JIM GOWER

Contact Information

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JimGower

Education

Bachelor of Recreation Management & Community Development

2019 - Present

University of Manitoba – Faculty of Kinesiology and Recreation Management

Anticipated Graduation: 2023

Relevant Coursework:

- Principles of Community Development
- Program Planning and Evaluation
- Planning of Recreation Areas and Facilities
- Management and Marketing of Leisure Services
- Inclusive Physical Activity and Leisure

Highlight of Qualifications

- Enthusiastic and community-minded recreation management student with experience working in the recreation sector with both children and older adults
- Highly effective at building relationships and connecting with people from diverse backgrounds and age groups
- Excellent organizational, planning and project management skills as evidenced through planning and leading creative and engaging activities for children and older adults in community program settings
- Superior communication and customer service skills through working with families, children, older adults, and customers to meet unique needs in any given environment

Work Experience

Recreation Aide

Revera Inc., Winnipeg MB

September 2020 - Present

- Plan and implement regular recreational programming for older adult care home residents, including board games, group exercise classes, dance classes, field trips, cooking classes, gardening, etc.
- Utilize Microsoft Office suite, including Word, Excel, PowerPoint, and Outlook to plan activities, collaborate with colleagues, keep records, assessments, and charts, and perform administrative functions

Recreation Leader

June 2020 - August 2020

Mini U Programs, Winnipeg MB

- Supervised groups of children ages 8-12 during recreational activities, including sport-based games, leadership challenges, swimming and field trips
- Planned and led engaging recreational activities while teaching movement and coordination skills
- Collaborated with colleagues to supervise children, lead activities and ensure safety and an enjoyable and inclusive experience for participants
- Communicated scheduling, curriculum and achievements with families on a daily basis

Certifications and Training

Community Centre Leadership Training

June 2020

General Council of Winnipeg Community Centres

CPR-C and Emergency First Aid

January 2019

St. John's Ambulance

Bronze Medallion

March 2016

YMCA-YWCA of Winnipeg

Computer Skills

- Microsoft Word
- Microsoft PowerPoint
- Microsoft Excel
- Google Apps: Drive, Sheets, Docs
- Microsoft Outlook
- Zoom
- Skype

Interests

- Sustainability
- Hockey
- Fishing
- Camping

Sales Associate

Sport Chek, Winnipeg MB

November 2017 - June 2020

• Utilized passion and knowledge of sport and recreation to aid customers in finding needed products, including sportswear and sports equipment

Volunteer Experience

Board Member-at-Large

June 2020 - Present

Lindenwoods Community Centre, Winnipeg MB

- Collaborate with 16 board members on matters of policy, recreational and sport programming, finances, cafeteria operations, grounds and building maintenance, scheduling, and all centre operations
- Assist the recreational and sport directors with volunteer recruitment, training, and placement
- Assist the communications director with the promotion of centre recreational and sport opportunities via email, social media, posters, and newsletters

Recreation Management Representative May 2020 - Present Physical Education Recreational Kinesiology Student Council

- Represent approximately 100 students within the recreation management stream to advocate for professional development opportunities, plan events, and serve as a liason between faculty, students and employers
- Collaborate with council in meetings to plan events, create work and volunteer opportunities and promote the faculty to prospective students

Ambassador

September 2019 – Present

Pan-Am Clinic, Winnipeg MB