

GEOG3870 A01 Food Geographies
Department of Environment & Geography,
University of Manitoba

COURSE OUTLINE Winter 2024

General Course Information

Professor: Dr. Bonnie C. Hallman

Office: 224 St. John's College

Office hours: In-person drop-in: Wednesdays 11:45am-1:15pm, or by appointment Email: bonnie.hallman@umanitoba.ca

All classes will be delivered in person in 115 St. John's College, MWF 10:30-11:20 pm, January 8 – April 10, 2024.

There is no course textbook; there are required readings for each week, made available to you as PDF files in UM Learn. These readings, as well as additional course materials (e.g., links to websites, videos, and news articles) are available on the UM Learn site for this course under *Contents*. They are organized by topic, as listed in the Course Schedule included in this Course Outline. While the additional materials are not required they are provided to support your learning, and many are referred to in, or were used in developing, course lectures.

Students are to follow all university and public health protocols as they may develop/change (e.g., mask-wearing) given an increasing prevalence of Covid variants and other serious respiratory viruses as reported by the WHO and PHAC.

*Check UM Learn Announcements and your UM email regularly
for course updates and reminders.*

TRADITIONAL TERRITORIES ACKNOWLEDGEMENT



The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.



UNIVERSITY
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“As defined in *The Human Rights Code* (Manitoba), and in accordance with the University of Manitoba’s Respectful Work and Learning Environment (RWLE) Policy, all learners, faculty and staff, regardless of race, ethnicity, colour, religious beliefs, national origin, rurality, gender, age, sexual orientation, disability, political beliefs, language, or socio-economic status, are valued for their individuality, academic pursuits, and contributions to the diversity and functions of the University of Manitoba. Unacceptable discrimination, including racism, microaggressions, sexism, ableism, ageism, homophobia and transphobia will not be tolerated.”

(Source: Rady Faculty Equity, Diversity and Inclusion Policy, 2020)

Course Delivery

This is a lecture and class discussion-based course. Students are expected to take notes, ask questions, keep up with the required readings, and be able to contribute to any in-class small-group or larger-group discussions. Generally, students can expect professor-led lectures early in any given topic, and more student-focused discussion / in-class activities as topics are further developed.

The **required readings** and **additional materials** such as videos, news articles etc., are available on the UM Learn site for this course. All resources are organized into weekly course topic modules/sections, corresponding to those listed in the schedule at the end of this Course Outline. **There is no course textbook.**

Course Description

This course examines the interconnections and inter-relationships between foods, foodways, culture and place. It emphasizes that food is inherently geographical; after all food is always consumed *somewhere*.

Geographical insights on food, culture and place focus on variability across space, in place, and at scales of human-environment interaction from the personal to the global. Students are challenged to build their own understanding of the complex relationships between people, what they eat, where and why they eat it.

Course Learning Objectives

- Increase student understanding of geographical relationships in food issues, patterns and practices
- Increase student understanding of food as a nexus for evolving local-to-global (and vice versa) social, cultural, political and environmental relations
- Improve student skills in critical thinking, reading, and writing

Student Learning Evaluation

NOTE: Students registered with Accessibility Services that require additional testing time or assignment extensions should ensure that the instructor is officially notified by SAS at least two weeks before the test date so that test copies can be sent to SAS in time. SAS also requires a minimum of 2 weeks' notice for bookings in their Test Centre.

1. Midterm Test (30%)

- **Monday, February 26.** Written in class (max 50 minutes)
- Students answer 5 short answer questions on the test document
- Students select 1 of 3 essay questions to answer in a provided booklet
 - Questions are based on course required readings, lectures and in-class discussions. Answers may be enhanced by reference to additional course materials as relevant.

2. Reading Analysis Assignments (2 x 15%)

1. **Assignment 1 – due Friday, February 2, to UML folder**
2. **Assignment 2 – due Friday, March 8, to UML folder**

- **Detailed assignment instructions are available in UM Learn under Contents.**
- In each assignment, **students will answer a series of questions about a course required reading. Students will select ONE of two listed course readings to analyze.**
 - **Late assignments may not be accepted,** unless an extension has been requested and approved by the professor.

3. Final Examination (40%)

- **Scheduled by the Registrar's Office during the April Final Examination period (April 12-26, 2024)**
- Comprehensive – questions are drawn from across the course
- Students answer 10 short answer / fill-in-the-blank questions on the examination document.
- Students write responses to 2 of 4 essay questions in the provided examination booklet
 - Questions are based on the main themes of the course: associated readings, lectures, and class discussions. Answers may be enhanced by reference to additional course materials as relevant.

Letter Grades

The following is the standard grade scheme used in the Department of Environment and Geography:

A+ = 90 % +

A = 80-89%

B+ = 75-79%

B = 70-74%

C+ = 65-69%

C = 60-64%

D = 50-59%

F = < 50%

ADDITIONAL COURSE INFORMATION:

Communicating with Your Instructor

Only your **University of Manitoba email account** is used for official university communications, including messages from your instructors, Department or Faculty, academic advisors, and other university administrative offices. **Only emails from your University of Manitoba account (... @myumanitoba.ca) will be responded to by your instructor.**

Additionally:

- **All communications must be professional and respectful.** As members of the University community we are all subject to the *Respectful Workplace and Learning Environment Policy* (https://umanitoba.ca/admin/governance/governing_documents/community/230.html). You are encouraged to familiarize yourself with this policy.
- **E-mails** to the instructor must include:
 - The subject heading (**e.g., GEOG or HNSC 3870; Food Geography ...**)
 - A salutation (i.e. Dear, Hello, Good Morning . . .)
 - **The instructor's correct name (Professor or Dr. Hallman)**
 - Emails that do not conform to the above format may not get a response.

Normally, emails will be responded to within 24 hours, however emails are generally not answered on weekends or after 5pm on weekday evenings.

Policy Regarding Missed Tests or Assignment Extensions

If you miss the midterm or need a due-date extension on an assignment for medical or compassionate reasons, you **may** be granted a make-up/deferred test or extension on your assignment. Reasonable requests are generally accommodated.

Students who are unable to meet a course requirement due to medical circumstances are not required to submit medical notes. However, students **are required to contact their instructor** (or in some instances an academic advisor) by email to inform of the missed work and to make arrangements for extensions or deferrals/make-up tests.

Please follow these guidelines if you are unable to meet an academic requirement for your course whether for medical or compassionate reasons:

- **Contact your instructor for term work such as a quiz, midterm/test, assignment, or lab**
- Contact an advisor in your faculty/college/school of registration for a missed final exam (scheduled in the final examination period);
- **Inform your instructor/advisor as soon as possible - do not delay – ideally at least 24 hours before the test/due date BY EMAIL.**
- For final exams, students must contact an academic advisor within 48 hours of the date of the final exam
- **Email your instructor/advisor from a UM email address, and include your full name, student number, course number, and the academic work that was missed.**

Please note that reasonable causes for missing a test, exam or assignment do **NOT** include things like vacations, long weekends out of town, or work in other courses.

If you do not contact the instructor within 48 hours that a test or assignment due date has been missed, you may not be offered the opportunity to complete a deferred/make-up test or receive an extension on a due date (i.e., waiting a week “because you forgot” means that you get a zero).

You may have multiple tests or assignments scheduled/due on the same day or very close together. You may **not** write a deferred midterm or get an extension on a due date because you have work due in other courses. Study early and plan accordingly.

- If in doubt about what is an appropriate reason for missing a test or due date, please ask the instructor **beforehand** via email.
- Students will generally have 1 week from the midterm date to complete a make-up test. No make-up tests will be available after that time.
- A deferred/make-up test can include any format for test questions, including multiple choice, short answer, long answer, etc. The format will likely be different than the regularly scheduled midterm test. It is up to the student writing the deferred test to ask the instructor about the format.
 - Generally, all students writing a deferred midterm will write at the same time and location. The professor will inform all students writing a deferred midterm of the date, time and location of the deferred/makeup midterm. This may be any day of the week.
- Assignment due date extensions must be requested at least 24 hours before the published due date, via email. Note that emails sent later than 5pm may not be viewed before the next day. Generally, extensions are given in 48-hour increments, and will not normally exceed 1 week from the original due date.
- **If a student has medical or compassionate reasons that mean they are unable to write a deferred/makeup test or submit an assignment within 1 week (for example, due to an extended illness), other accommodations will be offered and discussed with the student**

Student Accessibility Services (SAS)

- If you are a student requiring accommodations, please register with SAS for academic supports and services such as note-taking, interpreting, assistive technology and exam/test accommodations
- It is YOUR responsibility to consult with Student Accessibility Services and make sure the instructor is notified of any necessary arrangements for exams/tests
- It is YOUR responsibility to know SAS deadlines for booking space in their testing centre.
- Students who have, or think they may have, a need for academic supports (e.g. mental or physical illness, learning disability, hearing or visual challenges, or injury-related challenges) are encouraged to contact SAS to arrange a confidential consultation
- *Student Accessibility Services*
<http://umanitoba.ca/student/saa/accessibility/>
 520 University Centre - 204 474 7423

Student_accessibility@umanitoba.ca

Other Student Supports

As members of our university community, we want to see you thrive. But there can be many challenges, in everyday life and in achieving academic success, especially in our current Covid19 context. Many and varied services and supports are here to help you be successful in achieving your university goals. Links to numerous resources can be found at <https://umanitoba.ca/student-supports>

I encourage you to review this site and familiarize yourself with all that is offered by your university community.

Copyright

Please respect copyright. Copyrighted works, including those created by your instructor, may be made available to students for private study and research and must not be distributed in any format without permission. Dr. Hallman and the University of Manitoba hold copyright over these course materials, including lectures, tests and exams, and any documents which form this course. The authors of your required readings hold copyright on their work. **No audio or video recording of lectures is allowed in any format, openly or surreptitiously, in whole or in part, without permission from Dr. Hallman. If recording is an SAS accommodation, please confirm this with Dr. Hallman.**

Do not upload copyrighted works to any website, unless an exception to the *Copyright Act* applies or written permission has been confirmed. For more information, see the University's Copyright Office website at umanitoba.ca/copyright or contact um_copyright@umanitoba.ca

Academic Integrity

Students are responsible for ensuring they understand the University of Manitoba's Policy on **Academic Integrity** (<http://umanitoba.ca/student-supports/academic-supports/academic-integrity>).

"Academic Misconduct" means any conduct that has, or might reasonably be seen to have, an adverse effect on the academic integrity of the University, including but not limited to:

- (a) Plagiarism – the presentation or use of information, ideas, images, sentences, findings, etc. as one's own without appropriate citation in a written assignment, test or final examination

- (b) Cheating on Quizzes, Tests, or Final Examinations – the circumventing of fair testing procedures or contravention of exam regulations. Such acts may be premeditated/planned or may be unintentional or opportunistic
- (c) Inappropriate collaboration – when a Student and any other person work together on assignments, projects, tests, labs or other work unless authorized by the course instructor
- (d) Duplicate Submission – cheating where a Student submits a paper/assignment/test in full or in part, for more than one course without the permission of the course instructor
- (e) Personation – writing an assignment, lab, test, or examination for another student, or the unauthorized use of another person's signature or identification in order to impersonate someone else. Personation includes both the personator and the person initiating the personation
- In addition to the types of Academic Misconduct noted above, **instructors have noticed an increase in the incidence of telling lies to get extensions or other accommodations for late or missed coursework. This is Academic Fraud.** This behaviour takes advantage of an instructor's desire to support students who genuinely need accommodations due to illness or other compassionate grounds.
 - **We are also seeing an increasing use of AI in submitted assignments. Any assignment suspected of being produced using AI tools will be the focus of an Academic Integrity allegation and investigation; its use is considered plagiarism.** The assignments in this course are meant to develop **your** critical thinking and analytical skills, as well as increase **your** knowledge of food geography topics. These are not engaged when you take the shortcut of AI use.

The penalties for plagiarism, cheating and fraud are severe and range from receiving a grade of zero on an assignment, an F-grade in a course, to academic suspension.

**GEOG3870 A01 FOOD GEOGRAPHIES
WINTER 2024 – COURSE SCHEDULE**

- Dates are as intended; some small adjustments may be needed

- 1. Introduction to the Course / Geography + Food (Jan 8, 10 & 12)**
 - a. Introduction: Distribution and review of course outline (paper copy)
 - b. Food through a (Human) Geographic lens
 - c. Thinking geographically through food

- 2. Food & Foodways 1 (Jan 15, 17 & 19)**
 - a. Early agriculture
 - b. The medieval spice trade
 - c. The 'Columbian Exchange'

- 3. Food & Foodways 2 (Jan 22, 24 & 26)**
 - a. Entomophagy
 - b. Modern dietary transition
 - c. Review: Assignments and Midterm

- 4. Food Beliefs & Trends 1 (Jan 29, 31 & Feb 2)**
 - a. The Canada Food Guide
 - b. (Big) veganism
 - c. Class, gender and social change

**Assignment 1 Due – Friday, February 2
Submit to UM Learn Folder**

- 5. Food Beliefs & Trends 2 (Feb 5, 7 & 9)**
 - a. Health and other food trends
 - b. Healthy foods?
 - c. Environmental and sustainability beliefs

- 6. Food, Identity & Cultural Difference (February 12, 14 & 16)**
 - a. Cuisines and cultural identity
 - b. Food and multiculturalism
 - c. Video: TBA and Discussion

WINTER TERM BREAK – FEBRUARY 19-23, 2024

MIDTERM TEST – MONDAY, FEBRUARY 26, 2024

7. Food, Culture & Social Life 1 (Feb 28 & March 1)

- a. 'Third places' and social life
- b. Food, family life and care work
 - i. Social care and public food space

8. Food, Culture & Social Life 2 (March 4,6 & 8)

- a. Food, culture and music
- b. Local food and relational food culture 1
- c. Local food and relational food culture 2

**Assignment 2 Due – Friday, March 8
Submit to UM Learn Folder**

9. Digital Food Culture & Geography (March 11, 13 & 15)

- a. Digital geographies & food
- b. Digital food culture and social media 1
- c. Digital food culture and social media 2

10. Food Security 1 (March 18, 20* & 22)

- a. Food insecurity
- b. Food security: right or obligation
- c. Food access & system resilience

**March 20th is the Voluntary Withdrawal Deadline*

11. Food Security 2 (March 25 & 27)

- a. Food sovereignty
- b. Indigenous food security/sovereignty
- c. Food access/security and new immigrants

GOOD FRIDAY HOLIDAY – March 29, 2024 – University Closed

12. Food in a Global System (April 1, 3 & 5)

- a. Modern industrial agriculture
- b. Globalization 1
- c. Globalization 2

13. Course Conclusion & Final Exam Prep (April 8 & 10)

- a. Future Food?
- b. Review and opportunity for students to ask for guidance on preparing for the final exam

FINAL EXAMINATION - Scheduled by the Registrar's Office during the Final Exam Period, April 12-26, 2024.

GEOG 3870 FOOD GEOGRAPHIES

REQUIRED READINGS – W2024

All readings are available as .pdf files or URL links in UM Learn, in the modules for each topic listed here. **It is recommended that you download these files and print them for reading and note-making.** Any additional materials listed in each UML module are *recommended* reading.

Week 1 - Introduction: Geography + Food

- Jackson (2006) Thinking geographically. *Geography*. 91 (3): 199-204
- Li (2019) Asian American chefs are embracing Spam. But how did the canned meat make its way into their cultures? *Time*.
<https://time.com/5593886/asian-american-spam-cuisine/>

Week 2 – Food & Foodways 1

- Ortiz (2020) How the humble potato changed the world. *BBC Travel*.
<https://www.bbc.com/travel/article/20200302-the-true-origins-of-the-humble-potato>
- Shelomi (2015) Why we still don't eat insects: assessing entomophagy promotion through a diffusion of innovation framework. *Trends in Food Science and Technology*. 45: 311-318
- Turner (2015) The spice that built Venice. *Smithsonian Magazine*.
<https://www.smithsonianmag.com/travel/spice-trade-pepper-venice-180956856/>

Week 3 – Food & Foodways 2

- Lamalice et.al. (2020) Imagined foodways: social and spatial representations of an Inuit food system in transition. *Polar Geography*. 43(4): 333-350.
- Ploll, Petritz & Stern (2020) A social innovation perspective on dietary transitions: diffusion of vegetarianism and veganism in Austria. *Environmental Innovation and Societal Transitions*. 36: 164-176.

Week 4 - Food Beliefs 1

- Ehlert (2021) Food consumption, habitus and the embodiment of social change: making class and doing gender in urban Vietnam. *The Sociological Review*. 69(3): 681-701.
- Sexton, Garnett & Lorimer (2022) Vegan food geographies and the rise of Big Veganism. *Progress in Human Geography*. 46(2): 605-628.

Week 5 – Food Beliefs 2

- Campbell-Arvai (2015) Food-related environmental beliefs and behaviours among university undergraduates. *International Journal of Sustainability in Higher Education*. 16(3): 279-295.
- Fox et al (2021) A focused ethnographic study on the role of health and sustainability in food choice decisions. *Appetite*. 165. 105319.

Week 6 – Food, Identity & Cultural Difference

- Chan (2019) Tea cafes and the Hong Kong identity: Food culture and hybridity. *China Information*. 33:3, 311-32
- Reddy & van Dam (2020) Food, culture, and identity in multicultural societies: insights from Singapore. *Appetite*. 149: 1-12.

Week 7 – Food, Culture & Social Life 1

- Bruckner, Capic & Bauhardt (2021) Reflection: Food as pleasure or pressure? The care politics of the pandemic. *Food & Foodways*. 29(3): 289-298.
- Chen Lui (2017) Food practices, gendered intimacy and family life in contemporary Guangzhou. *Gender, Place & Culture*. 24:1, 97-107.

Week 8 – Food, Culture & Social Life 2

- Bunzey (2020) Sounding soul(food): The discursive interconnection of sound, food, and place in Southern hip-hop. *Food and Foodways*. 28:4, 251-273.
- O'Kane (2016) A moveable feast: contemporary relational food cultures emerging from local food networks. *Appetite*. 105: 218-231.

Week 9 – Digital Food Cultures/Geographies

- Goodman & Jaworska (2020) Mapping digital foodscapes: digital food influencers and the grammars of good food. *Geoforum*. 117: 183-193.
- Steils & Obaidalahe (2020) "Social food": Food literacy co-construction and distortion on social media. *Food Policy*. 95: 101932.
- Franzidis et al (2023) Urban food marketplaces and the fetishization of local: The case for narratology. *Digital Geography and Society*. 4. 100048.

Week 10 - Food Security 1

- O'Hara & Toussaint (2021) Food access in crisis: food security and covid19. *Ecological Economics*. 180.
- Langemeyer et al (2021) Urban agriculture – a necessary pathway towards urban resilience and global sustainability? *Landscape and Urban Planning*. 210.

Week 11 – Food Security 2

- Lucas & Li (2020) Growing food, sharing culture at the Rainbow Community Garden in Winnipeg, Canada. *Canadian Food Studies*. 7(2): 72-81.
- Gingell, Murray, Correa-Valez & Gallegos (2022) Determinants of food security amongst people from refugee backgrounds resettled in high-income countries: A systematic review and thematic synthesis. *PlosOne* 17(6): e0268830.
- Richmond, Kerr, Neufeld, Steckley, Wilson & Dokis (2021) Supporting food security for Indigenous families through the restoration of Indigenous foodways. *The Canadian Geographer*. 65(1): 97-109.

Week 12 – Food in a Global System

- Bargain (2023) Globalization and cultural spillover in trade: evidence from the Japanese food culture. *Review of World Economics*.
- Keenan, Monteath & Wojcik (2023) Hungry for power: financialization and the concentration of corporate control in the global food system. *Geoforum*. 147.

Week 13– Conclusion

- Lupton & Turner (2018) Food of the future? Consumer responses to the idea of 3D-printed meat and insect-based foods. *Food & Foodways*. 26(4): 269-289.