

Syllabus
FOOD/HNSC 4100: Current Issues
in Food and Human Nutrition
Winter 2024

Faculty of Agriculture and Food Sciences



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COURSE DETAILS

Course Title & Number:	FOOD/HNSC 4100: Current Issues in Food and Human Nutrition
Number of Credit Hours:	3.0 credit hours
Class Times & Days of Week:	January 8 - April 10, 2024 Monday and Wednesdays 8:30 am – 9:45 am
Location for classes/labs/tutorials:	107 Animal Sciences Building Class material and assignments will be managed via the UMLearn portal established for this class
Pre-Requisites:	Restricted to 4th year majors in the Department. Prerequisites: completion of 84 credit hours in the program
Voluntary withdrawal date:	March 20, 2024

Last date to drop Winter term courses with refunds: January 19, 2024

Instructor Contact Information

Instructor(s) Name & Preferred Form of Address:	Dylan Mackay PhD Dylan (he/him)
Office Location:	110 RCFTR (196 Innovation Dr.)
Office Hours or Availability:	I will be available immediately after class for office hours. Please contact me in advance to schedule a virtual or in-person meeting at another time.
Office Phone No.	204-272-3119
Email:	Dylan.mackay@umanitoba.ca Please include FHNS4100 or FOOD4100 at the start of the subject line in emails related to this course. . All email communication must conform to the Communicating with Students university policy.
Contact:	Please contact the instruction via university email. You are required to obtain and use your University of Manitoba email account for all communication between yourself and the university. Dr. MacKay prefers email communication.

Traditional Territory/Land Acknowledgment

The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota and Dene peoples, and on the homeland of the Métis Nation. We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past and those which are ongoing, and we dedicate ourselves to moving forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.

I would personally like to acknowledge that the places where I work and my home residence in Winnipeg are located within the traditional territories of other Indigenous peoples and within the heartland of the Métis Nation. The water I drink comes from Treaty #3 territory and the power from Manitoba hydro that I use at home and at the University comes from Treaty #1, 2, 3 4 and 5 territories. In my own engagement with reconciliation, I am aware that there are still ongoing harms and continuing mistakes which harm Indigenous peoples and members of the Métis Nation. I am committed to minimizing those harms within the capacity of my work at the University of Manitoba and by continuing to learn of the unique richness and diversity of Indigenous cultures and their resilience, as well as the socio/economic and cultural traumas experienced by Indigenous peoples.

In Anishinaabe traditional belief, everything in the environment is interconnected and has important relationships with the things around it. I think this belief is very applicable to the university environment.

I encourage you to further educate yourself on this topic with the following links:

1. [Reserves in Manitoba](#)
2. [Forced Relocation of Indigenous People in Canada](#)
3. [Land Acknowledgements – A Reflection 5-years After the TRC Report](#)
4. [Treaty Relations Commission of Manitoba](#)

Course Description

Integration of current issues in food and human nutritional sciences. Emphasis on ethics, equity, economics, and professional approaches to challenges in food and human nutritional sciences using case studies, teamwork, and scientific communication to specialists and the public. This is a capstone course restricted to students in year 4 of the B.Sc. Human Nutritional Sciences or Food Science degree programs. For HNSC 4100, may not be held with FOOD 4100 or AGRI 4100 or the former HNSC 4160. Prerequisite: HNSC 2000 (or the former HMEC 2000) and Faculty approval. For FOOD 4100, may not be held with HNSC 4100 or AGRI 4100. Prerequisite: AGRI 2030 (min grade of C)

This course is a critical study of research in the field of food and human nutrition and is composed of activities geared towards improving written and oral communication skills. Students will engage in advanced study and scholarly discussions in a student-centred learning environment and gain a holistic view on presenting technical information to expert and non-expert audiences. This course will be beneficial to students seeking the opportunity to learn how to convey complex information in a comprehensive and clear manner.

Course Goals

- 1) Develop students' critical thinking skills and the ability to evaluate specific topics in food science and nutrition using suitable resources, such as those provided through UofM libraries
- 2) Provide a good understanding of tools (for example, referencing programs and library resources) that can be used in writing scholarly articles
- 3) Develop students' writing skills and the ability to express technical information and ideas clearly and in a well-organized manner

4) Develop students' oral communication skills and provide the tools needed to effectively communicate with different audiences.

Course Learning Objectives

By the end of the course, students should be able to,

- Conduct comprehensive reviews on specific topics in food science and nutrition using suitable resources
- Be able to use different resources and tools to develop scholarly written works and presentations
- Recognize and utilize specific skills needed to produce informative scholarly articles that are comprehensive, clear and technically sound
- Know how to organize contents of a scientific article in a logical manner
- Be able to write technical information to reach expert and non-expert audiences
- Produce presentations (oral communication) that are clear, informative, interesting and technically sound
- Effectively deliver contents of an oral presentation to reach the target audience

Course Materials

Required textbook – None

Supplementary readings – N/A, refer to material provided in UMLearn

Recommended or required materials (e.g. lab equipment, art supplies, computers, etc.) – laptops, smart phones, tablets and etc., internet access

Using Copyrighted Material

Please respect copyright. We will use copyrighted content in this course. I have ensured that the content I use is appropriately acknowledged and is copied in accordance with copyright laws and University guidelines. Copyrighted works, including those created by me, are made available for private study and research and must not be distributed in any format without permission. Do not upload copyrighted works to a learning management system (such as UMLearn), or any website, unless an exception to the *Copyright Act* applies or written permission has been confirmed. For more information, see the University's Copyright Office website at <http://umanitoba.ca/copyright/> or contact um.copyright@umanitoba.ca.

Note regarding assignments: All unclaimed assignments become the property of the faculty and will become subject to destruction. Students maintain copyright for all of their work, despite notification that the version/copy of the assignment left with their instructors becomes the physical property of the department. If for any reason an instructor wishes to retain a copy of student coursework, they should obtain the written permission of the student to do so.

Course Technology

This course uses UMLearn. To gain access or learn how to navigate in these technologies please use these links: <https://universityofmanitoba.desire2learn.com/d2l/login>
<https://centre.cc.umanitoba.ca/technology/umlearn/>

If you have questions regarding UM Learn, please contact <https://centre.cc.umanitoba.ca/>

You must have access to Microsoft Office, including PowerPoint and Word.

You should check that technical requirements such as software and system requirements (i.e., operating system, web browser, user programs), hardware (i.e., hard disk drive, graphic card, sound card, memory) & peripherals (i.e., webcam, microphone), subscriptions or plug-ins (i.e., Adobe Flash Player, QuickTime Player, Java) that are needed for course completion are available. Please contact the department or UofM IST Service desk if you need assistance. Students may use laptops, cellphones or tablets in the classroom provided they are muted (unless part of a medical device) and that their use does not distract or block the view of other people in the class. Additionally students must be aware that policies such as the [Respectful Work and Learning Environment policy \(RWLE\)](#) are applicable in all University-related activities, even ones happening in online environments such as social media platforms. Also the general University of Manitoba policy that all technology resources are to be used in a responsible, efficient, ethical, and legal manner are applicable.

The use of generative artificial intelligence tools (genAI) or apps for assignments in this course, including tools like ChatGPT and other AI writing or coding assistants, is prohibited.

Expectations: I Expect You To

- Check UMLearn for course updates and readings regularly
- Submit all the required assignments and present oral presentations on assigned dates
- Respect your instructor and the other students
- I will treat you with respect and would appreciate the same courtesy in return. See Respectful Work and Learning Environment Policy.
- I expect you to follow these policies around Class Communication, Academic Integrity, and Recording

Class Lectures.

Expectations: You Can Expect Me To

- Make the learning environment in this class inclusive, enjoyable, and informative.
- To accommodate all of your reasonable requests within the University of Manitoba policies.
- Be available to help your educational needs within.
- Do my best to teach you updated topics in the course area [See Respectful Work and Learning Environment Policy](#).
- Chair in-class discussions, presentations and debates
- Evaluate and provide feedback on assignments and presentations
- Be available to address course related questions and concerns: I be available for 15 min after class time (exceptions may apply) to discuss any questions or comments you may have. I will also be available for meetings that can be scheduled via email. I will address questions sent by email as well.
- Reply to your emails within 2 business days
- Respect all students and will answer all your questions in a timely manner

Equity And Inclusion Commitment

I will respect your identities (e.g., race, gender, sexual orientation, class, size, ability, etc.) and commit to interrupting any form of oppression based on these categories and amplifying under-represented voices. I am a white cis man and I am still working on challenging all my assumptions and recognizing all of the unearned privileges that I have, please, if you can, bring to my attention anything I say, do, or allow that conflicts with this commitment by submitting anonymous feedback to me <https://forms.gle/uMvhvPz43CkfewgRA>

Class Communication:

Please use your UM email address. Include your last name and the course number 4100 in the subject line, and if/as applicable, the component.

For full details of the Electronic Communication with Students please visit:

[http://umanitoba.ca/admin/governance/media/Electronic Communication with Students Policy - 2013 09 01 RF.pdf](http://umanitoba.ca/admin/governance/media/Electronic_Communication_with_Students_Policy_-_2013_09_01_RF.pdf)

The Department of Food and Human Nutritional Sciences in consultation with the Faculty of Agricultural and Food Sciences has devised a plan so that there is minimal impact on the delivery and content of the course, should the instructor fall sick and is unable to continue lectures in-person. Please be assured that the alternative plan outlining any deviation from the normal mode of instruction will be communicated to you as quickly as possible if/when the need arises.

Attendance at Class

Regular attendance is expected of all students in all courses. An instructor may initiate procedures to debar a student from attending classes and from final examinations and/or from receiving credit where unexcused absences exceed those permitted by the faculty or school regulations.

A student may be debarred from class, laboratories, and examinations by action of the dean/director for persistent non-attendance, failure to produce assignments to the satisfaction of the instructor, and/or unsafe clinical practice or practicum. Students so debarred will have failed that course.

Recording class lectures

No audio or video recording of lectures or presentations is allowed in any format, openly or surreptitiously, in whole or in part without permission of Dr. MacKay. Course materials (both paper and digital) are for the participant's private study and research.

Student Accessibility Services:

The University of Manitoba is committed to providing an accessible academic community. [Students Accessibility Services \(SAS\)](#) offers academic accommodation supports and services such as note-taking, interpreting, assistive technology and exam accommodations. Students who have, or think they may have, a disability (e.g. mental illness, learning, medical, hearing, injury-related, visual) are invited to contact SAS to arrange a confidential consultation.

Student Accessibility Services

520 University Centre

Phone: (204) 474-7423

Email: Student_accessibility@umanitoba.ca

COURSE EVALUATION

Evaluation:

Assessment	Percent of final grade	Due date
Library assignment	10%	January 31, 2024
Individual project presentation	30%	Jan 31-March 13 2024
Individual final written paper	25%	April 6, 2024
Debate	20%	March 25-April 3rd, 2024
Participation in discussions	15%	Throughout
Total	100%	

COURSE SCHEDULE AND IMPORTANT DATES

This schedule is subject to change at the discretion of the instructor and/or based on the learning needs of the students but such changes are subject to Section 2.8 of ROASS.

Date	Class Content & Teaching Strategies
January 8, 2024	Course introduction and review of course topics (Lecture, Dr. MacKay)
January 10, 2024	Lecture: How to prepare a scholarly article (Lecture, Dr. MacKay)
January 15, 2024	Introduction to database research and citations: How to use relevant databases to find relevant literature and cite appropriately – this lecture will be led by Mr. Ryan Schultz (UofM Libraries)
January 17, 2024	Using referencing tools: focus on Zotero– this lecture will be led by Mr. Ryan Schultz (UofM Libraries)
January 22, 2024	Lecture and discussion: How to critique a scientific paper (Lecture, Dr. MacKay)
	Topics for scientific presentations due
January 24, 2024	Lecture: How to prepare a scientific presentation (Lecture, Dr. MacKay)
January 29, 2024	Lecture: Scientific presentation skills (Lecture, Dr. MacKay)
January 31, 2024	Scientific presentations Library assignment due
February 5, 2024	Scientific presentations
February 7, 2024	Scientific presentations
February 12, 2024	Scientific presentations
February 14, 2024	Scientific presentations
February 19, 2024	<i>Louis Riel Day – University closed</i>
February 21, 2024	<i>Winter Term Break</i>
February 26, 2024	Scientific presentations and assignment of groups/topics for debate
February 28, 2024	Scientific presentations
March 4, 2024	Scientific presentations
March 6, 2024	Scientific presentations
March 11, 2024	Scientific presentations
March 13, 2024	Scientific presentation and any make-up presentations
March 18, 2024	Any make-up presentations Preparing for a debate, gathering relevant information, and presenting to an audience (Lecture, Dr. MacKay)
March 20, 2024	Discussion on presentations: How to improve
March 25, 2024	Debate
April 1, 2024	Debate
April 3, 2024	Debate
April 8, 2024	Discussion on debates and feedback Final scientific paper due
April 10, 2024	Make up (if needed)

Grading

Written assignment will be graded by the instructor

Oral presentations and debates will be evaluated by the instructor using guidelines/rubric provided in advance

The final term papers will be evaluated by the instructor. The paper will be graded as a 4th year student's paper

Please note that students who will not be able to present on scheduled dates or cannot participate in group debates on scheduled dates, should contact the instructor in as soon as possible

Letter Grade	Percentage out of 100	Grade Point Range	Final Grade Point
A+	90-100	4.25-4.5	4.5
A	80-89	3.75-4.24	4.0
B+	75-79	3.25-3.74	3.5
B	70-74	2.75-3.24	3.0
C+	65-69	2.25-2.74	2.5
C	60-64	2.0-2.24	2.0
D	50-59	Less than 2.0	1.0
F	Less than 50		0

ASSIGNMENT DESCRIPTIONS

All assignment instructions and rubrics can be found on UMLearn.

TITLE: Library assignment

GOAL: Develop skills to perform literature reviews on specific topics using suitable resources

PROCEDURE: Submit a paper describing the results of the specific database search

SUBMISSION GUIDELINES: Electronic submission

EVALUATION CRITERIA: Completeness of database research

TITLE: Scientific presentation

GOAL: Present technical content in an organized, informative and technically sound manner

PROCEDURE: Presentation on assigned date

SUBMISSION GUIDELINES: N/A

EVALUATION CRITERIA: Presentation will be evaluated by the instructor using evaluation guidelines provided prior to presentation

TITLE: Debate

GOAL: Present technical content in a clear manner and work in pairs/groups to present an overview of the selected topic

PROCEDURE: Presentation on assigned date

SUBMISSION GUIDELINES: N/A

EVALUATION CRITERIA: Debates will be evaluated by the instructor using evaluation guidelines that will be provided in advance.

TITLE: Final written paper

GOAL: Present scientific content in an organized, clear and comprehensive manner

PROCEDURE: Paper

SUBMISSION GUIDELINES: Electronic submission

EVALUATION CRITERIA: Scientific merit, organization, clarity and writing skills; guidelines will be provided in advance

TITLE: Participation

GOAL: Encourage active student participation in discussions

PROCEDURE: Participation in discussions

SUBMISSION GUIDELINES: N/A

EVALUATION CRITERIA: Participation

Referencing Style

Assignments should use the Vancouver reference style as outlined in the text: Citing Medicine: The NLM Style Guide for Authors, Editors, and Publishers [Internet]. 2nd edition

https://search.lib.umanitoba.ca/permalink/01UMB_INST/1p55dqn/alma99149165510201651

Example: 1. Wilkinson IB, Raine T, Wiles K, Goodhart A, Hall C, O'Neill H. Oxford handbook of clinical medicine. 10th ed. Oxford: Oxford University Press; 2017

Assignment Feedback

All assignments will be marked using rubrics on UMLearn and communicated in that format. Text-based feedback is built in to the rubrics, though the Instructor may provide additional written feedback. We aim to provide feedback to students in a timely manner for each assignment.

Assignment Extension and Late Submission Policy

Assignments must be submitted electronically to the instructor by the time noted above. Deduction of 5% per day late, including weekends. Keep in mind the University of Manitoba's [Self-Declaration for Brief and Temporary Student Absences Policy and Procedure](#).

UM Policies

As a student at the University of Manitoba you have rights and responsibilities. It is important for you to know what you can expect from the University as a student and to understand what the University expects from you. Become familiar with the policies and procedures of the University and the regulations that are specific to your faculty, college or school.

The University of Manitoba (UM) website's [Governing Documents](https://umanitoba.ca/governance/governing-documents) (<https://umanitoba.ca/governance/governing-documents>) is one important source of information, in particular the Academic and Students sections. The Student Advocacy office can also help you understand policies and procedures; find their information in the UM Learner Supports section below.

Academic Calendar

The [Academic Calendar](https://umanitoba.ca/registrar/academic-calendar) (<https://umanitoba.ca/registrar/academic-calendar>) is the University's official publication containing course descriptions, program and graduation requirements, as well as UM and faculty/school-specific rules, regulations and policies. In particular, familiarize yourself with the sections *University Policies and Procedures* and *General Academic Regulations*.

Academic Integrity

In addition to reviewing your instructor's academic integrity policy listed in their syllabus, you are expected to view the *General Academic Regulation* section within the [Academic Calendar](https://umanitoba.ca/registrar/academic-calendar) (<https://umanitoba.ca/registrar/academic-calendar>) and specifically read the regulation pertaining to Academic Integrity. Ask your instructor for additional information about demonstrating academic integrity in your academic work, and consult the following UM resources for more information and support:

- [Academic Integrity](https://umanitoba.ca/student-supports/academic-supports/academic-integrity) (<https://umanitoba.ca/student-supports/academic-supports/academic-integrity>)
 - [Student Resources](https://umanitoba.ca/student-supports/academic-supports/academic-integrity#resources-to-conduct-academic-work-with-integrity) (<https://umanitoba.ca/student-supports/academic-supports/academic-integrity#resources-to-conduct-academic-work-with-integrity>)
 - [Academic Misconduct and How to Avoid It](https://umanitoba.ca/student-supports/academic-supports/academic-integrity#academic-misconduct-and-how-to-avoid-it) (<https://umanitoba.ca/student-supports/academic-supports/academic-integrity#academic-misconduct-and-how-to-avoid-it>)
- [Student Advocacy Office](https://umanitoba.ca/student-supports/academic-supports/student-advocacy) (<https://umanitoba.ca/student-supports/academic-supports/student-advocacy>)

Copyright

All students are required to respect copyright as per Canada's *Copyright Act*. Staff and students play a key role in the University's copyright compliance as we balance user rights for educational purposes with the rights of content creators from around the world. The [Copyright Office](https://umanitoba.ca/copyright/) (<https://umanitoba.ca/copyright/>) provides copyright resources and support for all members of the University of Manitoba community.

Grade Appeals

If you have questions about your grades, talk to your instructor. There is a process for term work and final grade appeals. Note that you have the right to access your final examination scripts. See the [Registrar's Office](https://umanitoba.ca/registrar/grades/appeal-grade) (<https://umanitoba.ca/registrar/grades/appeal-grade>) for more information including appeal deadline dates and the appeal form.

Intellectual Property

For information about rights and responsibilities regarding intellectual property view the [Intellectual Property Policy](https://umanitoba.ca/governance/governing-documents/governing-documents-university-community#intellectual-property) (https://umanitoba.ca/governance/governing-documents/governing-documents-university-community#intellectual-property)

Program-Specific Regulations

For information on regulations that are specific to your academic program, read the section in the Academic Calendar and on the respective [faculty/college/school](https://umanitoba.ca/academics) website (https://umanitoba.ca/academics).

Respectful Work and Learning Environment

The University is committed to a respectful work and learning environment. You have the right to be treated with respect and you are expected to conduct yourself in an appropriate and respectful manner. Policies governing UM community behaviour include:

- [Respectful Work and Learning Environment](https://umanitoba.ca/about-um/respectful-work-and-learning-environment-policy) (https://umanitoba.ca/about-um/respectful-work-and-learning-environment-policy)
- [Student Discipline](https://umanitoba.ca/governance/governing-documents-students#student-discipline) (https://umanitoba.ca/governance/governing-documents-students#student-discipline)
- [Violent or Threatening Behaviour](https://umanitoba.ca/governance/governing-documents-students#violent-or-threatening-behaviour) (https://umanitoba.ca/governance/governing-documents-students#violent-or-threatening-behaviour)

The UM website, [Engaging in Respectful Conduct](https://umanitoba.ca/student-supports/respectful-conduct) (https://umanitoba.ca/student-supports/respectful-conduct), includes more details about expectations for behaviours related to university activities.

Sexual Violence Policies

The UM has several policies and procedures that deal with the rights and responsibilities of the University community with regards to all forms of sexual violence. For a comprehensive list of policies and associated resources, visit the [Sexual Violence Resource Centre's information page](https://umanitoba.ca/student-supports/sexual-violence-support-and-education/sexual-violence-get-informed) (https://umanitoba.ca/student-supports/sexual-violence-support-and-education/sexual-violence-get-informed). Please note that there are many supports available in addition to these policy documents (see UM Learner Supports).

Voluntary Withdrawal

Voluntary withdrawal (VW) is a way for students to leave a class without academic penalty once the Registration Revision Period has ended. If you opt to voluntarily withdraw from a course, you will not be eligible for a refund and, if applicable, will still be required to pay any outstanding tuition fees for the course. On your transcript, the course you have withdrawn from will be listed; however, "VW" will appear in lieu of a grade. If you do not drop a course before the VW deadline, you will receive a final grade in the course on your transcript.

Please note that there are separate deadlines for dropping a course early in a term during the Registration Revision Period. Dropping a course means you are removing that course from your

schedule, will not be charged tuition fees for that course, and the course will not appear on your transcript.

The Registrar's Office website, [Withdraw from a Course](https://umanitoba.ca/registrar/withdraw-course) (<https://umanitoba.ca/registrar/withdraw-course>), includes more information on the different ways in which you can withdraw from a course and important dates and deadlines to do so.

Academic Integrity:

Each student in this course is expected to abide by the University of Manitoba [Academic Integrity principles](#). Always remember to reference the work of others that you have used. Also be advised that you are required to complete your assignments independently unless otherwise specified. If you are encouraged to work in a team, ensure that your project complies with the academic integrity regulations. You must do your own work during exams. Inappropriate collaborative behavior and violation of other Academic Integrity principles, will lead to the serious [disciplinary action](#). Visit the [Academic Calendar](#), [Student Advocacy](#), and [Academic Integrity](#) web pages for more information and support.

Refer to specific course requirements for academic integrity for individual and group work such as:

- I. Group projects are subject to the rules of academic dishonesty;
- II. Group members must ensure that a group project adheres to the principles of academic integrity;
- III. Students should also be made aware of any specific instructions concerning study groups and individual assignments;
- IV. The limits of collaboration on assignments should be defined as explicitly as possible; and
- V. All work should be completed independently unless otherwise specified.

Plagiarism and Cheating

Plagiarism or any other form of cheating in examinations, term tests or academic work is subject to serious academic penalty (e.g. suspension or expulsion from the faculty or university). Cheating in examinations or tests may take the form of copying from another student or bringing unauthorized materials into the exam room (e.g., crib notes, pagers or cell phones).

Exam cheating can also include exam personation. (Please see Exam Personation, found in the Examination Regulations section of the General Academic Regulations). A student found guilty of contributing to cheating in examinations or term assignments is also subject to serious academic penalty.

To plagiarize is to take ideas or words of another person and pass them off as one's own. In short, it is stealing something intangible rather than an object. Plagiarism applies to any written work, in traditional or electronic format, as well as orally or verbally presented work. Obviously it is not necessary to state the source of well-known or easily verifiable facts, but students are expected to appropriately acknowledge the sources of ideas and expressions they use in their written work, whether quoted directly or paraphrased. This applies to diagrams, statistical tables and the like, as well as to written material, and materials or information from Internet sources.

To provide adequate and correct documentation is not only an indication of academic honesty but is also a courtesy which enables the reader to consult these sources with ease. Failure to provide appropriate citations constitutes plagiarism. It will also be considered plagiarism and/or cheating if a student submits a term paper written in whole or in part by someone other than him/herself, or copies the answer or answers of another student in any test, examination, or take-home assignment.

Working with other students on assignments, laboratory work, take-home tests, or online tests, when this is not permitted by the instructor, can constitute Inappropriate Collaboration and may be subject to penalty under the Student Discipline By-Law. An assignment which is prepared and submitted for one course should not be used for a different course. This is called “duplicate submission” and represents a form of cheating because course requirements are expected to be fulfilled through original work for each course.

When in doubt about any practice, ask your professor or instructor. The Student Advocacy Office, 519 University Centre, 474-7423, is a resource available to students dealing with Academic Integrity matters.

Examination Personations

A student who arranges for another individual to undertake or write any nature of examination for and on his/her behalf, as well as the individual who undertakes or writes the examination, will be subject to discipline under the university’s Student Discipline Bylaw, which could lead to suspension or expulsion from the university. In addition, the Canadian Criminal Code treats the personation of a candidate at a competitive or qualifying examination held at a university as an offence punishable by summary Conviction.

Attendance at Class and Debarment

Regular attendance is expected of all students in all courses. An instructor may initiate procedures to debar a student from attending classes and from final examinations and/or from receiving credit where unexcused absences exceed those permitted by the faculty or school regulations.

A student may be debarred from class, laboratories, and examinations by action of the dean/director for persistent non-attendance, failure to produce assignments to the satisfaction of the instructor, and/or unsafe clinical practice or practicum. Students so debarred will have failed that course.

UM Learner Supports

Below you will find a select list of important supports for learners at the UM, both academic supports and otherwise. For a complete listing of all learner supports at the University of Manitoba, visit the [Student Supports website](https://umanitoba.ca/student-supports) (<https://umanitoba.ca/student-supports>).

Academic Advising

Contact an [Academic Advisor](https://umanitoba.ca/student-supports/academic-supports/academic-advising) (<https://umanitoba.ca/student-supports/academic-supports/academic-advising>) for support with degree planning and questions about your academic program and regulations.

Academic Learning Centre (ALC)

The [Academic Learning Centre](https://umanitoba.ca/student-supports/academic-supports/academic-learning) (https://umanitoba.ca/student-supports/academic-supports/academic-learning) offers one-to-one tutoring, groups study sessions and workshops, as well as video and tip-sheet resources to help you throughout your academic program. All Academic Learning Centre programming, supports, and services are free for UM students.

Make an appointment for [free one-to-one tutoring](https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study#individual-tutoring) (https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study#individual-tutoring). **Content tutors** (over 90 UM courses) can help you understand concepts and learn problem-solving strategies. **Study skills tutors** can help you improve your skills such as time management and goal setting, reading and note-taking, as well as learning and test-taking strategies. **Writing tutors** can give you feedback on your academic writing, whether you are just getting started on a written assignment or already have a draft. **English as an Additional Language** specialist, Antoanela Denchuk, is available for one-to-one tutoring to help you improve your English-language academic writing skills. Use the drop-down menu, read the tutor biographies, and make an appointment for tutoring on the [Academic Learning Centre schedule](https://manitoba.mywconline.com/) (https://manitoba.mywconline.com/).

Attend [Supplemental Instruction \(SI\)](https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study) (https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study) sessions in historically difficult courses (including Chemistry, Engineering, and Computer Science). These free weekly review sessions are facilitated by a peer mentor who has previously taken the course and provide an opportunity to discuss course content, ask questions, compare notes, solve practice problems, and develop study strategies. See online for a list of SI courses and meeting times.

Register for an [Academic Success Workshop](https://umanitoba.ca/student-supports/academic-supports/academic-learning/academic-success-workshops) (https://umanitoba.ca/student-supports/academic-supports/academic-learning/academic-success-workshops), where you can learn strategies to improve your writing and studying. More information on topics, dates, and registration, are found online.

Register for [Faculty of Graduate Studies Grad Steps Workshops](https://umanitoba.ca/graduate-studies/student-experience/graduate-student-workshops) (https://umanitoba.ca/graduate-studies/student-experience/graduate-student-workshops). These workshops are specifically designed for students working towards **Master's degrees or PhDs**. More information on topics, dates, and registration can be found online.

Access the Academic Learning Centre's collection of [videos and tip sheets](https://umanitoba.ca/student-supports/academic-supports/academic-learning#tip-sheets-for-writing-and-study-skills) (https://umanitoba.ca/student-supports/academic-supports/academic-learning#tip-sheets-for-writing-and-study-skills) to help you with many of the academic tasks you'll encounter in university.

Contact the Academic Learning Centre by calling 204-480-1481 or emailing academic_learning@umanitoba.ca. Bannatyne students can contact the Bannatyne Student Services office at 204-272-3190.

Basic Needs

It can be difficult to learn and succeed in courses when you are struggling to meet your or your family's basic needs. Several UM and community resources are listed below if you would benefit from support with regards to housing, food, finances, and/or childcare:

- *Housing*
 - [UM Housing](https://umanitoba.ca/housing) (https://umanitoba.ca/housing)
 - [Winnipeg Rental Network](https://www.winnipegrentnet.ca/) (https://www.winnipegrentnet.ca/)
 - [Manitoba Residential Tenancies Branch](https://www.gov.mb.ca/cca/rtb/) (https://www.gov.mb.ca/cca/rtb/)
 - [HOPE End Homelessness Winnipeg Services & Supports](https://umanitoba.ca/housing) (https://umanitoba.ca/housing)
- *Food*
 - [U of M Food Bank](https://umanitoba.ca/financial-aid-and-awards/u-m-food-bank) (https://umanitoba.ca/financial-aid-and-awards/u-m-food-bank)
 - [Food Matters Manitoba](https://foodmattersmanitoba.ca/find-emergency-food-in-winnipeg/) (https://foodmattersmanitoba.ca/find-emergency-food-in-winnipeg/)
- *Finances*
 - [UM Financial Aid and Awards](https://umanitoba.ca/financial-aid-and-awards) (https://umanitoba.ca/financial-aid-and-awards)
 - [Manitoba Student Aid](https://www.edu.gov.mb.ca/msa/) (https://www.edu.gov.mb.ca/msa/)
- *Child Care*
 - [UM Child Care](https://umanitoba.ca/about-um/child-care) (https://umanitoba.ca/about-um/child-care)
 - [Manitoba Child Care Subsidy](https://bit.ly/3yG3ijy) (https://bit.ly/3yG3ijy)
 - [Manitoba Child Care Association](https://mccahouse.org/looking-for-child-care/) (https://mccahouse.org/looking-for-child-care/)

English Language Centre

The [English Language Centre \(ELC\)](https://umanitoba.ca/english-language-centre) (https://umanitoba.ca/english-language-centre) provides courses, tests, accommodations and individual support to students whose first language is not English in order to support academic success and participation in the University of Manitoba community.

Health and Wellness

Physical, mental, emotional, and spiritual health and wellness play a critical role in student success. See all of UM's resource on their [Health and Wellness](https://umanitoba.ca/student-supports/student-health-and-wellness) (https://umanitoba.ca/student-supports/student-health-and-wellness) website, and make note of several specific UM and community supports listed below.

Winnipeg Urgent Physical and Mental Health Care

If you are an adult experiencing a mental health or psychosocial crisis, contact the [Klinik Community Health](https://klinik.mb.ca/crisis-support/) (https://klinik.mb.ca/crisis-support/) 24/7 crisis line at 204-786-8686, visit the [Crisis Response Centre](https://sharedhealthmb.ca/services/mental-health/crisis-response-centre/) (https://sharedhealthmb.ca/services/mental-health/crisis-response-centre/) located at 817 Bannatyne Avenue, or contact the Mobile Crisis Service at 204-940-1781.

To speak with a nurse for guidance on what health-care path to take for the issue you are facing or for general information about health resources available in Manitoba, contact [Health Links](#)

(<https://misericordia.mb.ca/programs/phcc/health-links-info-sante/>) at 1-888-315-9257 (toll free).

If you need urgent medical care, visit the Winnipeg Regional Health Authority's [Emergency Department & Urgent Care Wait Times](https://wrha.mb.ca/wait-times/) webpage (<https://wrha.mb.ca/wait-times/>) for a list of locations and current wait times.

Student Counselling Centre (SCC)

The [Student Counselling Centre](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc) (<https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc>) provides free counselling and mental health support to UM, English Language Centre, and International College of Manitoba (ICM) students. We are open year-round, Monday through Friday from 8:30 am to 4:30 pm. Our commitment is to offer a support service to every student who contacts us.

Visit the SCC's [For Urgent Help](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#for-urgent-help) (<https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#for-urgent-help>) webpage or the urgent care resources listed above if you require immediate support.

Visit the SCC's [Our Services](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#our-services) (<https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#our-services>) webpage for more information on accessing a variety of services including individual counselling, counselling workshops and groups, support resources, and learning disability assessment services.

The SCC is located at 474 UMSU University Centre (Fort Garry Campus).

Health and Wellness Office

Students often juggle multiple demands, and we recognize that it can be difficult to find balance. For any changes you want to make to your health and wellness, the Health and Wellness Office at the University of Manitoba would like to support you in your journey. We are here to help you take control of your own health and make your own decisions. We are a judgment-free space and we avoid labels whenever possible. For more information, please visit the [Health and Wellness Office](https://umanitoba.ca/student-supports/health-wellness) (<https://umanitoba.ca/student-supports/health-wellness>) website.

Spiritual Care and Multifaith Centre

Spiritual care services are available to all, whether you identify as spiritual, atheist, religious or agnostic. [Spiritual Services](https://umanitoba.ca/student-supports/spiritual-services) (<https://umanitoba.ca/student-supports/spiritual-services>) also offer specific denominational support for certain religious groups and by Indigenous Elders-in-Residence.

Student Support Case Management (SSCM)

Contact the [Student Support Case Management team](https://umanitoba.ca/student-supports/academic-supports/student-advocacy/case-management) (<https://umanitoba.ca/student-supports/academic-supports/student-advocacy/case-management>) if you are concerned about yourself or another student and don't know where to turn. SSCM helps connect students with

on and off campus resources, provides safety planning, and offers other supports, including consultation, educational workshops, and referral to the STATIS threat assessment team.

University Health Service (UHS)

The [University Health Service](https://umanitoba.ca/student-supports/health-wellness/university-health-service) (https://umanitoba.ca/student-supports/health-wellness/university-health-service) offers a full range of medical services to students, including psychiatric consultation, via two health clinics:

- Fort Garry Campus: (204) 474-8411, ACW-Lot temporary trailer (behind the Isbister building)
- Bannatyne Campus: (204) 474-8411, P309 – Pathology Building

Student Services at Bannatyne Campus

Student Services at Bannatyne Campus (SSBC) offers a full range of mental health supports to students and residents in the Rady Faculty of Health Sciences, along with other academic and personal supports. Visit the [SSBC website](https://umanitoba.ca/student-supports/student-services-bannatyne-campus) (https://umanitoba.ca/student-supports/student-services-bannatyne-campus) for a list of services available.

Indigenous Students

Staff, faculty and Elders are well-equipped to ensure your university experience is as beneficial, accessible, and successful as possible. Visit the Indigenous [Student Experience](https://umanitoba.ca/indigenous/student-experience) (https://umanitoba.ca/indigenous/student-experience) website for more information on the supports and services available.

International Students

The transition to a new country and a new academic system can be both exciting and overwhelming. The International Centre (IC) is here to help you settle into life at University of Manitoba. Visit the [International Students](https://umanitoba.ca/current-students/international) website (https://umanitoba.ca/current-students/international) for more information.

English Language Centre

The [English Language Centre \(ELC\)](https://umanitoba.ca/english-language-centre) (https://umanitoba.ca/english-language-centre) provides courses, tests, accommodations and individual support to students whose first language is not English in order to support academic success and participation in the University of Manitoba community.

Sexual Violence Support and Education

Sexual violence affects people of all ages, sexual orientations, genders, gender identities, abilities and relationship statuses. At the U of M, we are committed to ensuring a respectful work and learning environment for all. We want to build a safe and inclusive campus community where survivors of sexual violence know they can receive the supports they need to succeed, both academically and personally.

The [Sexual Violence Resource Centre](https://umanitoba.ca/sexual-violence) (<https://umanitoba.ca/sexual-violence>), located at 537 UMSU University Centre (Fort Garry campus) provides support, resources, information and referral services for any student, faculty or staff member who has been affected by sexual violence.

University of Manitoba Libraries (UML)

As the primary contact for all research needs, your liaison librarian can play a vital role when completing academic papers and assignments. Liaisons can answer questions about managing citations, or locating appropriate resources, and will address any other concerns you may have, regarding the research process. Liaisons can be contacted by email or phone, and are also available to meet with you in-person. A [complete list of liaison librarians](http://bit.ly/WcEbA1) (<http://bit.ly/WcEbA1>) can be found by subject.

In addition, general library assistance is provided in person at 19 University Libraries, located on both the Fort Garry and Bannatyne campuses, as well as in many Winnipeg hospitals. For a listing of all libraries, please consult the [UM Libraries and Departments](https://libguides.lib.umanitoba.ca/c.php?g=298526) (<https://libguides.lib.umanitoba.ca/c.php?g=298526>) webpage. When working remotely, students can also receive help online, via the Ask-a-Librarian chat found on the [University of Manitoba Libraries' homepage](https://umanitoba.ca/libraries/) (<https://umanitoba.ca/libraries/>)

The Academic Learning Centre (ALC) offers writing and learning supports to help you throughout your academic program. These supports are offered online during the Covid-19 pandemic.

Make an appointment with an ALC writing tutor who can give you feedback at any stage of the writing process, whether you are just beginning to work on a written assignment or already have a draft. The ALC also has an English as an Additional Language (EAL) specialist available to work with students on improving their English-language academic writing skills.

Consult an ALC learning specialist or attend an academic skills workshop to improve your time management, learning strategies and test-taking strategies. Get support in select courses by making an appointment with an ALC content tutor. The ALC also offers peer-facilitated study groups called Supplemental Instruction (SI) for certain courses that students have typically found difficult. In SI study groups, students ask questions, compare notes, discuss content, solve practice problems, and develop new study strategies in a group-learning format. In addition to one-to-one and group sessions, you can also find writing and study tip sheets and videos on the ALC website.

Academic Learning Centre services are free for U of M students. For more information, please visit the Academic Learning Centre website at: <http://umanitoba.ca/student/academiclearning/>

Contact the Academic Learning Centre by calling 204-480-1481 or emailing academic_learning@umanitoba.ca. Bannatyne students can contact the Bannatyne Student Services office at 204-272-3190.

- The University is committed to a respectful work and learning environment. You have the right to be treated with respect and you are expected to conduct yourself in an appropriate respectful manner. Policies governing behavior include the:

Student Advocacy

[Student Advocacy](https://umanitoba.ca/student-supports/academic-supports/student-advocacy) (<https://umanitoba.ca/student-supports/academic-supports/student-advocacy>) is a safe place for students. We help you navigate university processes and advocate for your rights as a student at UM. If anything in your personal or academic life is affecting your studies, contact our confidential intake assistant by phone (204-474-7423) or email (stadv@umanitoba.ca).

