



# DEPARTMENT OF FAMILY MEDICINE

# RURAL STREAM

2019 - 2020 ACADEMIC YEAR



As a resident in the University of Manitoba's Rural Family Medicine stream, you'll see large patient volumes and hone your procedural skills through a variety of clinical encounters.

This stream offers excellent learner-to-physician ratios ensuring as much one-on-one time as possible. These sites also welcome undergraduate students, enhancing the opportunity for collaborative learning.

Each of the six rural streams and their wide catchments offer slightly different opportunities based on their location and culture. For example, sites may offer hands-on exposure to the agricultural industry to provide an enhanced understanding of farm-related injuries, time in a rural Canadian Forces base to better understand specialized populations, or work with Indigenous communities to gain a better understanding of issues surrounding access to health care. Continuity of care at all of our learning sites is an educational priority.

## FEATURES

Choose from the following options in the rural stream:

- Boundary Trails (Winkler/Morden)
- Brandon
- Interlake-Eastern (Selkirk)
- Parkland (Dauphin)
- Portage La Prairie
- Steinbach

## BENEFITS

### RURAL EXPERIENCE

Each of the six rural streams and their wide catchments offer slightly different opportunities based on their location and culture.

### EXCEPTIONAL EDUCATION

Study with the best. Many of our faculty are involved in research that influences how healthcare is delivered in Manitoba and beyond.

### ELDERS-IN-RESIDENCE

Receive guidance from our Elder. All students, faculty and staff at the University of Manitoba are welcome to access this service.



UNIVERSITY OF MANITOBA | Rady Faculty of Health Sciences

## BOUNDARY TRAILS

*Winkler (pop. 10,670) and Morden (pop. 7,812) | 130 km southwest of Winnipeg*

Residents spend 24 weeks of their first-year Family Medicine Block Time (FMBT) and many of their second-year rotations in either Winkler or Morden, as well as the nearby Boundary Trails Health Centre.

For family medicine training, residents are paired with a primary preceptor at their busy fee-for-service clinic at the Agassiz Medical Centre or the CW Wiebe Medical Centre.

Physicians at these clinics have specialty training in areas such as chemotherapy, women's health, obstetrics, hemodialysis, addiction medicine, palliative care, emergency medicine and anesthesia.

## BRANDON (SATELLITE CAMPUS)

*Brandon (pop. 53,229) | 214 km west of Winnipeg*

Brandon offers a metropolitan lifestyle rich in culture with all the charm of small-town living.

The Brandon satellite campus provides core and elective rotations for medical students, a horizontal clerkship, and residency positions in family medicine, anesthesia, psychiatry and enhanced skills emergency medicine.

Over the two years of family medicine, residents complete 19 of 22 blocks in Brandon and have two elective rotations. Pediatric emergency and palliative medicine are completed in Winnipeg, and one block of family medicine is spent in a smaller rural community.

In Brandon, residents are paired with a primary and secondary preceptor in a busy fee-for-service comprehensive practice including urgent care, hospital care, long-term care, obstetrics, CFB Shilo Family Clinic and a resident-run teen clinic with Sioux Valley First Nation High School.

Horizontal exposure in emergency, psychiatry and family medicine continuity clinics happen throughout both years. Specialty rotations are provided by generalist specialists in Brandon.

## INTERLAKE-EASTERN (SELKIRK)

*Selkirk and surrounding area (pop. approx. 30,000) | 70 km northwest of Winnipeg*

The new Interlake-Eastern stream offers residents the opportunity to gain extensive clinical experience in Selkirk and throughout the Interlake-Eastern Regional Health Authority.

Residents are primarily based with Selkirk Medical Associates, and at the new Selkirk Regional Health Centre. Selkirk Medical Associates operates a busy fee-for-service clinic that serves Selkirk and the surrounding area.

There are significant opportunities to participate in outpatient clinics, inpatient medicine, emergency services, family medicine based obstetrics, chemotherapy, palliative care and long term care facilities.

## CONTACT

Family Medicine, Max Rady College of Medicine  
Rady Faculty of Health Sciences, University of Manitoba  
P228-770 Bannatyne Avenue  
Winnipeg, Manitoba R3E 0W3  
T: 204-977-5663 F: 204-272-3090  
pgmefammed@umanitoba.ca

## PARKLAND

*Dauphin (pop. 8,457) | 330 km northwest of Winnipeg*

The Parkland unit is based in an agriculture-based area, accessing communities that prepare residents for practice in rural areas. It has high rate of graduates that return to practice in rural areas.

Through use of community physician faculty and preceptors, along with dedicated inter-professional faculty, residents are exposed to a broad scope of practices.

Clinical settings include hospital wards, emergency rooms, scheduled and community clinics, surgeries, personal care homes, home visits and specialty clinics. Professionals such as optometrists, audiologists, pharmacists, nurses and mental health care professionals are integrated into the program, ensuring a rich, interdisciplinary learning experience.

The many years of training have encouraged a safe learning environment, with support from both the medical community and the support of the clients within the communities in which our family medicine residents train.

## PORTAGE LA PRAIRIE

*Portage la Prairie and surrounding area (pop. 35,000) | 100 km west of Winnipeg*

Residents care for patients at the busy fee-for-service Portage Clinic, the Portage District General Hospital, as well as several satellite outpatient clinics, including the Cartier and MacGregor Health Centres, Manitoba Development Centre, Agassiz Youth Centre, Sandy Bay Health Centre, Addictions Foundation Manitoba, Teen Clinic, KF Aerospace Flight Training School and personal care homes.

The Portage Clinic consists of a wide variety of collaborative members including family physicians, general surgeons, otolaryngologists and several visiting specialists. At the hospital, residents are exposed to a wide variety of experiences in the emergency room, surgery, intensive care unit, obstetrics, dialysis, chemotherapy, psychiatry and anesthesia departments.

Portage la Prairie offers five primary preceptors which provides excellent learner-to-physician ratios with as much one-on-one time as possible.

## STEINBACH

*Steinbach (pop. 15,829) | 65 km southeast of Winnipeg*

Residents spend 20 weeks of their first-year FMBT in Steinbach. In the second year, residents have FMBT as well as surgery and pediatric rotations in Steinbach. Emergency and obstetrics run horizontally throughout the two-year experience.

Steinbach Family Medical is a fully computerized, busy, fee-for-service clinic and one of the first My Health Teams in Manitoba. The Steinbach site offers a clinical teaching unit at Bethesda Regional Health Centre, opportunity for teaching medical students, and learning in an interdisciplinary work setting.

**Disclaimer:** The Department of Family Medicine reserves the right to make changes to the information contained in this fact sheet without notice. Visit our website to ensure you have the latest details.



UNIVERSITY  
OF MANITOBA

Rady Faculty of Health Sciences