Syllabus

DAGR 0610: Advanced Communication and Leadership

(Winter 2022)
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# COURSE DETAILS

| Course Title & Number: | Advanced Communication and Leadership  
| --- | DAGR 0610 |
| Number of Credit Hours: | 3 |
| Pre-Requisites: | DAGR 0410 |

## Instructor Contact Information

| Instructor(s) Name & Preferred Form of Address: | Kathleen Wilson |
| Office Hours or Availability: | Available to students on appointment basis as well as Monday the hour following class time. |
| Office Phone No.: | --- |
| Email: | Please email me at: [Kathleen.wilson@umanitoba.ca](mailto:Kathleen.wilson@umanitoba.ca)  
Include your course name and code in your email (DAGR 0610) so I know your class and specific outlines. |
| Contact: | Please contact me via email any time. I will do my best to respond within 24 hours. Should you not hear from me after 3 days, do not hesitate to contact me again requesting follow up. |
COURSE DESCRIPTION

U of M Course Calendar Description
A course designed to improve leadership potential and develop advanced communication skills for agricultural industry professionals.

General Course Description
This course is designed to provide students with access to advanced communication skills and potential. Topics discussed will broaden perspectives on communicative forms, understanding cross cultural communication, leadership strengths and challenges, and heighten critical thinking faculties. Any student who has a desire to improve independent work skills, and/or the ability to work cooperatively will benefit from this course.

Course Goals

1. Students will have the opportunity to develop advanced communication skills.
2. Students will have the opportunity to develop leadership skills.
3. Students will have the opportunity to develop professional skills for an agricultural career (agribusiness, agricultural and rural organizations).
4. Students will gain valuable skills related to self-assessment, motivation and project design.

Course Learning Objectives

Upon completion of this course, you should be able to:
- assess your own leadership potential and identify personal leadership goals
- identify leadership roles and opportunities for emerging agricultural and rural leaders
- communicate effectively and professionally with agricultural community members and industry leaders
- demonstrate knowledge and skills for serving on rural and agricultural boards/organizations
- prepare and deliver a professional presentation designed to share learning experiences with fellow students

COURSE MATERIALS AND TECHNOLOGY

There is no assigned textbook for this course.

All course information, assignments and readings will be provided to students in class or through UM Learn.

On-line course information - Course information is available for students to access through UM Learn.
To access the UM Learn site, please follow along with the following steps:

1) Using the web browsers Google Chrome or Firefox, please go to the UM Learn log in page:
https://universityofmanitoba.desire2learn.com/d2l/login
2) Use the same information to access your student web-mail account for your log in user name and password

3) Locate the name of this course DAGR-0410 which will be find under the waffle icon on the top right of the page - click on it to gain access to course content.

4) Locate the horizontal “Navigation Bar” and click on “Content” from the drop down menu to view course content.

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**Class Communication**

The University requires all students to activate an official University email account. For full details of the Electronic Communication with Students please visit: [http://umanitoba.ca/admin/governance/media/Electronic_Communication_with_Students_Policy_-_2014_06_05.pdf](http://umanitoba.ca/admin/governance/media/Electronic_Communication_with_Students_Policy_-_2014_06_05.pdf)

Please note that all communication between the academic team and you as a student must comply with the electronic communication with student policy ([http://umanitoba.ca/admin/governance/governing_documents/community/electronic_communication_with_students_policy.html](http://umanitoba.ca/admin/governance/governing_documents/community/electronic_communication_with_students_policy.html)).

You are required to obtain and use your University of Manitoba email account for all communication between yourself and the university.

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**EXPECTATIONS AND POLICIES**

**I EXPECT YOU TO:**

It is helpful to communicate in a narrative or bullet point format what you expect of students in the class and your rationales for these expectations.

- Attend synchronous classes. *Live lectures will be held every Monday 2:30-5:15. Attendance is expected and participation grades will be assigned.*
- Participate in class discussions via polling tools or group discussions.
- View and interact with any asynchronous course content including posted videos, readings or activities.
- Connect with peers to seek clarification and support throughout coursework.
- Share with instructor concerns or criticisms as soon as possible.

*I will* treat you with respect and would appreciate the same courtesy in return. See [Respectful Work and Learning Environment Policy](http://umanitoba.ca/admin/governance/media/Electronic_Communication_with_Students_Policy_-_2014_06_05.pdf).
Class Communication:

You are required to obtain and use your University of Manitoba email account for all communication between yourself and the university. All communication must comply with the Electronic Communication with Student Policy:

http://umanitoba.ca/admin/governance/governing_documents/community/electronic_communication_with_students_policy.html

Please see policies and services students are expected to follow/utilize: (Section 2.5 ROASS).

I expect you to follow these policies around Class Communication and Academic Integrity.

All course work is to be completed individually. Inappropriate collaboration will be monitored by instructors and graders on all work submitted within the course. All course work submitted must be created specifically for this course by the student whose name is on the work.

See more information about Academic Integrity here:


Student Accessibility Services:

The University of Manitoba is committed to providing an accessible academic community. Students Accessibility Services (SAS) offers academic accommodation supports and services such as note-taking, interpreting, assistive technology and exam accommodations. Students who have, or think they may have, a disability (e.g. mental illness, learning, medical, hearing, injury-related, visual) are invited to contact SAS to arrange a confidential consultation.

   Student Accessibility Services
   520 University Centre
   Phone: (204) 474-7423
   Email: Student_accessibility@umanitoba.ca

Recording Synchronous Sessions/Online Lectures

Synchronous sessions will be recorded when possible

This material is copyrighted by The School of Agriculture. No audio or video recording of this material, lectures, or presentations is allowed in any format, openly or surreptitiously, in whole or in part without permission of The School of Agriculture. Course materials (both paper and digital) are for the participant’s private study and research, and must not be shared. Violation of these and other Academic Integrity principles, will lead to serious disciplinary action.
EXPECTATIONS:

YOU CAN EXPECT ME TO: In this section, communicate in a narrative or bullet point format what students can expect of you as an instructor. For example:

- Support students in meeting their individual learning goals.
- Facilitate students in developing professional relationships in the agricultural community.
- Provide opportunities for all students to develop their communication skills in a safe environment understanding that students are at various stages of skill development.
- Meet with students virtually to clarify course content or assist with learning activities outside of class hours (please e-mail your request and suggested meeting time to instructor).

COURSE SCHEDULE

This schedule is subject to change at the discretion of the instructor and/or based on the learning needs of the students but such changes are subject to Section 2.8 of ROASS.

<table>
<thead>
<tr>
<th>Date</th>
<th>Class Content &amp; Teaching Strategies</th>
<th>Sync/Async Times and attendance</th>
<th>Required Readings or any Pre-class Preparation</th>
<th>Evaluation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jan. 9</td>
<td>Course Introduction &amp; Project Introduction</td>
<td>Sync. class: 2:30-5:15</td>
<td>Read syllabus in preparation for class</td>
<td>Leadership Assignment #1- prepared and presented Participation (Ongoing)</td>
</tr>
<tr>
<td></td>
<td>Communication, Leadership, Professionalism</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan. 16</td>
<td>Land Acknowledgement Conversation</td>
<td>Sync. class: 2:30-5:15</td>
<td>Research your Treaty #</td>
<td>.</td>
</tr>
<tr>
<td></td>
<td>Communication, Leadership, Professionalism</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jan 23</td>
<td>Experiential Learning Week</td>
<td>No Classes</td>
<td>KAP AGM-Jan 25</td>
<td></td>
</tr>
<tr>
<td>Jan 30</td>
<td>Project Outline Overview Assignment 2 presented by students</td>
<td>Sync. class: 2:30-5:15</td>
<td>Assignment #2 due and presented</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>5%</td>
</tr>
<tr>
<td>Date</td>
<td>Topic</td>
<td>Time</td>
<td>Instructor</td>
<td>Assignment Due</td>
</tr>
<tr>
<td>--------</td>
<td>-----------------------------------------------------------------------</td>
<td>------------------</td>
<td>--------------</td>
<td>--------------------------</td>
</tr>
<tr>
<td>Feb 6</td>
<td>Professional Networking and social media Project Development</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feb 13</td>
<td>Effective Communication Leadership Styles</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td>Assignment #3 Due</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td>Project Outline Due</td>
</tr>
<tr>
<td>Feb 20</td>
<td>WINTER BREAK</td>
<td>No Classes</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Feb 27</td>
<td>Volunteerism/ Risks associated with being a board member</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td>Assignment #4 Due</td>
</tr>
<tr>
<td></td>
<td>Cross Cultural Communications, Canadian Values in Communication</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar 6</td>
<td>Land Acknowledgement Follow up Class Project Seminar</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar 13</td>
<td>Cross Cultural Communications in Agricultural business</td>
<td>Sync. class: 2:30-5:15</td>
<td>Eric Vielfaure</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Communicating as an Agricultural Professional</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar 20</td>
<td>Professionalism Panel</td>
<td>Sync. class: 2:30-5:15</td>
<td>Meagan Robinson</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Being a Board Member (March 22- VW deadline)</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar 27</td>
<td>Student Presentations</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td>Final Assignment and Presentation Due</td>
</tr>
<tr>
<td>Apr. 3</td>
<td>Course Evaluation</td>
<td>Sync. class: 2:30-5:15</td>
<td></td>
<td>Assignment #5 Due</td>
</tr>
</tbody>
</table>
**Voluntary Withdrawal**

VW (Voluntary Withdrawal) Deadline is March 17, 2023.

If you are unsure or have concerns about your grade, please contact your instructor who will discuss current standing and help identify strategies for improvement prior to the VW deadline. Please refer to the Registrar’s Office web page for more information.

**COURSE ASSESSMENT**

**ASSIGNMENT DESCRIPTIONS:** All assignment descriptions will be uploaded in advance on our UMLearn portal for the course. Rubrics, assessment protocols and grading will be discussed as a class throughout and developed together when possible.

This course is very self-guided, and 50% of the grade is derived from a student led project that will be discussed on the first day of the course.

A guideline of evaluation methods can be found below, a further breakdown of each assignment can be found on UMLearn:

<table>
<thead>
<tr>
<th>Grade Evaluation</th>
<th>Value of Final Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>Written Leadership Assignments</td>
<td>25% (5 x 5%)</td>
</tr>
<tr>
<td>Project Outline</td>
<td>15%</td>
</tr>
<tr>
<td>Written Report for Final Project</td>
<td>10%</td>
</tr>
<tr>
<td>Presentation for Final Project</td>
<td>25%</td>
</tr>
<tr>
<td>Participation/Contribution (Rationale)</td>
<td>25%</td>
</tr>
</tbody>
</table>

**Grading**

<table>
<thead>
<tr>
<th>Letter Grade</th>
<th>Percentage out of 100</th>
<th>Grade Point Range</th>
<th>Final Grade Point</th>
</tr>
</thead>
<tbody>
<tr>
<td>A+</td>
<td>96-100</td>
<td>4.25-4.5</td>
<td>4.5</td>
</tr>
<tr>
<td>A</td>
<td>90-95</td>
<td>3.75-4.24</td>
<td>4.0</td>
</tr>
<tr>
<td>B+</td>
<td>85-89</td>
<td>3.25-3.74</td>
<td>3.5</td>
</tr>
<tr>
<td>B</td>
<td>80-84</td>
<td>2.75-3.24</td>
<td>3.0</td>
</tr>
<tr>
<td>C+</td>
<td>70-79</td>
<td>2.25-2.74</td>
<td>2.5</td>
</tr>
<tr>
<td>C</td>
<td>60-69</td>
<td>2.0-2.24</td>
<td>2.0</td>
</tr>
<tr>
<td>D</td>
<td>50-59</td>
<td>Less than 2.0</td>
<td>1.0</td>
</tr>
<tr>
<td>F</td>
<td>Less than 50</td>
<td></td>
<td>0</td>
</tr>
</tbody>
</table>
Referencing Style

Referencing standards will be discussed in class.

Assignment Feedback

Students will be provided with a combination of formative (i.e., comments) and summative (i.e., grade) evaluation. Students will receive graded feedback within a reasonable timeframe following submission. Late assignments may take longer to return.

Assignment Extension and Late Submission Policy

Assignments must be submitted to the course drop box by the submission deadline posted on UM Learn.

At the instructor’s discretion late submissions may be accepted upon request. Students must e-mail the instructor providing a legitimate reason for the request as soon as possible. Requests made after the due date will not receive approval.

No late assignments will be accepted without prior approval; students will receive a grade of zero for late assignments.

Academic Integrity

Each student in this course is expected to compete their coursework and programs of study with integrity by making a commitment to the six fundamental values of honesty, trust, fairness, respect, responsibility, and courage. http://umanitoba.ca/student-supports/academic-supports/academic-integrity

Academic integrity looks like referencing the work of others that you have used and completing your assignments independently unless otherwise specified.

If you are encouraged to work in a team, ensure that your project is completed with integrity. You must also do your own work during exams. Plagiarism, duplicate submission, cheating on quizzes, tests, and exams, inappropriate collaboration, academic fraud, and personation are in violation of the Student Discipline Bylaw and will lead to the serious disciplinary action. Visit the Academic Calendar, Student Advocacy, and Academic Integrity web pages for more information and support.

Refer to specific course requirements for academic integrity for individual and group work such as:

I. Group projects are subject to the rules of academic dishonesty;
II. Group members must ensure that a group project adheres to the principles of academic integrity;
III. Students should also be made aware of any specific instructions concerning study groups and individual assignments;
IV. The limits of collaboration on assignments should be defined as explicitly as possible;
V. All work should be completed independently unless otherwise specified;
VI. Sharing of notes and other materials, such as assignment and exam questions that were provided by the instructor is prohibited, unless otherwise stated. This means that you are not allowed to upload the instructor’s intellectual property to a note-sharing or tutoring website without explicit permission.
UM Policies

As a student at the University of Manitoba you have rights and responsibilities. It is important for you to know what you can expect from the University as a student and to understand what the University expects from you. Become familiar with the policies and procedures of the University and the regulations that are specific to your faculty, college or school.

The University of Manitoba (UM) website’s Governing Documents (https://umanitoba.ca/governance/governing-documents) is one important source of information, in particular the Academic and Students sections. The Student Advocacy office can also help you understand policies and procedures; find their information in the UM Learner Supports section below.

Academic Calendar

The Academic Calendar (https://umanitoba.ca/registrar/academic-calendar) is the University’s official publication containing course descriptions, program and graduation requirements, as well as UM and faculty/school-specific rules, regulations and policies. In particular, familiarize yourself with the sections University Policies and Procedures and General Academic Regulations.

Academic Integrity

In addition to reviewing your instructor’s academic integrity policy listed in their syllabus, you are expected to view the General Academic Regulation section within the Academic Calendar (https://umanitoba.ca/registrar/academic-calendar) and specifically read the regulation pertaining to Academic Integrity. Ask your instructor for additional information about demonstrating academic integrity in your academic work, and consult the following UM resources for more information and support:

- Academic Integrity (https://umanitoba.ca/student-supports/academic-supports/academic-integrity)
  - Student Resources (https://umanitoba.ca/student-supports/academic-supports/academic-integrity#resources-to-conduct-academic-work-with-integrity)
  - Academic Misconduct and How to Avoid It (https://umanitoba.ca/student-supports/academic-supports/academic-integrity#academic-misconduct-and-how-to-avoid-it)
- Student Advocacy Office (https://umanitoba.ca/student-supports/academic-supports/student-advocacy)

Copyright

All students are required to respect copyright as per Canada’s Copyright Act. Staff and students play a key role in the University’s copyright compliance as we balance user rights for educational purposes with the rights of content creators from around the world. The Copyright
Office (https://umanitoba.ca/copyright/) provides copyright resources and support for all members of the University of Manitoba community.

Grade Appeals
If you have questions about your grades, talk to your instructor. There is a process for term work and final grade appeals. Note that you have the right to access your final examination scripts. See the Registrar’s Office (https://umanitoba.ca/registrar/grades/appeal-grade) for more information including appeal deadline dates and the appeal form.

Intellectual Property
For information about rights and responsibilities regarding intellectual property view the Intellectual Property Policy (https://umanitoba.ca/governance/governing-documents/governing-documents-university-community#intellectual-property)

Program-Specific Regulations
For information on regulations that are specific to your academic program, read the section in the Academic Calendar and on the respective faculty/college/school website (https://umanitoba.ca/academics).

Respectful Work and Learning Environment
The University is committed to a respectful work and learning environment. You have the right to be treated with respect and you are expected to conduct yourself in an appropriate and respectful manner. Policies governing UM community behaviour include:

- Student Discipline (https://umanitoba.ca/governance/governing-documents-students#student-discipline)
- Violent or Threatening Behaviour (https://umanitoba.ca/governance/governing-documents-students#violent-or-threatening-behaviour)

The UM website, Engaging in Respectful Conduct (https://umanitoba.ca/student-supports/respectful-conduct), includes more details about expectations for behaviours related to university activities.

Sexual Violence Policies
The UM has several policies and procedures that deal with the rights and responsibilities of the University community with regards to all forms of sexual violence. For a comprehensive list of policies and associated resources, visit the Sexual Violence Resource Centre’s information page (https://umanitoba.ca/student-supports/sexual-violence-support-and-education/sexual-
violence-get-informed). Please note that there are many supports available in addition to these policy documents (see UM Learner Supports).

**Voluntary Withdrawal**

Voluntary withdrawal (VW) is a way for students to leave a class without academic penalty once the Registration Revision Period has ended. If you opt to voluntarily withdraw from a course, you will not be eligible for a refund and, if applicable, will still be required to pay any outstanding tuition fees for the course. On your transcript, the course you have withdrawn from will be listed; however, “VW” will appear in lieu of a grade. If you do not drop a course before the VW deadline, you will receive a final grade in the course on your transcript.

Please note that there are separate deadlines for dropping a course early in a term during the Registration Revision Period. Dropping a course means you are removing that course from your schedule, will not be charged tuition fees for that course, and the course will not appear on your transcript.

The Registrar’s Office website, [Withdraw from a Course](https://umanitoba.ca/registrar/withdraw-course), includes more information on the different ways in which you can withdraw from a course and important dates and deadlines to do so.

**UM Learner Supports**

Below you will find a select list of important supports for learners at the UM, both academic supports and otherwise. For a complete listing of all learner supports at the University of Manitoba, visit the [Student Supports website](https://umanitoba.ca/student-supports).

**Academic Advising**

Contact an [Academic Advisor](https://umanitoba.ca/student-supports/academic-supports/academic-advising) for support with degree planning and questions about your academic program and regulations.

**Academic Learning Centre (ALC)**

The [Academic Learning Centre](https://umanitoba.ca/student-supports/academic-supports/academic-learning) offers one-to-one tutoring, groups study sessions and workshops, as well as video and tip-sheet resources to help you throughout your academic program. All Academic Learning Centre programming, supports, and services are free for UM students.

Make an appointment for [free one-to-one tutoring](https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study#individual-tutoring). Content tutors (over 90 UM courses) can help you understand concepts and learn problem-
solving strategies. Study skills tutors can help you improve your skills such as time management and goal setting, reading and note-taking, as well as learning and test-taking strategies. Writing tutors can give you feedback on your academic writing, whether you are just getting started on a written assignment or already have a draft. English as an Additional Language specialist, Antoanela Denchuk, is available for one-to-one tutoring to help you improve your English-language academic writing skills. Use the drop-down menu, read the tutor biographies, and make an appointment for tutoring on the Academic Learning Centre schedule (https://manitoba.mywconline.com/).

Attend Supplemental Instruction (SI) (https://umanitoba.ca/student-supports/academic-supports/academic-learning/tutoring-group-study) sessions in historically difficult courses (including Chemistry, Engineering, and Computer Science). These free weekly review sessions are facilitated by a peer mentor who has previously taken the course and provide an opportunity to discuss course content, ask questions, compare notes, solve practice problems, and develop study strategies. See online for a list of SI courses and meeting times.

Register for an Academic Success Workshop (https://umanitoba.ca/student-supports/academic-supports/academic-learning/academic-success-workshops), where you can learn strategies to improve your writing and studying. More information on topics, dates, and registration, are found online.

Register for Faculty of Graduate Studies Grad Steps Workshops (https://umanitoba.ca/graduate-studies/student-experience/graduate-student-workshops). These workshops are specifically designed for students working towards Master’s degrees or PhDs. More information on topics, dates, and registration can be found online.

Access the Academic Learning Centre’s collection of videos and tip sheets (https://umanitoba.ca/student-supports/academic-supports/academic-learning#tip-sheets-for-writing-and-study-skills) to help you with many of the academic tasks you’ll encounter in university.

Contact the Academic Learning Centre by calling 204-480-1481 or emailing academic_learning@umanitoba.ca. Bannatyne students can contact the Bannatyne Student Services office at 204-272-3190.

Basic Needs
It can be difficult to learn and succeed in courses when you are struggling to meet your or your family’s basic needs. Several UM and community resources are listed below if you would benefit from support with regards to housing, food, finances, and/or childcare:

- Housing
  - UM Housing (https://umanitoba.ca/housing)
  - Winnipeg Rental Network (https://www.winnipegrentnet.ca/)
- Manitoba Residential Tenancies Branch (https://www.gov.mb.ca/cca/rtb/)
- HOPE End Homelessness Winnipeg Services & Supports (https://umanitoba.ca/housing)

- **Food**
  - Food Matters Manitoba (https://foodmattersmanitoba.ca/find-emergency-food-in-winnipeg/)

- **Finances**
  - Manitoba Student Aid (https://www.edu.gov.mb.ca/msa/)

- **Child Care**
  - UM Child Care (https://umanitoba.ca/about-um/child-care)
  - Manitoba Child Care Association (https://mccahouse.org/looking-for-child-care/)

**English Language Centre**

The [English Language Centre (ELC)](https://umanitoba.ca/english-language-centre) provides courses, tests, accommodations and individual support to students whose first language is not English in order to support academic success and participation in the University of Manitoba community.

**Health and Wellness**

Physical, mental, emotional, and spiritual health and wellness play a critical role in student success. See all of UM’s resource on their [Health and Wellness](https://umanitoba.ca/student-supports/student-health-and-wellness) website, and make note of several specific UM and community supports listed below.

**Winnipeg Urgent Physical and Mental Health Care**

If you are an adult experiencing a mental health or psychosocial crisis, contact the [Klinic Community Health](https://klinic.mb.ca/crisis-support/) 24/7 crisis line at 204-786-8686, visit the [Crisis Response Centre](https://sharedhealthmb.ca/services/mental-health/crisis-response-centre/) located at 817 Bannatyne Avenue, or contact the Mobile Crisis Service at 204-940-1781.

To speak with a nurse for guidance on what health-care path to take for the issue you are facing or for general information about health resources available in Manitoba, contact [Health Links](https://misericordia.mb.ca/programs/phcc/health-links-info-sante/) at 1-888-315-9257 (toll free).
If you need urgent medical care, visit the Winnipeg Regional Health Authority’s [Emergency Department & Urgent Care Wait Times](https://wrha.mb.ca/wait-times/) webpage for a list of locations and current wait times.

**Student Counselling Centre (SCC)**

The [Student Counselling Centre](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc) provides free counselling and mental health support to UM, English Language Centre, and International College of Manitoba (ICM) students. We are open year-round, Monday through Friday from 8:30 am to 4:30 pm. Our commitment is to offer a support service to every student who contacts us.

Visit the SCC’s [For Urgent Help](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#for-urgent-help) webpage or the urgent care resources listed above if you require immediate support.

Visit the SCC’s [Our Services](https://umanitoba.ca/student-supports/student-health-and-wellness/student-counselling-centre-scc#for-urgent-help) webpage for more information on accessing a variety of services including individual counselling, counselling workshops and groups, support resources, and learning disability assessment services.

The SCC is located at 474 UMSU University Centre (Fort Garry Campus).

**Health and Wellness Office**

Students often juggle multiple demands, and we recognize that it can be difficult to find balance. For any changes you want to make to your health and wellness, the Health and Wellness Office at the University of Manitoba would like to support you in your journey. We are here to help you take control of your own health and make your own decisions. We are a judgment-free space and we avoid labels whenever possible. For more information, please visit the [Health and Wellness Office](https://umanitoba.ca/student-supports/health-wellness) website.

**Spiritual Care and Multifaith Centre**

Spiritual care services are available to all, whether you identify as spiritual, atheist, religious or agnostic. [Spiritual Services](https://umanitoba.ca/student-supports/spiritual-services) also offer specific denominational support for certain religious groups and by Indigenous Elders-in-Residence.
**Student Support Case Management (SSCM)**

Contact the Student Support Case Management team [here](https://umanitoba.ca/student-supports/academic-supports/student-advocacy/case-management) if you are concerned about yourself or another student and don’t know where to turn. SSCM helps connect students with on and off campus resources, provides safety planning, and offers other supports, including consultation, educational workshops, and referral to the STATIS threat assessment team.

**University Health Service (UHS)**

The University Health Service [here](https://umanitoba.ca/student-supports/health-wellness/university-health-service) offers a full range of medical services to students, including psychiatric consultation, via two health clinics:

- Fort Garry Campus: (204) 474-8411, ACW-Lot temporary trailer (behind the Isbister building)
- Bannatyne Campus: (204) 474-8411, P309 – Pathology Building

**Student Services at Bannatyne Campus**

Student Services at Bannatyne Campus (SSBC) offers a full range of mental health supports to students and residents in the Rady Faculty of Health Sciences, along with other academic and personal supports. Visit the [SSBC website](https://umanitoba.ca/student-supports/student-services-bannatyne-campus) for a list of services available.

**Indigenous Students**

Staff, faculty and Elders are well-equipped to ensure your university experience is as beneficial, accessible, and successful as possible. Visit the Indigenous Student Experience [website](https://umanitoba.ca/indigenous/student-experience) website for more information on the supports and services available.

**International Students**

The transition to a new country and a new academic system can be both exciting and overwhelming. The International Centre (IC) is here to help you settle into life at University of Manitoba. Visit the [International Students website](https://umanitoba.ca/current-students/international) for more information.

**Sexual Violence Support and Education**

Sexual violence affects people of all ages, sexual orientations, genders, gender identities, abilities and relationship statuses. At the U of M, we are committed to ensuring a respectful work and learning environment for all. We want to build a safe and inclusive campus.
community where survivors of sexual violence know they can receive the supports they need to succeed, both academically and personally.

The Sexual Violence Resource Centre (https://umanitoba.ca/sexual-violence), located at 537 UMSU University Centre (Fort Garry campus) provides support, resources, information and referral services for any student, faculty or staff member who has been affected by sexual violence.

Student Accessibility Services (SAS)

The University of Manitoba is committed to providing an accessible academic community. Student Accessibility Services (https://umanitoba.ca/student-supports/accessibility) offers academic accommodation supports and services such as note-taking, interpreting, assistive technology and exam accommodations. Students who have, or think they may have, a disability (e.g., mental health, learning, medical, hearing, injury-related, visual) are invited to contact SAS to arrange a confidential consultation. SAS is located at 520 University Centre (Fort Garry Campus).

Student Advocacy

Student Advocacy (https://umanitoba.ca/student-supports/academic-supports/student-advocacy) is a safe place for students. We help you navigate university processes and advocate for your rights as a student at UM. If anything in your personal or academic life is affecting your studies, contact our confidential intake assistant by phone (204-474-7423) or email (stadv@umanitoba.ca).

University of Manitoba Libraries (UML)

As the primary contact for all research needs, your liaison librarian can play a key role when completing academic papers and assignments. Liaisons can answer questions about managing citations, or locating appropriate resources, and will address any other concerns you have about the research process. Liaisons can be contacted by email or phone, and are also available to meet with you online or in-person. A complete list of liaison librarians can be found by subject (http://bit.ly/WcEbA1).

General library assistance is also available at both the Bannatyne and Fort Garry campuses by visiting any library location (https://www.umanitoba.ca/libraries/locations-and-facilities). When working online, students can receive help via the Ask Us chat button found on the right-hand side of the Libraries’ homepage (http://www.umanitoba.ca/libraries).
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