HUMAN NUTRITIONAL SCIENCES

promoting human health through food, nutrition and healthy eating for individuals and communities
**CHOOSE YOUR FOCUS**

**Nutrition Option**
Learn about the role of nutrition and food literacy in health promotion in all ages.
Dietetics Preparation pathway available.

**Foods Option**
Learn how to develop food products that support health and increase the competitiveness of the food production, processing and marketing industries.

**Food Industry Option**
Explore the ways health and nutrition impact the food industry with a focus on quality assurance, food product development or agri-food sector.
Second Degree option available.

**WHERE IT CAN TAKE YOU**

Food Product Development Consultant
Food Service Director
Community Nutritionist
Sports Nutritionist
Registered Dietitian (following one-year dietetic internship)
Human Ecology Teacher (with completion of an Education degree)
COURSE HIGHLIGHTS

Food Preparation and Preservation
Food: Facts and Fallacies
Nutrition in Exercise and Sport
Vitamins and Minerals in Human Health
Community Nutrition
Culture and Food Patterns
Introduction to Agrifood Systems
Fundamentals of Marketing
Food Product Development
Maternal and Child Nutrition
Nutrition Assessment and Counselling

DID YOU KNOW?

The Barbara Burns Food Innovation Laboratory is a state-of-the art food grade lab, modern test kitchen and demonstration centre where students study food product development.

The George Weston Ltd. Sensory Food Research Lab explores issues in sensory analysis, consumer acceptance and flavor science.

The Richardson Centre for Functional Foods and Nutraceuticals is an innovative research hub focused on developing nutritious products and functional foods. Many of our students find jobs and co-op placements here.
Want a Campus Tour?
aginfo@umanitoba.ca

Program Questions?
agfood.ambassador@umanitoba.ca

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