



MOST NEEDED ITEMS:

**1. CANNED FISH OR MEAT (TUNA, CHICKEN,
ETC.)**

2. CANNED FRUIT & VEGETABLES

**3. CANNED BEANS (CHICK PEAS, BLACK BEANS,
ETC.)**

4. BABY FOOD (JARS, INFANT FORMULA)

5. CANNED SOUP AND CHILLI

6. RICE AND PASTA

7. CANNED PASTA SAUCE OR TOMATOES

8. INSTANT OATMEAL OR CEREAL

9. PERSONAL AND FEMALE HYGIENE PRODUCTS

THE UNIVERISTY OF MANITOBA

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