



Dialogue on aging

41st Annual Spring Research Symposium

Wednesday, May 8, 2024

Second floor, UMSU University Centre

65 Chancellors Circle | Winnipeg MB R3T 2N2

University of Manitoba | Fort Garry Campus

Centre on Aging |  **UM**

Spring Symposium program at a glance

For the online viewers, use the YouTube link: <https://youtube.com/live/Dlco9xj-4DU?feature=share>

Time scheduled	Presenter
9–9:15 a.m.	Welcome and greetings Michelle Porter, Ph.D., director, Centre on Aging Elder Norman Meade, Elder in residence, University of Manitoba Honourable Renée Cable, Minister of Advanced Education and Training, Province of Manitoba Annemieke Farenhorst, Associate Vice-President (Research)
9:15–10 a.m.	Amine Choukou, Ph.D., <i>Exploring the role of smart technologies in at-home rehabilitation</i>
10–10:30 a.m.	Michelle Porter, Ph.D., <i>University of Manitoba efforts to improve its age inclusivity</i>
10:30–11:15 a.m.	Morning break Visit the exhibitors, poster sessions and Age-Friendly University (AFU) Showcase in the Multi-Purpose Room (MPR)
11:15 a.m.–12 p.m.	Hai Luo, Ph.D., <i>Older adults' roles in economic development in Indigenous communities: Lessons from Taiwan</i>
12–1 p.m.	Lunch break Visit the various restaurants on campus, or eat your lunch in any of the seating areas around campus Visit the exhibitors, poster sessions and AFU Showcase (MPR)
1–1:45 p.m.	Rachel Herron, Ph.D., <i>How do long-term residential care staff understand and use space to prevent violence?</i>
1:45–2:30 p.m.	Kathryn Sibley, Ph.D., <i>The Conceptual Framework for Adult Community Rehabilitation: A Manitoba-made framework to support policy, planning, care and research</i>
2:30–3 p.m.	Afternoon break Visit the exhibitors, poster sessions and AFU Showcase (MPR)
3–3:45 p.m.	James Young, Ph.D., <i>In-home companion robots to support wellness</i>
3:45 p.m.	Symposium concludes Return evaluation forms and name badges to the Registration Desk

Centre on Aging staff

Michelle Porter, PhD
Director

Nicole Dunn, MA
Associate Director

Rachel Ines, Dipl., BA
Administration and
Communications
Coordinator

Registration and Symposium information

Registration package

- There is no cost to attend the Spring Research Symposium.
- Your registration package includes a Symposium program-at-a-glance, evaluation form, and identification badge. Your identification badge must be worn at all times for admission to the Symposium sessions.
- On-site registration and general Symposium information is available at the registration desk in 204 Marshall McLuhan, open from 8 a.m. to 4 p.m. Direct any questions to Centre on Aging staff and volunteers.

Registration and information desk

For the Research Symposium on May 8, on-site registration and general Symposium information is available at the registration desk in 204 Marshall McLuhan Hall. The registration desk is open from 8:00 am–4:00 pm.

If you have any questions, please visit the registration desk to speak with Centre on Aging staff and volunteers.

Certificate of attendance

Many organizations have self-directed continuing education requirements. For those attending in person, visit the registration table at the end of the day if you need a certificate of attendance.

Mask use encouraged, not required

The University of Manitoba has ended their mandatory masking protocol. However, masking is encouraged especially in indoor spaces that do not allow for distancing.

As individuals' risk assessments levels varies, we ask that you respect the decision of others as per the [University's Respectful Work and Learning Environment \(RWLE\) Policy](#).

Lunch options

Attendees can visit any of the campus restaurants or food vendors.

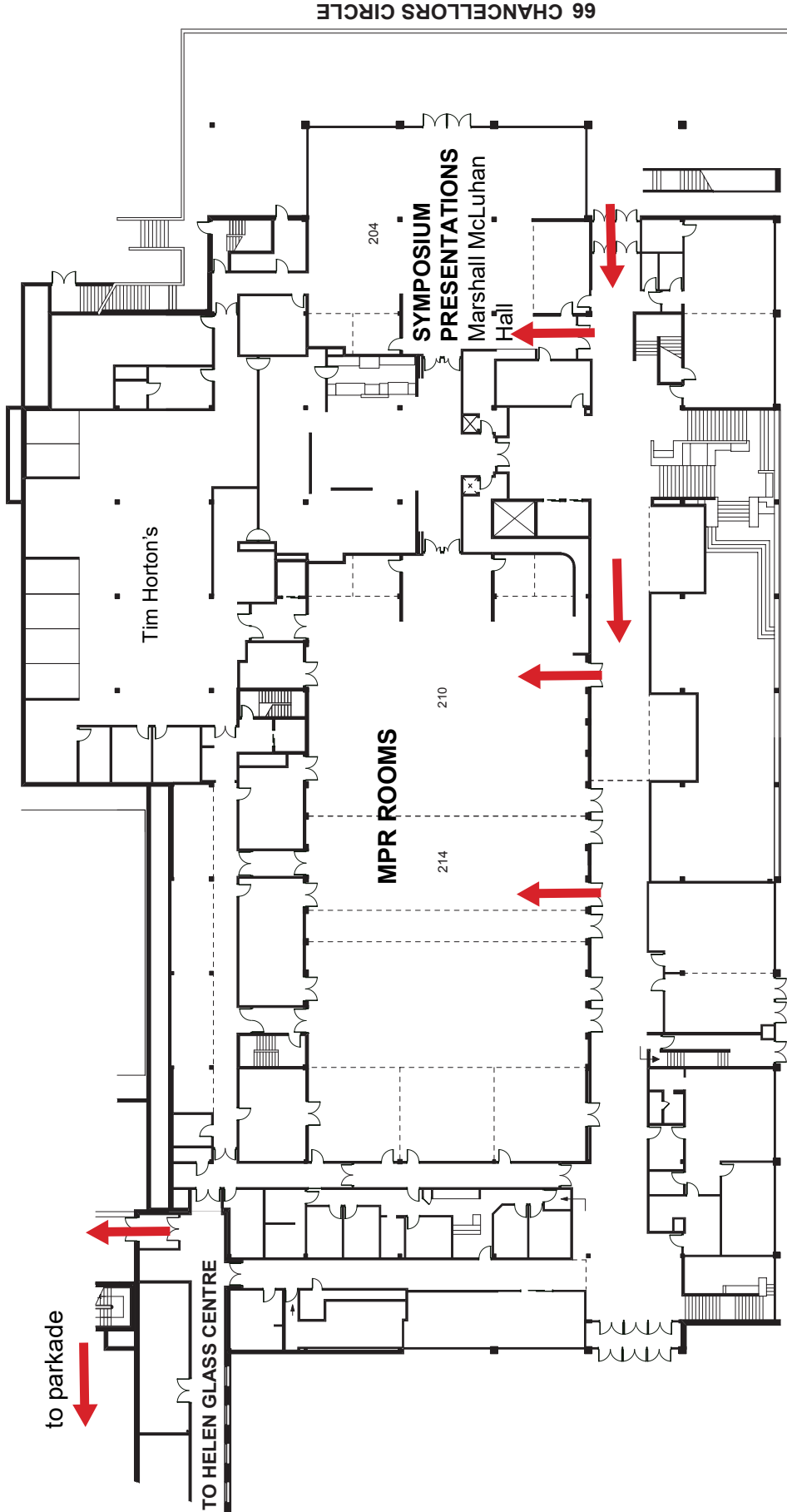
Visit the Registration Desk for a list of restaurants or other options for food on campus or bring your own lunch.

Symposium room directions

To assist Symposium attendees with locating rooms, signs have been placed around campus that will direct you to the different areas. Outlined below are the corresponding directions to the different Symposium presentation rooms on Fort Garry Campus. View map on page 4.

204 Marshall McLuhan Hall	Located on the second floor of UMSU University Centre
Multi-Purpose Rooms (MPR)	Located on the second floor of UMSU University Centre

Available in alternate formats upon request to Rachel Ines, 204-474-8754 or email: coaman@umanitoba.ca



Second Floor UMSU University Centre
 Fort Garry Campus | University of Manitoba

Spring Research Symposium presentations

All presentations take place in 204 Marshall McLuhan Hall

9–9:15 a.m.

Welcome and greetings

Michelle Porter, director, Centre on Aging

Elder Norman Meade, Elder in residence, University of Manitoba

Honourable Renée Cable, Minister of Advanced Education and Training, Province of Manitoba

Annemieke Farenhorst, Associate Vice-President (Research), University of Manitoba

Morning sessions

9:15–10 a.m.

Exploring the role of smart technologies in at-home rehabilitation

Amine Choukou, Ph.D., Associate professor, College of Rehabilitation Sciences, Occupational Therapy; Research Affiliate, Centre on Aging, University of Manitoba

This presentation delves into the expansive potential of smart technologies in at-home rehabilitation, with an emphasis on telerehabilitation, IoT-enabled rehabilitation, and their practical applications in remote settings. Dr. Choukou's insights stemming from leading the Active@Home Program[®] provide a distinct perspective on leveraging at-home rehabilitation with smart technologies to support remote communities. The discussion includes the feasibility of VR-based cognitive telerehabilitation and remote hand therapy, shedding light on the evolving landscape of at-home rehabilitation and its intersection with the evolving needs of the aging population.

10–10:30 a.m.

University of Manitoba efforts to improve its age inclusivity

Michelle Porter, Ph.D., Director, Centre on Aging; Professor, Faculty of Kinesiology and Recreation Management, University of Manitoba

In 2016, the University of Manitoba became one of the first universities in the world and the first university in Canada to join the global Age-friendly University network established by Dublin City University in Ireland. Since 2016, the University of Manitoba has engaged in many initiatives to improve its age inclusivity, with the Centre on Aging taking on a leadership role for many of them. In this presentation, an overview will be given on many projects and initiatives that have occurred recently, focusing on those led by the Centre on Aging.

10:30–11:15 a.m.

Break sponsor



Morning break

Light refreshments will be served in the Multi-Purpose Room (MPR). Attendees can also visit the food vendors, or bring your own reusable bottle to fill up at the water stations on Fort Garry Campus.

The poster session will take place in the MPR or view virtual posters on the Centre's Web site on May 8.

Connect with the Exhibitors in the MPR

Learn about program, events, and resources by connecting with UM representatives at the Age-Friendly University Showcase in the MPR.

11:15 a.m.–12 p.m.

Older adults' roles in economic development in Indigenous communities: Lessons from Taiwan

Hai Luo, Ph.D., Associate Professor, Faculty of Social Work; Research Affiliate, Centre on Aging, University of Manitoba

Indigenous Taiwanese have a history of 7000 years. During the last 400, multiple colonial regimes caused permanent damages to Indigenous cultures and life. Since the Indigenous rights movements in the 1980s, the government of the Republic of China has modified its constitutions and adopted new policies to return to Indigenous Peoples their autonomy, cultural rights, welfare rights, land title, and other rights. Indigenous communities, however, face tremendous challenges in developing sustainable economics in the context of revitalizing damaged cultures and identity. Following a concise summary on changes and challenges faced by Indigenous older adults in the current society, this presentation will demonstrate how older adults have played active roles collaborating with younger generations in community economic development and cultural revitalization. Suggestions for policy makers and frontline workers of Indigenous affairs within and beyond Taiwan will conclude the presentation.

12–1 p.m.

Lunch break

Symposium attendees are encouraged to bring their own lunch, or visit any of the restaurants found throughout Fort Garry Campus, or the surrounding neighbourhood.

Posters will be available for viewing at lunch in the MPR or view virtual posters on the Centre's Web site on May 8.

Connect with the Exhibitors in the MPR

Learn about program, events, and resources by connecting with UM representatives at the Age-Friendly University Showcase in the MPR.

Afternoon sessions

1–1:45 p.m.

How do long-term residential care staff understand and use space to prevent violence?

Rachel Herron, Ph.D., Associate Professor, Department of Geography and Environment; founding Director of the Centre for Critical Studies of Rural Mental Health, Brandon University; Canada Research Chair in Rural and Remote Mental Health (Tier II); Research Affiliate, Centre on Aging, University of Manitoba.

Long-term residential care (LTRC) should be a safe place to work and to live; yet there is increasing recognition that it can be a site of violent situations for older people and staff. In this presentation, I explore how staff control and manage the risk of violent situations in LTRC. Data for this presentation are drawn from a four-year research project funded by the Canadian Institutes of Health Research, which included telephone and web-based semi-structured interviews in Manitoba and Nova Scotia from 2021-2023. LTRC staff described having access to and support from other staff as an important feature of safe places. They also emphasized visibility, opportunities to escape from violent or threatening situations, being cognizant of objects that may be used as weapons and moving some residents to other tables, rooms, or specialized units. Finally, some staff acknowledged tensions between person-centred care and protecting staff and resident safety. Our analysis raises concerns about whether the management of space, objects, and activities employed to promote safety contribute to the care and dignity of older people.

1:45–2:30 p.m.

The Conceptual Framework for Adult Community Rehabilitation: A Manitoba-made framework to support policy, planning, care and research

Kathryn Sibley, Ph.D., Associate professor, Community Health Sciences and College of Rehabilitation Sciences, University of Manitoba; Canada Research Chair in Integrated Knowledge Translation in Rehabilitation Sciences; Director of Knowledge Translation, George and Fay Yee Centre for Healthcare Innovation; Research Affiliate, Centre on Aging, University of Manitoba

Rehabilitation interventions can help people attain and maintain function in homes and community settings, but it is well-recognized that existing organization of services is disjointed and fragmented. In this presentation I will share how our team of Manitoba health system leaders and university researchers partnered in the development of a conceptual framework for community rehabilitation, using data from 194 relevant documents and 30 Canadian programs, interviews with 29 Manitoba rehabilitation service and system providers, and 6 older Manitobans receiving services and their family caregivers. I will discuss potential applications and implementation planning for the framework, and explore possible next steps.

2:30–3 p.m.

Break sponsor



Afternoon break

Light refreshments will be served in the Multi-Purpose Room (MPR). Attendees can also visit the food vendors, or bring your own reusable bottle to fill up at the water stations on Fort Garry Campus.

The poster session will take place in the MPR or view virtual posters on the Centre's Web site on May 8.

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3–3:45 p.m.

In-home companion robots to support wellness

James E.Young, Ph.D., Professor, Department of Computer Science; Research Affiliate, Centre on Aging, University of Manitoba

Robots can be designed to interact with people socially, similar to a person or pet, providing companionship, comfort, and a range of supports. Research has demonstrated how these social robots can create emotional connections with people, positively influence mood and behavior, and provide a range of wellness benefits. This provides exciting opportunities to support older adults, particularly given how society is becoming increasingly isolated and older adults are facing the related mental-health challenges. In this talk we will present our recent work on companion robots, including demonstrating prototypes, and discuss future directions for exploring companion robots to support older adults.

3:45 p.m.

Symposium concludes

Complete Symposium evaluation form and return to the Registration Desk in 204 Marshall McLuhan Hall, along with your name tag.

Get social with us!

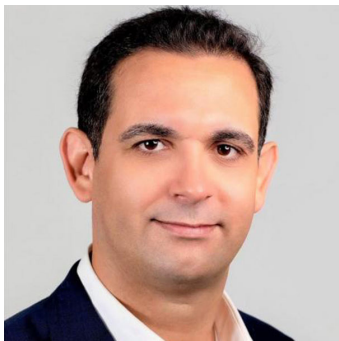
During the Symposium, we encourage you to stay in touch with us via our social media account.

Use the hashtags **#srs41** **#centreonagingUM** to allow us to find your social messages.

You can tweet us directly by using our X handle **@UM_coaging** in your posts.



Presenter biographies



Amine Choukou, PhD

Dr. Amine Choukou is an associate professor in the department of occupational therapy, where he uses his expertise and passion to improve the lives of people with disabilities. With a focus on smart technologies and services, Dr. Choukou is dedicated to developing and implementing innovative solutions that can enhance the quality of life for those living with physical or cognitive impairments. He leads multidisciplinary research projects in Canada and Europe, working in partnership with patients, caregivers, and industry to help individuals live independently with dignity, and ultimately reducing caregiver burden and improving healthcare allocation and provision.



Michelle Porter, PhD

Dr. Porter's BPHE (Laurentian University), MSc (Community Health, University of Toronto) and PhD (Kinesiology, UWO) were capped by a multi-site MRC Post-Doctoral Fellowship in Boston and Scandinavia. She has studied many aspects of physical activity and aging, as well as neuromuscular function and aging. For several years she has been involved with an international research team studying older drivers, called Candrive. Her current aging-related work spans ageism, quality of life in long-term care, WHO's healthy aging action plan, age-friendly environments, and an international project in artificial intelligence and autonomous vehicles. Michelle is a fellow of the Gerontological Society of America.

Michelle is the Director of the Centre on Aging at the University of Manitoba, a position she has held since 2015. Dr. Porter is a leader in the age-friendly university movement, and was instrumental in UM becoming one of the world's first age-friendly universities (Canada's first). She has held executive positions with provincial and national organizations, including the Transportation Options Network for Seniors (TONS) in Manitoba and Active Aging Canada.



Hai Luo, PhD, MSW, RSW

Dr. Luo's work addresses social and health issues of older adults of diverse cultural backgrounds and the implications to social theory and practice. Her research and publications include global Indigenous aging, cross-cultural aging, mental health and substance abuse in older adults, long-term care, sexuality and older adults, gambling in older adults, elder abuse, social capital of older adults, and social work leadership. She is active in gerontological education and international collaboration (Finland, Taiwan, and China). She co-founded and facilitates a Gerontological Social Work Group (GSWG) and an International Network for Indigenous Aging (INIA). She currently is an Associate Professor in the Faculty of Social Work and the Chair of the Human Research Ethics Board 1 at the University of Manitoba.



Rachel Herron, Ph.D.

Dr. Rachel Herron is a professor in the Department of Geography and Environment at Brandon University and a passionate gerontologist. She holds a Tier II CRC in Rural and Remote Mental Health and she is the founding Director of the Centre for Critical Studies of Rural Mental Health at Brandon University. Rachel works with researchers, students and community partners to address rural mental health, ageing, and care needs. Her research examines safety in settings of care, social inclusion, and the diversity of experiences living with mental health problems.



Kathryn Sibley, BSc, MSc, PhD

Dr. Kathryn (Kate) Sibley (she/ her) is an associate professor in Community Health Sciences and Rehabilitation Sciences at the University of Manitoba. Dr. Sibley holds a Canada Research Chair in Integrated Knowledge Translation in Rehabilitation Sciences. Her research is advancing the science and practice of integrated knowledge translation and optimizing implementation of fall prevention and rehabilitation services for older adults. As Director of Knowledge Translation at the George and Fay Yee Centre for Healthcare Innovation, Dr. Sibley provides support to generate and facilitate the use of evidence to improve the health of Manitobans.



James E. Young, Ph.D.

Dr. Young ([Web site link: www.jimyoung.ca](http://www.jimyoung.ca)) received his PhD in Computer Science from the University of Calgary in 2010, and founded the Human-Robot Interaction research lab at the University of Manitoba in 2011. Dr. Young's work focuses on understanding how robots can support people and integrate into their homes and intimate spaces, with recent work including investigating conversational robots for self-reflection, comfort cuddle robots, and social robots to encourage play for children with disabilities, among other topics. Dr. Young serves on several international editorial boards and steering committees in the area of Human-Robot Interaction, and his teams work has won several international research awards.

Spring Research Symposium poster session

The poster session will be available for viewing in person in the Multi-Purpose Room and additional posters will be available online. Come out to support our student and faculty researchers. Posters are organized into two categories for both in person and virtual presentations:

- **Student/trainee posters:** Current aging research undertaken by graduate and post-doctoral fellows
- **Research Affiliate:** Current aging research undertaken by faculty researchers

Some virtual posters can be viewed on demand from the Centre's Web site in any order. The posters are available for viewing in five short slides. Online posters are available to view on May 8 from 9 a.m.—4 p.m., and until noon on May 9. All virtual posters include audio narration.

Poster session link: <https://umanitoba.ca/centre-on-aging/research/spring-symposium/poster-presentations>

Note: Posters presented in-person may not be available for viewing online.

***Presenters' names are bolded**

In person student posters

1. *Watch your step: A scoping review on of dual-task methods in aging research*

Brontë Vollebregt¹, Larissa Feitosa² & Veronica Miyasike-daSilva^{1,3}

¹Faculty of Kinesiology and Recreation Management, University of Manitoba

²Faculty of Nutrition, Federal University of Alagoas, AL, Brazil ³Centre on Aging, University of Manitoba

2. *Implicit motor imagery: Examining motor vs. Visual strategies in laterality judgments among older adults*

Aneet K. Saran¹ & Jonathan J. Marotta^{1,2}

¹Department of Psychology, University of Manitoba ²Centre on Aging, University of Manitoba

3. *Aging and the one target advantage: A kinematic analysis of single versus dual goal-directed aiming movements*

Saba Mohammadlinezhad Kolahdouz & Cheryl Glazebrook

Faculty of Kinesiology and Recreation Management, University of Manitoba

4. *A comprehensive longitudinal understanding of stressors and influential factors on cognitive aging: A Canadian perspective*

Lovleen Mathode¹, Belinda Homer¹ & Sunmee Kim^{1,2}

¹Department of Psychology, University of Manitoba ²Centre on Aging, University of Manitoba

5. *Designing an augmented immersive virtual reality driving simulator for advanced Alzheimer's Disease patients and investigating its efficacy on institutionalized alzheimer's residents*
Zahra Moussavi^{1,2,3} & **Seyedsaber Mirmiran**²
¹Centre on Aging, University of Manitoba²Department of Biomedical Engineering, University of Manitoba³Department of Electrical and Computer Engineering, University of Manitoba
6. *Discharge planning from hospital to home for older adults in Winnipeg, Manitoba, Canada*
Harriet Awuku¹, Cara Brown^{2,3}, Leanne Leclair² & Patty Thille⁴
¹College of Rehabilitation Sciences, University of Manitoba²Department of Occupational Therapy, College of Rehabilitation Sciences, University of Manitoba³Centre on Aging, University of Manitoba⁴Department of Physical Therapy, College of Rehabilitation Sciences, University of Manitoba
7. *Exploring online sound-based art-play for older adults*
Melika Adabinejad¹ & Celine Latulipe^{1,2}
¹Department of Computer Science, University of Manitoba²Centre on Aging, University of Manitoba
8. *Longitudinal Cognitive Aging Study: An American perspective utilizing generalized linear mixed-model trees*
Belinda Homer¹ & Sunmee Kim^{1,2}
¹Department of Psychology, University of Manitoba²Centre on Aging, University of Manitoba
9. *Promoting brain health and resilience: The effect of three types of exercise on blood-based neurotrophins across the lifespan*
Thomas Rawliuk¹, Mikal Thrones², Stephen Cornish^{2,3} & Steven Greening¹
¹Department of Psychology, University of Manitoba²Faculty of Kinesiology and Recreation Management, University of Manitoba³Centre on Aging, University of Manitoba
10. *Smart cooking area design for aging and mobility: Enhancing independence at home*
Sarah Azizkhani¹ & Amine Choukou^{2,3}
¹Biomedical Engineering Program, University of Manitoba²Department of Occupational Therapy, University of Manitoba³Centre on Aging, University of Manitoba
11. *Workplace safety and involuntary care: Wxamining the acceptability of force in long-term residential care*
MacGregor Goodman¹, Laura Funk^{1,2} & Rachel Herron^{2,3}
¹Department of Sociology and Criminology, University of Manitoba²Centre on Aging, University of Manitoba³Department of Geography and Environment, Brandon University, Brandon, MB

12. *Prediction of repetitive transcranial magnetic stimulation efficacy in Alzheimer's patients: A Machine learning approach using radiomic features*

Chandan Saha¹, Chase R. Figley^{1,2}, Brian Lithgow^{1,3} & Zahra Moussavi^{1,3,4}

¹Biomedical Engineering Program, University of Manitoba ²Department of Radiology, University of Manitoba ³Riverview Health Center, Winnipeg, Manitoba ⁴Centre on Aging, University of Manitoba

13. *Perceptions of high food costs on healthy eating in community living older adults*

Ruchen Yue¹ & Christina Lengyel^{1,2}

¹Department of Food and Human Nutritional Sciences, University of Manitoba ²Centre on Aging, University of Manitoba

In person Research Affiliates, research staff, Post doctoral fellows posters

1. *Understanding how to Attract, Adapt, IMplement and Sustain an evidence-informed fall prevention exercise program in Community Settings: The AAIMS project*

Kathryn Sibley^{1,2}, Danielle Bouchard³, Shilpa Dogra⁴ & Scott Kehler⁵

¹Community Health Sciences, University of Manitoba; ²Centre on Aging, University of Manitoba; ³Cardiometabolic Exercise & Lifestyle Laboratory (CELLab), University of New Brunswick, Fredericton, NB; ⁴Health Sciences, Ontario Tech University, Oshawa, ON; ⁵School of Physiotherapy, Dalhousie University, Halifax, NS

2. *How staff explain the prevalence and forms of violence in long-term care: A mixed methods analysis*

Madalyn Pryke¹ Douglas Brownridge² & Rachel Herron^{3,4}

¹Safe Places for Aging and Care Project, Brandon University, Brandon, MB; ²Department of Community Health Science, University of Manitoba; ³Department of Geography and Environment, Brandon University, Brandon, MB; ⁴Centre on Aging, University of Manitoba

3. *Health care directive recommendations for vaccinations*

Michelle M. Porter¹ & Mary J. Shariff^{1,2}

¹Centre on Aging, University of Manitoba; ² Faculty of Law, University of Manitoba

4. *Evaluating the diagnostic value of electrovestibulography (EVESTG) in Alzheimer's patients with mixed pathology: A pilot study*

Zeinab A. Dastgheib^{1,2}, Brian J. Lithgow^{1,2} & Zahra K. Moussavi^{1,2,3}

¹Diagnostic and Neurological Processing Research Laboratory, Biomedical Engineering Program, University of Manitoba; ²Riverview Health Centre, Winnipeg, MB; ³Centre on Aging, University of Manitoba

5. *Experiences of Senior Scholars and Professors Emeriti at the University of Manitoba – focus group findings*

Michelle M. Porter, William Kops & Cornelia Kauenhoven

Centre on Aging, University of Manitoba

6. *Gender in narratives of violence from long-term residential care staff*

Kirsten Brooks¹, Rachel Herron^{2,3}, Sheila Novek⁴, Katie Aubrecht⁵, Dale Spencer⁶, Laura Funk⁷, Lori E. Weeks⁸, Doug Brownridge⁹ & Christine Kelly^{9,3}.

¹Safe Places for Aging and Care Project, Brandon University, Brandon, MB; ²Department of Geography and Environment, Brandon University, Brandon, MB; ³Centre on Aging, University of Manitoba; ⁴School of Nursing, University of British Columbia, Vancouver, BC; ⁵Department of Sociology, St. Francis Xavier University, Antigonish, NS; ⁶Department of Law and Legal Studies, Carleton University, Ottawa, ON; ⁷Department of Sociology and Criminology, University of Manitoba; ⁸School of Nursing, Dalhousie University, Halifax, NS; ⁹Department of Community Health Science, University of Manitoba

7. *Experiences of Senior Scholars and Professors Emeriti at the University of Manitoba – online survey findings*

Michelle M. Porter, William Kops & Cornelia Kauenhoven

Centre on Aging, University of Manitoba

8. *What do older adults do when they are sedentary? An analysis of secondary outcomes from the MAPS-B Study*

Isabel B. Rodrigues^{1,2}, Mayank Kalra³, Rong Zheng⁴, Alexander Rabinovich⁵, George Ioannidis¹, Dylan Kobsar⁶, Steven Bray⁶, Qiyin Fang⁷, Alexandra Papaioannou^{1,8} & Jonathan D. Adachi¹

¹Department of Medicine, Faculty of Health Sciences, McMaster University, Hamilton, ON; ²Department of Community Health Sciences, Max Rady College of Medicine, University of Manitoba; ³Department of Kinesiology and Health Sciences, Faculty of Health, University of Waterloo, Waterloo, ON; ⁴Department of Computing and Software, Faculty of Engineering, McMaster University, Hamilton, ON; ⁵Division of Orthopaedic Surgery, Department of Surgery, McMaster University, Hamilton, ON; ⁶Department of Kinesiology, Faculty of Science, McMaster University, Hamilton, ON; ⁷Department of Engineering Physics, Faculty of Engineering, McMaster University, Hamilton, ON; ⁸Department of Health Research Methods, Evidence and Impact, McMaster University, Hamilton, ON

9. *Keeping track of health care directives: Examining the use of registries in Canada*

Mary J Shariff^{1,2}, Marianna Pozdirca¹ & Sparsh Kohli¹

¹Faculty of Law, University of Manitoba ²Centre on Aging, University of Manitoba

Virtual student posters

1. *Effects of pandemic discourse on manitoban older adults' engagement in daily activities*

Klara Coelho¹, Leeatte Laverty¹, Ruheena Sangrar¹, Michelle Porter^{2,3} & Stephanie Chesser^{2,3}

¹Department of Occupational Science and Occupational Therapy, University of Toronto; ²Faculty of Kinesiology and Recreation Management, University of Manitoba; ³Centre on Aging, University of Manitoba

Virtual Research Affiliate posters

1. *Proxy account setup for older adults*

Anmol Khangura¹, Zach Havens¹, & Celine Latulipe^{1,2}

¹Department of Computer Science, University of Manitoba; ²Centre on Aging, University of Manitoba

2. *Personal experience of ageing in the premodern period*

Enrique Fernandez

Department of French, Spanish and Italian, University of Manitoba; Centre on Aging, University of Manitoba

3. *Health care directive recommendations for vaccinations*

Michelle M. Porter¹ & Mary J. Shariff^{1,2}

¹Centre on Aging, University of Manitoba; ² Faculty of Law, University of Manitoba

4. *Experiences of Senior Scholars and Professors Emeriti at the University of Manitoba – focus group findings*

Michelle M. Porter, William Kops & Cornelia Kauenhowen

Centre on Aging, University of Manitoba

5. *Experiences of Senior Scholars and Professors Emeriti at the University of Manitoba – online survey findings*

Michelle M. Porter, William Kops & Cornelia Kauenhowen

Centre on Aging, University of Manitoba

Symposium exhibitors

Learn about resources, supports, and programs available for older people in the community. Visit the Multi-Purpose Room to connect with the exhibitors and to learn more about the services they offer.

If you are unable to connect with them in person at the Symposium, visit their Web site for more information.

- A & O: Support Services for Older Adults:
<https://www.aosupportservices.ca>
- Alzheimer Society of Manitoba:
<https://alzheimer.mb.ca>
- Canadian Virtual Hospice:
<https://www.virtualhospice.ca>
- Independent Living Resource Centre :
<https://ilrc.mb.ca>
- Manitoba Association of Senior Communities:
<https://manitobaseniorcommunities.ca>
- Businesses and Organizations Supporting Seniors (BOSS):
<https://businessesorgsupportingseniors.ca>
- Targeting Isolation:
<https://www.targetingisolation.com>
- The Wellington:
<https://www.venviving.com/the-wellington>
- Transportation Options Network for Seniors (TONS): <https://tonsmb.org>
- Winnipeg Regional Health Authority:
<https://wrha.mb.ca>
- Senior Resource Finders:
<https://wrha.mb.ca/support-services-to-seniors/seniors-resource-finders>

Sponsor recognition

A special thank you goes out to our sponsors.

We would like to thank the University of Manitoba's Extended Education and Faculty of Graduate Studies for sponsoring the Symposium breaks.

The Centre on Aging also would like to acknowledge the support and exhibitor sponsorship by The Wellington.





Age-Friendly University Showcase

Taking place in the Multi-Purpose Room is the Age-Friendly University Showcase. Representatives from across the university will be available to share information about different initiatives on campus for both the UM community and general public. Listed below are the participating units.

If you are unable to meet with UM representatives, visit their Web site for additional information.

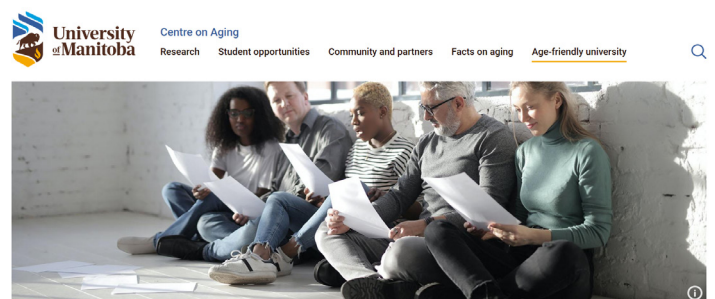
- Extended Education: umanitoba.ca/extended-education
- Faculty of Graduate Studies: umanitoba.ca/graduate-studies
- Family Resources: umanitoba.ca/faculty-and-staff/family-resources
- University of Manitoba Retirees Association (UMRA): umanitoba.ca/um-retirees-association
- Alumni Relations: umanitoba.ca/community/alumni
- Office of Sustainability: umanitoba.ca/sustainability
- Student Accessibility Services umanitoba.ca/student/accessibility
- Student Recruitment/Admissions: umanitoba.ca/admissions
- Student Transitions and Success: umanitoba.ca/student-supports/student-affairs/vice-provost-students/seas
- Career Services: umanitoba.ca/career-services
- Recreation Services: umanitoba.ca/community/sport-recreation/recreation-services

- Research Ethics and Compliance: umanitoba.ca/research/opportunities-support/ethics-compliance
- Cicero Club

For current or future students interested in aging courses at the UM, learn about the undergraduate Option in Aging from participating faculties

- Faculty of Social Work: umanitoba.ca/social-work
- Department of Community Health Sciences: umanitoba.ca/medicine/department-community-health-sciences-chs

AFU Hub



In 2016, the University of Manitoba became the first Age-Friendly University in Canada. Learn more about how the UM is working towards being age-friendly by visiting: <https://umanitoba.ca/centre-on-aging/age-friendly-university>

Research participants needed

Connect with STAR!

CENTRE ON AGING
RESEARCH DATABASE
Get involved as a research participant!
Open to individuals 55 years and up.



 University of Manitoba

The Centre on Aging, University of Manitoba has created an electronic database of individuals 55 years and over who are willing to be contacted by researchers about whether they would like to participate in aging-related studies.

To become part of the database, contact the Centre (204-474-8754) or go online for full details: umanitoba.ca/aging

The Centre on Aging hosts the Students Targeting Aging Research (STAR) group for students attending the University of Manitoba. The aim of STAR is to provide students, with an interest in aging topics, with an opportunity to actively engage and connect with one another, discuss shared interests, network with peers, learn about current issues in gerontology from researchers and practitioners in aging, and stay up-to-date on aging related topics using an interdisciplinary perspective.

To join the STAR group, email the co-leads at star@umanitoba.ca to get on the mailing list.



Help us stay green!



Did you know that the University of Manitoba has a commitment to sustainability, which is outlined in their [Sustainability Strategy 2019–2023](#)?

As a Symposium attendee, you can help out by

- Recycling your Symposium program at the end of the day. Look for the blue recycling bins around campus.
- Return your name badge to the Registration desk at the end of the day.
- Bringing your reusable water bottle from home. Several water bottle fill stations can be found in and around the Symposium rooms:
 - * Second floor of UMSU University Centre close to the MPR, and in the hallway by the catering office.
 - * First floor of UMSU University Centre, by the vending machines

Symposium reminders



Tell us what you think

At the conclusion of our Symposium, complete the evaluation form included in your registration package or complete the online survey by May 15 at 11:59 p.m. to provide feedback on this year's Symposium presentations: <https://www.surveymonkey.com/r/RBLC7KP>

Join our mailing list!



Every two weeks the Centre publishes an electronic newsletter delivered directly to your inbox.

Our biweekly updates provides information on the Centre's upcoming events. Additional information includes upcoming conferences, funding and job opportunities, aging related resources, and more. To sign up for our list, email coaman@umanitoba.ca to be added.

Special thank you to...



For their opening remarks and reflections, the Centre on Aging would like to thank

- Elder Norman Meade, Elder in residence, University of Manitoba
- Honourable Renée Cable, Minister of Advanced Education and Training, Province of Manitoba
- Annemieke Farenhorst, Associate Vice-President (Research)

A special thank you goes to our sponsors:

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Thank you to all of our speakers, poster presenters, volunteers, exhibitors, Age-Friendly University Showcase participants, catering services, Yes-Oui Productions, and AV Media Services, for without whom, our Symposium would not have been possible.

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