

Career Values Card Sort:

Cut out the values cards and sort them as MOST IMPORTANT, SOMEWHAT IMPORTANT, LESS IMPORTANT, NOT IMPORTANT.

Or, place a check mark beside those values that are important to you; then review and circle/ highlight your top 5 values.

When reviewing each value description, complete the sentence: "I would like a job where I can..."

Work-Life Balance – have time for family, leisure and community involvement	Time Freedom / Flexible Hours – schedule my own work hours, with no set work schedule	Honesty & Integrity – be truthful and trustworthy in conducting my work
Moral Fulfillment – conduct work that feels meaningful and strongly aligns with my personal beliefs	Status – have respect and status, a job deemed important within my workplace or community	Fast Pace – complete work quickly and/or in an active, high energy environment
Work Alone – complete tasks on my own, little interaction with others	Physical Challenge – complete work that is physically challenging or uses my physical abilities (e.g. dexterity, strength or speed)	Help Society – be involved in work that contributes to making the world a better place
Help Others – provide direct support to people individually or in small groups	Advancement – grow and move into positions of higher pay and/or responsibility	Change & Variety – have frequently changing tasks, settings or other factors
Work Under Pressure – be involved in work with time limitations or little margin for error.	Security – have a high likelihood that my job is secure and normally in steady demand	Competition – compete to win or be compared against others
Public Contact – frequently interact with the public or community	Job Tranquility – have peaceful work with minimal pressure or stress	Location – live and work where I want - i.e. specific geographic region(s), urban vs. rural, etc.
Influence Others – work in a role where I can change peoples' attitudes or opinions	Achievement – have a feeling of success, accomplishment or personal pride from completing a project or task while making the most of my abilities.	Personal Safety – be involved in work with no risk or minimal risk of harm to myself or others
Adventure – work in an exciting or risky job where I may deal with hazards or uncertainty	Structure & Predictability – complete work that predictable, with a high level of structure or routine	Leadership & Supervision – be responsible for leading or directing work, including work done by others.
Work with Others – be involved in teamwork or work with others to achieve shared goals	High Earnings – earn a high salary and have the ability to purchase desired luxuries or accumulate wealth	Independence – determine how my work is done with little direction or supervision, be responsible for making my own decisions
Intellectual Stimulation – work with a high degree of mental activity in the form of problem solving, analyzing, researching or continuous learning	Artistic Creativity – utilize one or several art forms to express ideas (e.g. fine arts, music, design, literature, performing arts, language, writing)	Innovative Thinking – generate new ideas, programs or structures (instead of following those developed by others)