Navigating Your Career & Planning for Success

Graduate Student Orientation – Fall 2022

Lisa MacPherson
CAREER CONSULTANT
WE HELP STUDENTS:

- **Learn about Occupations & Industries**
- **Explore Self & Make Career Decisions**
- **Plan Career & Education Pathway**
- **Find Meaningful Work & Volunteer Roles**
- **Reach their Career & Employment Goals**
TODAY’S AGENDA

1. CAREER PLANNING ESSENTIALS
2. KNOWING YOURSELF
3. KNOW YOUR CAREER OPTIONS
4. EMPLOYABILITY & SUCCESS PLAN
CAREER PLANNING PROCESS

Know yourself

Gather career information

Gain experiences

Decision Making
Choice of Occupation/Industry
Select an educational pathway
Goal Setting
Implementing a success plan
WHO AM I?
WHAT MATTERS TO ME?
WHAT DOES THE WORLD NEED?
CAREER PLANNING PROCESS

YOU

INTERESTS

VALUES

PERSONALITY

SUBJECT PREFERENCES

PREFERENCES

INTERESTS

VALUES

PERSONALITY

SUBJECT PREFERENCES
CAREER PLANNING PROCESS

SUBJECT PREFERENCES

INTERESTS

YOU

PERSONALITY

VALUES
INVESTIGATIVE (THINKERS) - Research-oriented, knowledgeable, curious
ENTERPRISING (PERSUADERS) - Influential, energetic, sociable, leader
REALISTIC (DOERS) - Practical, hands-on, tangible work
ARTISTIC (CREATORS) - Expressive, creative, visual
CONVENTIONAL (ORGANIZERS) - Structured, organized, careful
SOCIAL (HELPERS) - Helping, empathetic, communicative, friendly

THINGS
DATA
IDEAS
PEOPLE

HOW DO YOU LIKE TO WORK?

HOLLAND CODE
Round table introductions:

1. First Name
2. Department / Area of study
3. Your estimated Holland Code interests
4. Current occupational goals/ideas

Activity: Introductions & Interests

4 minutes
INDUSTRIES & FIELDS – OCCUPATION EXAMPLES

- **PROFESSOR/INSTRUCTOR**  
  Social Investigative

- **R&D SCIENTIST**  
  Investigative Realistic

- **POLICY ANALYST**  
  Investigative Enterprising

- **DATA ANALYST**  
  Conventional Investigative

- **TECHNICAL SALES REPRESENTATIVE**  
  Enterprising Conventional

- **SCIENTIFIC WRITERS**  
  Artistic Investigative

- **REGULATORY AFFAIRS SPECIALIST**  
  Conventional Enterprising
CAREER PLANNING PROCESS

YOU

SUBJECT PREFERENCES

INTERESTS

PERSONALITY

VALUES
<table>
<thead>
<tr>
<th>YOUR VALUES: WHAT MOTIVATES YOU TO WORK?</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HELP OTHERS</strong></td>
</tr>
<tr>
<td>Provide direct support to people individually or in groups.</td>
</tr>
<tr>
<td><strong>ADVANCEMENT</strong></td>
</tr>
<tr>
<td>Grow and move into positions of higher pay and responsibility.</td>
</tr>
<tr>
<td><strong>CHANGE &amp; VARIETY</strong></td>
</tr>
<tr>
<td>Have frequently changing tasks, settings or other factors.</td>
</tr>
<tr>
<td><strong>ADVENTURE</strong></td>
</tr>
<tr>
<td>Work in an exciting or risky job where I may deal with hazards or uncertainty.</td>
</tr>
<tr>
<td><strong>STRUCTURE &amp; PREDICTABILITY</strong></td>
</tr>
<tr>
<td>Complete work that predictable, with a high level of structure or routine.</td>
</tr>
<tr>
<td><strong>WORK UNDER PRESSURE</strong></td>
</tr>
<tr>
<td>Be involved in work with time limitations or little margin for error.</td>
</tr>
<tr>
<td><strong>SECURITY</strong></td>
</tr>
<tr>
<td>Have a high likelihood that my job is secure and normally in steady demand.</td>
</tr>
<tr>
<td><strong>COMPETITION</strong></td>
</tr>
<tr>
<td>Compete to win or be compared against others.</td>
</tr>
<tr>
<td><strong>WORK WITH OTHERS</strong></td>
</tr>
<tr>
<td>Be involved in teamwork or work with others to achieve shared goals.</td>
</tr>
<tr>
<td><strong>HIGH EARNINGS</strong></td>
</tr>
<tr>
<td>Earn a high salary and have the ability to purchase desired luxuries or accumulate wealth.</td>
</tr>
<tr>
<td><strong>PUBLIC CONTACT</strong></td>
</tr>
<tr>
<td>Frequently interact with the public or community.</td>
</tr>
<tr>
<td><strong>JOB TRANQUILITY</strong></td>
</tr>
<tr>
<td>Have peaceful work with minimal pressure or stress.</td>
</tr>
<tr>
<td><strong>LOCATION</strong></td>
</tr>
<tr>
<td>Live and work where I want. (E.g. a specific location or urban vs. rural, etc.)</td>
</tr>
<tr>
<td><strong>INTELLECTUAL STIMULATION</strong></td>
</tr>
<tr>
<td>Complete work with a high degree of mental activity in the form of problem solving, analyzing, researching or continuous learning.</td>
</tr>
<tr>
<td><strong>ARTISTIC CREATIVITY</strong></td>
</tr>
<tr>
<td>Utilize one or several art forms to express ideas.</td>
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<tr>
<td>PERSONALITY TRAITS &amp; TYPES</td>
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<tr>
<td>----------------------------</td>
</tr>
<tr>
<td>INFP</td>
</tr>
<tr>
<td>ENFP</td>
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<tr>
<td>ESFP</td>
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<tr>
<td>ISTP</td>
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</tbody>
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<table>
<thead>
<tr>
<th>HOW YOU MAKE DECISIONS</th>
<th>HOW YOU TACKLE LIFE OR WORK PROJECTS</th>
</tr>
</thead>
<tbody>
<tr>
<td>THINKING</td>
<td>FEELING</td>
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</table>

Diagram showing personality types and their corresponding traits and functions.
KNOW YOURSELF:
MORE SUPPORT

MEET WITH A CAREER CONSULTANT!
TRY ONLINE ASSESSMENTS TO START
THE CAREER PLANNER ONLINE

umanitoba.ca/career-services/career-planning

OUR FAVOURITE ASSESSMENTS: Personality, Interests & Values

YOUR INTERESTS
The Holland Code can be used to connect occupations to an individual's interests. Assessments using this theory measure your interest level in 6 areas then generate a list of careers that are typically enjoyed by people with similar interests to yours. The idea is that if you are similar to people who usually like that job, you might like it too.

<table>
<thead>
<tr>
<th>MyNextMove</th>
<th>Strong Interest Inventory</th>
</tr>
</thead>
<tbody>
<tr>
<td>MyNextMove is a free web-based assessment tool that provides your Holland Code and a list of corresponding occupations. All labour market information is American.</td>
<td>A trained professional at Career Services can administer this empirical assessment for a $30 fee. Identify options that correspond to interests, determine preferred learning settings, and ex</td>
</tr>
<tr>
<td><a href="http://www.mynextmove.org/explore/ip">www.mynextmove.org/explore/ip</a></td>
<td></td>
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</tbody>
</table>

The Holland Code assesses your interests according to six dimensions:
IMAGINE PHD

a career exploration and planning tool for the humanities and social sciences.
You have put a lot of time and effort into pursuing your PhD degree. Now it’s time to focus on how to leverage your expertise into a satisfying and productive career. The Individual Development Plan (IDP) concept is commonly used in industry to help employees define and pursue their career goals. In 2003, the Federation of American Societies for Experimental Biology (FASEB) proposed an IDP framework for postdoctoral fellows in the sciences. AAAS/Science joined forces with FASEB and experts from several universities (see authors below) to expand on that framework. The result is myIDP - a unique, web-based career-planning tool tailored to meet the needs of PhD students and postdocs in the sciences.

myIDP provides:

- Exercises to help you examine your skills, interests, and values
- A list of 20 scientific career paths with a prediction of which ones best fit your skills and interests
- A tool for setting strategic goals for the coming year, with optional reminders to keep you on track
LIFE & PHYSICAL SCIENCES

- Application Scientist
- Regulatory Affairs Officer / Manager
- Technology Transfer Officer/Manager
- Technical Sales Rep
- R & D Scientist
- Principal Scientist/Investigator
- Clinical Research Coordinator
- Product Development Manager
- Product Marketing Manager
- Technical Advisor / Consultant
- Benchmark Analyst
- Patent Agent
- Technical Writer/Editor
- Science Writer
- Cannabis QC Tech (*MSc, PhD is an asset)
- Medical / Clinical Science Liaison
- Research & Technical Services Specialist

MATHEMATICAL SCIENCES (including, Physics, Statistics, Engineering, Computer Science)

- Data Scientist/Analyst
- Research Development Officer
Activity: Awareness of Job Options

1. View the Sample Jobs section of compass — ALL DISCIPLINES + AREAS OF STUDY

2. Note those titles you are familiar with / that may align with your current goals.

3. Note any NEW titles that you may wish to explore.

4 minutes
How do we learn about occupations?

- LinkedIn
- Job postings
- Alumni network
- First-hand experience (work & volunteer)
- Career mentor program
- U of M occupations library
Explore occupations

Lawyer, teacher, doctor, nurse. How many occupations can you name? What the heck does an occupational therapist do anyway? How about a valuator, conservator, arborist or orthoptist?

Good career decisions require good information—about your personal traits and preferences and about the world of work. Career Consultants can get you started by helping you to identify and articulate your skills, aptitudes, values, personality traits and interests as they relate to career choice.

Information about the world of work is everywhere—not just in libraries and career centres. Even television shows can influence your views of specific occupations. Government departments, sector councils and professional associations publish great labour market information. Personal contacts are extremely valuable, often providing "up-close and personal" views of occupations. Mentoring and job shadowing programs can help you develop professional networks. Don't forget to speak with teachers, professors, friends and relatives!

We've provided information on approximately two hundred occupational options. Thousands more exist! Be creative. Remember—good research can lead to more informed and satisfying career decisions!

0-9 A B C D E F G H I J K L M N O P Q R S T U V W X Y Z

A
- Accommodation Service Manager
- Accountant
- Actuary
- Aerospace Engineer
- Agricultural Representative, Consultant, Specialist
- Agriculture, Food and Biological Systems Engineer
University Professors & Lecturers and College Instructors

Learn about this occupation – including typical duties, education required, salary and outlook information, job boards and more.

University professors (4011) are employed by degree-granting schools to teach and produce works of art or conduct research and publish their research findings. College, technical and vocational instructors (4021) provide instruction to adults in a wide variety of subject areas including vocational, technical, business or services training trades, academic upgrading, university transfer courses and university degree program courses. (Also)

In addition to those below, you may find relevant career information and job search resources in the list and specialist pages relevant to your discipline (e.g. Biologist, Historian). Occupational index to also explore these pages.

Other links

These external resources may provide you with additional information about the occupation and opportunities to build experience.

- GradGoals - online guide for University of Manitoba Master's and PhD students
- University of Manitoba Graduate Students Association (UMSGSA)
- Grad Steps: Professional Development Workshops - University of Manitoba
- Centre for the Advancement of Teaching & Learning - University of Manitoba
- University of Manitoba Faculty Association
- Academics Without Borders
- Inside Higher Ed - news articles and career advice
- Article: College professors reveal what they love (and hate) about their jobs - BusinessNewsDaily.com
- University Affairs - Canada's magazine on higher learning, providing career advice and industry info
- Article: What I wish I knew as an early-career professor
- Canadian Network for Innovation in Education
- Academics Forum - Canadian post-secondary news and insights
- Science Careers magazine - North America's focused articles and career advice from the American Association for the Advancement of Science (AAAS)
- Individual Development Plan (MyIDP): career exploration and planning tool for graduate students in natural and applied sciences
- ImaginEdPhD: career exploration and planning tool for the humanities and social sciences (North America)
- Times in Higher Education (THE): provides global data, insight and career advice
- Canadian Association of Graduate Studies
- Academic Matters magazine - from the Ontario Confederation of University Faculty Associations
- Academe online - AAUP article features and columns
- Cheeky Scientist - Blog - resources and profiles of PhDs working in industry/non-academic positions
- Profile and Labour Market Outcomes of Doctoral Graduates from Ontario Universities (pdf) - Higher Education Quality Council of Ontario
- UBC PhD Career Outcomes Report - a University of British Columbia survey of 3,800 PhD students to learn about their career trajectory
- Employed and Engaged: An Overview of the 10,000 PhD Project

Related occupations

- Post-Secondary Teaching & Research Assistants (NOC)
- Teachers (Primary & Secondary School)
The table below lists the same career paths as on the prior "Consider Career Fit" page, again ordered by degree of match to your skills and interests.

Click on each "Read More" link to find resources associated with each career path.

<table>
<thead>
<tr>
<th>Career Path</th>
<th>Read More</th>
</tr>
</thead>
<tbody>
<tr>
<td>Science policy</td>
<td></td>
</tr>
<tr>
<td>Public affairs/government affairs staff at scientific societies, foundations, government entities, or think tanks</td>
<td>Read More</td>
</tr>
<tr>
<td>Public health related careers</td>
<td></td>
</tr>
<tr>
<td>Public health program analyst or evaluator; epidemiologist; biostatistician; medical informaticist</td>
<td>Read More</td>
</tr>
<tr>
<td>Science education for non-scientists:</td>
<td></td>
</tr>
<tr>
<td>Education or public outreach specialist such as at a science museum or scientific society</td>
<td>Read More</td>
</tr>
<tr>
<td>Support of science-related products:</td>
<td></td>
</tr>
<tr>
<td>Technical support specialist; field application specialist; product development scientist or engineer</td>
<td>Read More</td>
</tr>
<tr>
<td>Teaching-intensive careers in academia:</td>
<td></td>
</tr>
<tr>
<td>A primarily teaching faculty position in a research university, liberal arts college, community college</td>
<td>Read More</td>
</tr>
<tr>
<td>Research in industry</td>
<td></td>
</tr>
<tr>
<td>Discovery or preclinical researcher; manager of a research team or facility</td>
<td>Read More</td>
</tr>
<tr>
<td>Science education for K-12 schools:</td>
<td></td>
</tr>
<tr>
<td>Classroom teacher, curriculum developer, science specialist</td>
<td>Read More</td>
</tr>
<tr>
<td>Combined research and teaching careers:</td>
<td></td>
</tr>
<tr>
<td>Faculty at a liberal arts college or university whose job includes both research and major teaching responsibilities</td>
<td>Read More</td>
</tr>
<tr>
<td>Science writing</td>
<td></td>
</tr>
<tr>
<td>Science, medical, or technical writer or journalist; science editor; science publisher</td>
<td>Read More</td>
</tr>
<tr>
<td>Drug/device approval and production:</td>
<td></td>
</tr>
</tbody>
</table>
Advocacy includes work that supports and engages decision makers on behalf of individuals, groups and/or communities. Roles exist in a range of sectors including Non-Profit/NGOs, Government/Politics, Higher Education, and Freelance/Independent opportunities.

PhDs with jobs in this family have titles that include:

- Associate General Secretary for the National Council of Churches
- Senior Coordinator for the Higher Education Quality Council of Ontario
- Director at Toronto City Women’s Alliance
- Policy Advocate at International Center for Research on Women
- Dept. Director at Trust Africa
LOOK AHEAD

Evaluate each option.
Career Compass: Graduate Studies

Map out your career pathway from the start of your academic journey!

Engage in opportunities to support your career success, while learning about the knowledge, skills and attributes that employers are seeking!

This guide is intended to support graduate students in their career planning. Though useful for all graduate students, there is significant guidance for Master’s and PhD students in thesis or research-focused programs. Students in all programs, including terminal or professional programs are also encouraged to utilize other resources provided by Career Services, your academic department and relevant professional associations. Career Services’ occupational library is a hub for many of these resources.

To use this tool, click on the titles below to expand each section. Graduate Studies at UM includes an outline of skills students can expect to gain during their studies. Sample Jobs provides a listing of occupational titles that graduates might choose to pursue. What do employers want? highlights the top ten skills and qualifications for jobs requiring graduate-level education. Within the sections Getting Started, Intermediate Steps, Final Steps, tips and resources are organized within four subsections:

1. Personal and Professional Development,
2. Career Planning Tips,
3. Work & Volunteer Experience,
Map out your career pathway from the start of your academic journey!

Get the information you need for academic planning and connect with experiences to develop the knowledge, skills and attributes that employers are seeking.

PROGRAMS
- Astronomy
- Biochemistry
- Biological Sciences
- Biotechnology
- Chemistry
- Computer Science
- Criminology
- Economics
- French
- General Science
- Genetics
- German
- Human Geography
- Human Nutritional Sciences

Enhance your Education
Alumni Stories
Information for Career Counselors (PDF)
LinkedIn

CAREER COMPASS
MAXIMIZE YOUR CAREER OPPORTUNITIES

ALUMNI STORIES
SEE WHAT PAST GRADS ARE DOING

Career Compass – umanitoba.ca/careercompass
What competencies do you still need to gain?

What skills, knowledge and experience does the occupation or industry require?

What skills, knowledge and industry exposure do you have already?

& networking

You are here

Your career goal

Know where you’re going? Plan with the end in mind!
Melanie, M.Sc. in Chemistry

**Industry Knowledge**
- Report writing and written communication
- Teaching and supervision
- Administration
- Laboratory Skills
- Customer Service

**Biotech - R&D Scientist***
- Clinical Research Coordinator **
- TA, Research Assistant and GSA Executive
- Lab Technologist (summer job – biotech company), Cashier (part-time job – grocery retailer)

**PLAN FOR SUCCESS. DESIGN WITH THE END IN MIND!**
Senior Data Scientist
City of Winnipeg
May 2019 – Present · 1 yr 8 mos
Winnipeg, Canada Area
Every day learning more about, and making connections among, governance, data strategy, data science, innovation, and more.

Manitoba Liquor & Lotteries
12 yrs 3 mos
Senior Planning Analyst, Liquor Operations
Nov 2015 – May 2019 · 3 yrs 7 mos
Winnipeg, Canada Area
- As a leader on the project team implementing the Manthan Re Operations, I tested that data flowed correctly to the new system the legacy systems to the new system, and guided users through
- I transformed numerous reporting processes, creating extensive

Statistical Analyst, Strategy & Business Development
Mar 2007 – Nov 2015 · 8 yrs 9 mos
Winnipeg, Canada Area
- While I am trained in advanced analytics techniques, I also pro core issues. I created Strategic Gaming’s slot machine occupancy changes between time-stamped events indicated when play had work, slot occupancy became a standard gaming performance m

Research Assistant
Addictions Foundation of Manitoba, The
Apr 2005 – Mar 2007 · 2 yrs
Winnipeg, Canada Area
- I managed data export processes from administrative databases to facilitate data analysis.
- After teaching myself to use Stata statistical software, I investigated data from three national surveys, applied sample weights, and produced descriptive analyses and logistic regressions. I also evaluated the Methadone Intervention & Needle Exchange program, analyzed data from...

Manitoba Centre for Health Policy
5 yrs 8 mos
Research Coordinator
May 2004 – Apr 2005 · 1 yr
Winnipeg, Canada Area
- The Manitoba Centre for Health Policy (MCHP) has an amazing data infrastructure, and while I had limited direct access to the data, I was quite aware of the concepts and methods that made it so successful. Documentation has such a high priority and quality that the MCHP Concept Dictionary and Glossary for Health Services Research are generously shared worldwide. ...

Research Assistant
Sep 1999 – May 2004 · 4 yrs 9 mos
Winnipeg, Canada Area
JOB SEARCH

Employers hire in this direction

People look for jobs in this direction

1. Advertisements & Job Boards
2. Recruitment Agencies
3. Professional Organisations
4. Networking / Word of Mouth
5. Contacts from existing staff
6. Internal promotion / lateral move / temps / consultants
University of Manitoba

Home / Career Services / Career planning / Explore occupations (Doc List)

University Professors & Lecturers and College Instructors

Learn about this occupation – including typical duties, education outlook information, job boards and more.

University professors (4011) are employed by degree-granting schools to teach and produce works of art or conduct research and publish their research findings. College, technical and vocational instructors (4021) provide instruction to adults in a wide variety of subject areas including vocational, technical, business or services training, trades, academic upgrading, university transfer courses and university degree program courses.

In addition to those below, you may find relevant career information and job search resources on the scientist and specialist pages relevant to your discipline (e.g. Biologist, Historian). Revisit the occupational index to also explore those pages.

Labour market information

Labour market information informs users of supply and demand for specific occupations and sectors. It includes such things as salary and job outlook information. These resources support informed career decision making and job search efforts.

Resources

- Trend Analysis: Job Market Reports - Government of Canada - Job Bank
  - Professors and Lecturers
  - College, Vocational and Technical Instructors
- Occupational Outlook Handbook - Job outlook for the U.S.
- Comparing the average salaries of Canadian professors in 2018 - Maclean’s magazine
- Article: Why Canada’s professors are the best (best-paid, that is) - Toronto Star News
- Faculty Compensation Survey - American Association of University Professors
- Number and salaries of full-time teaching staff at Canadian universities (partial) 2019/2020 - The Daily from Statistics Canada

Professional Associations

Professional associations may organize events and provide directories, job postings, career and labour market information. Student membership opportunities may also be available. Engage, learn and network!

- Canadian Association of University Teachers (CAUT)
- American Association of University Professors (AAUP)

Directories, Industry Associations, and Sector Councils

These resources provide industry news, labour market information and a list of potential employers. Remember, there are usually multiple industries worth exploring.

- Universities Canada - member universities
- Colleges and Institutes Canada - member directory
- Listing of private vocational institutions in Manitoba - Government of Manitoba
- National Association of Career Colleges - listing for Canada
- International Association of Universities - 600+ members across 120 countries
- Association of American Universities (U.S.)
- Association of American College & Universities (U.S.) - member institutions
- National Association of Independent Colleges and Universities (U.S.)

Job Boards

Find detailed information about the occupation, including typical duties and working conditions:

- National Occupational Classification (NOC) - Canadian occupational descriptions
  - University Professors and Lecturers
  - College and other Vocational Instructors
  - OCCinfo by alis - Alberta-based occupational information
  - University Professors and Lecturers - includes video
  - College, Technical and Vocational Instructors
- O*NET Online - U.S. resource for occupational descriptions and information

Job Boards

- Universities Canada - member universities
- Colleges and Institutes Canada - member directory
- Listing of private vocational institutions in Manitoba - Government of Manitoba
- National Association of Career Colleges - listing for Canada
- International Association of Universities - 600+ members across 120 countries
- Association of American Universities (U.S.)
- Association of American College & Universities (U.S.) - member institutions
- National Association of Independent Colleges and Universities (U.S.)
Graduate Studies at UM

Getting Started

Intermediate Stages / The Halfway Mark

Final Steps

Sample Jobs

What do employers want?

Alumni stories

Adam N. Nepon | MBA - Indigenous Business and Economy
1. View the Work & Volunteer + Community Connections sections of compass within the Getting Started section.

2. Find one or more new suggestions, tips or resources relevant for you.

3. Share at your table. Also share another success planning step you plan to take this year.

5 minutes
What Do Employers Want?

Graduate Studies alumni may find work in a wide range of industries and areas, including universities and colleges, research institutes, government departments and agencies, non-profit organizations, policy think tanks, museums and science centres, and private sector companies. The following competencies* are highly sought after by employers:

1. Communication skills: Writing and editing of reports, positions papers, briefing documents; oral communication including negotiation and liaison; ability to communicate complex information to those external to discipline
2. Expert knowledge: Scientific, subject or topic specific knowledge
3. Research skills and research coordination: Research design, management or coordination of research projects, working with protocols
4. Teamwork: Ability to work collaboratively in multifunctional teams
5. Presentation and teaching skills: Ability to present in regulatory settings
6. Leadership and supervision: Ability to self-start and/or lead, guide, influence, motivate and engage others
7. Analytical and problem solving skills: Ability to analyze, synthesize and interpret data and ideas; ability to think deeply to develop innovative solutions
8. Project management and organizational skills: Ability to multitask, dissect projects in manageable tasks, handle competing demands and manage multiple projects simultaneously
9. Partnership development and stakeholder engagement
10. Sound judgement and decision making: Ability to make independent and evidence-based decisions and maintain tact, diplomacy and confidentiality

Note that “prior industry experience” and “years of experience in similar position” was also required for many positions. In addition to attaining skills through your graduate education, students are encouraged to engage with their industry of interest.
CAREER PLANNING IS CRUCIAL.

MOTIVATES YOUR STUDIES

FOCUS YOUR TIME &
TARGET YOUR EXPERIENCES
CAREER SERVICES

474 UNIVERSITY CENTRE

OUR WEBSITE
umanitoba.ca/student/careerservices

RESUMÉ LEARNING CENTRE
Mon – Fri
474 UNIVERSITY CENTRE
cs.receptionist@umanitoba.ca
Mon – Fri
9 to 4

Attend a Workshop
careerCONNECT
uofmcareerservices.ca

APPOINTMENTS
Front desk – 204-474-9456

Career Mentor Program
Sept – Apr