**Studio Physio — Reviews**

WIN-WIN SITUATIONS

What I know most surely about morality and the duty of mankind I owe to sport. — Albert Camus

The space of play and the space of thought are the two theatres of freedom.

— Eugen Rosenstock-Huessy

“Dare to err and dream; a higher meaning often lies in childish play.”

— Friedrich Schiller

By disrupting normal routines and activities, the pandemic has intensified concerns about the effects of prolonged sedentary work and sparked a surge of interest in the eudaemonic “STATE OF PLAY.”

Physical activity in a social milieu is not only key to individual health and social well-being, but also crucial for shaping world-views, cultural meaning, ethical imagination and resilient adaptability in changing circumstances.

Physical play is also fun! – even exhilaratingly joyful in loosening limits and exploding potential.

STUDIO PHYSIO springs into the world of experimentation with many kinds of physicality, including substantive modes of socialization, propinquity, formative play, physical theatre, and renewed choreographies for everyday practices that strengthen & sustain individual agency and participation in a shared & co-constructed world.

The studio engages topics of human rights, the right to appear and appear differently; issues of gender and racial bias; accessibility; radical approaches to design for inclusivity; as well as synergies with the more than human world.

Ultimately, we are designing active living centres for exercising the social body, and that most important muscle for the architect: IMAGINATION!

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