What is “synthesis”???
(consider reading “What is analysis ???” before reading this document)

**Synthesis** means to combine a number of different pieces into a whole. Synthesis is about concisely summarizing and linking different sources in order to review the literature on a topic, make recommendations, and connect your practice to the research.

Synthesis usually goes together with analysis because you break down a concept/idea into its important parts/points (analysis), so you can draw useful conclusions or make decisions about the topic or problem (synthesis).

**Examples of Analysis to Synthesis**

Research Question: What increases student motivation?

One possible answer: meaningful work

*Analysis*=One part or way of increasing student motivation is through meaningful work. What did individual authors have to say about meaningful work?

<table>
<thead>
<tr>
<th>Author’s Names</th>
<th>meaningful work</th>
</tr>
</thead>
<tbody>
<tr>
<td>Knowles (1978)</td>
<td>Builds upon learners life experiences, and links new knowledge with previous life experiences</td>
</tr>
<tr>
<td>Seifert (2004)</td>
<td>Contributes to confidence</td>
</tr>
<tr>
<td>Rogers (2002)</td>
<td>Tasks meet an immediate need</td>
</tr>
<tr>
<td>Bandura (1997)</td>
<td>Leads to task persistence</td>
</tr>
<tr>
<td>Craft (2005)</td>
<td>Reflective journals can be meaningful to the student</td>
</tr>
<tr>
<td>What does the student author think?</td>
<td>I also find that I am more motivated to do “real life” nursing tasks that are meaningful to my future career</td>
</tr>
</tbody>
</table>
Knowles (1978) wrote that meaningful work builds upon life experiences and links new knowledge with previous experiences. Meaningful work contributes to a student’s confidence (Bandura, 1997). Meaningful work meets an immediate need (Rogers, 2000). Seifert (2004) claimed that meaningful work contributes to a student’s confidence. Finally, Craft (2005) stated that reflective journals can be meaningful tasks for the student.

- If you compare the table on the previous page to this synthesis, it becomes clear that this student writer is restating each author’s ideas like a grocery shopping list. Although the APA citations are correct, the above synthesis is unsuccessful because the reader does not learn how these ideas are related or if some ideas are more significant than others, nor does the reader learn the writer’s position on the subject.

**Successful Synthesis of the Research Literature**

Much of the literature claims that student motivation increases when the tasks are meaningful (Bandura, 1997; Craft, 2005; Knowles, 1978; Rogers, 2000; Seifert, 2004).  

- The above synthesis reports a common finding of various authors

While satisfying the professor’s expectations can be satisfying for the student, meaningful work contributes to a student’s confidence (Seifert, 2004) and persistence of a task (Bandura, 1997).

- **Notice that this second synthesis combines the student's initial thought** (satisfying a professor’s expectations can be important) **with information from the literature** (the student’s need for meaningful learning)

For work to be meaningful to students, tasks should build upon their life experiences and link new knowledge with their previous life experiences (Knowles, 1978) or immediate needs (Rogers, 2002). One means of achieving a meaningful connection is through reflective journaling tasks (Craft, 2005).

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1 Notice that multiple citations in the same (brackets) are listed in alphabetical order

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This third synthesis summarizes different kinds of findings. The student has successfully synthesized the sources by concisely showing the reader how these different ideas fit together.

Given the importance of meaningful learning in increasing student motivation and task persistence (Bandura, 1997; Craft, 2005; Rogers, 2000; Seifert, 2004), it is important to provide relevant and practical clinical teaching to clients.

or

Bandura (1997) and Rogers’ (2000) findings indicate that meaningful tasks are more likely lead to the completion of learning tasks or the fulfillment of a need. However, the learning process itself is more enjoyable when the task is important to the learner. Nurses should take both the learning process and learning outcome into consideration.

Reflective assignments require you go beyond a synthesis of the literature. For some assignments, you need to make recommendations or form conclusions based on your analysis and synthesis of the literature.

Notice how the student has combined his or her thoughts with the research without using “I think”, “I believe that..”, or “this student argues that…”

While some researchers (Bandura, 1997; Rogers, 2002; Seifert, 2004) define the benefits of meaningful work for students in general, the existing literature does not explore the advantages of meaningful work for high school students or adolescents specifically.

A synthesis should not only show what the research tells us; a synthesis should also identify what the research does not tell us. In other words, what are the “holes”, “gaps”, or “unknowns” in the research on this topic?

**Synthesis Determines**

Which sources overlap or share the same opinion/findings?

Have you found any common traits or themes in the research literature?

What choice have you made about this dilemma? Why did you make that choice and not another?

What meaning or conclusions do you draw from the data on this topic? How might that new meaning change or reinforce your practice?

Why is the piece of research evidence weak or strong?

Using the statistics, facts, or knowledge in the research, what kind of story have you crafted for the reader? What is your angle or your personal interpretation of the evidence?

How have you shown the reader which parts of the argument (or which pieces of research) are most useful or most important?