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Syllabus

HNSC 7110: Nutrition at the End of Life

Fall 2021

COURSE DETAILS

Course Title & Number: HNSC 7110 Nutrition at the End of Life

Number of Credit Hours: 3.0

Class Times & Days of Week: Not applicable

Location for classes/labs/tutorials: Not applicable

Pre-Requisites: None

Instructor Contact Information

Instructor's Name & Preferred Form of Address: Christina Lengyel, PhD, RD (Dr. Lengyel)

Office Location: 405 Human Ecology Building

Office Hours or Availability: A weekly virtual meeting will be arranged between the student/instructor.

Office Phone No. 204-474-9554 (Please leave a message that includes your name, course and call back number. Emails are preferred first).

Email: christina.lengyel@umanitoba.ca
Emails and phone calls will be returned within 48 hrs (weekdays only). Please put "HNSC 7110" in the subject line and use professional language.
Note: All email communication must conform to the Student Email Policy at <https://umanitoba.ca/registrar/student-email-policy>

Course Description

U of M Course Calendar Description

The preparation and presentation of a systematic review paper on end of life care in long term care homes (3 credit hours).

Course Learning Objectives

1. Examine the definitions of end of life (EOL) care and differentiate the various definitions.
2. Examine the differences between EOL care in various settings.
3. Identify nutrition related-issues within each EOL care definition.
4. Conduct a systematic review.
5. Prepare a manuscript based on the research findings.
6. Prepare and deliver a PowerPoint presentation at the end of the course.

Using Copyrighted Material

Please respect copyright. We will use copyrighted content in this course. I have ensured that the content I use is appropriately acknowledged and is copied in accordance with copyright laws and university guidelines. Copyrighted works, including those created by me, are made available for private study and research and must not be distributed in any format without permission. Do not upload copyrighted works to a learning management system (such as UM Learn), or any website, unless an exception to the *Copyright Act* applies or written permission has been confirmed. For more information, see the University's Copyright Office website at <http://umanitoba.ca/copyright/> or contact um_copyright@umanitoba.ca.

Course Technology

It is the general University of Manitoba policy that all technology resources are to be used in a responsible, efficient, ethical and legal manner. All assignments will be submitted through UM Learn. You can access UM Learn from the University of Manitoba homepage: www.umanitoba.ca. For login assistance, visit the [UM Learn Resources Page](#) or contact **IST Service Desk** at servicedesk@umanitoba.ca or (204) 474-8600. Please run a system check at (<https://universityofmanitoba.desire2learn.com/d2l/systemCheck>) to verify that your system is configured properly.

Expectations: I Expect You To

Class Communication:

You are required to obtain and use your University of Manitoba email account for all communication between yourself and the university. All communication must comply with the Electronic Communication with Student Policy:

http://umanitoba.ca/admin/governance/governing_documents/community/electronic_communication_with_students_policy.html.

Academic Integrity:

Each student in this course is expected to abide by the University of Manitoba [Academic Integrity principles](#). Always remember to reference the work of others that you have used. Also be advised that you are required to complete your assignments independently unless otherwise specified. If you are encouraged to work in a team, ensure that your project complies with the academic integrity regulations. You must do your own work during exams. Inappropriate collaborative behavior and violation of other Academic Integrity principles, will lead to the serious disciplinary action. Visit the [Academic Calendar](#), [Student Advocacy](#), and [Academic Integrity](#) web pages for more information and support.

Student Accessibility Services:

The University of Manitoba is committed to providing an accessible academic community. [Students Accessibility Services \(SAS\)](#) offers academic accommodation supports and services such as note-taking, interpreting, assistive technology and exam accommodations. Students who have, or think they may have, a disability (e.g. mental illness, learning, medical, hearing, injury-related, visual) are invited to contact SAS to arrange a confidential consultation.

Student Accessibility Services
520 University Centre
Phone: (204) 474-7423

Email: Student_accessibility@umanitoba.ca

Expectations: You Can Expect Me To

Return graded assignments to students within 2-3 weeks from the date of submission. You will be able to access your grades and feedback on UM Learn.

COURSE EVALUATION

Outline for Manuscript	Due: September 30, 2021	10%
First Draft of Manuscript	Due: October 29, 2021	15%
Oral Presentation (Virtual)	Due: December 7, 2021	15%
Abstract for Presentation	Due: December 7, 2021	10%
Systematic Review Paper (Manuscript)	Due: December 15, 2021	50%

Grading

"A+" (90.0 to 100) reflects *truly exceptional work, far beyond the average for the class*. There are very few students whose work merits this grade. A+ should be assigned only in those rare cases when a student has produced work that is truly and consistently exceptional in all of its aspects, from the concepts and ideas to the organization and writing.

"A" (80.0 to 89.9) reflects work that is *excellent work*.

Because it reflects quality that is not typical of the class as a whole, it should not be assigned to the majority of students. An A should reflect consistently excellent work, high quality of organization and writing, and a degree of insight that places the work well above average but does not reach the exceptional level that is captured by an "A+".

"B+" (75.0 to 79.9) reflects work that is *well above average*.

The writing and organization are good, and the quality of the content is well above-average, but the work does not contain the level or quality of insight that is captured by an "A".

"B" (70 to 74.9) reflects work that is *above average, but not excellent or exceptional*.

It is a good, solid grade that indicates that the student has accomplished the objectives of the assignment or test and has organized her ideas effectively. The writing and organization are good, and the quality of the content is above-average, but the work does not contain the level or quality of insight that is captured by a "B+".

"C" (60 to 64.9; C+ = 65 – 69.9) reflects work at an *average* level.

The work meets the criteria of the assignment and is adequately organized, presented and written. It contains what is necessary to complete the assignment. The work is acceptable, but it does not reflect high-quality writing skills and does not contain any particular insights that place it above the average level of performance required.

"D" (50 to 59.9) reflects poor quality work that is *below average*.

It barely meets the minimum requirements. The student needs to make significant improvements in writing, organization or conceptualization.

"F" (<50) reflects work that is *inadequate*.

It does not meet the minimum requirements. It is incomplete, poorly constructed, poorly written and/or poorly conceptualized. It cannot be considered to have met the criteria of the assignment.

Voluntary Withdrawal

Fall Term 2021: Last day to drop the class and receive 100% refund is September 21, 2021 and the last day to withdraw with no refund is November 22, 2021.

Students who do not drop the course by the deadline will be assigned a final grade. The withdrawal courses will be recorded on official transcript. Please refer to the [Registrar's Office](#) web page for more information. I am willing to discuss your progress and strategies for improvement prior the withdrawal date.

Referencing Style

Assignments should use the APA reference style as outlined in the text: American Psychological Association. (2020). *Publication Manual of the American Psychological Association* (7th ed.). Washington, DC.

Assignment Feedback

- To return graded assignments to students within 2-3 weeks from the date of submission. You will be able to access your grades and feedback on UM Learn.

Assignment Extension and Late Submission Policy

- Be sure that you plan your time accordingly throughout the term to meet timelines.
 - Inform the Instructor promptly if you are having difficulty connecting to the online system and submitting your assignments.
 - Contact the Instructor by email to inform of any missed work/assignments and the need for extensions.
 - Assignment submissions will be deducted 10% each day they are late (including weekends)
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UNIVERSITY SUPPORT OFFICES & POLICIES

Schedule "A"

Section (a): A list of academic supports available to Students, such as the Academic Learning Centre, Libraries, and other supports as may be appropriate

Writing and Learning Support

The Academic Learning Centre (ALC) offers services that may be helpful to you throughout your academic program. Through the ALC, you can meet with a learning specialist to discuss concerns such as time management, learning strategies, and test-taking strategies. The ALC also offers peer supported study groups called Supplemental Instruction (SI) for certain courses that students have typically found difficult. In these study groups, students have opportunities to ask questions, compare notes, discuss content, solve practice problems, and develop new study strategies in a group-learning format.

You can also meet one-to-one with a writing tutor who can give you feedback at any stage of the writing process, whether you are just beginning to work on a written assignment or already have a draft. If you are interested in meeting with a writing tutor, reserve your appointment two to three days in advance of the time you would like to meet. Also, plan to meet with a writing tutor a few days before your paper is due so that you have time to work with the tutor's feedback.

These Academic Learning Centre services are free for U of M students. For more information, please visit the Academic Learning Centre website at: <http://umanitoba.ca/student/academiclearning/>

You can also contact the Academic Learning Centre by calling 204-480-1481 or by visiting 205 Tier Building.

University of Manitoba Libraries (UML)

As the primary contact for all research needs, your liaison librarian can play a vital role when completing academic papers and assignments. Liaisons can answer questions about managing citations, or locating appropriate resources, and will address any other concerns you may have, regarding the research process. Liaisons can be contacted by email or phone, and are also available to meet with you in-person. A complete list of liaison librarians can be found by subject: <http://bit.ly/WcEbA1> or name: <http://bit.ly/1tJ0bB4>. In addition, general library assistance is provided in person at 19 University Libraries, located on both the Fort Garry and Bannatyne campuses, as well as in many Winnipeg hospitals. For a listing of all libraries, please consult the following: <http://bit.ly/1sXe6RA>. When working remotely, students can also receive help online, via the Ask-a-Librarian chat found on the Libraries' homepage: www.umanitoba.ca/libraries.

Section (b): Statement regarding mental health that includes referral information

For 24/7 mental health support, contact the Mobile Crisis Service at 204-940-1781.

Student Counselling Centre

Contact SCC if you are concerned about any aspect of your mental health, including anxiety, stress, or depression, or for help with relationships or other life concerns. SCC offers crisis services as well as individual, couple, and group counselling. *Student Counselling Centre:*

<http://umanitoba.ca/student/counselling/index.html>

474 University Centre or S207 Medical Services
(204) 474-8592

Student Support Case Management

Contact the Student Support Case Management team if you are concerned about yourself or another student and don't know where to turn. SSCM helps connect students with on and off campus resources, provides safety planning, and offers other supports, including consultation, educational workshops, and referral to the STATIS threat assessment team.

Student Support Intake Assistant <http://umanitoba.ca/student/case-manager/index.html>

520 University Centre
(204) 474-7423

University Health Service

Contact UHS for any medical concerns, including mental health problems. UHS offers a full range of medical services to students, including psychiatric consultation.

University Health Service <http://umanitoba.ca/student/health/>

104 University Centre, Fort Garry Campus
(204) 474-8411 (Business hours or after hours/urgent calls)

Health and Wellness

Contact our Health and Wellness Educator if you are interested in information on a broad range of health topics, including physical and mental health concerns, alcohol and substance use harms, and sexual assault.

Health and Wellness Educator <http://umanitoba.ca/student/health-wellness/welcome-about.html>

britt.harvey@umanitoba.ca

Live Well @ UofM

For comprehensive information about the full range of health and wellness resources available on campus, visit the Live Well @ UofM site:

<http://umanitoba.ca/student/livewell/index.html>

Section (c): Notice with respect to copyright

All students are required to respect copyright as per Canada's *Copyright Act*. Staff and students play a key role in the University's copyright compliance as we balance user rights for educational purposes with the rights of content creators from around the world. The Copyright Office provides copyright resources and support for all members of the University of Manitoba community. Visit <http://umanitoba.ca/copyright> for more information.

Section (d): Statement directing the student to University and Unit policies, procedures, and supplemental information available on-line

Your rights and responsibilities

As a student of the University of Manitoba you have rights and responsibilities. It is important for you to know what you can expect from the University as a student and to understand what the University expects from you. Become familiar with the policies and procedures of the University and the regulations that are specific to your faculty, college or school.

The [Academic Calendar](http://umanitoba.ca/student/records/academiccalendar.html) <http://umanitoba.ca/student/records/academiccalendar.html> is one important source of information. View the sections *University Policies and Procedures* and *General Academic Regulations*.

While all of the information contained in these two sections is important, the following information is highlighted.

- If you have questions about your grades, talk to your instructor. There is a process for term work and final **grade appeals**. Note that you have the right to access your final examination scripts. See the Registrar's Office website for more information including appeal deadline dates and the appeal form <http://umanitoba.ca/registrar/>
- You are expected to view the General Academic Regulation section within the Academic Calendar and specifically read the **Academic Integrity** regulation. Consult the course syllabus or ask your instructor for additional information about demonstrating academic integrity in your academic work. Visit the Academic Integrity Site for tools and support <http://umanitoba.ca/academicintegrity/> View the **Student Academic Misconduct** procedure for more information.
- The University is committed to a respectful work and learning environment. You have the right to be treated with respect and you are expected conduct yourself in an appropriate respectful manner. Policies governing behavior include the:

Respectful Work and Learning Environment

http://umanitoba.ca/admin/governance/governing_documents/community/230.html

Student Discipline

http://umanitoba.ca/admin/governance/governing_documents/students/student_discipline.html and,

Violent or Threatening Behaviour

http://umanitoba.ca/admin/governance/governing_documents/community/669.html

- If you experience **Sexual Assault** or know a member of the University community who has, it is important to know there is a policy that provides information about the supports available to those who disclose and outlines a process for reporting. The **Sexual Assault** policy may be found at:
http://umanitoba.ca/admin/governance/governing_documents/community/230.html

More information and resources can be found by reviewing the Sexual Assault site <http://umanitoba.ca/student/sexual-assault/>

- For information about rights and responsibilities regarding **Intellectual Property** view the policy at:
https://umanitoba.ca/admin/governance/governing_documents/community/235.html

For information on regulations that are specific to your academic program, read the section in the Academic Calendar and on the respective faculty/college/school web site

<http://umanitoba.ca/faculties/>

Contact an **Academic Advisor** within our faculty/college or school for questions about your academic program and regulations <http://umanitoba.ca/academic-advisors/>

Student Advocacy

Contact Student Advocacy if you want to know more about your rights and responsibilities as a student, have questions about policies and procedures, and/or want support in dealing with academic or discipline concerns.

<http://umanitoba.ca/student/advocacy/>

520 University Centre

204 474 7423

student_advocacy@umanitoba.ca