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Centre on Aging

The Centre on Aging, established on July 1, 1982, is a university-wide research Centre with a mandate to conduct, encourage, integrate, and disseminate research on all aspects of aging.

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The Centre on Aging News is published three times a year and is available on our web site or by request. Direct comments and inquiries to

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CENTRE ON AGING

International age-friendly public forum

The Centre on Aging will host an international age-friendly rural and remote communities symposium in conjunction with Dr. Verena Menec's research project Age-Friendly Communities CURA, which is funded by the Social Sciences and Humanities Research Council.

The invited symposium is co-sponsored by the Manitoba Seniors and Healthy Aging Secretariat. Symposium collaborators include the International Federation on Aging; Rural Development Institute, Brandon University; and the World Health Organization.

The invited symposium will bring together international delegates and draw upon their experiences to highlight

lessons learned in the first five years of the age-friendly community movement.

Public forum

You are invited to join an international panel of experts who will explore *The nature of place: Can the place we live in become age-friendly?*

Winnipeg Art Gallery
300 Memorial Blvd.
October 15, 2012
1:00–4:00 p.m.

Immediately following the panel discussion will be a reception where panel members, symposium delegates, and audience members can meet and interact.

To attend the reception, please **RSVP by October 2, 2012** to the Manitoba Seniors and Health Aging Secretariat

phone: 204.945.2127 or 1.800.665.6565 (toll free in Manitoba)
email: seniors@gov.mb.ca



UNIVERSITY
OF MANITOBA

Upcoming Centre on Aging events and important dates

October 10, 2012

CIHR-IA Speaking of aging tour town hall

10:30 a.m. – 12:00 p.m.
Bannatyne Campus
727 McDermot Avenue

October 15, 2012

Age-friendly rural and remote communities and places: Public forum

Winnipeg Art Gallery
300 Memorial Blvd.
1:00–4:00 p.m.

November 2012

Due date for Research Fellowship applications
November 16, 2012

Research seminar series: Ms. Joanne Scott and Ms. Phyllis Reid-Jarvis
November 30, 2012

December 2012

Dr. John P. Zubek Memorial Lecture: Dr. Laura Carstensen

December 7, 2012
3:00–5:00 p.m.
Robert Schultz Theatre (St. John's College)

February 2013

Research seminar series: Dr. Michelle Lobchuk and Ms. Fran Rosenberg
February 12, 2012

March 2013

Research seminar series: Dr. Dan Bailis
March 8, 2012

Research seminar series: Dr. Christina Lengyel and Ms. Catherine Marshall
March 25, 2012

Centre on Aging research forum: 30 years of aging

Student scholarships and fellowship award applications due

May 6, 2013

Save the date! Centre on Aging 30th annual spring research symposium

8:45 a.m.–4:00 p.m.
Bannatyne Campus
727 McDermot Avenue

Invitation to CIHR-IA Speaking of aging tour

CIHR Institute of Aging invites you to a town hall at the University of Manitoba. In collaboration with the University of Manitoba, the Canadian Institutes of Health Research-Institute of Aging is hosting a town hall to seek input from people in Manitoba. This is one of 16 stops across Canada that will help frame Canadian research priorities in aging for the next five years.

Seniors are the fastest-growing age group in Canada, and this dramatic demographic shift has profound consequences for individuals, communities and government. The town hall is open to all involved in the study of aging, as well as anyone with a personal or professional interest in aging.

Dr. Yves Joanette, Scientific Director of the CIHR Institute of Aging invites you to participate and share your ideas. The discussion will be moderated by Dr. Verena Menec, Canada Research Chair in Healthy Aging, Director of the Centre on Aging and Professor in the Department of Community Health Sciences at the University of Manitoba.

When: Wednesday, October 10, 2012
10:30 a.m.–12:00 p.m.

Where: University of Manitoba, Bannatyne Campus
2nd Floor, Theatre B, Basic Medical Sciences Building
727 McDermot Avenue

Campus map: umanitoba.ca/maps/bannatyne/index.shtml

Register: You must register in advance. There are two ways to register:

1. Send an e-mail to iv-ia@criugm.qc.ca
2. Register online at <http://speakingofaging-parlonsvieillissement-ia-iv.mcgill-cihr-ig.ca>
Click on Create New Account

Centre on Aging research seminar series

The Centre's research seminar will start later this fall—so mark your calendars! Scheduled presenters include

- Ms. Joanne Scott and Ms. Phyllis Reid-Jarvis, November 30, 2012
- Dr. Michelle Lobchuk and Ms. Fran Rosenberg, February 12, 2013
- Dr. Dan Bailis, March 8, 2013
- Dr. Christina Lengyel and Ms. Catherine Marshall, March 25, 2013

To keep up-to-date on the research seminar series, visit the Centre's Web site: umanitoba.ca/centres/aging/events/383.html.

Dr. John P. Zubek Memorial Lecture: December 7, 2012

The Department of Psychology will host the Dr. John P. Zubek Memorial Lecture on

Friday, December 7, 2012 | 3:00–5:00 p.m.
Robert Schultz Theatre (St. John's College)

Presenting will be Dr. Laura Carstensen, Fairleigh S. Dickinson Jr. Professor in Public Policy, Professor of Psychology, Director, Stanford Center on Longevity.

Laura L. Carstensen, Ph.D.'s research has been supported by the National Institute on Aging for over 20 years. Carstensen is best known for socioemotional selectivity theory, a life-span theory of motivation. Research in the longevity lab focuses on the social, emotional, and cognitive processes that people use to adapt to life circumstances as they age. Her most current empirical research focuses on ways in which motivational changes influence cognitive processing.

She serves on the Board of Science Advisors to the Max Planck Institute for Human Development in Berlin, Germany. She has chaired two studies for the National Academy of Sciences resulting in *The aging mind* and *When I'm 64*. She is a member of the MacArthur Foundation's Research Network on an Aging Society.

The recipient of numerous professional awards and honors, she has been selected as a Guggenheim Fellow, received the Richard Kalish Award for Innovative Research and the Distinguished Career Award from the Gerontological Society of America, as well as Stanford University's Dean's Award for Distinguished Teaching. Professor Carstensen received her BS from the University of Rochester and her PhD in Clinical Psychology from West Virginia University.

The Centre on Aging is co-sponsoring this event.

Thirty facts covering 30 years: Top ten facts

The Centre on Aging officially marked its 30th anniversary on July 1, 2012. Over the course of the year, we've been sharing our 30 facts you may or may not have known about the Centre. Listed are the final 30 facts we've compiled.

10. Current number of regional health authorities represented in Dr. Menec's Age-Friendly Communities CURA research project.

9. The current number of students and postdoctoral fellows employed at the Centre.

8. Total number of interviewers working on the CLSA project.

7. Of the current group of Research Affiliates, the most affiliates (7) are appointed from the Department of Psychology.

6. Of the initial Research Affiliates first appointed in 1994, six Research Affiliates are still appointed

at the Centre (Dr. Judy Chipperfield, Dr. Ruby Grymonpre, Dr. Lorna Guse, Dr. Elizabeth Ready, Dr. Geoffrey Smith, and Dr. Alexander Segall).

5. The total number of Acting Directors appointed at the Centre (Dr. Margaret Penning, Dr. Alexander Segall, Dr. Lena Horne, Dr. Michelle Porter, and Dr. Barbara Payne).

4. Four editions of the Manitoba Factbook on Aging published to date (1985, 1996, 2005, 2010).

3. Number of Directors who were appointed for two terms (Dr. Neena Chappell, Dr. Laurel Strain, and Dr. Verena Menec).

2. Total number of babies that will be born to Centre staff in 2012.

1. The Centre on Aging is one of the two longest standing Canadian research centres on aging (Simon Fraser University is the other).

Research Affiliate updates

Recent publications

Chu, S., Xiong, W., Zhang, D., Soyulu, H., Sun, C., **Albensi, B.C.**, Parkinson, F.E. (2012). Regulation of adenosine levels during cerebral ischemia. *Acta Pharmacologica Sinica*, p.1–7.

Media updates

Dr. Ben Albensi was interviewed on CJOB radio on Sunday, September 23, 2012 to talk about aging and Alzheimers disease.

Dr. Verena Menec was interviewed for the Active Living Coalition for Older Adults in Manitoba (ALCOA) supplement for the *Winnipeg Free Press* (“Encouraging engagement”) on September 22, 2012. Dr. Menec discussed how the Age-Friendly Initiative has built awareness of senior issues and contributions in communities.

Dr. Menec was also featured in an article in the *Globe and Mail* (“Alone, with friends or with family, seniors broaden lifestyle options”) on September 20, 2012 to discuss living options for seniors.

Dr. Dan Bailis was featured in the September 13, 2012 issue of *The Bulletin* (“The psychology of exercising”).

Research Fellowship applications due November 16, 2012

The Centre on Aging has several funding opportunities that are meant to encourage the furthering of studies in aging and gerontology. These awards/fellowships have been made available through gifts and donations made to the Centre on Aging.

The Research Fellowship is designed to support aging-related research in any discipline and is open to all University of Manitoba faculty members. A \$10,000 stipend is available.

Highest priority for funding will be given to

- new researchers who do not yet have stable funding

Dr. Bailis discussed his research over the last few years that looked at the psychology underlying exercise habits of undergraduate students. Read the article online: myuminfo.umanitoba.ca/Documents/4850/September_13_2012_Bulletin.pdf.

Congratulations

Congratulations to **Dr. Genevieve Thompson** who is the recipient of the 2012 Canadian Association of Nursing Research (CANR) Outstanding New Investigator Award. The awards are given in recognition of nurses for their outstanding contribution to nursing and the goals of CANR.

For more information about Genevieve, please go to umanitoba.ca/faculties/nursing/academic_staff/thompson.html.

Centre advisory board updates

The Centre on Aging welcomes **Dr. Laura Funk** (Department of Sociology) who has been appointed to a three-year term on the advisory board. Dr. Funk joined the University in July 2011 and was one of two Research Fellowship recipients for the 2012–2013 year.

for their research; and

- established researchers for whom aging-related research represents a new research direction.

The Centre on Aging is currently accepting applications for Research Fellowships for the 2013–2014 academic year from University of Manitoba faculty members. Applications must be completed in full as specified in the brochure and submitted to the Centre by Friday, **November 16, 2012**. Late applications will not be accepted

For more information visit the Centre’s Web site: umanitoba.ca/centres/aging.