

M.Ed. Concentration in *Studies in Contemplative, Holistic, and Integrative Education*

Description of this M.Ed. Concentration

Contemplative, Holistic, and Integrative Education takes as its starting point the question of what it means to be human and to live a flourishing life in relationship to the more-than-human world.

The *contemplative* aspect involves multi-sensory, mindful, emotional, embodied, and relational praxes that generate awareness through inner and outer inquiries and perspectives. The goal of contemplation is to inform a rich and intentional knowing, being, thinking, doing, and feeling that promotes the development of curiosity for deep listening, pondering, and insight. Contemplation is intended to cultivate a critical approach to understanding ways one relates with the self, others, and more-than-human worlds through radical personal, social, systemic, and cultural questioning and intentional action.

The *holistic* aspect brings together interrelated and interconnected dimensions of: the physical; the social; the ethical; the psychological; the emotional; and the spiritual. The holistic aspect also accounts for the interplay of one's (micro) politics of location and ecological and political forces and how these shape each other.

The *integrative* aspect invites us to think across categories, boundaries, and borders to hold diverse worldviews, perspectives, beliefs, values, attitudes, and practices in a togetherness-relationship. Learning landscapes are complex, rhizomatic, and entangled with personal and transdisciplinary ways of perceiving and engaging with the world, and for making and communicating differing meanings about self and the world. Integrative meaning-making draws on diverse disciplinary, artistic, and technological languages, perspectives, competencies, and pedagogical and theoretical frameworks. Integrative learning is both individual and collective sense-making, nourished by counter-oppressive approaches that support the pursuit of ethical and affirmative relations with self and worldly ecologies.

Program for the 30-credit hours, course-based M.Ed. Concentration

Important: If you are interested in pursuing a thesis-base M.Ed. in this concentration, you should contact the coordinator Thomas.Falkenberg@umanitoba.ca BEFORE submitting your application!

For the 30-credit, course-based (non-thesis) M.Ed. concentration students need to successfully complete the following course work and a comprehensive examination project:

Core Courses (total of 12 credit hours)

- EDUB 7700 (3): Contemplative, Holistic, and Integrative Education: The Self
- EDUB 7710 (3): Contemplative, Holistic, and Integrative Education: The Social, Cultural, and Ecological
- EDUB 7720 (3): Approaches to Contemplative, Holistic, and Integrative Curriculum and Pedagogy
- EDUB 7730 (3): Being an Educator in Contemplative, Holistic, and Integrative Education

Concentration-Specific Courses (total of 6 credit hours)

- EDUB 7740 (3): Recent Topics in Research in Contemplative, Holistic, and Integrative Education
- EDUB 7750 (3): Seminar in Studies in Contemplative, Holistic, and Integrative Education

Research Methods Course (total of 3 credit hours)

- EDUB 7830 (3): Engaging with Educational Research

Electives (total of 9 credit hours)

Students select 9 more credit hours of coursework from any Faculty of Education 5000 or 7000 level courses.

Comprehensive Examination Project

The program of study culminates in a comprehensive examination project that is generally completed at the end of the program of study.

Program Timeline

(course offering subject to change)

Year 1

Summer Term: EDUB 7700, EDUB 7701
Fall Term: EDUB 7702
Winter Term: EDUB 7703

Year 2

Summer Term: }
Fall Term: } (9-credit hours of electives)
Winter Term: }

Year 3

Summer Term: EDUB 7740; EDUB 7750

Core Faculty Members Involved in this M.Ed. Concentration (in alphabetical order)

Dr. Thomas Falkenberg

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Dr. Kathryn Riley

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Dr. Wayne Serebrin

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<p>Contact: For information concerning the concentration, please contact the coordinator of this concentration: Thomas.Falkenberg@umanitoba.ca</p>
