

Welcome to the Asper School of Business

Dear international student,

Congratulations on being accepted to the Asper School of Business at the University of Manitoba in Winnipeg, Canada!

Our team is excited to welcome you to Asper, Winnipeg, and Canada. We hope that your time here will be a successful one filled with exciting opportunities.

This guidebook was compiled to help answer frequently asked questions international students may have as they prepare for their arrival and once they arrive on campus and begin to settle into the community.

Our team is here to help, so please get in touch with us if you have any questions.

We look forward to meeting you upon your arrival!

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**University
of Manitoba**



Preparing to arrive in Canada

Pre-arrival to-do list

- ☐ Apply for your study permit and visa
- ☐ Secure accommodations
- ☐ Plan your packing list
- ☐ Plan to arrive for orientation
- ☐ Learn about health insurance

Study permit and visa

Study permit and temporary resident visa

International students who are studying in Canada for more than six months need to have a study permit. It is important that you apply for a study permit as soon as you receive your Letter of Offer.

You can apply for a study permit online or by submitting your application to the visa office in the Canadian embassy, high commission, or consulate responsible for your country of citizenship or the country in which you are living.

For complete up-to-date information on study permits and work permits, visit the Immigration and Citizenship Canada website at: canada.ca/en/immigration-refugees-citizenship/services/study-canada.html

Visiting the United States of America (USA) and other countries

If you are planning to travel to the USA to attend conferences, business case competitions, international study trip and exchange, or to visit family and friends, you must travel (at your own expense) to a Consulate General of the United States

located in Canada to apply for a USA visitor visa in person as it is not possible to send applications by mail. Therefore, if you think you may need to visit the USA while you are in Canada, we encourage you to apply for a USA visitor visa in your own country before coming to Canada.

For detailed information about USA visa application procedures and requirements, visit: travel.state.gov/content/visas/en/visit/visitor.html

Similar procedures and requirements are also applied when travelling to countries other than the USA.

Social Insurance Number (SIN)

The social insurance number is a nine-digit number that you need to attain when you want to work and file your taxes in Canada. You can apply for a SIN number with your study permit. You can apply for a SIN number by visiting a Service Canada location.

For more information, please visit: canada.ca/en/employment-social-development/services/sin.html

Covid-19 travel considerations

Prior to traveling please review the current UM Covid-19 information and Government of Canada travel restrictions at these links here:

- [UM Covid-19 Updates](#)
- [UM Covid-19 Updates for International Students](#)
- [Government Travel Restrictions & Exemptions](#)

If you have any specific questions related to your travel situation please book an appointment with an International Student Advisor by emailing international@umanitoba.ca



Accommodation

It is your responsibility to secure accommodations in Winnipeg.

Depending on your budget and how close you want to be to the University, it is recommended that you do some research on cost and location. Students who plan on arriving in Winnipeg prior to securing permanent accommodations are encouraged to arrange temporary accommodations in advance.

University of Manitoba residences

UM Residences offer temporary accommodations on the Fort Garry campus from May to mid-August as well as permanent accommodations from September to April. For details, visit:

umanitoba.ca/campus/housing/index.html

For additional temporary accommodation options, please visit:

och.cc.umanitoba.ca

Living off campus

If you choose to live off campus, it is your responsibility to source housing alternatives. Information on housing can be found at:

places4students.com

UM Housing Office

University of Manitoba

+1.204.474.9922

residence@umanitoba.ca

Residential Tenancies Branch

You have certain rights and responsibilities as a tenant in Manitoba.

For more information visit their website at:

www.gov.mb.ca/cca/rtb



Health insurance

Manitoba International Student Health Plan (MISHP)

- Any international student who is registered with the University of Manitoba will be covered by the Manitoba International Student Health Plan.
- Under this plan, you have the same primary health coverage as a Manitoba resident. This means that there are no exclusions for pre-existing medical conditions. This coverage will allow you to visit a doctor, clinic, or hospital for necessary medical tests like x-rays or blood tests. It will also cover you for emergency or routine medical procedures. The seasonal flu vaccine is also covered under MISHP. Learn more about your coverage: mishp.ca/coverage
- Your coverage is valid at any doctor's office, clinic, or hospital in Manitoba. To find out where to go for the health issue you are experiencing, visit myrightcare.ca or mishp.ca.
- The cost of the plan is assessed by term, at point of registration. You will pay it with your tuition fees.
- You need to be registered as a student in order to receive your MISHP card. Provided you are registered at UM, your card will be emailed to your student email address after the beginning of the first term in which you are enrolled in the health plan.
- This plan is different from the UMSU Health & Dental Plan. The UMSU Health & Dental Plan is a supplementary plan that covers benefits not provided by the primary health coverage. This includes many services related to vision care, dental care, psychology, and physiotherapy. For details on what is covered by your supplementary plan, visit studentcare.ca
- Additional travel health insurance should be purchased for travel outside of Canada.

The University of Manitoba has two health clinics, one located at the Fort Garry Campus and another at the Bannatyne campus. Appointments need to be booked in advance.

Health Clinic

+1.204.474.8411 (both campuses)

umanitoba.ca/student-supports/health-wellness/university-health-service

Reflections Dental Clinic

+1.204.474.7373

reflectionsdentalhealth.ca/site/home-campus

University Centre Pharmacy (Fort Garry Campus)

+1.204.474.9323

umanitoba.ca/campus-services/university-centre-pharmacy

International students are encouraged to review the coverage provided in the Manitoba International Student Health Plan and UMSU's Health and Dental plan before coming to Canada as they may need to purchase additional health, dental, and/or travel insurance from their home countries.

UMSU Health & Dental Office

110 University Centre

+1.855.535.3282

service@studentcare.ca

University of Manitoba Students' Union (UMSU) health and dental coverage

- Full-time graduate students are automatically enrolled into the UMSU Health and Dental plan
- Fees are assessed on tuition fee statements in the fall or winter term or upon registration into the graduation programs
- Students starting in the term have the option to opt-in or obtain other insurance themselves
- Coverage includes items such as prescription drugs, paramedical services, medical equipment and appliances, dental benefits, etc.
- Exemption: Students must provide proof of an alternative coverage to the UMSU Health Office in order to be exempted
- Students may also enroll a spouse or dependants for an additional fee before the deadline
- For detailed information about the UMSU Health and Dental plan, please visit umsu.ca/services-and-support/health-dental

When to arrive and what to bring

It is important to give yourself enough time to settle in before starting your program. This will give you the opportunity to find your accommodations, purchase essential household items and get accustomed to the University of Manitoba campus.

Living on-campus? Check the [move-in times/dates](#) so you can plan your arrival accordingly!

Important items to pack

- ☐ Valid passport or travel documents
- ☐ University of Manitoba letter of acceptance
- ☐ A valid temporary resident visa
- ☐ Letters of reference or any other documents recommended by the visa office where you applied
- ☐ Proof that you have enough money to support yourself during your stay in Canada
- ☐ Medical and eyeglass prescription if necessary
- ☐ Medical insurance documents for extended health care coverage if you have it
- ☐ Driver's license or international driver's license
- ☐ Business attire for presentations and networking events
- ☐ Cash money for immediate use upon arrival
- ☐ [UM campus map](#)

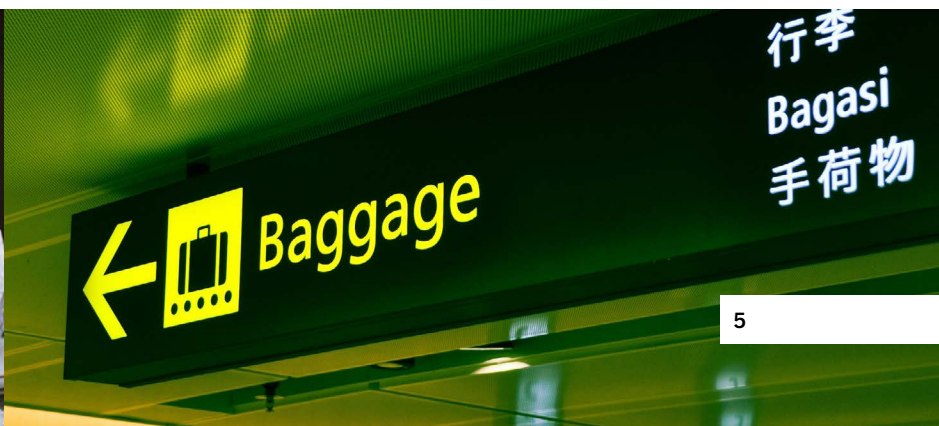
Arrival in Canada

ARRIVAL CHECKLIST

- ☐ Transfer from the James Armstrong Richardson International Airport to your accommodations
- ☐ Familiarize yourself with the campus
- ☐ Obtain your UM student card (400 University Centre)
- ☐ Learn how to use Winnipeg Transit
- ☐ Start shopping for grocery and living essentials
- ☐ Attend Stu Clark Graduate School orientation and orientation offered by the International Student Center



PREPARING TO ARRIVE IN CANADA



Transport from Winnipeg Richardson International Airport

Airport Taxi

- Easiest way to get directly to your place of residence with luggage.
- Fare: \$54-60 CAD approximately (tips and extra luggage fee extra).
- Unicity Taxi provides taxi service from the airport. For more information or to book a cab, please contact Unicity Taxi at admin@unicitytaxi.mb.ca or +1.204.925.3131
- Travel time: 30 minutes to University of Manitoba, Fort Garry campus
- For more information on taxi services, visit the Winnipeg International Airport website at waa.ca
- Taxis will be waiting near Exit 3 at the Terminal Building.

Winnipeg Transit

- Affordable option
- Approximately 90 minutes to get to the Fort Garry campus
- To learn more about the schedule and rates, please visit Winnipeg transit website winnipegtransit.com or call 311 from Winnipeg or toll free at +1.877.311.4974



Winnipeg climate

Located in southern Manitoba, Winnipeg has short, very warm summers and long, cold winters. Canadians in other provinces sometimes jokingly refer to Winnipeg as “Winterpeg.” With the temperature often below -30°C between the months of December and March, Winnipeg’s winters can be dangerous and potentially deadly if you are not well prepared.



Tips on how to survive Winnipeg’s cold weather:

- Check the [weather forecast](#): Always be sure to check the weather before heading out and take special notice of any extreme weather warnings.
- Wear lots of layers: Buy a pair of thermal/long underwear to wear underneath your regular clothes on very cold days or if you’re planning to walk outside.
- Wear proper clothing and footwear: Wear a hat, mittens or gloves, a scarf, insulated boots, a parka, and snow/wind proof pants (optional).
- Stay out of the wind: Because of [windchill](#), it will feel colder if you are exposed to the wind. If you are waiting outside, try to get inside a bus shelter or building lobby to get out of the wind.
- Avoid cotton: Unlike wool or polyester fleece, cotton won’t provide any warmth if you get wet.

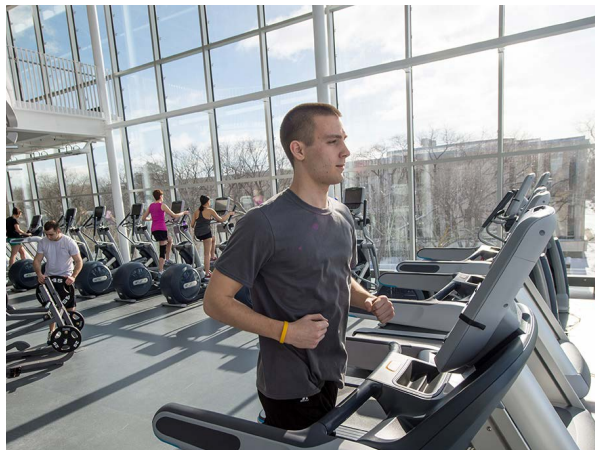
Arrival at the University of Manitoba

Get to know your campus

University Center

University Center is a central hub that encompasses many different stores and services at the Fort Garry Campus. It is the home to the Bookstore, pharmacy, convenience store and major food services, admission offices, financial and award services and a range of student services and commercial businesses.

For a comprehensive list of businesses and services offered at University Center, please check the campus services website at umanitoba.ca/campus



Recreation services

The newly developed Active Living Centre provides membership and recreational programming opportunities for UM students, faculty, alumni, and the general public at the Fort Garry campus. Membership is included in your student fees.

For more information on student membership and programming, please visit umanitoba.ca/faculties/kinrec/recreationservices

Emergency and Campus Security

CONTACTS IN CASE OF EMERGENCY:

- In general: call **911**. Free of charge from any phone
- On campus: **555** from University phone
- **3555** from MTS or Rogers Wireless
- **+1 204.474.9341** FROM ALL OTHER PHONES



UM student ID card

A University of Manitoba student ID card is the university's official photo identification documentation, and you must carry it with you at all times. Your ID card is required to access student services, recreation facilities, Peggo card, write exams and more.

How to get your UM student ID card

- Visit the Registrar's office on the 4th floor – 400 University Center, Monday to Friday: 8:30 a.m. to 4:15 p.m.
- Hours and locations might differ during New Student Orientation and for the first week of classes

How to Get Your Peggo Card

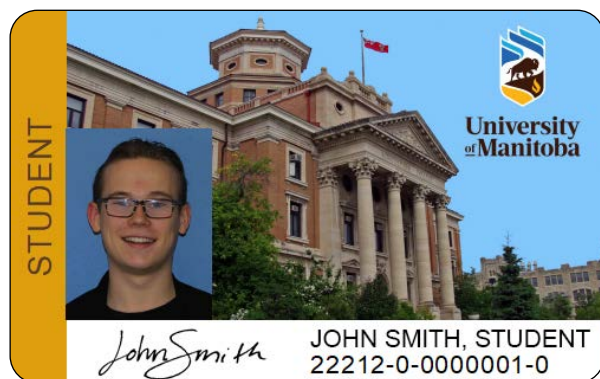
The Peggo card is a reloadable and convenient electronic card that allows you to pay for public transit fare in Winnipeg.

Students can purchase their Peggo cards in person at all 7-Eleven stores and all Shoppers Drug Mart stores across Winnipeg.

To register online for your Peggo card, please visit the [Winnipeg Transit website](http://www.winnipegtransit.com).

Adding money to your UM student ID card

Your Student ID card can be loaded with a cash amount at the cash card manager units in Elizabeth Dafoe Library and Science and Technology Library on the Fort Garry Campus. You can use the card at library photocopying machines or at library microform machines.



Arrival at the I.H. Asper School of Business

Get to know the Drake Center

The Drake Centre is home to the Asper School of Business. Here you'll find all classrooms, offices and facilities belonging to the Asper School of Business, as well as the Warren Centre for Actuarial Studies, Stu Clark Graduate School, University of Manitoba Transport Institute (UMTI), and James W. Burns Leadership Institute (JWBLI).

Arni Thorsteinson and Helen Glass Student Commons

The student commons on the main floor of the Drake Centre is always a buzzing hub of student activity at the Asper School. Famous for the orange modular furniture, this space can easily accommodate guest speakers, luncheons, a full-blown Homecoming party, or the annual Buddy Day event that welcomes new students to the school. The student commons is a great place to meet, eat lunch, work on projects, or just relax.

Graduate Student Lounge

A light-filled space on the fifth floor where graduate students can go for quiet study, reading or small group meetings. The room is also equipped with a state-of-the-art coffee machine and a large screen television.

Asper Commemorative Room

The Asper Commemorative Room, located just off the Atrium is dedicated to the Asper School's namesake, Dr. Israel Asper, an entrepreneur and philanthropist. Small tables and chairs and modular furniture make it a popular venue for student group meetings, studying, and group project work.

Scotiabank Technology Center

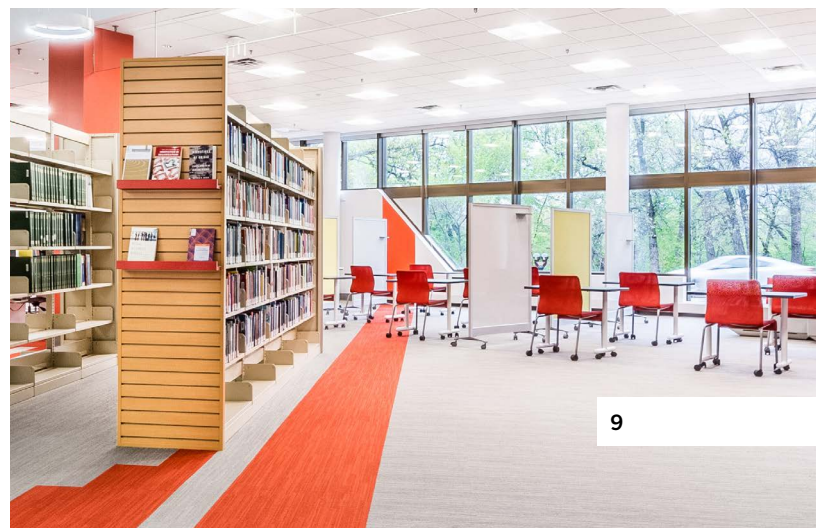
The Scotiabank Technology Center, located on the main floor of the Drake Centre, provides access to 62 IBM PC-compatible Intel Core i5 2.50 GHz machines and two high speed Kyocera laser printers. The Centre is open when the building is open and closes 30 minutes prior to Drake Centre closure.

Albert D. Cohen Management Library

The Albert D. Cohen Management Library supports the study, research and teaching needs of students, faculty and staff of the Asper School of Business. It is also accessible by the business community and the general public. The Library is home to ten Bloomberg terminals, which provide faculty and students with access to real-time financial data.



ARRIVAL AT THE ASPER SCHOOL OF BUSINESS





James W. Burn Leadership Institute (JWBLI).

The James W. Burns Leadership Institute offers undergraduate and graduate students from faculties across the university opportunities to develop the leadership knowledge necessary to pursue careers in any field. The institute provides innovative educational programming in leadership and conducts and supports research on leadership and organization studies. The JWBLI offers the flag-ship President's Student Leadership Program and the Leadership for Business and Organization Minor. Visit the [JWBLI webpage](#) to learn more.

Stu Clark Centre for Entrepreneurship

The Stu Clark Centre for Entrepreneurship (SCCE) aims to spark the entrepreneurial spirit in students and enables students to realize that entrepreneurship is a viable career path regardless of their area of study. We support entrepreneurial activities not only from students at the I.H. Asper School of Business, but also from all faculties at the University of Manitoba Fort Garry and Bannatyne campuses. Visit the [SCCE webpage](#) to learn more.

Stu Clark Graduate School

The Stu Clark Graduate School is home to the Asper MBA, MFin, Master of Supply Chain, MSc and PhD programs. Visit the [School webpage](#) to learn more about each program.

University of Manitoba Transport Institute (UMTI)

The UM Transport Institute (UMTI) is a world-renowned research institute in transportation and logistics. With a rich history of more than 30 years, UMTI researchers actively undertake outstanding collaborative scholarly research and publications, facilitate the transfer of knowledge to professional communities, and train graduate students to become competent scholars in transportation and logistics. UMTI plays a highly important role in defining Canada and the world's future scholarly research direction of transportation and logistics. Visit [UMTI webpage](#) to learn more.

Community relations & business connections

Asper MBA Student Association

The mission of the Asper MBA Student Association (aMBAsa) is to enhance the MBA student experience by creating opportunities for students to form lasting relationships with their colleagues and the wider Manitoba business community. Grow your network, get to know your fellow classmates and faculty while gaining valuable leadership experience by taking part in the Association, or by participating in MBA games.

E-mail: aspermbasa@gmail.com

Website: aspermbasa.wordpress.com



University of Manitoba Graduate Students' Association (UMGSA)

The University of Manitoba Graduate Students' Association (UMGSA) is the student-run association for graduate students at the University of Manitoba. The UMGSA's main focus is to promote and provide graduate student advocacy, offering services and support to students, as well as developing and encouraging involvement in the graduate student community.

Email: gsa@umgsa.org

Website: umgsa.org

International Centre (IC)

International Centre programs and services are designed to help international students succeed academically in a Canadian university environment, adapt to and experience Canadian culture, share their international perspectives, make new friends, and ensure their experience is enjoyable, safe, and successful.

Programs and services are offered throughout the year, with additional orientation programs added at the beginning of each term.

Email: international@umanitoba.ca

Website: umanitoba.ca/international

Associates & Young Associates

The Associates and Young Associates are dedicated to the advancement of business education at the Asper School of Business.

Comprised of more than 300 senior executives, the Associates link the Asper School to the business community through mentorship, networking and philanthropy. The Associates and Young Associates hold a number of networking events and professional seminars that Stu Clark Graduate School students are invited to attend to meet with top executives and emerging leaders.

Website: associatesmb.ca

Career Development Centre (CDC)

The Career Development Centre provides students and alumni with career management skills needed to confidently embark on career exploration and long-term career management. The CDC develops strong relationships with the business community to facilitate connections between students, alumni and employers.

Some of our services include: personalized career counseling, honing your networking skills, resume & cover letter polishing, as well as developing effective interview and job search strategies.

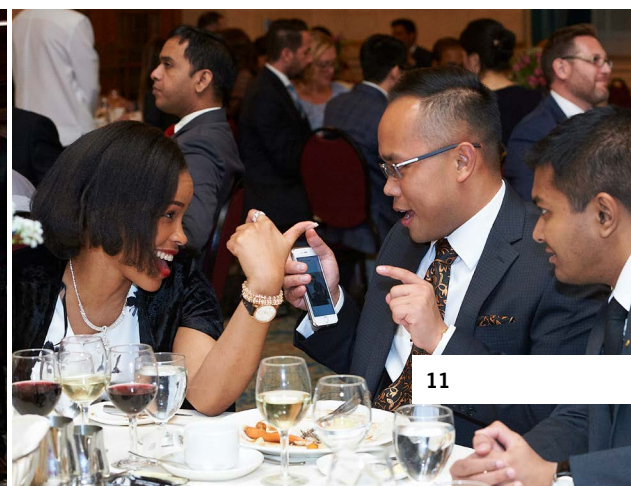
For more information, please visit the [CDC web page](#).

Asper Masters Mentor Program

Coordinated by the Career Development Centre, the Asper Masters Mentor Program connects Asper MBA, MFin, and Master of Supply Chain students with inspirational leaders in Winnipeg and across Canada. Through group or individual one-on-one mentoring this flexible program will meet the unique needs of Asper graduate students while catering to the demanding schedules of mentors.



ARRIVAL AT THE ASPER SCHOOL OF BUSINESS





Arrival in Winnipeg

Know your finances

Banking institutions

When you arrive in Winnipeg, one of the first things you'll need to do is open a Canadian banking account. As an international student, you will need the following documents in order to open a bank account:

- Your valid, unexpired passport; and
- Your temporary residence visa, and/or study permit



Scotiabank

BMO



Different banks may have specific requirements, so it's a good idea to get in touch beforehand to make sure you have everything you need.

BMO Bank of Canada

Address: 2785 Pembina Hwy

Tel. +1.204.985.2225

bmo.com

RBC Royal Bank

Address: 26-2855 Pembina Hwy

Tel. +1.204.988.6062

royalbank.com

Scotiabank

Address: 1220 Pembina Hwy

Tel. +1.204.927.3660

scotiabank.com

Canadian Imperial Bank of Commerce (CIBC)

Address: 2866 Pembina Hwy

Tel. +1.204.944.5119

cibc.com

Shopping for food

Grocery stores near campus



Real Canadian Superstore (also sells living essentials) | 80 Bison Drive

Directions: From UM bus stop take bus 60 or 74 and get off at West Bound Chancellor Matheson then walk for 10 minutes.



Safeway | 2155 Pembina Hwy

Directions: From UM Bus Stop take bus 78 (Polo Park via Cambridge) and get off at Northbound Pembina at South Park.



Giant Tiger | 2195 Pembina Hwy

Directions: From UM Bus Stop, take bus 78 and get off at North Bound Pembina at South Park.



Daily Food Oriental Supermarket

2065 Pembina Hwy

Directions: From UM bus stop, take bus number 78 and get off at North Bound Pembina at South Park.



Bombay Spices | 5-2795 Pembina Hwy

Directions: From UM bus stop, take bus number 662, 671, or 672 and get off at Dalhousie / Pembina East.



ING Supermarket | 22-2855 Pembina Hwy

Directions: From UM bus stop, take bus number 60 and get off at Pembina / Plaza.



Safeway | 2155 Pembina Hwy

Directions: From UM Bus Stop take bus 78 (Polo Park via Cambridge) and get off at Northbound Pembina at South Park.

Living essentials

Regardless of where you choose to stay, you will need to purchase living essentials like pillows, blankets, dishes, etc.

Stores close to campus



Walmart | Unit 100-1225 St. Mary's Road

Department store known for low prices and decent quality items. You can also buy groceries.



IKEA | 500 Sterling Lyon Pkwy

Known for ready-to-assemble furniture and home accessories at an affordable price.



DOLLARAMA | Unit 2-1910 Pembina Hwy

Known for its affordability. Products at fixed price from \$1 to \$3.



Large shopping centres

St. Vital Shopping Centre | 1225 St. Mary's Road, 5.5 kilometres from the University of Manitoba

St. Vital Shopping Centre is a retail shopping mall that offers more than 167 brand name fashion and department stores, specialty shops, entertainment facilities and professional services.

Directions: From UM bus stop, take bus 75 Speers – Elizabeth and get off at Eastbound Bishop Grandin at St. Mary's

Polo Park Shopping Centre | 1485 Portage Avenue, 15 kilometres from the University of Manitoba

Polo Park Shopping Centre is a premier shopping mall, dining and entertainment destination with over 190 stores, three restaurants and a multiplex movie theatre. Polo Park is home to retailers like Coach, Gap, Hudson's Bay, Michael Kors, Hugo Boss, Club Monaco, Banana Republic, Lululemon, Victoria's Secret and many more.

Directions: From UM bus stop, take bus 78 Polo Park via Cambridge and get off at Westbound Westway at Empress

Restaurants

There are more than 1,000 restaurants in Winnipeg, known for having some of the most diverse and high-quality restaurants in any province on a per capita basis.

There are many websites and apps, such as DoorDash, SkipTheDishes, and Peg City Grub that list many of our local restaurants with links to their menus, addresses/maps, and phone numbers.

A few restaurants do not take reservations at all, but you can call in advance before you leave home to see how long a wait may be. On weekends, the better restaurants can be crowded, so you may want to make reservations for a weekend dinner. It is impossible to list all the fantastic dining places in this guide but we have included some of our favorite places here.

- **Bonfire Bistro** – 1433 Corydon Avenue, +1.204.487.4440
- **Bridge Drive-In (BDI)** – 766 Jubilee Avenue, +1.204.475.6850
- **Carnaval Brazilian BBQ** – 270 Waterfront Drive, +1.204.505.0945
- **Falafel Place** – 1101 Corydon Avenue, +1.204.489.5811
- **Golden Loong** – 2237 Pembina Highway, +1.204.504.6766
- **Dancing Noodle** – 1393 Pembina Highway, +1.204.691.0205
- **Tall Grass Prairie Bakery** – 1 Forks Market Road, +1.204.957.5097
- **IGI BBQ Grill and Sushi** – 1875 Pembina Highway, +1.204.477.9909
- **East India Company** – 349 York Ave, +1.204.947.3097
- **Prairie 360** – 83 Garry Street, +1.204.505.2681
- **Stella's** – 1463 Pembina Highway, +1.204.275.2001



Assiniboine Park Zoo – Photo courtesy of Tourism Winnipeg

14 Must Sees

- [The Forks National Historic Site](#)
- [Exchange District](#)
- [FortWhyte Alive](#)
- [The Canadian Museum for Human Rights](#)
- [Journey to Churchill at Assiniboine Park](#)
- [Osborne Village](#)
- [Winnipeg Art Gallery](#)
- [Manitoba Legislative Building](#)
- [Assiniboine Park and Zoo](#)
- [Manitoba Museum](#)
- [Winnipeg Folk Festival](#)
- [Thermëa](#)
- [Royal Winnipeg Ballet](#)
- [Jets](#) or [Moose](#) game at [Canada Life Centre](#)

Explore Winnipeg and beyond

Tourism Winnipeg

tourismwinnipeg.com

Travel Manitoba

travelmanitoba.com

150 Things to Do in Manitoba

manitobahot.com/2016/12/150-things-to-do-in-mb-in-2017/#/gallery/popular

Destination Canada

<https://www.destinationcanada.com/en>

Bisons Hockey Game



Canadian Museum for Human Rights



The Forks Market

