeed.

Stage one: Be prepared

It’s important to learn about your new department in advance. Take the time to connect.

Stage two: Make a plan

You are more likely to have a successful graduate student experience with a clear plan in place.

Stage three: Assess your progress

Check in on your progress midway through your studies to be sure you’re on track to complete the program.

Stage four: Plan for the future

In the final stages of your graduate degree program, remain focused on your ultimate goal: completing your degree.

umanitoba.ca/graduate-studies/student-experience/um-grad-goals
Three Minute Thesis (3MT®)

Three Minute Thesis (3MT) is an annual competition for graduate students in a thesis-based program. The University of Manitoba 3MT is part of an overall strategy to highlight our graduate students, promote UM research and connect with the community.

Awards for finalists

<table>
<thead>
<tr>
<th>Dr. Archie McNicol Prize for first place</th>
<th>$2,500</th>
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<tbody>
<tr>
<td>This prize recognizes the legacy of the late Dr. Archie McNicol who was an enthusiastic supporter of graduate students and the Three Minute Thesis competition.</td>
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<tr>
<th>UM Retirees Association Prize for second place</th>
<th>$1,250</th>
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<tr>
<th>Third place</th>
<th>$750</th>
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<tr>
<th>People’s Choice Award</th>
<th>UM Bookstore gift certificate</th>
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MT180 Competitions

Prizes for 2023:

First Place: Aurelien Caron, sponsored by Acfas-Manitoba/University of Saint-Boniface - $1600

Second Place: Sara Telles-Langdon, sponsored by the French Embassy/Acfas - $900

Third Place: Courtney Marshall, sponsored by the French Embassy/Acfas - $600

2023 Final Event Results

First Place: Keshav Narayan Alagarsamy, Physiology and Pathophysiology Ph.D.

Second Place: Akshi Malik, Physiology and Pathophysiology Ph.D.

Third Place: Shavna Giesbrecht, Microbiology, M.Sc.

People’s Choice: Olubukola Olatosi, Oral Biology, Ph.D.

Applications Open in December, Heats: March 2024, Final Competition April 2024

umanitoba.ca/graduate-studies/student-experience/three-minute-thesis-3mt
3MP – Three Minute Postdoctoral Speaking Competition Announced

JULY 12, 2023 — The Faculty of Graduate Studies (FGS) at UM is excited to announce the launch of a 3-Minute Speaking Competition exclusively for post-doctoral fellows called 3MP. This exciting event provides an exceptional platform for accomplished scholars to present their research in a concise and compelling manner.

The competition aims to challenge participants to distill their complex research findings into a clear and engaging three-minute presentation. This time limit mirrors the popular “Three-Minute Thesis” format that has gained attention worldwide, encouraging scholars to articulate their ideas effectively and engage non-expert audiences. By condensing their work, post-doctoral fellows can captivate diverse audiences while conveying the significance and impact of their research.

Dr. Kelley Main, the dean of the Faculty of Graduate studies, expressed enthusiasm about the competition, stating, “This competition offers a unique opportunity for post-doctoral fellows to showcase their groundbreaking work and share it with a broader audience. It not only hones their communication skills but also enables them to engage with colleagues from different disciplines, fostering collaboration and the exchange of ideas.”

The 3-Minute Speaking Competition for post-doctoral fellows (3MP) is scheduled to take place on September 22, 2023. The event will be open to the public, providing an excellent opportunity for students, faculty, and members of the community to witness innovative research across disciplines.

This competition not only acknowledges the impressive accomplishments of post-doctoral fellows but also celebrates the concise presentation of complex ideas. FGS is proud to host this event to highlight their innovative research.

Interested post-doctoral fellows are encouraged to visit the university’s website for detailed guidelines and submission instructions. The deadline to apply is August 7, 2023, and a limited number of participants will be selected based on the quality of their submission.
Career Compass: Graduate Studies

Map out your career pathway from the start of your academic journey!

Engage in opportunities to support your career success, while learning about the knowledge, skills and attributes that employers are seeking!

This guide is intended to support graduate students in their career planning. Though useful for all graduate students, there is significant guidance for Master’s and PhD students in thesis or research-focused programs. Students in all programs, including terminal or professional programs are also encouraged to utilize other resources provided by Career Services, your academic department and relevant professional associations. Career Services’ occupational library is a hub for many of these resources.

To use this tool, click on the titles below to expand each section. Graduate Studies at UM includes an outline of skills students can expect to gain during their studies. Sample Jobs provides a listing of occupational titles that graduates might choose to pursue. What do employers want? highlights the top ten skills and qualifications for jobs requiring graduate-level education. Within the sections Getting Started, Intermediate Steps, Final Steps, tips and resources are organized within four subsections:

1. Personal and Professional Development,
2. Career Planning Tips,
3. Work & Volunteer Experience,

For academic guidance:

- Refer to the Academic Calendar for program requirements and academic regulations.
- Utilize #UMGradGoals to help you meet key goals, actions and milestones as you progress through your studies. This tool is an academic success hub and includes academic reminders, and awards and funding information.

Alumni stories

Adam N. Nepon | MBA - Indigenous Business and Economy
Emma Popowich | MA in French
W. Kurt Hildebrand | PhD in Physics
Michelle Keller | PhD in French
Neil Owens | PhD in Chemistry
Skills you will gain during your GRADUATE STUDIES

All graduate students will gain a set of essential skills during their graduate program at the University of Manitoba. The Faculty of Graduate Studies has outlined some of these through the Bona Fide Academic Requirements (BFAR). Every graduate program has also outlined program specific BFARs that represent those essential skills gained in a particular program.

Broadly speaking, some critical skills that graduate students will gain include:

- **Communication skills** – Every graduate program requires students to learn key written and oral communication skills through their interactions in seminars, in practicums and through the successful defense of their oral examinations.
- **Organizational skills** – The successful navigation of a graduate program provides students with the ability to successfully manage their time, and to prioritize tasks required through their program, while at the same time maintaining a work-life balance.
- **Critical thinking** – Graduate work encourages students to critically read the literature and their own work as well as to integrate both from within and across literatures as they proceed through their coursework and prepare for key milestones such as candidacy exams, oral examinations, proposal defenses and other program requirements.
- **Problem solving** is a key component of graduate education. Students develop the ability to tackle small immediate problems as well as large long-term ones. Graduate education helps students learn to defend their solutions using the evidence at hand.
- **Teamwork** – Rarely is a graduate program undertaken in isolation. Instead, students have opportunities to interact on a vibrant campus and exchanges ideas with fellow students, faculty and staff. Graduate education can also allow students to interact with the broader academic community, both nationally and internationally.
- **Integrity** – Graduate programs also expose students to key concepts in their programs about the importance of ethics and integrity, both in their program related work and in their interactions with others.
- **Independence** – While learning to work with others is an essential skill that comes from graduate work, students also learn how to work independently and to assess their progress throughout the program.
Funding, awards and financial aid

We want you to succeed as a graduate student. Find out how you can access funding so you can focus on your studies.

Award opportunities

These are a sampling of the many awards available to UM graduate students.

- University of Manitoba Graduate Fellowships (UMGF)
- G. Clarence Elliott Fellowship
- Vanier Canada Graduate Scholarships
- Departmental awards

Indigenous graduate student awards
International graduate student awards

Research funding

Find available research funding for master's and doctoral students.

- Research Manitoba
- Mitacs

Tri-Council awards (federal funding)

Explore the three major government funding bodies that provide funding for scholarly research in Canada.

- Natural Sciences and Engineering Research Council of Canada (NSERC)
- Social Sciences and Humanities Research Council of Canada (SSHRC)
- Canadian Institutes of Health Research (CIHR)
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<tr>
<th>Name</th>
<th>Title</th>
<th>Awards</th>
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<tr>
<td>Danielle Moore</td>
<td>Awards Assistant</td>
<td>• Carla Thorlakson Graduate Travel Award</td>
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<td>• Dean of Grad. Sr. Student Achievement Prize</td>
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<td></td>
<td></td>
<td>• Delaney Graduate Scholarship for Indigenous Students</td>
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<td>• Dr. Richard Douglas Oarway Memorial Fellowship</td>
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<td>• Faculty of Graduate Studies Research Completion Scholarship</td>
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<td>• Faculty of Graduate Studies Travel Award</td>
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<td>• Faculty of Graduate Studies Virtual Conference Award</td>
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<td>• Indigenous Doctoral Program Fellowships</td>
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<td>• International Graduate Students Entrance Scholarship (IgSES)</td>
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<td>• International Graduate Students Scholarship (IGSS)</td>
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<td></td>
<td></td>
<td>• James Gordon Fletcher PhD</td>
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<td></td>
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<td>• Pamela Hardisty Graduate Fellowship</td>
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<td>• PGS Human Genetics</td>
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<td>• Roma Zvoneva Hawirko Grad Scholarship</td>
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<td>• Sonja J. Born Material Culture Scholarships</td>
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<td>• Women’s Health Research Foundation of Can. (F/FT)</td>
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<td>• Emergency Loans</td>
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<tr>
<td>Amber Kusnick</td>
<td>Awards Assistant</td>
<td>• Arthur Mauro Senior Student Award</td>
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<td>• Award Advertising/Database</td>
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<td>• Eirikur and Thorbjorg Stephanson Scholarship</td>
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<td>• FGS Support Staff Mentoring/ Administrator Award</td>
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<td>• Foundation for Registered Nurses of MB Inc</td>
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<td>• G. Clarence Elliott Fellowship</td>
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<td>• Gandhi, Mahatma Scholarship in Human Rights</td>
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<td>• Janice Filmon Award in Peace Studies</td>
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<td>• J.W. Dalfo Graduate Fellowship</td>
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<td>• Mackenzie King Scholarships</td>
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<td>• McCrorie-West Family Fhsp for Alzheimer Research</td>
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<td>• P. Sinjal Grad. Fhsp in Cardiovascular Science</td>
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<td>• Rose &amp; Frederick Johnson Scholarship</td>
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<td>• Sheu L. Lee Family Scholarship</td>
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<td>• UMGF Admin &amp; Recommendations</td>
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<td>• Emergency Loans</td>
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<tr>
<td>Allison Anbin</td>
<td>Awards Assistant</td>
<td>• Brociman, Lois M. Research in Child Development</td>
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<td>• Crenna, Thomas Alexander Scholarships (Composite Award)</td>
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<td>• Departmental Award Selection Forms (ASE)</td>
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<td>• Frank, Heinz Memorial Scholarships (Composite Award)</td>
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<td>• Goulden, Richard C Memorial Award</td>
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<td></td>
<td>• Governor General’s Gold Medal</td>
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<td></td>
<td></td>
<td>• Irene Knysh Grad Scholarship in Ukrainian Issues</td>
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<td>• James Gordon Fletcher for Nutroceuticals</td>
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<td>• Kernaghan, E. B. Scholarship (Composite Award)</td>
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<td></td>
<td>• Kristjansson, Adalsteinn Travelling Scholarship (Composite Award)</td>
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<td>• Naacie J. Mauro Grad Scholarship in Oncology Res.</td>
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<td>• Sixth Prairie Cons &amp; Endangered Species Conf. Fhsp.</td>
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**T.B.D.**

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<tr>
<th>Name</th>
<th>Title</th>
<th>Awards</th>
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<tr>
<td></td>
<td>Awards Assistant</td>
<td>• China Scholarship Council (CSC)</td>
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<td>• CGSM (CIHR, NSERC, SSHRC)</td>
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<td>• CIHR (Doctoral, CGSD)</td>
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<td></td>
<td>• Doctoral Award for Indigenous Students</td>
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<td>• Master’s Award for Indigenous Students</td>
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<td>• Northern Scientific Training Program (NSTP)</td>
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<td></td>
<td></td>
<td>• NSERC (PGSD, CGSD)</td>
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<td>• President’s Graduate Scholarship for First Nations, Inuit and Mets</td>
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<td>• SSHRC (Doctoral CGSD)</td>
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<td>• Trudeau Doctoral Scholarships</td>
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<td>• University of Manitoba Dist Ditt Award/CAGS UMM</td>
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<td>• University of Manitoba Master’s Thesis Prize</td>
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<td>• Emergency Loans</td>
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**Mandy Laing**

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<th>Name</th>
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<tr>
<td></td>
<td>Awards Officer</td>
<td>• Michael Smith CGS-MSFSS (NSERC, SSHRC, CIHR)</td>
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<td>• Research Manitoba</td>
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<td>• Scholarship Liaison Officer (SLO) for the Tri-Agencies</td>
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<td>• UMGF Budget &amp; Allocations</td>
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<td>• Vanier Canada Graduate Scholarships (NSERC, SSHRC, CIHR)</td>
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2023 Vanier Scholars

Get to know the Dean of the Faculty of Graduate Studies, Dr. Kelley Main

Dr. Kelley Main was recently appointed as Dean of the Faculty of Graduate Studies, from July 1, 2023 to June 30, 2028. Learn more about what inspired Dr. Main as a student and what she enjoys outside of academia.

UM’s PhD Student Appointed as the First Canadian Youth Delegate from Manitoba to Represent Young Canadians at the World Health Assembly

Toi Le, UM PhD Student from the Department of Medical Microbiology and Infectious Diseases appointed as the Canadian Youth Delegate

3MP – Three Minute Postdoctoral Speaking Competition Announced
Slavery as part of Canadian history

November 21, 2022 — Most histories of Canada include a description of the fur trade, where early European explorers exchanged beaver pelts and other items for information and assistance in developing the emerging colonized country.

What is not generally taught, however, is that chattel slavery — where people could be bought and sold as property — was an integral part of the fur trade in Canada.

Anne Lindsay wrote her doctoral thesis for UM's department of history on how the Canadian fur trade reflected the violence of the French and British empires and was not as passive or innocuous as is painted in most accounts.

She notes: "The fur trade was just as much involved in chattel slavery and the racialized constructions that supported it as the empires it was part of. From the seventeenth through the nineteenth centuries, the fur trade world across northern North America experienced and saw the same sorts of violations, both symbolic and literal violations, including chattel slavery, as the empires in which it was imbricated."

Lindsay explains: "This topic brings together a number of my greatest interests, including gaining a better picture of how race, gender, and empire played out in the fur trade, and a better understanding of the networks of relationships that connected the fur trade to its respective empires."

https://news.umanitoba.ca/slavery-as-part-of-canadian-history/
Monitoring the melting of permafrost

DECEMBER 12, 2022 — One of the biggest problems facing railroad engineers in northern Manitoba is unstable rail lines. The tracks sit on roadbeds that can shift, or in worst-case scenarios, get washed away by flooding. That's because the rail line to Churchill, for example, is built on permafrost that is theoretically frozen year-round.

And that's a serious problem because every year, permafrost isn't quite as permanent as it used to be, thanks to climate change.

"The adverse effects of climate warming on the built environment in polaric regions are unprecedented and accelerating," says Hongwei Liu, whose doctoral thesis in the Price Faculty of Engineering looked at ways to evaluate and test the permafrost in remote areas so as to better understand how to construct stable infrastructure.

He notes: "As global temperatures rise, the once always frozen ground that covers a good chunk of the world is thawing. The thawing of permafrost will lead to significant settlement and as a result any infrastructure foundation will suffer a significant loss of strength. Design and construction of structures on permafrost foundation is challenging and requires information about its stiffness and ice content."

https://news.umanitoba.ca/monitoring-the-melting-of-permafrost/
Finding joy in molecules

OCTOBER 25, 2022 — The structure of a molecule and the way its atoms are configured inside it can change depending on its local environment and also affect the way it behaves and interacts with other molecules. Chemists and physicists are working to probe molecular structure to better understand their nature and composition.

Wesley Silva, whose UM doctoral dissertation in chemistry involved using rotational spectroscopy to examine molecules, explains: “In the same way that human beings can respond to different environmental and biological stresses, molecules can adopt different shapes and perform different functions depending on their surroundings.”

For his doctoral research, Silva studied a series of molecules using a specialized technique called microwave spectroscopy to examine the rotation of the molecules for the first time in a laboratory setting. Computational methods are advanced enough to predict accurate spectra for many molecular trends, but his research provides experimental data that can be used by theorists to test and improve models of structure.

He notes: “I think the most exciting part of my research is related to the study of the molecules with large-amplitude motions. This was a totally novel topic for me and it gave me the opportunity to learn new software and collaborate with internationally recognized experts in the field.”
When old bones are young

OCTOBER 13, 2022 — A bone is a bone, right?
Wrong.

Is a bone found at an archaeological dig from a female or male person? Is there a difference? How do you know? It turns out that the determination of biological sex from the examination of a human bone (or a fragment) can be quite challenging.

A person’s skeleton provides a lot of information about who that person was, and while many kinds of bones can help provide this kind of information, the hip bone or pelvis is the most accurate to use for sex estimation.

The trouble is that hip bones look very similar in juvenile males and females. For his doctoral thesis in UM’s department of anthropology, Jose Sanchez wanted to explore how to determine sex from a detailed examination of child and adolescent skeletal remains.

He says: “One thing that was missing from all the studies on the subject was: ‘When do sex differences in the skeleton appear?’ The main assumption has been that these traits develop at puberty and their full expressions do not appear until adulthood. But puberty is not a moment in time during a person’s development; people are not pre-pubescent and then, all of a sudden, post...”
Delivering truth in the name of Reconciliation

SEPTEMBER 22, 2022 — The birth of a new baby is supposed to be a joyous occasion and a time for celebration. For some Indigenous mothers, however, it can be a period of stress, isolation, and loneliness, particularly if they were forced to leave their communities to obtain prenatal care under a health care policy known as “out for confinement (OFC).”

This policy is being challenged by Wanda Phillips-Beck, Anishinaabe and a member of Hollow Water First Nation in Manitoba. She is currently Manitoba’s first Indigenous Research Chair in Nursing, an adjunct professor in the UM College of Nursing and works for the First Nation Health and Social Secretariat of Manitoba as a Susan Generations Scholar.

https://news.umanitoba.ca/delivering-truth-in-the-name-of-reconciliation/
Student Representation
Our Structure

STUDENT BODY
The UMGSA represents all the graduate students at the U of M.

DEPARTMENTAL QSA'S
Departments have their own student governments, from which a Councillor is usually chosen to represent their peers on UMGSA Council.

UMGSA COUNCIL
Departmental Councillors represent all grad students at the University of Manitoba at monthly meetings. Councillors report to their department and the student body. The HSGSA President represents Health Sciences students on UMGSA Council.

UMGSA EXECUTIVE
President VP/HE VPA VPE HSGSA President Senators
The UMGSA Executive is elected each spring, and is made up of eight positions which represent that graduate student body, guide the policies of the UMGSA and report to Council.

INTERNAL & EXTERNAL COMMITTEES
UMGSA and HSGSA executives, councillors and students-at-large all work together to improve graduate student life by sitting on committees.

UMGSA COMMITTEES
Executive Finance Campaigns Elections Events Awards ERC Indigenous Ad-Hoc

UNIVERSITY SENATE COMMITTEES

FACULTY OF GRAD STUDIES COMMITTEES

umgsa.org

Network – Be Involved
Student Services
Support for everyday life

**Safety**
We take a proactive approach to safety and security on our campuses. Learn about our safety and security initiatives.

**Financial supports**
Find out what awards, government aid and other funding is available to you.

**Housing**
The experience of living on campus will enhance your educational and personal growth. Learn what options are available to you both on and off campus.

**Career planning**
When options feel endless, it can be hard to choose a path. Career Services will help connect your academics, interests and strengths with experiences to build the knowledge, skills and attributes employers are seeking.

**Accessibility**
We provide support and advocacy for students with disabilities and accessibility issues, including visual, hearing, learning, mental health, medical, physical, injury-related or temporary.

**Child care**
We are committed to providing services and supports that help our students and staff with children thrive, including on-campus child care, change tables, breastfeeding-friendly spaces and more.

Health and wellness

**Wellness**
Wellness is the foundation of student success. Learn how we can help support your commitment to physical and mental wellness.

**Counselling resources**
Sometimes, when talking with your friends or family isn’t possible or isn’t enough, it helps to talk with a professional. We offer students a variety of on-campus and off-campus counselling supports.

**Spiritual services**
Spiritual Care is available to all, whether you identify as spiritual, atheist, religious or agnostic. We recognize, affirm and work with your existing values and beliefs.

Support for academic success

Academic support comes in many forms—from faculty, peers or from our dedicated Academic Learning Centre. Whether you need an academic advisor to help point you in the right direction, ongoing support, or additional advocacy, we have the resources and staff to guide you.

- Meet with an academic advisor →
- Academic Learning Centre →
- English Language Centre →
- Student Advocacy →

See all academic supports

Libraries →
- Academic integrity →
- UM Achieve →

Plan your career pathway

Career Services →
Meet with a career consultant →

Career Compass

Use Career Compass as a guide to develop a strong connection between your studies and your occupational choices. It will provide you with suggestions for academic and career planning specific to your program.

Select a program of study:

- Select -
• Student Counselling Centre (SCC)

• Services
  • Individual and couples counselling services
  • Counselling workshops and groups
  • Online support resources
  • Learning disability assessment services
Sexual violence support and education

Sexual violence support and education

Sexual violence affects people of all ages, sexual orientations, genders, gender identities, abilities and relationship statuses. At the UM, we are committed to ensuring a respectful work and learning environment for all. We want to build a safe and inclusive campus community where survivors of sexual violence know they can receive the supports they need to succeed, both academically and personally.

The Sexual Violence Resource Centre, located at 537 UMSU University Centre on the Fort Garry campus, provides support, resources, information and referral services for any student, faculty or staff member who has been affected by sexual violence.

Exit site

Sexual Violence Resource Centre

The Sexual Violence Resource Centre remains open for services by phone and email during the University's COVID-19 response.

Inquiries are welcome by phone or email at the information below. UofM students, staff and community members who are seeking information on sexual violence, or who are seeking support regarding an experience of sexual violence are encouraged to contact SVRC staff at:

svrc@umanitoba.ca
204-474-6562
Staff hours: M-F 8:30 a.m - 4:30 p.m.
Spiritual services

At its heart, spirituality reflects our human longing to find meaning and make sense of our place in life.

Spirituality

To access Spiritual Care services remotely during the COVID-19 crisis, please email or call the office directly and request an intake appointment, as a staff member is not in the office at present. Support is being offered over the phone.

Please be advised that Spiritual Care programming and in-person gatherings have been postponed at this time. Updates and changes to event scheduling will be posted when campus life returns to normal.

As humans, we're all trying to discover purpose and meaning in our lives and relationships, and a sense of hope as we long to transcend the many challenges we face in life.

As a student, you're likely in the process of shaping, defining, and adopting your own values and beliefs. This is a time of self-focus and for good reason: you're seeking a trajectory for your life. You're looking for fulfillment and direction in areas such as identity, career, significant relationships and independence. In short, you're adopting a framework of meaning for your life — a spirituality.

Virtual Sharing Circle with ISC Elders

Through all of the changes we're enduring, ISC wants to remind students that the Elders are still available for them. Join in on Mondays, Wednesdays and Fridays for scheduled Zoom coffee breaks and sharing circles with ISC Elders-in-Residence Wanda Mundock, Carl Stone and Norman Meade

Please email isc@umanitoba.ca for Zoom

Province of Manitoba, Mental Health Virtual Therapy Program

Now Available! Caring for your mental health is important during the COVID-19 pandemic. AbitibiOST is a new digital therapy program from Monseau Shepell, available to all Manitobans experiencing low to mid symptoms of anxiety due to the pandemic.

Need urgent help?

Connect with crisis support at UM

Health and wellness

- Student Counselling Centre (SCC)
- University Health Service
- Health and Wellness Office
- Emotional wellness and COVID-19
- Experiencing loss during pandemic times
- Spiritual services
- Safety and security

Military Support Office
Respectful conduct
Student services at Bannatyne campus
Student Advocacy

Student Advocacy is a safe place for students. We help you navigate university processes and advocate for your rights as a student at UM.

We're here to help

If anything in your personal or academic life is affecting your studies, contact our confidential intake assistant. Everything you tell us is kept completely confidential.

Confidential intake assistant
204-474-7423
stadv@umanitoba.ca

We can help you if you face an allegation of academic misconduct
International Centre

The International Centre is the University of Manitoba's hub for all things global. Whether you're a student looking to explore, a faculty member looking for international partners or a researcher hoping to work with us, we're here to support you.

Service update: If you would like to book an appointment to with one of our International Student Advisors (ISA), please call our front desk at 204-474-9501, and our receptionist would be happy to let you know the current availability of appointments with an ISA. Please call our front desk for drop-in availability. Drop-in appointments are limited, and are offered on a first-come, first-served basis.
Subsidy available for ELC courses

English Language Centre

The English Language Centre (ELC) provides courses, tests, accommodations and individual support to students whose first language is not English in order to support academic success and participation in the University of Manitoba community.

Covid-19 (Coronavirus) - Information and updates can be found at [http://umanitoba.ca/coronavirus](http://umanitoba.ca/coronavirus)

The English Language Centre provides quality in-person and remote programming to students and community members whose first language is not English. Our programs may be suited for you if you need to meet university English language proficiency admission requirements, hope to improve your academic English or are already studying at UM and want to enhance your academic English language skills.

There are many reasons to study with the English Language Centre:

- Smaller class sizes allow you to receive more individualized attention from instructors.
- Our classrooms at UM's Fort Garry campus help you become familiar with the campus where many of our students go on to complete degree programs.
- Field trips, social activities, workshops and other events provide opportunities to meet people and learn about Canadian culture while practicing your language skills.
- Our homestay program lets you live with a local Canadian family while you're here.
The Academic Learning Centre serves graduate and undergraduate, full and part-time students at UM. Make an appointment with a writing or study-skills tutor or sign up for one of our many workshops, all at no charge.

**Academic Learning Centre services**

We help you strengthen your writing, studying and research skills.

- Individual tutoring
- Workshops
- Group study sessions (select courses)
- Tip sheets
- Videos
- English as an Additional Language resources

**Tired of studying alone? Looking for motivation?** Join other students online in the Virtual Study Hall for Final Exam Prep

**Make an appointment with a tutor**
Accessibility for students

Student Accessibility Services (SAS) is here to provide supports for students with disabilities and to foster success for your academic future. Reach out! If you need help and support as a student, we are here for you. Learn how to register or access accessibility resources below.

We are on campus! Accessibility Coordinators and the Assistive Technologist are available for in-person, phone, email, or online appointments. Please contact an Accessibility Coordinator directly, the general office by phone 204-474-7423 or email student-accessibility@umanitoba.ca to book your appointment. The 520 University Centre office is available for in-person, phone and email inquiries Monday-Friday between 8:30am-4:30pm.

Get the latest information on service disruptions.

Resources for students and instructors

More information on how Student Accessibility Services can provide support.

How to register with Student Accessibility Services

Arranging for academic accommodations and support takes time. We highly encourage you to contact our office before you apply and immediately after accepting offers of admission in order to make your transition into university life successful.

Step 1: Submit the Disability Assessment Form

Step 2: Meet an accessibility advisor

Step 3: Communicate with your instructors

Step 4: Follow up if you need more help

New students:

It’s essential to hand in your Disability Assessment Form if you need specific supports. Download the form here (PDF).
Student services at Bannatyne campus

As a service hub for students and residents in the Rady Faculty of Health Sciences, we provide the supports and referrals you need for personal and academic success. All our services are free and confidential, and we work hard to accommodate your schedule.

Need emergency support?

Call campus security at 204-789-3330 or use one of the links below.

- Emergency numbers and resources
- Sexual violence help and info

Important Notice: Effective March 17, 2020, Student Services at Bannatyne Campus will be meeting with students and residents through phone and email only. No in-person appointments will be made at this time. To book an appointment with any of our services, please contact 204-272-3190 or email bcas@umanitoba.ca. The office is available for phone and email inquiries Monday-Friday between 8:30am - 4:30pm. Thank you for your understanding.

Zoom Wellness Drop-in for Health Sciences Students

July 16, 12:00 - 1:00 pm. Tuning-in: Reflecting on the Needs of the Whole Self in the Midst of Change

Technical issues during exams?
Registrar's Office

The Registrar’s Office is a key information hub on campus. The Registrar's Office gathers information about enrolment, and academic and financial records. When you register with Aurora, you'll have access to registration material, including the course catalog.
Know the rules & be aware of the important dates

Build your relationship with Advisor & Advisory Committee
  ➢ Could be Program Director/Unit Graduate Support Staff

Seek Mentorship (Senior Students ↔ Junior Students)

Network

Don’t be afraid to ask questions! Seek the services you need.

Try to seek advice before a problem reaches crisis mode

(Advisor → Advisory Committee → Grad Chair → Department Head → FGS)

There is strength in knowledge!
Save the Date!

Join us November 30th for a poster showcase and reception. Posters will be available to view in the afternoon and reception to start at 5pm.
We hope you grow as a scholar at UM over these next years.

- Intellectual growth should commence at birth and cease only at death.
  - Albert Einstein

- The purpose of learning is growth, and our minds, unlike our bodies, can continue growing as we continue to live.
  - Mortimer Adler
Questions?