

# Counselling Services for Architecture Students

The Student Counselling Centre (SCC) on campus continues to operate to provide mental health support to students with all of our services being offered remotely by telephone or video (**we are not offering any in-person services for the fall of 2021**). The SCC will resume in-person services when University of Manitoba and Health guidelines allow. The SCC and the Faculty of Architecture began a partnership in January 2021 to allocate designated counselling time to Architecture students. This partnership has been enhanced for the upcoming year and will start again in September 2021. While counselling time will be dedicated only to Architecture students, counsellors will not be on site in Architecture this fall.

## To access counselling support:

- Contact our reception at 204-474-8592, Monday through Friday, 8:30 am to 4:30 pm.;
- Identify yourself as an Architecture student;
- Select the best available option to meet your needs (e.g., initial intake session with a counsellor assigned to work with Architecture students, a general intake/triage worker, workshop, or group).

If you are in need of urgent/immediate counselling support (e.g., you are at risk of harming yourself), please use one of the below crisis services:

- [Mobile Crisis Service](#) (204-940-1781)
- [Klinik Crisis Line](#) (204-786-8686)
- [Manitoba Suicide Prevention and Support Line](#) (1-877-435-7170)
- [First Nations and Inuit Hope for Wellness Services](#) (1-855-242-3310)
- Support line for women experiencing domestic violence (204-940-6624)
- [Sexual Assault Crisis Line](#) (1-888-292-7565)