

Knowledge development in aging form



To be completed by University of Manitoba students who are interested in getting acknowledgement for the Foundational Skill Development on their co-curricular record (CCR).

How to complete this form

1. Students must complete this form for each professional development/learning activity.
2. Students should attend a minimum of 6-one hour events, and complete reflections within two weeks of the event from September to June over an academic year.
3. Return your completed forms and supporting documents to Rachel Ines (rachel.ines@umanitoba.ca).
4. Students who wish to receive credit for the STAR activities for the CCR cannot receive credit for both Volunteerism and participation, and Knowledge development in aging CCR for the same event. Students must choose one.

Student name	_____	Student number	_____
Student UM email	_____		
Academic year applying (e.g., 2022–2023)	_____		
Event attended (title)	_____		
Event date	_____	Event length (e.g., one hour, half day workshop)	_____
Letter of attendance/registration included	Yes	No	_____

Reflection questions

1. Describe what you learned at the event. What were the key points?

2. Describe how this new knowledge has changed your perspective of aging (or not changed your perspective).

3. How do you think you will use this information in your future career? How will you use this information in your everyday life (if applicable)?

4. Based on what you learned at the event, what do you think society (government, organizations, general public) could do to improve the aging process in Winnipeg, Manitoba, Canada, and/or internationally?

Student records

Use this section to list the dates of events you have attended over the academic year for your own records.

Date(s) of previous events attended

1. _____	2. _____
3. _____	4. _____
5. _____	6. _____
7. _____	8. _____