

GEOG / HNSC 3870 A01 Food Geographies
Department of Environment & Geography

COURSE OUTLINE Winter 2023
In-person Course Delivery

General Course Information

Professor: Dr. Bonnie C. Hallman

Office: 224 St. John's College

Office hours: In-person: Tuesdays 2:00-3:00pm, or by appointment Email:
bonnie.hallman@umanitoba.ca

All lectures will be delivered in person in St. Paul's 322, Tuesdays & Thursdays, 11:30-12:45 pm, starting on Tuesday, January 10, 2023.

MASKS ARE MANDATORY. Any student not properly wearing a medical or N95 mask will be directed to do so immediately. Students coming to class without a mask will be required to leave the class immediately. Dr. Hallman will be removing their mask to lecture. While lecturing, a 2 metre distance will be maintained between your professor and all students. *Students are asked to respect this and all other measures to minimize health risks for us all.*

There is no course textbook; there are required readings for each week, made available to you as PDF files in UM Learn. These readings, as well as additional course materials (e.g., links to websites, videos, and news articles) are available on the UM Learn site for this course under *Contents*. They are organized by topic, as listed in the Course Schedule included in this Course Outline. While the additional materials are not required they are provided to support your learning, and many are referred to in, or were used in developing, course lectures.

Office hours are In person: Office hours are times for students to come and speak with their instructors about course content, studying, test prep, or other academic issues. For this course, your professor has a set time for office hours set aside each week, and will also make appointments. More details are in this course outline.

Check UM Learn Announcements and your UM email regularly for updates and reminders.

TRADITIONAL TERRITORIES ACKNOWLEDGEMENT



The University of Manitoba campuses are located on original lands of Anishinaabeg, Cree, Oji-Cree, Dakota, and Dene peoples, and on the homeland of the Métis Nation.

We respect the Treaties that were made on these territories, we acknowledge the harms and mistakes of the past, and we dedicate ourselves to move forward in partnership with Indigenous communities in a spirit of reconciliation and collaboration.



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“As defined in *The Human Rights Code* (Manitoba), and in accordance with the University of Manitoba’s Respectful Work and Learning Environment (RWLE) Policy, all learners, faculty and staff, regardless of race, ethnicity, colour, religious beliefs, national origin, rurality, gender, age, sexual orientation, disability, political beliefs, language, or socio-economic status, are valued for their individuality, academic pursuits, and contributions to the diversity and functions of the University of Manitoba. Unacceptable discrimination, including racism, microaggressions, sexism, ableism, ageism, homophobia and transphobia will not be tolerated.”

(Source: Rady Faculty Equity, Diversity and Inclusion Policy, 2020)

Course Delivery

This is a lecture-based course. Students are expected to take notes, ask questions, and be able to contribute to any in-class small-group or larger-group discussions. Generally, students can expect mostly professor-led lectures on Tuesdays, with Thursdays including more opportunities for discussion / in-class activities.

In order to assist students with taking good lecture notes, a document titled '*Tips for Effective Lecture Notes*' is available in UM Learn, under Contents, in the same section as this Course Outline.

All course materials, including the **required readings** and **additional materials** such as videos, news articles etc., are available on the UM Learn site for this course. All resources are organized into weekly course topic modules/sections, corresponding to those listed in the schedule at the end of this Course Outline. **There is no course textbook.**

Course Description

This course examines the interconnections and inter-relationships between foods, foodways, culture and place. It emphasizes that food is inherently geographical; all food is consumed somewhere. Geographical insights on food, culture and place focus on variability across space, in place, and at scales of human-environment interaction from the personal to the global. Students are challenged to build their own understanding of the complex relations between people, what they eat, where and why they eat it.

Course Learning Objectives

- Increase student understanding of geographical relationships in food issues, patterns and practices
- Increase student understanding of food as a nexus for evolving local-to-global (and vice versa) social, cultural, political and environmental relations
- Improve student skills in critical thinking, reading, and writing

Student Learning Evaluation

Students registered with Accessibility Services that require additional testing time should ensure that the instructor is officially notified WELL before the test date so that test copies can be sent to SAS in time.

1. Take-home Midterm Test (30%)

Distributed Thursday, February 16 @4:30pm (UM email and UM Learn Announcements)

Due Friday, February 17 @5:00pm (folder in UM Learn)

LATE SUBMISSIONS MAY NOT BE ACCEPTED

- Students select 2 of 3 essay questions to answer
 - Questions are based on course required readings, lectures and select additional materials
 - Because this is an open-book, take-home test, you are **expected to correctly use in-text citations and include a correct and complete reference list after each question**, listing all sources used, following APA format correctly
 - *NO outside research is required or expected.*
- *Such testing comes with a high expectation for correct grammar and spelling.*

2. Reading Analysis Assignments (2 x 15%)

1. **Assignment 1 – due Thursday, February 2, @ 10 pm**

2. **Assignment 2 – due Thursday, March 23, @ 10 pm**

- **Detailed assignment instructions will be distributed to students via UM email in the first week of classes, and made available in UM Learn under Contents.**
- In each assignment, **students will answer a series of questions about a course required reading. Students will select ONE of two listed course readings to analyze.**
- **Late assignments may not be accepted**, unless an extension has been requested and approved by the professor well before the deadline – at least 24 hours before, generally.

3. Take-home Final Examination (40%)

This exam will be distributed via University of Manitoba student email and UM Learn Announcements.

- Comprehensive
- Students write responses to 3 of 5 essay questions
- Questions are based on the main themes of the course and associated readings, lectures, and select additional materials
- Students will have 48 hours to complete the exam between first access to the questions and the submission deadline
 - Students submit their completed test (MSWord file) to a folder in UML Assessments/Assignments

- The take-home final will be distributed April 12 and submitted April 14, the first day of the Winter Term final exam period.
- *Note: late submissions cannot be accepted and will trigger the need to apply for a deferred final examination from your home Faculty.*

Letter Grades

The following is the standard grade scheme used in the Department of Environment and Geography:

A+ = 90 % +
A = 80-89%
B+ = 75-79%
B = 70-74%
C+ = 65-69%
C = 60-64%
D = 50-59%
F = < 50%

ADDITIONAL COURSE INFORMATION:

Policy Regarding Missed Tests or Assignment Extensions

If you miss the midterm or need a due-date extension on an assignment for medical or compassionate reasons, you **may** be granted a make-up/deferred test or extension on your assignment. Reasonable requests are generally accommodated.

Students who are unable to meet a course requirement due to medical circumstances are not required to submit medical notes. However, students **are required to contact their instructor** (or in some instances an academic advisor) by email to inform of the missed work and to make arrangements for extensions or deferrals/make-up tests.

Please follow these guidelines if you are unable to meet an academic requirement for your course whether for medical or compassionate reasons:

- **Contact your instructor for term work such as a quiz, midterm/test, assignment, or lab**
- Contact an advisor in your faculty/college/school of registration for a missed final exam (scheduled in the final examination period);
- **Inform your instructor/advisor as soon as possible - do not delay – ideally at least 24 hours before the test/due date BY EMAIL.**

- For final exams, students must contact an academic advisor within 48 hours of the date of the final exam
- **Email your instructor/advisor from a UM email address, and include your full name, student number, course number, and the academic work that was missed.**

Please note that reasonable causes for missing a test, exam or assignment do **NOT** include things like vacations, long weekends out of town, or work in other courses.

If you do not contact the instructor within 48 hours that a test or assignment due date has been missed, you may not be offered the opportunity to complete a deferred/make-up test or receive an extension on a due date (i.e., waiting a week “because you forgot” means that you get a zero).

You may have multiple tests or assignments scheduled/due on the same day or very close together. You may **not** write a deferred midterm or get an extension on a due date because you have work due in other courses. Study early and plan accordingly.

- If in doubt about what is an appropriate reason for missing a test or due date, please ask the instructor **beforehand** via email.
- Students will generally have 1 week from the midterm date to complete a make-up test. No make-up tests will be available after that time.
- A deferred/make-up test can include any format for test questions, including multiple choice, short answer, long answer, etc. The format will likely be different than the regularly scheduled midterm test. It is up to the student writing the deferred test to ask the instructor about the format.
 - Generally, all students writing a deferred midterm will write at the same time and location. The professor will inform all students writing a deferred midterm of the date, time and location of the deferred/makeup midterm. This may be any day of the week.
- Assignment due date extensions must be requested at least 24 hours before the published due date, via email. Note that emails sent later than 5pm may not be viewed before the next day. Generally, extensions are given in 48-hour increments, and will not normally exceed 1 week from the original due date.
- **If a student has medical or compassionate reasons that mean they are unable to write a deferred/makeup test or submit an assignment within 1 week (for example, due to an extended illness),**

other accommodations will be offered and discussed with the student

Student Accessibility Services (SAS)

- If you are a student requiring accommodations, please contact SAS for academic supports and services such as note-taking, interpreting, assistive technology and exam/test accommodations
- It is YOUR responsibility to consult with Student Accessibility Services and make sure the instructor is notified of any necessary arrangements for exams/tests
- It is YOUR responsibility to know SAS deadlines for booking space in their testing centre.
- Students who have, or think they may have, a need for academic supports (e.g. mental or physical illness, learning disability, hearing or visual challenges, or injury-related challenges) are encouraged to contact SAS to arrange a confidential consultation
- *Student Accessibility Services*
<http://umanitoba.ca/student/saa/accessibility/>
520 University Centre - 204 474 7423
Student_accessibility@umanitoba.ca

Other Student Supports

As members of our university community, we want to see you thrive. But there can be many challenges, in everyday life and in achieving academic success, especially in our current Covid19 context. Many and varied services and supports are here to help you be successful in achieving your university goals. Links to numerous resources can be found at <https://umanitoba.ca/student-supports>

I encourage you to review this site and familiarize yourself with all that is offered by your university community.

Copyright

Please respect copyright. Copyrighted works, including those created by your instructor, may be made available to students for private study and research and must not be distributed in any format without permission. Dr. Hallman and the University of Manitoba hold copyright over these course materials, including lectures, tests and exams, and any documents which form this course. The authors of your required readings hold copyright on their work. **No audio or video recording of lectures is allowed in any format, openly or surreptitiously, in whole or in part, without permission from Dr. Hallman. If recording is an SAS accommodation, please confirm this with Dr. Hallman.**

Do not upload copyrighted works to any website, unless an exception to the *Copyright Act* applies or written permission has been confirmed. For more information, see the University's Copyright Office website at umanitoba.ca/copyright or contact um_copyright@umanitoba.ca

Communicating with Your Instructor

Only your **University of Manitoba email account** is used for official university communications, including messages from your instructors, Department or Faculty, academic advisors, and other university administrative offices. **Only emails from your University of Manitoba account (... @myumanitoba.ca) will be responded to by your instructor.**
Additionally:

- **All communications must be professional and respectful.** As members of the University community we are all subject to the *Respectful Workplace and Learning Environment Policy* (https://umanitoba.ca/admin/governance/governing_documents/community/230.html). You are encouraged to familiarize yourself with this policy.
- **E-mails** to the instructor must include:
 - The subject heading (**e.g., GEOG or HNSC 3870; Food Geography ...**)
 - A salutation (i.e. Dear, Hello, Good Morning . . .)
 - **The instructor's correct name (Professor or Dr. Hallman)**
 - Emails that do not conform to the above format may not get a response.

Normally, emails will be responded to within 24 hours, however emails are generally not answered on weekends or after 5pm on weekday evenings.

Academic Integrity

Students are responsible for ensuring they understand the University of Manitoba's Policy on **Academic Integrity** (<http://umanitoba.ca/student-supports/academic-supports/academic-integrity>).

"Academic Misconduct" means any conduct that has, or might reasonably be seen to have, an adverse effect on the academic integrity of the University, including but not limited to:

- (a) Plagiarism – the presentation or use of information, ideas, images, sentences, findings, etc. as one's own without appropriate citation in a written assignment, test or final examination

(b) Cheating on Quizzes, Tests, or Final Examinations – the circumventing of fair testing procedures or contravention of exam regulations. Such acts may be premeditated/planned or may be unintentional or opportunistic

(c) Inappropriate collaboration – when a Student and any other person work together on assignments, projects, tests, labs or other work unless authorized by the course instructor

(d) Duplicate Submission – cheating where a Student submits a paper/assignment/test in full or in part, for more than one course without the permission of the course instructor

(e) Personation – writing an assignment, lab, test, or examination for another student, or the unauthorized use of another person's signature or identification in order to impersonate someone else. Personation includes both the personator and the person initiating the personation

In addition to the types of Academic Misconduct noted above, **instructors have noticed an increase in the incidence of telling lies to get extensions or other accommodations for late or missed coursework. This is Academic Fraud.** This behaviour takes advantage of an instructor's desire to support students who genuinely need accommodations due to illness or other compassionate grounds.

The penalties for plagiarism, cheating and fraud are severe and range from receiving a grade of zero on an assignment, an F-grade in a course, to academic suspension.

**GEOG/HNSC3870 A01 FOOD GEOGRAPHIES
WINTER 2023 – COURSE SCHEDULE**

Subject to change

DATES	LECTURES & EVENTS	READINGS
Week 1 – Looking at Food Geographically		
Tuesday, January 10	Class Introduction	
Thursday, January 12	Food From a Geography Lens	Jackson (2006)
Week 2 – Food, Foodways and Diffusion 1		
Tuesday, January 17	Food Diffusion	Wright (2007)
Thursday, January 19	Food Diffusion & Preferences	Shelomi (2015)
Week 3 – Food, Foodways and Diffusion 2		
Tuesday, January 24	Foodways Diffusion	Ploll et al (2020)
Thursday, January 26	Q & A – Assignments & Midterm Prep	
Week 4 – Food Beliefs and Trends 1		
Tuesday, January 31	Food Beliefs & Health	Beagan & Chapman (2012)
Thursday, February 2	Vegetarianism/Veganism	Sexton et al (2022)
Thursday, February 2	Reading Analysis Assignment 1 – DUE in UML Folder before 10pm	
Week 5 – Food Beliefs and Trends 2		
Tuesday, February 7	Food & Environmental Beliefs	Campbell-Arvai (2015)
Thursday, February 9	Food Waste Beliefs and Behaviours	Nikolaus et al (2018)
Week 6 – Food, Culture & Social Life 1		
Tuesday, February 14	Food & Family Life	Chen Lui (2017)
Thursday, February 16	Food & Care	Bruckner et al (2021)
Thursday February 16	Take-home Midterm distributed @ 4:30pm (email & UML)	
Friday, February 17	Submission of Take-home Midterm DUE @ 5:00pm	
<i>February 21 – Louis Riel Day – University Closed</i>		
<i>February 22-24 - Winter Term Break</i>		
Week 7 – Food, Culture & Social Life 2		
Tuesday, February 28	Food, Place, & Culture	Bunzey (2020)
Thursday, March 2	Food Culture & Nutrition	O’Kane (2016)

Week 8 – Food & Embodiment		
Tuesday, March 7	Embodied Geographies	Waitt (2014)
Thursday, March 9	Food, Embodiment & Social Change	Ehlert (2021)
Week 9 – Food, Identity & Difference		
Tuesday, March 14	Identity & Cuisines	Chan (2019)
Thursday, March 16	Identity, Food & Multiculturalism	Reddy & van Dam (2020)
Week 10 – Digital Food Cultures/Geographies		
Tuesday, March 21	Understanding Digital Food Cultures	Goodman & Jaworska (2020)
Wednesday, March 22	<i>Voluntary Withdrawal Deadline</i>	
Thursday, March 23	Food, Community & Social Media	Choudhary et al (2019)
Thursday, March 23	Reading Analysis Assignment 2 – DUE in UML Folder before 10pm	
Week 11 – Food Security and Sovereignty 1		
Tuesday, March 28	Human Right/Obligation	del Canto et.al. (2015)
Thursday, March 30	Food Deserts, Mirages	Miewald & McCann (2014)
Week 12 – Food Security and Sovereignty 2		
Tuesday, April 4	Food Sovereignty 1	Richmond et al (2021)
Thursday, April 6	Food Sovereignty 2	Islam & Berkes (2016)
<i>Friday, April 7 – Good Friday holiday – University Closed</i>		
Week 13 – Conclusion: Food Geographies		
Tuesday, April 11	Food of the Future? Final Exam Prep Q&A	Lupton & Turner (2018)
April 14 - 28	Final Examination Period	

GEOG / HNSC 3870 FOOD GEOGRAPHIES

LIST OF REQUIRED READINGS – W2023

All readings are available as .pdf files in UM Learn, in the modules for each topic listed here. **It is recommended that you download these files and print them for reading and note-making.** Any additional materials listed in each UML module are *recommended* reading.

Week 1 (Jan 10 & 12) - Introduction: Looking at food geographically

- Jackson (2006) Thinking geographically.

Week 2 (Jan 17 & 19) - Food, Foodways & Diffusion 1

- Shelomi (2015) Why we still don't eat insects: assessing entomophagy promotion through a diffusion of innovation framework. *Trends in Food Science and Technology*. 45: 311-318.
- Wright (2007) The Medieval Spice Trade and the Diffusion of the Chili. *Gastronomica*. 7:2, 35-43.

Week 3 (Jan 24 & 26) – Food, Foodways & Diffusion 2

- Ploll, Petritz & Stern (2020) A social innovation perspective on dietary transitions: diffusion of vegetarianism and veganism in Austria. *Environmental Innovation and Societal Transitions*. 36: 164-176.

Week 4 (Jan 31 & Feb 2) - Food Beliefs and Trends 1

- Beagan & Chapman (2012) Meanings of Food, Eating, and Health among African Nova Scotians. *Ethnicity & Health*. 17:5, 513-529.
- Sexton, Garnett & Lorimer (2022) Vegan food geographies and the rise of Big Veganism. *Progress in Human Geography*. 46(2): 605-628.

Week 5 (Feb 7 & 9) – Food Beliefs and Trends 2

- Campbell-Arvai (2015) Food-related environmental beliefs and behaviours among university undergraduates. *International Journal of Sustainability in Higher Education*. 16(3): 279-295.
- Nikolaus, Nickols-Richardson & Ellison (2018) Wasted food: a qualitative study of U.S. young adults' perceptions, beliefs and behaviours. *Appetite*. 130: 70-78.

Week 6 (Feb 14 & 16) – Food, Culture & Social Life 1

- Bruckner, Capic & Bauhardt (2021) Reflection: Food as pleasure or pressure? The care politics of the pandemic. *Food & Foodways*. 29(3): 289-298.
- Chen Lui (2017) Food practices, gendered intimacy and family life in contemporary Guangzhou. *Gender, Place & Culture*. 24:1, 97-107.

Week 7 (Feb 28 & Mar 2) – Food, Culture & Social Life 2

- Bunzey (2020) Sounding soul(food): The discursive interconnection of sound, food, and place in Southern hip-hop. *Food and Foodways*. 28:4, 251-273.
- O'Kane (2016) A moveable feast: contemporary relational food cultures emerging from local food networks. *Appetite*. 105: 218-231.

Week 8 (Mar 7 & 9) – Food and Embodiment

- Ehlert (2021) Food consumption, habitus and the embodiment of social change: making class and doing gender in urban Vietnam. *The Sociological Review*. 69(3): 681-701.
- Waitt (2014) Embodied Geographies of Kangaroo Meat. *Social & Cultural Geographies*. 15:4, 406-426.

Week 9 (Mar 14 & 16) – Food, Identity & Difference

- Chan (2019) Tea cafes and the Hong Kong identity: Food culture and hybridity. *China Information*. 33:3, 311-32
- Reddy & van Dam (2020) Food, culture, and identity in multicultural societies: insights from Singapore. *Appetite*. 149: 1-12.

Week 10 (Mar 21 & 23) – Digital Food Cultures/Geographies

- Choudhary, Nayak, Kumari & Choudhary (2019) Analysing acculturation to sustainable food consumption behaviour through the lens of information diffusion. *Technological Forecasting & Social Change*. 145: 481-492.
- Goodman & Jaworska (2020) Mapping digital foodscapes: digital food influencers and the grammars of good food. *Geoforum*. 117: 183-193.

Week 11 (Mar 28 & 30) - Food Security & Sovereignty 1

- del Canto, Engler-Stringer & Muhajarine (2015) Characterizing Saskatoon's Food Environment: A Neighbourhood-level Analysis of In-store Fruit and Vegetable Access. *Canadian Journal of Urban Research*. 24:1, 62-77.
- Miewald & McCann (2014) Foodscapes and the Geographies of Poverty: Sustenance, Strategy and Politics in an Urban Neighbourhood. *Antipode*. 46:2, 537-556.

Week 12 (Apr 4 & 6) – Food Security & Sovereignty 2

- Islam & Berkes (2016) Indigenous Peoples' Fisheries and Food Security: A Case from northern Canada. *Food Security*. 8, 815-826.
- Richmond, Kerr, Neufeld, Steckley, Wilson & Dokis (2021) Supporting food security for Indigenous families through the restoration of Indigenous foodways. *The Canadian Geographer*. 65(1): 97-109.

Week 13 (Apr 11) – Conclusion

- Lupton & Turner (2018) Food of the future? Consumer responses to the idea of 3D-printed meat and insect-based foods. *Food & Foodways*. 26(4): 269-289.