

WALL CLIMBING PARTICIPANT WAIVER AND RULES

Participant Name:

Last Name

First Name

Age (if under 18):

DESCRIPTION OF RISKS

I understand that there are many possible risks, dangers and hazards associated with Indoor Wall Climbing, including the possible risk of severe or fatal injury to myself or others. These risks include, but are not limited to:

Indoor Wall Climbing

- all manner of injury resulting from falling and hitting the floor, climbing wall faces, protruding holds or ledges, or other climbers;
- rope abrasion, entanglement and other injuries resulting from activities such as climbing, belaying, rappelling, rescue systems and any other rope technique;
- injuries resulting from failure of ropes, slings, harnesses, climbing hardware, anchor points and any part of the climbing structure;
- injuries resulting from falling climbers or dropped items such as ropes or hardware; and
- cuts and abrasions from skin contact with climbing panels and various holds, ledges, edges and any fixtures, including injuries to the joints and knuckles of my hands.

I AGREE TO BE RESPONSIBLE FOR MYSELF.

I am participating voluntarily in the Climbing course/Open Climb Time/Climbing Club. I agree that there are risks associated with indoor wall climbing, as described above. By participating voluntarily in indoor wall climbing, I am exposed to these risks and hazards. I agree to accept them and be responsible for any injury or other loss, which I might receive while participating in this program.

In consideration of the opportunity to participate in climbing activities offered through Recreation Services at the University of Manitoba, I agree that if something happens to me, I, on behalf of myself, my heirs, executors and assigns, release and save harmless the University, its officers, agents, employees and volunteers (collectively, the "University") from and against any claims, demands, actions and costs, which might arise out of my participation.

ACKNOWLEDGEMENT BY PARTICIPATING INDIVIDUAL

I acknowledge that I have read the above and that I fully understand, appreciate and accept the physical risks associated with my participation in this Climbing course/Open Climb Time/Climbing Club offered by Recreation Services at the University of Manitoba, and that I am of the full age of 18 years and legally competent to sign this release.

Printed Name of Participant

Signature of Participant

Date

Printed Name of Witness

Signature of Witness

Date

ACKNOWLEDGEMENT BY PARENT/GUARDIAN

I acknowledge that where the Participant is less than the age of 18 years, the parent/guardian must sign below showing that the parent/guardian has read, understood the risks and agrees with all of the above for their child to register and participate in this Climbing course/Open Climb Time/Climbing Club.

Printed Name of Parent & Guardian

Signature of Parent & Guardian

Date

Printed Name of Witness

Signature of Witness

Date

ALC Climbing Wall Rules

Climbing Area

- The climbing wall supervisor/instructor has the authority to ask anyone to leave if behavior is deemed unsafe or in violation of the rules.
- No personal items, cell phones or electronic devices (i.e. head phones/mp3), cutting devices (knives, keys), food, drink, or gum allowed in the climbing area at any time.
- Shoes are required at all times when climbing. No bare-foot climbing allowed. Hiking boots and sandals are not allowed while climbing.
- Any open wounds are to be covered prior to climbing. If you start bleeding while on the wall, you must attend to the wound before continuing
- Only U of M Climbing instructors may provide instruction at the wall.
- No personal equipment other than harness, shoes and chalk bag are allowed while climbing.
- Do not step on any ropes at any time.
- Avoid obstructing any path of a climber and belayer. Do not pass underneath the ropes of a climber on the wall.
- All participants must have completed a waiver form.

Bouldering

- Climber’s shoulders/armpits are the highest point of their body shall not exceed bouldering limit.
- Crash pads are mandatory, if bouldering on the climbing wall.
- Climbers who are bouldering must give the right of way to roped climbers.

Roped Climbs

- You must take the Climbing Orientation course to use the Auto Belays and climb at any Open Climb time. To belay and Top Rope climb, you must have taken the Climbing Fundamentals course or have taken and successfully passed a Belay Test. To lead belay or lead climb, you must have taken the Introduction to Sport Climbing Course or have taken and successfully passed a Belay Test.
- Climbers wishing to climb above the marked bouldering limit must be belayed by a certified belayer. Solo climbing is not permitted and all climbers must be protected by either a climbing rope or auto belay system.
- All top-rope climbers must tie into the rope using a figure-8 follow-through knot.
- All belaying of climbers must be done using a functional belay device, attached to the belayer’s belay loop on his/her harness by means of a locking carabiner.
- Always double check the climber’s knot, harness and belay system before each climb. If in doubt ask a climbing wall supervisor or climbing instructor for an inspection prior to climbing.
- Belayers must not allow excess slack in the rope.
- All chalk must be in chalk bags. Climbers are not allowed to use loose chalk.
- Avoid pulling down top ropes when lead climbing.
- While lowering, do not push off the wall. No swinging.

I have read, understand and agree to follow the University of Manitoba Climbing Wall Safety Rules, and understand that failure to follow these rules may result in loss of climbing privileges.

Printed Name of Participant

Signature of Participant

Date

RELEASE, INDEMNITY, ACKNOWLEDGEMENT OF RISK, AND CONDITIONS OF ENROLLMENT – all participants read and sign below

The Participant, or the Undersigned on behalf of him/herself and the Participant (collectively the “Releasor”), hereby release and discharges The University of Manitoba, The Faculty of Kinesiology & Recreation Management, and their employees, contractors and volunteers (collectively the “University”) from any and all claims and demands that the Releasor, his/her heirs, executors, or assigns now or in the future may have against the University, for or by reason of any damage, loss or injury (including death) in connection with the Participant’s involvement in any activity which is the subject of this Registration, including where caused by the negligent act or omission of the University. The Releasor further understands that the Participant will be using the University’s facilities for activities which have inherent risk, and assumes the risk of that involvement.

Where the participant is under the age of 18, the Undersigned represents that he/she is a parent or guardian legally responsible for the Participant. The Undersigned agrees to indemnify and save harmless the University from any claims made by the Participant in connection with the Participant’s involvement in any activity which is the subject of this Registration, including where caused by the negligent act or omission of the University. The Undersigned is responsible for the Participant at all times the Participant is not actively engaged in the activities which is the subject of this Registration.

The Releasor agrees to provide an emergency contact name and phone number of the Participant and authorizes the University to seek medical assistance for the Participant if the Participant is unable or incompetent to make treatment decisions, and the emergency contact cannot be reached. The Releasor hereby authorizes the University to take photograph/video of the Participant during program activities, and to display and otherwise use these images without charge solely for the purpose of promotional material in connection with the University. REFUSAL TO SIGN WILL RESULT IN ACCESS TO ACTIVITIES AND RECREATION FACILITIES BEING DENIED.

Printed Name of Participant

Signature of Participant

Date

Notice Regarding Collection, Use, and Disclosure of Personal Information by the University:

Your personal information is being collected under the authority of The University of Manitoba Act. The information you provide will be used by the University for the purpose of recording your consent to follow the rules and conditions as outlined above, and for providing access to Indoor Wall Climbing courses and activities offered by the Faculty of Kinesiology and Recreation Management. Your personal information will not be used or disclosed for other purposes, unless permitted by The Freedom of Information and Protection of Privacy Act (FIPPA). If you have any questions about the collection of your personal information, contact the Access & Privacy Office (tel. 204-474-9462), 233 Elizabeth Dafoe Library, University of Manitoba, Winnipeg, MB, R3T 2N2.