



WELL-BEING AND WELL-BECOMING IN SCHOOLS RESEARCH INITIATIVE

wellbeinginschools.ca

Symposium

*Envisioning Flourishing Schools:
Voices from Students, Educators, and Researchers
on Well-being and Well-becoming in Schools*

Friday, 23rd November 2018

8:30-15:30

Education Building, University of Manitoba

This symposium will offer participants multiple opportunities to consider how well-being and well-becoming can be the core of planning and practice in schools in Manitoba. Sessions throughout the day will include research talks, facilitated discussions, school divisional case studies from across Manitoba, and an arts-based session designed specifically for youth. An event schedule can be found below.

This event continues the engagement from our symposium in May 2017 on “Mental Health and Well-Being and Well-Becoming in Schools” at <http://www.eswbrg.org/conference-2015.html>).

You will need to register for the symposium in advance and select those sessions in the morning that you like to attend. To register, please follow the instructions below. Please register early, because the number of participants is limited. Registration deadline is 10th November 2018.

Participation fee: **\$50** (includes lunch and refreshments)
 Students (youth) are FREE (2 students per division)

For inquiries about the event, please contact:

Jen Watt (Jennifer.Watt@umanitoba.ca) OR Heather Krepski (krepskih@myumanitoba.ca)

Event Schedule: Friday, November 23, 2018

- 8:30-9:00 Refreshments
- 9:00-9:20 Land Acknowledgement
Welcome remarks (Jennifer Watt & Heather Krepski)
- 9:20-9:35 Setting the Context (Thomas Falkenberg)
- 9:35-9:45 Brief coffee break
- 9:45-10:50 Working Group Session A
- Session 1:** *Student Well-Being and Well-Becoming as a Condition for and an Indicator of Student Success: What Might This Mean?* (Thomas Falkenberg)
 - Session 2:** *Children's Well-Being and the Tradeoffs Schools Must Make: A Philosophical Perspective* (Sarah Hannan and Heather Krepski)
 - Session 3:** *Now and Future Orientation as Core Conditions for Student Well-Being and Well-Becoming: How Could These be Worked into Everyday School Practices?* (Grace Ukasoanya)
 - Session 4:** *"Making" Teacher Wellbeing a Priority: Creating your Living Map of Flourishing* (Jennifer Watt and Sabre Cherkowski)
- 10:55-12:00 Working Group Session B (repeat of the earlier sessions)
- Session 5:** *Student Well-Being and Well-Becoming as a Condition for and an Indicator of Student Success: What Might This Mean?* (Thomas Falkenberg)
 - Session 6:** *Children's Well-Being and the Tradeoffs Schools Must Make: A Philosophical Perspective* (Sarah Hannan and Heather Krepski)
 - Session 7:** *Now and Future Orientation as Core Conditions for Student Well-Being and Well-Becoming: How Could These be Worked into Everyday School Practices?* (Grace Ukasoanya)
 - Session 8:** *"Making" Teacher Wellbeing a Priority: Creating your Living Map of Flourishing* (Jennifer Watt and Sabre Cherkowski)
- 12:00-12:55 Lunch
- 13:00-13:45 Flourishing in the Field: Sessions from School Divisions (breakout rooms)
- Youth session 1:** Sharing what well-being means for students
 - Session 9:** School divisions present
 - Session 10:** School divisions present
- 13:50-14:10 Well-being break and coffee
- 14:15-15:00 Flourishing in the Field: Sessions from School Divisions (breakout rooms)
- Youth session 2:** Expressing through art what well-being means for students
 - Session 11:** School divisions present
 - Session 12:** School divisions present
- 15:00-15:30 Closing Session:
- Hearing from youth and participants
 - Closing remarks

The focus of the symposium is directly linked to the following additional, free, public event, that takes place on the evening prior the symposium:

Faculty of Education Annual Joan Irvine Lecture
Thursday, Nov. 23, 2018 7:00 – 8:30 Room 224 Education Building

Teacher Well-Being Matters: Exploring What it Means to Notice, Nurture and Sustain Flourishing in Schools

Teachers play a crucial partnership role in fostering well-being in their students' lives, and so understanding how to promote teachers' well-being is currently receiving international attention. In this talk, Dr. Sabre Cherkowski will provide an overview of the findings from her recently completed research on teacher well-being, designed from a positive organisational perspective to focus on factors, forces, and dynamics that interact to explain how it is that certain schools and people in schools flourish. The purpose of this research project was to understand what it means for teachers to flourish in their work and to be able to contribute new knowledge about theory and practice of teacher well-being. Drawing on her recent publications emerging from this research, Dr. Cherkowski will offer theoretical insights and practical experiences to notice, nurture, and sustain flourishing in schools. While this research was carried out with educators in public school settings, the findings and resulting tools and strategies will be of interest to individuals and groups in varied work and learning settings.

Dr. Sabre Cherkowski, PhD, is Associate Professor and Director of Graduate Programs in the Okanagan School of Education in the Faculty of Education at University of British Columbia. She teaches and researches in the areas of leadership in learning communities, professional development and collaboration, mentoring and coaching, moral agency and educational leadership, and diversity and education. She is currently engaged in a multi-year research project examining flourishing in schools from a positive organizational perspective. She brings her experiences as a teacher, coach, and parent to her passion for exploring what it means to flourish in work and life.

For more information, please email: Jennifer.Watt@umanitoba.ca

**Envisioning Flourishing Schools:
Voices from Students, Educators, and Researchers on Well-being and Well-becoming in schools**



Symposium
Friday, 23rd November 2018
Faculty of Education, University of Manitoba



REGISTRATION FORM

(Registration Deadline: **10th November 2018** No Refunds After: **16th November 2018**)

Please **e-mail** this completed registration form as an attachment to Ms. Stephanie Coughlin at stephanie.coughlin@umanitoba.ca

One registration form is required for **every** participant.

Name:

Organization:

Role:

E-mail:

Daytime Phone: _

Registration Fee (required): \$50.00 (incl. lunch, refreshments, and GST): Adult participants
Students (Youth) are FREE (2 students per division)

Payment Options – For options 1, 2 & 4, receipts will be provided at the conference. For option 3, receipts will be provided at the time of payment. Please check your chosen payment option.

___ **Option 1: Payment by Cheque**

- make the cheque payable to “The University of Manitoba”
- mail the cheque to or drop it off with
Ms. Stephanie Coughlin
230Q Education Building
University of Manitoba
Winnipeg, MB R3T 2N2

___ **Option 2: Payment by Credit Card (phone-in only)**

- call Ms. Stephanie Coughlin, Financial Assistant in the Faculty of Education, at 204- 474-9357 with your credit card information.

___ **Option 3: Payment in Cash**

- please drop cash off before the registration deadline with Ms. Stephanie Coughlin at the address provided in option 1. Payments will be accepted Mon.-Fri. 8:30-16:30 (except for 12:00-13:00).

___ **Option 4: Payment by FOAP**

- Please enter FOAP _____ - _____ - _____ - _____

Name & Signature of Signing Authority _____

Any questions regarding registration should be directed to Ms. Stephanie Coughlin at 204-474-9357
Please see the next page to make your session selections.

Don't Forget to Complete Your Session Selection

Each participant can attend one working session in the morning slot A (9:45-10:50) and one in the morning slot B (10:22-12:00). To coordinate the sessions, each of which will have limited space available, please rank your **top four** sessions by inserting the numbers 1-4 in front of the chosen session title (1 = first choice, etc.):

***Student Well-Being and Well-Becoming as a Condition for and an Indicator of Student Success: What Might This Mean?* Dr. Thomas Falkenberg**

The notion that student success means more than success in the so-called academic subjects has gotten some traction in educational discourse in Manitoba and other provinces. This session will take up the idea that student well-being and well-becoming might become a condition for and even an indicator of student success. The session will raise the question how we might (need to) understand “student well-being and well-becoming” so that this idea might flourish in school education in Manitoba.

***Children's Well-Being and the Tradeoffs Schools Must Make: A Philosophical Perspective* Dr. Sarah Hannan and Heather Krepski, Doctoral Candidate**

When it comes to children's well-being, we must think about what they need to flourish in their lives as children, and what they will need to flourish as adults. Preparing them to thrive in these different stages of life often involves difficult tradeoffs. This session will explore the nature of children's well-being and how schools in particular can tackle the necessary tradeoffs.

***Now and Future Orientation as Core Conditions for Student Well-Being and Well-Becoming: How Could These be Worked into Everyday School Practices?* Dr. Grace Ukasoanya**

Students are ‘well’ when they know that school and school practices help them to make meaning of how the academic, social and emotional capabilities they are helped to acquire today fit into the capabilities they need for the future. This presentation draws from the premise that the goal of school is to help students to make meaningful connection between the life they are expected to live as students and the life they aspire to live in the future. The session will use social innovation approach to invite all stakeholders in the room (students, educators and parents) to freely ideate about what this might look and feel like as teachers, counselors, resource teachers and administrators work with students in Manitoba schools.

***“Making” Teacher Well-Being a Priority: Creating your Living Map of Flourishing* Dr. Sabre Cherkowski and Dr. Jennifer Watt**

Come and experience what it means to craft your work in ways that help you to flourish. Dr. Sabre Cherkowski and Dr. Jennifer Watt will co-facilitate this workshop designed to help you use recently developed tools and strategies from Sabre’s research on teacher wellbeing. You will have an opportunity to learn about the research findings, think about what these mean to you in your own context, and develop ideas and steps for developing a learning journey toward flourishing. Through this workshop you will have opportunities to identify ways you can start to notice, nurture, and sustain wellbeing for yourself and others with whom you work, and will have the start of a Living Map of Flourishing to guide you on your wellbeing journey.

Please e-mail your session choice to Ms. Stephanie Coughlin at stephanie.coughlin@umanitoba.ca

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