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My focus is on working from a systemic perspective. I utilize a variety of approaches within this general framework including cognitive behavioural, feminist, solution focused, narrative, and DBT. I usually supervise specialty practica for students who are interested in enhancing their skills for working with couples and families. There are two options for these specialty practica: (a) working with families and couples at the PSC (which includes families/couples with a range of presenting problems), and (b) working in the Couples Counselling Project (which is a program that I run at 485 Selkirk Avenue for couples with a history of violence in their relationships). In both specialty practica students learn about family/couple assessment and have the opportunity to explore a variety of family therapy interventions. Students who work in the Couples Counselling Project get extensive experience working in co-therapy and working as part of an interdisciplinary team. Students learn about domestic violence and have the opportunity to work with clients who are marginalized (based on class, ethnicity, etc.). Students develop skills in crisis intervention, screening for the appropriateness of couples therapy with this population, conjoint therapy, and multi-couple group therapy. Supervision involves discussing client issues, viewing videotapes of therapy sessions, and/or working with me in co-therapy.