

Physical activity in a social milieu is not only key to individual health and social well-being, but also crucial for shaping world-views, cultural meaning, ethical imagination and resilient adaptability in changing circumstances.

with many kinds of physicality, including substantive modes of socialization, propinquity, formative play, physical theatre, and renewed choreographies for everyday practices that strengthen & sustain individual agency and participation in a shared & co-constructed world.

well as synergies with the more than human world.

Ultimately, we are designing active living centres for exercising the social body, and that most important muscle for the architect: IMAGINATION!

Lisa Landrum & Ted Landrum tinyurl.com/StudioPhysio